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Summer 2012
vol. 7 no. 2 \$4.95

Simply Summer

**Civil War
Exhibit**
at the American
Precision Museum

**It's Time for
Blueberries**

**Cider Hill
Gardens & Gallery**



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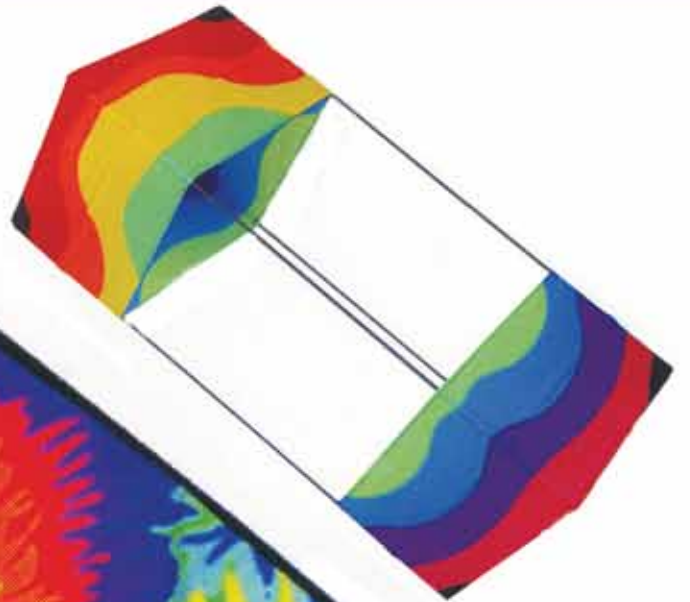
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at the American
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by Mary Gow

How Vermont's citizens and
technology shaped history.

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Get Outdoors!

Now that the carefree days of summer are here, how will you be spending them? My favorite activities are swimming and boating on the lake, enjoying backyard barbecues with family and friends, and working in my yard, especially caring for my flowers. Is it strange that I even enjoy weeding? And I find nothing better than a day at the ballpark to take in a baseball game, complete with a hot dog and a cold beer. It's no surprise that all these pastimes take place outdoors—I love to be outside!

I'm concerned that today's kids aren't spending enough time outdoors. Between their computers, video games, smartphones, texting, and social networks, it seems their faces are never more than an arm's length away from one screen or another. I recall fondly the seemingly endless days riding bikes, organizing games of softball, kickball, dodge ball, kick the can, and hide-and-seek. We had bats and balls, jump ropes and hula hoops, and chalk for drawing hopscotch boards. We didn't have much, but we thought we had everything. Our parents didn't see us from morning until we were called in for dinner, and 15 minutes later we were out running and playing again until dark.

I realize that modern technology is amazing and can be educational, but I hope that parents will seriously consider limiting their children's computer time and encourage them to disconnect and discover the world of outdoor play. Now's the ideal time to head outside and make the most of this beautiful season. Enjoy!

Deborah Thompson

Deborah Thompson
Executive Editor
dthompson@mountainviewpublishing.biz

This photo was submitted by Chippers for our Trend Watch section in the spring issue. The beautiful garden and the photo are by Liz Krieg of Chippers, Inc.



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about our contributors



◀ ◀ ◀ Vicki Beaver

Vicki is a freelance writer and photographer interested in too many topics to focus on any one of them (though animals, the environment, and travel are top subjects). Writing and photography are her solutions to learn about all the world has to offer.

Meg Brazill ▶ ▶ ▶

Meg is a regular contributor to regional New England magazines and teaches at the Writer's Center in White River Junction, Vermont. A recovering punk rocker and performance artist, she lives with her daughter in South Woodstock. She is currently working on a book of short fiction when she's not too busy living it.



◀ ◀ ◀ Nancy Fontaine

Writer, editor, and librarian, Nancy works at Dartmouth College. She is also a book blogger and website manager and has been writing articles about the Upper Valley for the last several years. She lives in West Lebanon with her husband, and her hobbies include reading, quilting, skiing, and snorkeling.

Mary Gow ▶ ▶ ▶

Best known for her award-winning history of science books for middle school students, Mary is also a contributor to regional magazines. She often writes about New England history. Her latest book, Draw Logs from Dowsville . . . the History of the Ward Lumber Company, was published earlier this year.



◀ ◀ ◀ Susan W. Nye

Susan is a writer, photographer, and chef. Her short story Murder on the Mountain is one of 20 in Live Free or Die, Die, Die! (Plaidswede Publishing, October 2011), an anthology of murder and mayhem in the Granite State.

Jack Rowell ▶ ▶ ▶

A fifth generation Vermonter, Jack has been a professional photographer for over 35 years, shooting documentary, commercial, and advertising photographs. His work has been published in People Weekly, London Independent, Time, Newsweek, New York Times, The Economist, and the Times of London.





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- A summary of our most popular blog posts and comments from our readers
- Local event listings from our calendar
- Exclusive insights into each of our publications (*Here in Hanover, Image, and Woodstock Magazine*)
- Special offers from Mountain View Publishing and local businesses, and much more...



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Arts *on the* Green

NEW LONDON TO HOST FINE ARTS & CRAFTS SHOW

Lake Sunapee Region Center for the Arts is presenting a juried fine arts & crafts show, "Arts on the Green," to be held **Saturday, July 7** and **Sunday July 8** on the Town Green in beautiful New London, New Hampshire.

The show will feature regional artists and craftsmen including John Benford, Barbara Busenbark, Ting Cai, Susan DeAppolonio, Linda Dessaint, Jeannette Fournier, Marian Gaydos, Mary Ann Geis, Kim Preston, Gail Rousseau, Jo Ann Shields, and David Tibbetts, among others. All types of media will be represented including oils, watercolors, mixed media, photographs, pottery, and jewelry.

Music at the gazebo will round out the show. In addition, the Center for the Arts will be hosting an Emerging Artists Show in nearby Whipple Hall. Both shows will be open 10am–4pm.

For more information on artists, craftsmen, and musicians, please visit www.centerforheartsnh.org.



A *New England #4* by Ting Cai. **B** *Rangeley's Docks* by David Tibbetts. **C** *Richard Morin's Fish Shack Fog*. **D** *Fox* by Jeannette Fournier. **E** *Necklace* by Marian Gaydos. **F** *Pottery* by Mary Ann Geis of Magpots Studio. **G** *Jewelry* by Jo Shields.



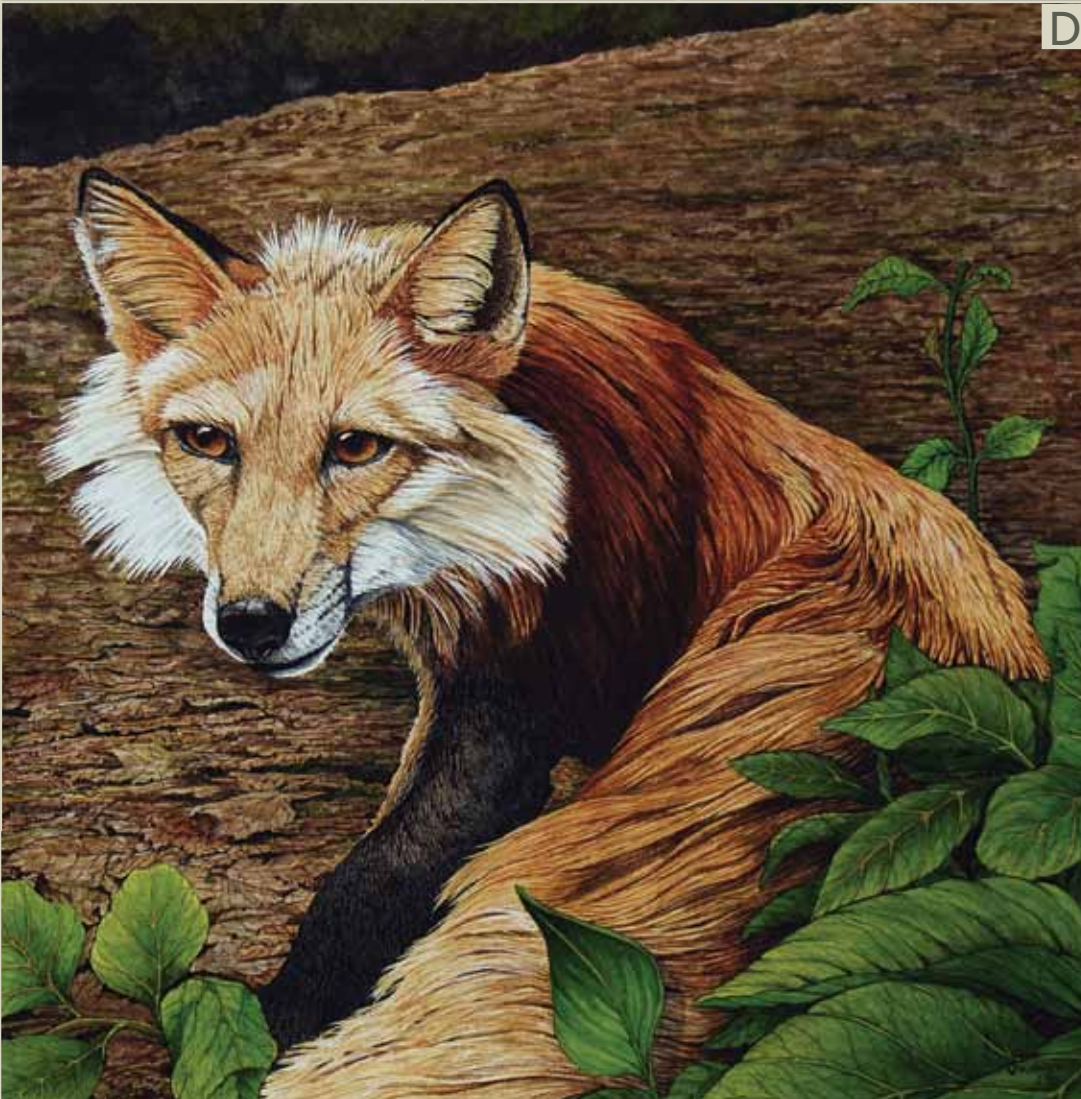
A



B



C



D



E



G

what's new

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LIFE360 (www.life360.com)

A winner of the Android Developers Challenge, this app demonstrates just how much smartphones can do. Life360 uses GPS, cellular, and Internet data to pinpoint the location of each member of your family. It's easy for each person to check in or send an alert for help. The app also shows the locations for nearest hospitals and police stations and even goes so far as to show you where registered sex offenders live.

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Tired of the same old beers? Tried something exotic at a bar last month but you have no idea what it was? You need Pintley, which keeps track of the beers you've tried and lets you rate how well you enjoyed them. Rate a few and the next time you're feeling adventurous, Pintley will suggest something right up your alley.

GOOGLE (www.google.com/mobile/google-mobile-app_exp/index.html)

Yes, you can use Google Search on any Internet browser, but the Google Search app lets you search with both your voice and your camera. The speech recognition is top-notch, and you'll be amazed at what you can learn just by snapping a photo of the stores you walk by downtown and then letting Google Goggles process the image. The image search can also work on UPC codes so you can compare prices and find product reviews before you buy. ☺

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Get the Blues

IT'S BLUEBERRY SEASON
IN THE UPPER VALLEY

It's summertime, and fresh blueberries pack store shelves and farmers' markets everywhere. July is National Blueberry Month and prime blueberry season in the Upper Valley. Celebrate by visiting a local blueberry farm. ▶





The Virtues of U-Picking

Buying fresh local berries is a summer must-do, and many area farms offer you-pick options. Putting your own hands to work outside on a sunny day brings rewards in itself, though other benefits abound. Picking your own fruit is a great activity for the whole family. What better way to share with kids where their food comes from—and have fun doing it? A family picking for even a short period can amass a blueberry bonanza. The fun continues when you work together to make them disappear.

Picking your own berries is also economical—it saves money and supports the local economy. Plus, those fresh-from-the-bush berries in your bucket have been handled by fewer people, and they traveled a shorter distance to arrive in your cobbler. They're fresher and better tasting too. ▶





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The Benefits of Blue

A handful of blueberries contains a healthy dose of vitamin C, vitamin E, and manganese, and is chock-full of fiber. The berries' blue hue holds powerful antioxidants believed to support healthy aging, improve blood circulation, and even help keep your heart strong.

For best results, refrigerate blueberries soon after picking without washing them, retaining their protective bloom that keeps them from dehydrating. They'll last for about a week in the refrigerator, if they aren't gobbled up before then, and freeze very well for up to a year. Their nutritional benefits survive both freezing and baking, but there's nothing better than eating fresh blueberries. 🍷



BLUEBERRY SALSA



Some farms post delicious recipes on their websites, among other useful information. Here's a favorite from Bartlett's Blueberry Farm in Newport, New Hampshire.

Blueberry salsa can be made using almost any salsa recipe. Just replace the tomatoes with blueberries.

- 2 cups blueberries, fresh or frozen, roughly chopped
- 1/2 medium red onion, diced
- 2 small jalapeños (seeds removed), minced
- 1 medium red or yellow pepper, chopped
- 1 Tbsp cilantro, minced
- 1/4 cup lime juice
- 1 tsp sea salt
- 1 tsp sugar

Mix all ingredients together in a bowl. Cover and chill for at least 30 minutes to let the flavors blend. Serve with toasted tortilla strips for an easy appetizer or as a colorful side with grilled pork, chicken, or seafood.

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ArtisTree Gallery is a nonprofit arts organization with the mission to promote the creation, exhibition, and appreciation of art in Vermont and New England. With year-round exhibits and annual calls to artists, the work displays the boundless creative talent of local artists. Located on beautiful Route 12 in Woodstock, the Gallery is open to the public 11am-2pm during exhibits. For more information visit ArtisTree's website.

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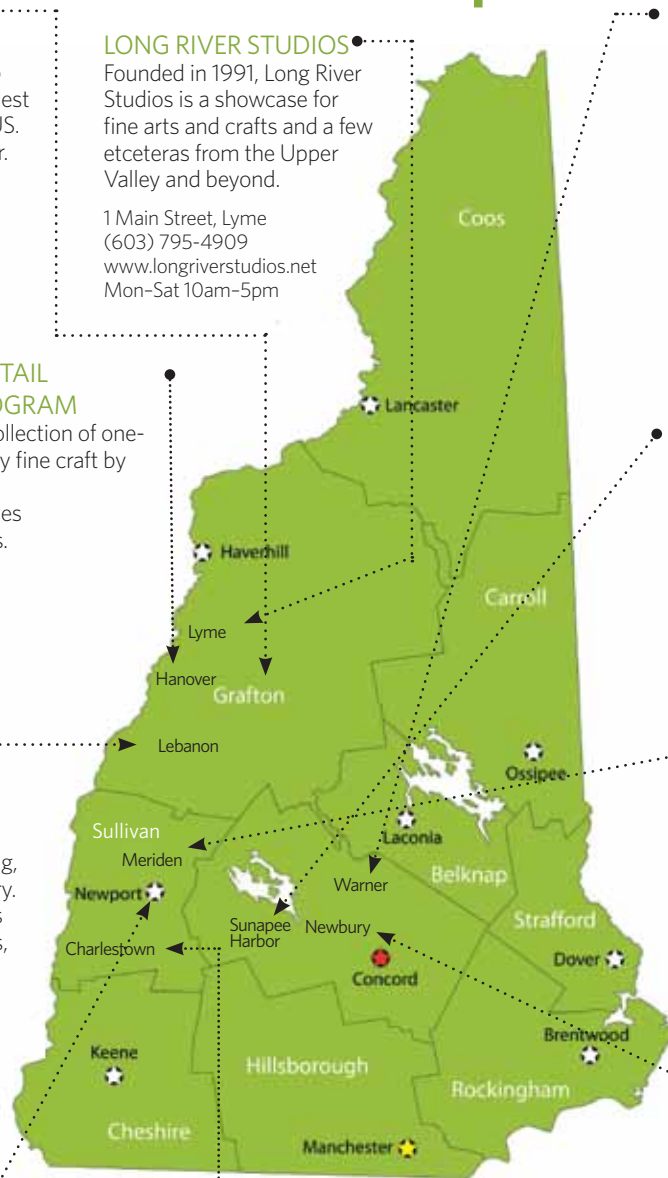
This museum presents modern art by Aidron Duckworth (1920-2001) and contemporary art by regional artists at the old schoolhouse in the center of Meriden.

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BY MEG BRAZILL
PHOTOS BY JACK ROWELL

CIDER HILL *Gardens & Gallery*

THE MARRIAGE OF NATURE AND ART

AT THE TOP OF CIDER HILL in Windsor, Vermont, Sarah and Gary Milek have created a seemingly idyllic life for themselves. With its outstanding views, acres of perennial gardens, greenhouses, a gallery, and stone walls winding through old apple orchards, Cider Hill Gardens & Gallery abide at the intersection of art and vine. But it's not just for them—their gardens and gallery are open to the public to enjoy and purchase plants and art. ▶





Creating an Earthly Paradise

Visitors to Cider Hill should be forewarned: a visit in summer might inspire you to take up gardening and art as your life's work. The sight of hosta growing waist high, rows of trumpeting daylilies, and cheerful primroses in abundance on a summer's day stirs the imagination. The Mileks have a way of making it look easy. The fact is, however, that since 1974 Gary and Sarah have been building—literally—from the ground up. "There was nothing here, so we proceeded to build," Gary says. Handmade wooden arbors grace the garden, stone paths crisscross underfoot, and an old millstone is a respite in the center of the herb garden. The overall effect is of wandering from the hillside into an old orchard where an unseen hand seems to have arranged an earthly paradise. ▶

Below: Sarah and Gary stroll through their gardens. Inset: *Citrina* variant daylily. Opposite: Arbor leads into the herb garden.







In addition to designing and building their home and extensive flower, herb, and vegetable gardens, they built greenhouses and an art gallery where Gary exhibits his paintings, most of which draw inspiration from the surrounding landscape, the long views, and the flowers.

“I fell in love with his artwork even before I met him,” Sarah says. She’d always wanted to be a gardener, but when she first met Gary she was working at a different kind of gardening—daycare—“so I hadn’t yet achieved it,” she says. “But I knew what I was about when I had my hands in the dirt.” Over the years Sarah has worked to become an accomplished herbalist and horticulturist. Garden talks, tours, and workshops are a regular part of her schedule throughout the spring and summer, and she is available to speak with groups and garden clubs. Her background in art and dance also inform the floral displays throughout the grounds, as well as the garden design.

Working with Nature

The location had been an abandoned apple orchard, originally part of the farm across the road. It was called Cider Hill back then too. “They used to make cider here and apple trees seemed to like this spot,” Gary says. In the spring, the trees vibrate with the sound of bees rising from the ground to pollinate the apple trees. “They grow like weeds here,” Sarah says, laughing. If only all gardeners could be as lucky with their weeds.

Sarah points out the rocky outcrops of ledge that dot the landscape. It’s surprising to see these stones jutting from the earth as if flowering there amidst the abundance of greenery and colorful blossoms.

“The topography has dictated much of the direction we’ve gone in,” Sarah says. “People who have ledge seek us out to find out how we do what we do.” She says they’ve been lucky to have mica schist, a soft rock that roots can take hold in. And they’ve also been lucky to have a natural spring that has never gone dry, even in consecutive years of drought. With the aid of a pump, the spring provides water to all the Cider Hill gardens.

A few years ago, noting the abundance of garden centers proliferating in Vermont, the Mileks made a decision. “We chose to develop a few things really abundantly,” Sarah says. “It’s really been fun to concentrate and have more of a few things.” Using eco-friendly practices, Cider Hill Gardens specializes





in woodland flowers, primroses, peonies, daylilies, and hosta. It's become a destination for sun and shade perennials—and hosta collectors seek them out. For nearly 20 years, they've practiced chemical-free, green gardening; they enjoy helping their customers achieve best growing practices. Organic fertilizers and pest management products, nonchemical herbicides, and raised-bed frames made of white cedar are also available to purchase.

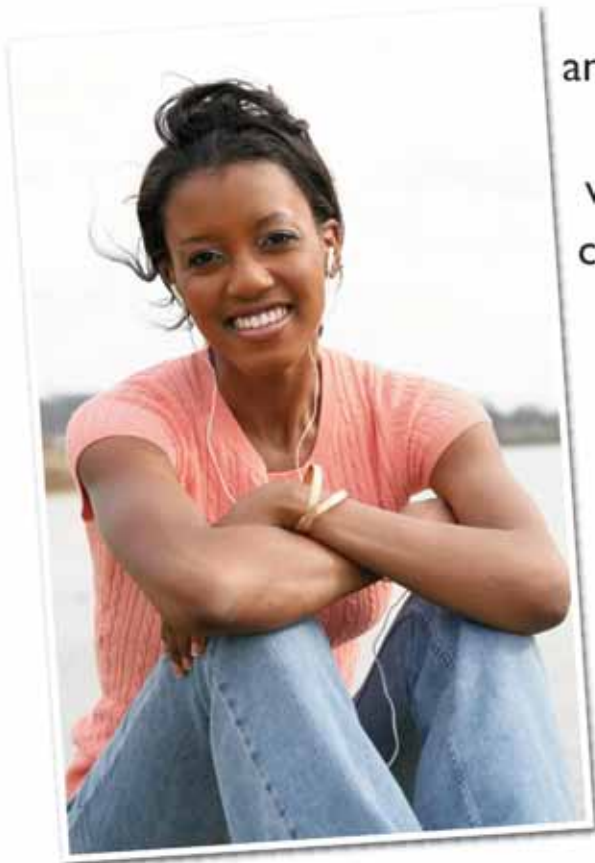
Opposite: Sarah works in *phlox paniculata*. Center: Spiky white Culver's root. Purple monkshood. Chicago Apache daylily. Below: Gary in his studio paints on a large panel with egg tempera and gold leaf.

Capturing the Beauty

In addition to their gardens and garden business, the gallery exhibits Gary's paintings, which reflect the New England landscape, or may hone in to capture a single garden flower. Gary Milek studied art at Syracuse University and the Boston Museum School of Art, where his studies took him abroad



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to the Rijks Academy and Rijksmuseum Amsterdam in The Netherlands. There he studied works by the Dutch Masters and began learning the 15th century techniques of applying gesso to prepare the rigid panels, using egg tempera as a medium, and gilding with gold leaf. The techniques, which date back to medieval times, are difficult to master and are no longer widely used. When Milek returned to New York City in the 1960s, painting in oils in the expressionist style was the trend. It wasn't long before he returned to nature

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July-October

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Friday, July 13

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Sculpture throughout the gardens. Refreshments. Cider Hill's inaugural outdoor sculpture show featuring works of Vermont and New Hampshire sculptors continues through October 28.

Saturday & Sunday, July 21-22

Daylily Days

Daily talk and tour:

10:30-11:30am

Tips and plant specials all day.

Saturday & Sunday, August 11-12

Hosta Days

Daily talk and tour:

10:30-11:30am

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for inspiration and thematic subject matter where he found fulfillment. He moved to northern New England and began painting with egg tempera as his medium. Milek taught drawing and painting at Dartmouth College for 17 years before retiring to paint full time at Cider Hill.

In Gary's studio, a long table holds jars of dry pigments, which release their brilliance when Gary mixes them with egg to create his own tempera paint. Most of the time he works on a flat surface, which tempera demands, rather than at an easel. The range of paintings is surprising: some works are quite small, perhaps less than 12 inches in either direction; some are as large as 46 by 60 inches; some form a triptych.

He incorporates gilding (the use of gold leaf) into many of his paintings. He's just completed a large painting with a long view across a field to the woods and mountains beyond; he's added gilding to the fields in the foreground. It creates an unexpected dimension to the work and heightens the contrast. His work has been exhibited throughout New England, in New York City, and Washington, DC, among other places.

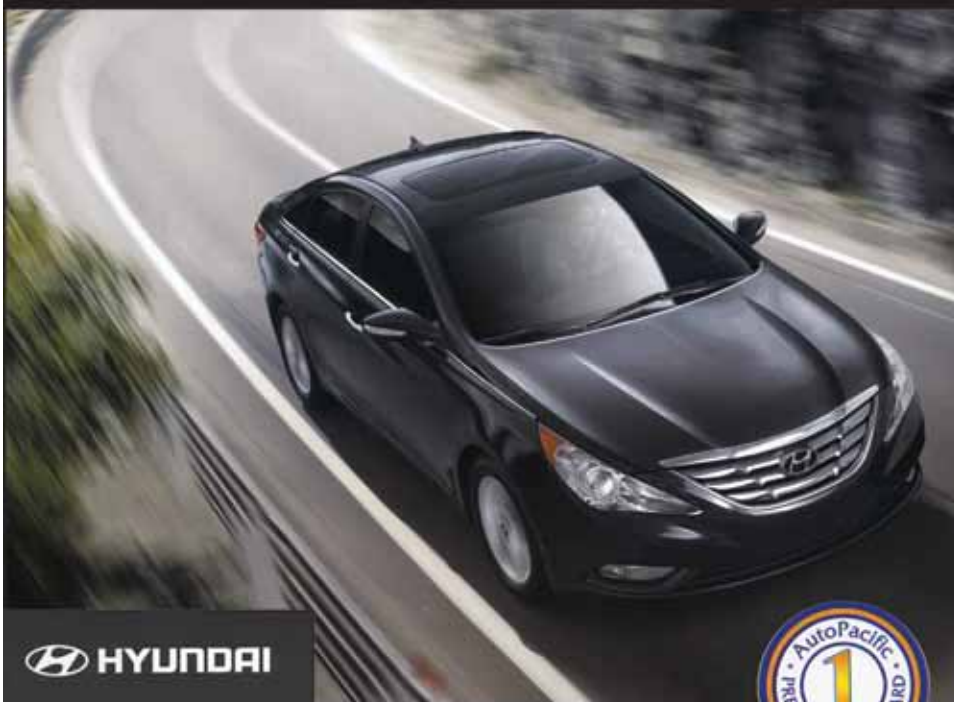
This year, in addition to Gary's work, the gallery will host a sculpture show of other artists, which will be exhibited throughout the gardens. The show opens on Friday, July 13, from 5 to 7pm and will run through the summer and fall. ☺



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AVA GALLERY AND ART CENTER HOSTS BEST OF THE UPPER VALLEY HIGH SCHOOL EXHIBITION

In the fourth year of this annual exhibition, art faculty from 18 regional Vermont and New Hampshire public, private, and vocational high schools nominated works by students showing exceptional promise in eight creative disciplines: Ceramics, Digital Arts, Drawing, Painting, Photography, Printmaking, Sculpture, and Wearable Art. The students' artwork was on display throughout AVA's galleries from February 17 to March 9, 2012.

The award ceremony took place during the opening reception on Friday, February 17, from 5 to 7pm. Local businesses donating food to celebrate the event included Cantore's Pizza, West Lebanon; Everything but Anchovies, Hanover; Pizza Hut, West Lebanon; Price Chopper, West Lebanon; Ramunto's Brick Oven Pizza, Lebanon; and Ziggy's Pizza, West Lebanon. ▶



K

Jodi Kolaski with her art, shown at left.

Creative kids

PHOTOS BY JACK ROWELL

Sponsors

The awards were made possible by the generosity of the following business sponsors:

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Top: Jeremy McGlone. Morgan Lafont views a bust. Cassandra Becklo won the Juror's Recognition Award for her table. Center: Victoria Moors, AVA intern. Kayla Glazer with her painting. Bottom: Reception goers take in the art.



Above: Callie Wuttke, an Honorable Mention Award winner. Rosalind Isquith. Left: Ricky Cheng received an Honorable Mention Award. Jesse Chuku. Below: Rhiannon Greywolf.

The 148 artworks on display in AVA's galleries offered a unique insight into the creative perspectives of our regional youths and are an inspiring way to learn more about this group within our community. The exhibition was met with an enthusiastic response from gallery visitors.

The Best of the Upper Valley High School Exhibition is one of many programs AVA offers the community to encourage the participation of regional youths in the arts. AVA's commitment also includes internship opportunities that promote professional development; scholarships toward AVA's classes and workshops; access to AVA's Digital Arts Media Lab; ART STOP!, a free Tuesday after-school program for students in grades 5 through 8; and Teens and Printmaking, a free Friday afternoon program offered by AVA and SafeArt. ▶





Top row: Attendees enjoy refreshments. Lauren Horseman's work won Best in Photography. Alistashia Dunbar received an Honorable Mention. Center: Bente Torjusen, Executive Director of the AVA Gallery and Art Center. Bottom: Seamus Good was an award winner for Best in Printmaking. Stormie Claffey won the award for Best in Painting.



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Best in Category

For this year's exhibition, Charlet Davenport, artist and coordinator of SculptureFest in Woodstock, Vermont, selected the following young artists to receive special recognition.

- **Best in Ceramics:** Ricardo Addante
Hanover High School
- **Best in Digital Art:** Robert Heitzman II
Hartford Area Career and Technology Center
- **Best in Drawing:** Forrest Mattern
Hartford High School
- **Best in Painting:** Stormie Claffey
Thetford Academy
- **Best in Photography:** Lauren Horseman
Woodstock Union High School
- **Best in Printmaking:** Seamus Good
Hanover High School
- **Best in Sculpture:** Dejah Lee
The Sharon Academy
- **Best in Wearable Art:** Hannah Nice
Hanover High School
- **Juror's Recognition Award:**
Cassandra Becklo
Newport High School

*Honorable Mention Awards
were given to:*

- Hannah Smith, Hanover High School
- Emily Hawkes, Hartford Area Career and Technology Center
- Zeb Leister, Hartford High School
- Jacquelyn Noyes, Hartford High School
- Lily Feenan, Hartford High School
- Steven Roswell, Hartford High School
- Colton Orr, Home School Arts
- Alex Briefs, Kimball Union Academy
- Aaron Glaeser, Kimball Union Academy
- Garrett Inman, Lebanon High School
- Justin Woodward, Lebanon High School
- Zoë Freese, Mascoma Valley Regional High School
- Maggie Disbrow, Mascoma Valley Regional High School
- Katelyn Yoder, Mascoma Valley Regional High School
- Ricky Cheng, Mascoma Valley Regional High School
- Jossie Howlett, Mascoma Valley Regional High School
- Yizheng (Peter) Li, Mid Vermont Christian School

Winners for 2012

- Emma Carlson, Mid Vermont Christian School
- Jacob Booth, Newport High School
- Kayla Fagga, Newport High School
- Natasha Rich, Oxbow High School
- Marshall Ivey, Rivendell Academy
- Callie Wuttke, South Royalton School
- Morgan Donoghue, South Royalton School
- Amber Delcore, South Royalton School
- Alistashia Dunbar, Stevens High School
- Morgan Hillebrant, Stevens High School
- Addy Cain, Sunapee High School
- Samantha Kimball, Sunapee High School
- Danny Chaves, Sunapee High School
- Brian Renfro, The Sharon Academy
- Silas Mead, The Sharon Academy
- Grace Pfeil, The Sharon Academy
- Josselyn Swett, Thetford Academy
- Tegan Pellerin, Thetford Academy
- Matt Diamond, Thetford Academy
- Nate Jarvis, Windsor High School
- Spencer Lewis, Woodstock Union High School
- Aiden Ellis, Woodstock Union High School
- Tessa Mellinger, Woodstock Union High School
- Stephanie Ambrose, Woodstock Union High School

The Vermont Institute of Natural Science (VINS) Award goes to the artwork with the most compelling environmental message. The two winners of the VINS Environmental Award for 2012 are **Grace Pfeil, The Sharon Academy,** and **Morgan Lafont, Stevens High School.** An Honorable Mention was awarded to Katie Spencer, The Sharon Academy.

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BY MARY GOW



CIVIL WAR

AT THE AMERICAN PRECISION MUSEUM



HOW VERMONT'S CITIZENS AND TECHNOLOGY SHAPED HISTORY



“Charles Gould’s pistol is probably the most important pistol in Vermont Civil War history,” says Vermont historian Howard Coffin. Gould, a farm boy from Windham and captain in the Fifth Vermont Regiment, was among the troops in Virginia as the end of the war neared. “Ulysses Grant tried for nine months to capture Petersburg, the rail center for Richmond. If you captured it, you had Richmond, so the Confederates fought tooth and nail for nine months.”

“Finally, on the morning of April 2, 1865, a 12,000-man attack broke the lines,” says Coffin. “The attack was led by the Vermont Brigade. The first soldier over the works was Gould with that pistol in his hand.” One week later, General Robert E. Lee surrendered the Army of Northern Virginia.

Vermonters were prominent on the battlefields of the Civil War; the conflict also profoundly altered life at home. In Windsor, military needs brought a surge of industrial productivity. Crews at the Robbins and Lawrence Armory worked full speed, at times in round-the-clock shifts. The factory made rifles—50,000 of them—for Union soldiers. The men there also made machines that made guns—lathes, drill presses, and milling machines that were sold to other armories. Recent research has rediscovered the vast reach of Windsor’s influence. ▶

Opposite: Corporal Wesley Sturtevant and his diary bearing his own bloodstains. The 20-year-old was killed at Gettysburg as his regiment rose to repel Pickett’s Charge. Top: Special Model 1861 Rifle Musket. More than 50,000 of these rifles were made by Lamson, Goodnow & Yale for the Union Army. The Amoskeag Machine Company in Nashua, New Hampshire, outfitted with Lamson machinery produced this rifle, and Colt, in Hartford, Connecticut, made close to 100,000 Special Model 1861 rifles. Top, inset: Historian Howard Coffin. Left: William Munson’s hat, belt, and epaulets. Photos by First Light Studio.



Above: Rifling Machine, Robbins & Lawrence, Windsor, Vermont, 1853. In the 1850s, machine designers, including those in Windsor, developed power machines for cutting the grooves at a predetermined depth and angle. Powered by the overhead line shaft and driven by a waterwheel, the rifling machine worked all day without tiring. Photo by First Light Studio. Right: Robbins & Lawrence Armory, 1846, a National Historic Landmark, beside the Mill Brook. Photo by Jack Rowell. Below, from left: Equipment on display. Photo by Jack Rowell. William Munson's spurs and powder flask. Photos by First Light Studio.



Vermont Will Do Its Duty

Two superb exhibits at the American Precision Museum in Windsor commemorate the 150th anniversary of the Civil War: *Full Duty: The Civil War Collection of Howard Coffin* and *Arming the Union: Gunmakers in Windsor, Vermont*. Individually, each exhibit is extraordinary; as a pair, they are phenomenal. From Charles Gould's pistol to Wesley Sturtevant's bloodstained diary to the magnolia leaf Charles Abell sent home to Hattie Aiken, Howard Coffin's Civil War collection brings the experiences of Vermont's Civil War soldiers to life. *Arming the Union* presents the story of a Windsor factory's importance in establishing the North's superior firepower. That factory is now home to the American Precision Museum.

Full Duty: The Civil War Collection of Howard Coffin gets its title from the response of Governor Erastus Fairbanks to Abraham Lincoln concerning potential Vermont troops. "Vermont will do its full duty," wrote Fairbanks. The state did that and more. Vermont's population in 1860 was 315,000, and 34,238 Green Mountain men and boys served. ▶





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ARMING THE UNION



“I think that the Civil War was the most important thing that ever happened in American history,” says Coffin, whose books on the conflict include his comprehensive 1993 *Full Duty: Vermonters in the Civil War*. For four decades, Coffin has collected documents, artifacts, and artwork relating to the war, items that “touch a chord.” *Full Duty* marks the first time that so much of Howard and Sue Coffin’s private collection is on display.



Left: Introduction to the exhibit *Arming the Union: Gunmakers in Windsor, Vermont*. Panel depicts *The Battle of Franklin*. Chromolithograph by Kurtz & Allison, Chicago, 1891, courtesy of the Library of Congress. Photo by First Light Studio. Below: Colt Model 1849 pocket pistol that Charles Gould of Windham, Vermont, carried during the final assault that ended the siege of Petersburg. Photo by Jack Rowell. William Munson's canteen. Inset, center: Canteen strap (in background) and bullet, Lucius Nye, Coventry Vermont. Photos by First Light Studio.

Personal items in the exhibit are especially powerful in making connections to Vermonters of 150 years ago. Lucius Nye of Coventry carried his canteen at the Battle of the Wilderness. Besides the canteen, Nye kept the bullet that wounded him that day. William Munson, a Norwich University graduate, led five companies on Cemetery Hill at Gettysburg. Munson's powder flask, tactics handbook, spurs, shaving kit, and even a pressed flower were passed down through his family. Elba Jillson's enlistment papers mark the beginning of his service; Jillson was Coffin's great-grandfather. ▶



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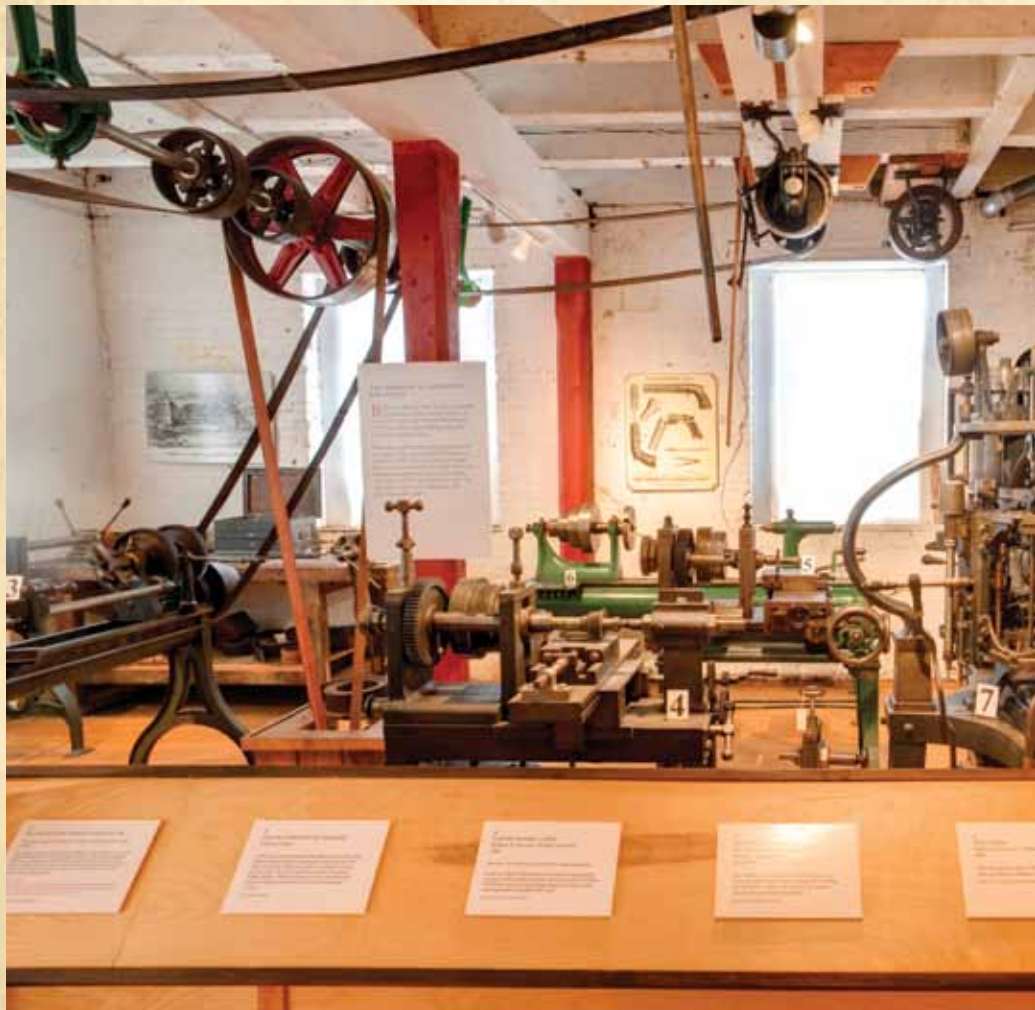
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“One of the best ways, I think, to interest people in the Civil War is for them to see artifacts. There is something in the exhibit that should grab everyone,” Coffin says. “Maybe the exhibit will encourage people to take a harder look, not only at the Civil War but also at the issues that brought it on. These are issues that still exist and that we need to be concerned about—human freedom, human equality.” ▶





Left: Captain Charles Abell, Orwell, Vermont, picked this leaf (held by Howard Coffin) on the grounds of George Washington's Mount Vernon and sent it to Hattie Aiken, the sister of one of his comrades. Above: William Munson's writing desk. Photos by First Light Studio. Below: Between 1846-50, Robbins & Lawrence made more than 25,000 Harper's Ferry type rifles in this building using the machines displayed here. Photo by Jack Rowell.



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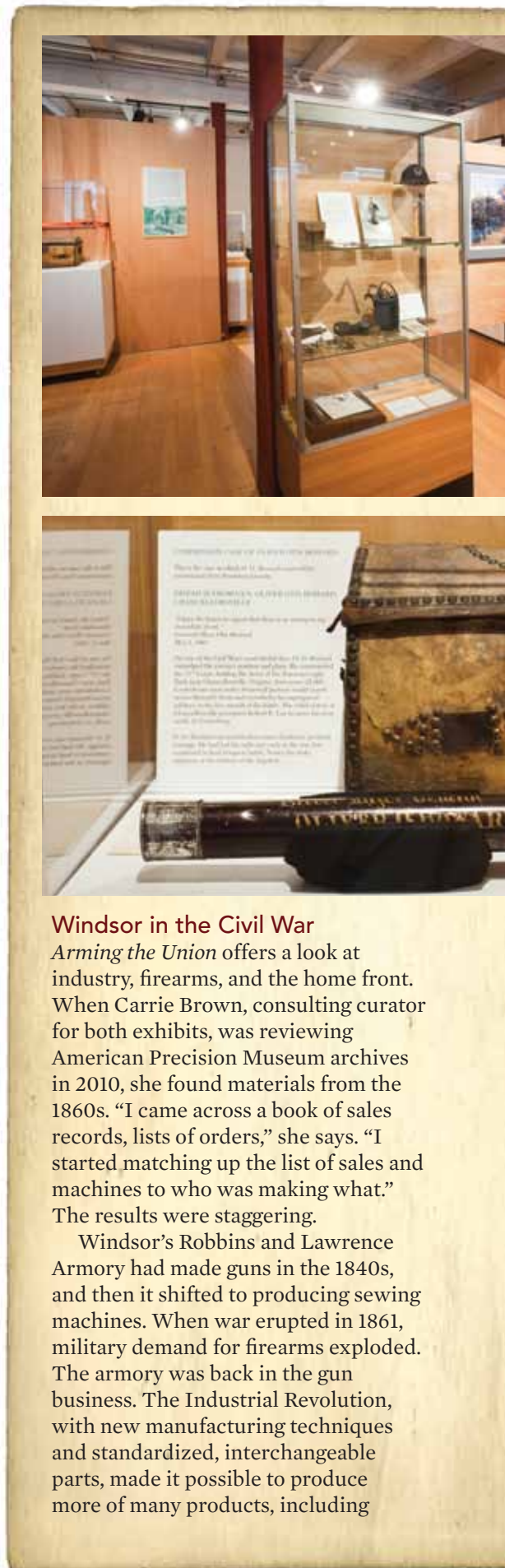
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Windsor in the Civil War

Arming the Union offers a look at industry, firearms, and the home front. When Carrie Brown, consulting curator for both exhibits, was reviewing American Precision Museum archives in 2010, she found materials from the 1860s. “I came across a book of sales records, lists of orders,” she says. “I started matching up the list of sales and machines to who was making what.” The results were staggering.

Windsor’s Robbins and Lawrence Armory had made guns in the 1840s, and then it shifted to producing sewing machines. When war erupted in 1861, military demand for firearms exploded. The armory was back in the gun business. The Industrial Revolution, with new manufacturing techniques and standardized, interchangeable parts, made it possible to produce more of many products, including



Top: The Battle of Gettysburg section of the exhibit. Above: Personal trunk of Sergeant Julius Lewis of Poultney, son of Vermont farmers, who was killed in action at Charles Town, West Virginia. Oliver Otis Howard's commission case in which he received his commission from President Lincoln. Photos by Jack Rowell.

guns, faster than ever. In three years, 1.5 million rifles and tens of thousands of pistols and carbines were manufactured in the North. During the Civil War, about two million soldiers had guns; 200,000 died of battle wounds.

Tracing and matching orders, Brown found that machines for casting, milling, and boring were built in Windsor and sold to other armories, including Sharps, Remington, and Colt. As numbers added up, Brown recognized, "The majority of guns used in the Civil War were made using machines made in Windsor." ▶

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“To make a machine tool from scratch you need the most highly skilled workers. It took expertise and genius to figure out how to design and make the machines,” says Brown. *Arming the Union* presents both the technological and human sides of this Industrial Revolution story.

“This pair of exhibits allows us to look at the home front and the battlefield and to make connections between war industries at home and the battles of the Civil War. I hope that people will think about the legacies of the war and reflect on this point in our history,” says Brown. ☺



Top: Profile Milling Machine, Jones, Lamson & Company, Windsor, Vermont. Photo by Jack Rowell. Above: Iron Planer, E. G. Lamson, Windsor, Vermont, 1864. During the war, Lamson sold planers to other gunmakers throughout the Union, including the Springfield Armory, the American Fire Arms Company, Stevens Brothers, and the Connecticut Arms Company. Photo by First Light Studio.

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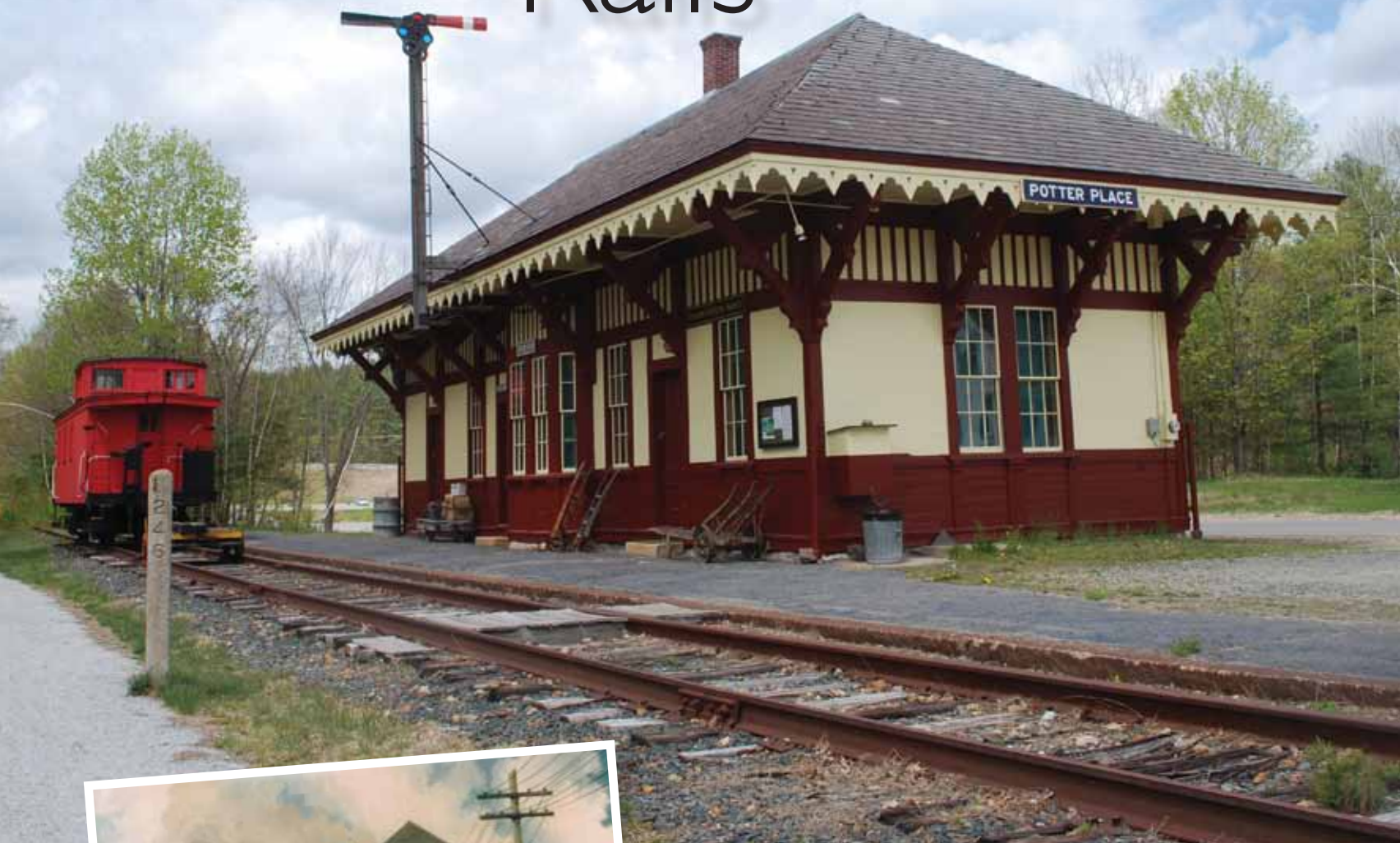
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Traveling the Rails THEN AND NOW

looking **back**

BY SUSAN W. NYE



Potter Place Station today and (inset) illustrated on an old postcard.

THROUGHOUT ITS HISTORY, New Hampshire has adapted and changed, and changed again. In the mid 1800s, many hill farmers were barely able to make a living. They abandoned the Granite State's rocky soil and turned to manufacturing. The state's fast-moving rivers created great opportunities for mills and factories. Railroads were built along the rivers to carry materials in and finished goods out. Once-tranquil villages became bustling pockets of industry. ▶

looking back



This page, clockwise from top: Guests at Twin Lake Villa. Postcard of Twin Lake Villa. Guests of Twin Lake Villa on the shore. Postcard of Twin Lake Villa entitled "A View from the Ledges." Guests pose on the steps at Twin Lake Villa.



Top: Back and front of old Twin Lake Villa tourist brochure. Left: Original Kidder family, innkeepers of Twin Lake Villa. Above: Map of Lake Sunapee.

Consider Scytheville at the head of the Blackwater River at the east end of Pleasant Lake. Now Elkins and a part of New London, Scytheville was a world-famous manufacturer of scythes for more than 50 years. But manufacturing methods and customers' needs changed. Using coal in lieu of water power allowed competitors to move their factories closer to steel foundries. At the same time, mechanized combines and mowers were replacing scythes. The once-busy New London Scythe Company was forced to close its doors in 1888.

An Influx of Tourists

Meanwhile, artists and city folk were developing a growing interest in New Hampshire's beautiful scenery and fresh air. The Granite State put out the welcome mat for tourists. While most were from Boston, New York, and Connecticut, the state's natural beauty attracted visitors from all over the United States, Canada, and Europe. Before long the railroads were hauling tourists instead of raw steel and finished scythes. New Hampshire had found a new source of revenue: summer people.

Many of them, including John Milton Hay, Secretary of State under Presidents William McKinley and Theodore Roosevelt, bought up old abandoned farms. Rundown farmhouses were replaced with grand estates like The Fells in Newbury. In addition, elegant hotels like the Granliden, SooNipi Park Lodge, and Ben Mere Inn were built to entice wealthy sightseers.

Today we are happy to pack a duffle bag and take a week or two of summer vacation. At the turn of the last century, families arrived with big steamer trunks and stayed



Caboose at Lake Station, Newbury, today. Inset: Lake Station in earlier years.

LEARN MORE

Learn more about vacations in the Lake Sunapee Region, then and now.

For more about early tourism in the Lake Sunapee Region:

- New Hampshire Historical Society, www.nhhistory.org
- Newbury Historical Society, www.newburyhistorical.org
- Sunapee Historical Society, www.sites.google.com/site/sunapeehistoricalsociety/
- New London Historical Society, www.newlondonhistoricalsociety.org

- Or check out *Lake Sunapee Postcard History* by Paul D. Rheingold (Arcadia Publishing, 2012) at www.arcadiapublishing.com.

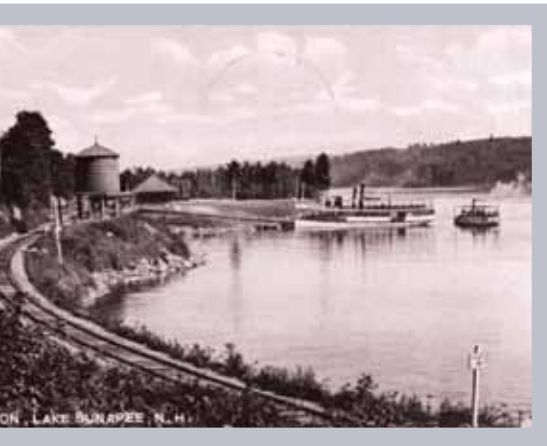
For more Rail Trails information and maps:

- The New Hampshire Rail Trail Coalition, www.nhrailtrails.org
- The Friends of the Northern Rail Trail in Grafton County, www.northernrailtrail.org
- The Friends of the Northern Rail Trail in Merrimack County, www.fnrt.org

- Or check out *New Hampshire Rail Trails* by Charles F. Martin (Branch Line Press, 2008) at www.branchlinepress.com.

For a taste of the past and a cruise on Lake Sunapee:

- Twin Lake Village, www.twinlakevillage.com
- Inn at Pleasant Lake, www.innatpleasantlake.com
- Lake Sunapee Cruises, www.sunapeecruises.com



From top: Old postcard of Lake Station, Lake Sunapee. Granliden Hotel. Color postcard entitled "Boat Landing at Lakeside, Lake Sunapee, N.H."



all summer. Or at least the women and children stayed. Most husbands took the train back and forth to the city to work during the week while their families enjoyed the lake. It was a fun time for all, with tennis and golf, sailing, swimming, and more than a few lazy afternoons on a porch in a rocking chair.

From Inns to Cabins

Then again, some summer people chose a simpler way of life. Rustic fishing and hunting camps were built in the woods and on the shores of lakes and ponds. Many local residents, including the Kidders and Messers, turned their homes into summer rooming houses. Retired Union officer Colonel William Messer added a second story with a row of deep gables and a red roof to his farmhouse on Pleasant Lake. Now called the Inn at Pleasant Lake, Colonel Messer named his summer resort The Red Gables Inn.

Andrew Jackson Kidder and his family farmed and operated a sawmill on several hundred acres of land on Little Lake Sunapee. In 1895 the Kidders offered four of their rooms to summer boarders and quickly realized the opportunity for a summer hotel. Using wood from his mill, Andrew and his sons built Twin Lake Villa, a 50-room summer hotel.

Over the years, the Kidders added a nine-hole golf course and tennis courts, expanded the hotel, and built cottages for their guests. Today, Twin Lake Village plays host to as many as 180 guests in a busy week. Hank Kidder comments on the family business, "Many of our guests have been coming for decades, first as children and now with their children, grandchildren, and even great-grandchildren. We were never as fancy as the grand hotels on Lake Sunapee, but we are about the only one left—at least the only one still run by the original family." ▶

For a great view from the old tracks:

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For information on activities, shopping, lodging, and dining in the Lake Sunapee Region:

- The Lake Sunapee Region Chamber of Commerce, www.lakesunapeenh.org

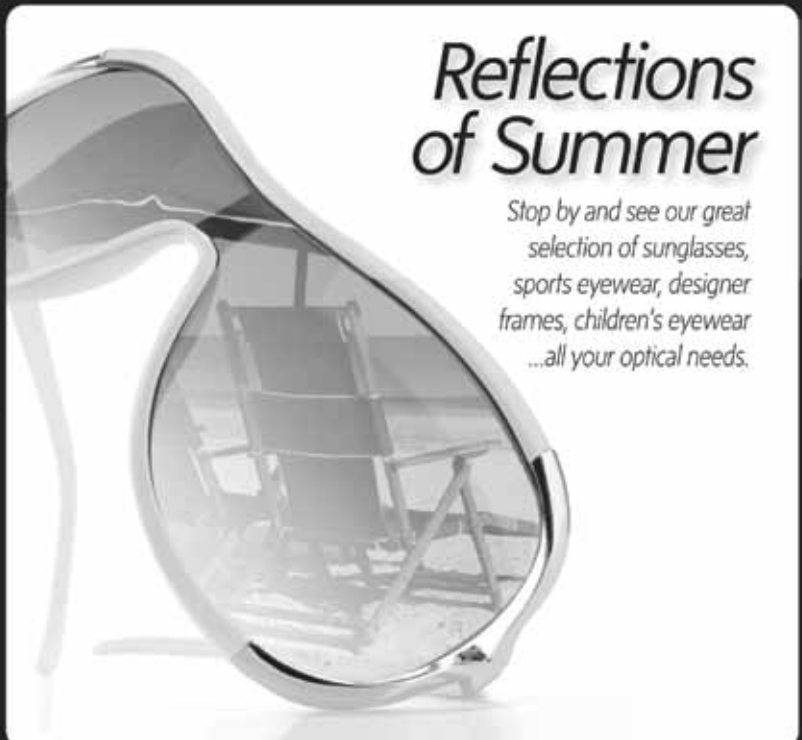
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looking **back**



Bike riding on the trail today. Inset: Mile marker to Boston.

He continues, “In the old days there might be one bathroom at the head of the stairs for eight or ten rooms. Few people will accept that today, and it was hard for the big hotels to renovate and adapt. My grandfather couldn’t afford to build a huge hotel, so he built three- and four-bedroom cottages for families to share. Because they’re smaller, our cottages as well as the main building and annex were easier to modernize.”

The train brought the summer people north to Concord or Claremont and then on to Potter Place near Andover or to Lake Station in Newbury. A Concord Coach carted visitors from Potter Place to Elkins and New London. Steamboats picked up visitors at Lake Station, dropping them off at hotels along the shore.

From Trains to Autos

With hundreds of tourists visiting Sunapee every summer, several steamboats cruised the lake. Some of the steamboats had lyrical, ladylike names like Captain Nathan Young’s *Mountain Maid* and the Woodsum brothers’ *Lady Woodsum* and *Armenia White*. Others were named for local landmarks like the *Ascutney* and the *Kearsarge*. The steamboats didn’t just carry tourists to their hotels; they were part of the local entertainment. Sightseeing tours were popular, both day and night. Throughout the day, the boats’ captains pointed out the sights, but they



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Postcards of Red Gables, New London, New Hampshire.

wisely kept quiet during romantic moonlight cruises.

And then the automobile and a new norm of weekly vacations and day trips took over. Train travel died out across the United States, and New Hampshire was no exception. By the 1950s and 1960s, Routes 93, 89, and 91 created fast and easy connections to Boston, New York, and beyond. Passenger train service became a thing of the past. Rails and ties were dismantled, leaving behind a network of well-constructed track bed. Most of the steamboats disappeared as well. Today, only the MV *Mount Sunapee II* and a new MV *Kearsarge* are left to offer sightseeing and dinner cruises.

From Rails to Trails

In the mid 1990s the state purchased the right-of-way for the rail lines, sowing the seeds for the railroads' reinvention as recreational trails. Citizen groups and conservation organizations have joined forces to transform the track bed. Bob Ward, president of Friends of the Northern Rail Trail in Merrimack County (FNRT), explains, "The rails and ties were removed long ago. However, the track bed is made of crushed rock or ballast. The ballast needs to be

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Both people and dogs enjoy the trail.

regraded and then topped with stone dust and packed to create a safe, four-season surface.” Bob continues, “Thankfully many of the operators volunteer their time, but we still need to pay for heavy equipment and materials.” FNRT is working with other volunteer organizations to raise money to complete the transformation of the old Northern Railway line. The 60-mile corridor starts in Lebanon and goes through Grafton and Danbury to Andover, Franklin, and Boscawen to the Concord city limits. The Northern Rail Trail now extends from Lebanon to just west of Franklin, about 10 miles short of the goal.

Rail trails are an example of recycling at its best. Charles Martin, author of *New Hampshire Rail Trails*, says, “It has taken a tremendous volunteer effort to transform the old rail beds to trails, but the payback is immediate. Walkers, runners, and bikers are on a new trail as soon as it’s completed.” Bob Ward agrees that a rail trail is a great resource for both local residents and visitors. He encourages everyone to take a walk or ride and enjoy the beautiful scenery. He adds, “Rail trails are terrific for families with young children and baby boomers alike. With a 1 percent grade, you can get a great cardio workout and not worry about overdoing it. Whether you want to bike, walk, run, or cross-country ski, they are safe and highly accessible. And an added bonus—there are no entrance fees!”

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alexander and me

BY NANCY FONTAINE
PHOTOS BY JACK ROWELL



LOOK AND FEEL BETTER WITH THE ALEXANDER TECHNIQUE



Top: Anne encourages a lengthening direction of Nancy's leg. Center: Nancy's hands rest in an "open" position. Above: Anne gently moves Nancy's head so she can become aware of, and release, any undue neck tension. Right: Anne Shivas in her studio in Norwich.

I am among a half-dozen women sitting in chairs in a semicircle facing our instructor, a young woman named Jenny Sielicki, as she addresses us in a class at the Women's Health Resource Center in Lebanon, New Hampshire. Jenny has a pleasant face, a ready smile, and a British accent. She stands comfortably erect as she talks to us about the Alexander Technique, a type of bodywork. ▶

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Top and right: Anne guides Nancy into a "position of mechanical advantage," directs Nancy's head forward and up, and encourages a lengthening and extension of Nancy's forearm. Above: Anne directs Nancy to free her neck and let her head lead forward and up.

"The primary directions in the Alexander Technique are 'Let the neck be free, the head move forward and up, and the back lengthen and widen,'" she says. Confusion clouds the faces around the circle as each of us wonders, how do you lengthen and widen your back?

Jenny asks each of us to get a mat and grab a paperback book or two. "We're going to do an exercise called semi-supine," she says. "We lie on the floor and use books rather than pillows because it allows us to feel our bodies more," she says. "It's very relaxing."

We smile at the idea of something relaxing and head for the floor. We lie on our backs, knees bent, hands on abdomens, books under our heads. Jenny

moves among us, sometimes talking, sometimes lightly touching a student. When she gets to me, she adjusts the position of my head slightly.

After a few minutes, we get up. I am amazed that my head feels weightless and perfectly balanced on my shoulders. The feeling doesn't last, but I am hooked. I want to learn more about the Alexander Technique.

In the Beginning

Although new to me, the Alexander Technique originated in Australia in the late 1800s, created by an actor named F. M. Alexander who suffered from chronic laryngitis. When doctors were not able to cure him, he set out to solve the problem himself.

Studying himself in the mirror, Alexander noticed what he was doing wrong and figured out how to change it. When he returned to the stage, his method proved so successful that others



wanted to learn it, and he switched to the career for which he is now known: teaching his technique. Alexander considered what he did education rather than treatment, so Alexander practitioners call themselves teachers and call their clients students. The technique is still best known among performers: actors, dancers, singers, and musicians.

Many Alexander teachers were first introduced to the technique through their art. Jenny was a dancer who was taught the Alexander Technique in all four years of her college dance instruction in England. "With the Alexander Technique as a background, we could easily pick up the specifics of any dance form," she says.

The Alexander Technique can be taught individually or in groups, and there are plenty of books and videos for self-study. However, the most effective learning takes place when a student

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active life

Anne gently encourages an opening and widening of Nancy's shoulder as she rests in semi-supine position.



can have one-on-one interaction with the teacher, because so much of what needs to be learned is nonverbal.

A One-on-One Lesson

Alexander Technique teacher Anne Shivas is a petite woman with cornflower-blue eyes. The office where she gives me a private Alexander lesson in Norwich, Vermont, is warmly inviting, light streaming from the one large window as classical music fills the air.

I alternately sit and stand, Anne guiding me with her hands, checking to see if my neck is tense, softly encouraging my neck to release and my head to move forward and up. "I help the student to experience a different way of using the body, with less undue interference," she says.

The journey to becoming an Alexander teacher for Anne, who is also a poet, began with dance. "I started learning the technique when I developed intense shoulder pain," she says in a soft Scottish brogue. "My dance training had contributed to the development of the pain," she says. "I had trained my misuse into my muscles." Anne tried Alexander for her pain, and it worked. She decided to become a teacher when her own teacher suggested it.

The technique is gentle and pleasant—but hard for the student to replicate outside the lesson, as the point is to change the movement habits of a lifetime. It can



make a great difference, however. In 2008, doctors in England published an article in the *British Medical Journal* of a randomized trial comparing the Alexander Technique, massage, and physician instruction on exercise for the alleviation of chronic back pain. The results? After one year, the Alexander students reported the best results: Alexander lessons were significantly more effective than either massage or exercise in alleviating their pain.

Back in Jenny's class a few weeks later, we students are gathering to chat. I notice one woman in particular. "You look different somehow; you're really looking good," I tell her. "Thanks! I think I'm standing up straighter," she replies. "That's the Alexander Technique," adds Jenny. "People notice you look better when you've been practicing for a while." Sounds—and feels—good to me! ☺

Note: Jenny and Anne are both members of the American Society for the Alexander Technique, the largest professional association of certified Alexander Technique teachers in the United States. For the society directory, visit: <http://www.amsonline.org/teachers>.

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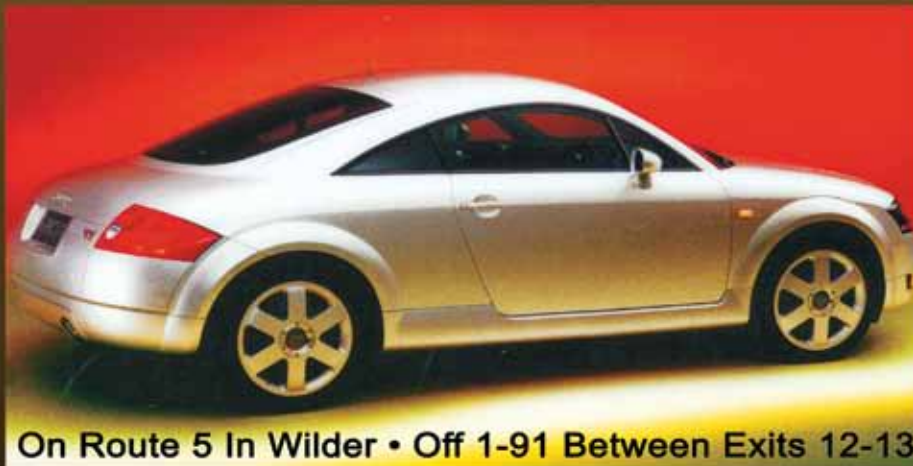
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One thing you can count on, you're not the only one looking for a little pamper and polish. Summer is a great time to reconnect. Invite your girlfriends over to relax on the back porch and enjoy a fun and festive spa day or evening. The kids are out of school so why not gather moms, daughters, daughters-in-law, and granddaughters together?

If your family is small, join forces with friends and neighbors. Multigenerational parties are great fun. Teens and tweens can introduce their nanas to blue or black nail polish. And what grandmother wouldn't love to share her red-hot lipstick, the kind Marilyn Monroe adored, with the kids?

Not good at planning ahead? No one but no one will complain if you hold a last-minute spa party. When you've suffered one too many rainy days and sun is not in the forecast, there is nothing better than an impromptu it's-another-rainy-Thursday-and-I-need-to-party party!

If your spa day is just another good excuse to get together with your pals, feel free to keep it simple. You can stock up on your favorite facial masks, creams, and polishes or invite your guests to bring their own to swap and share. Start the party with a quick power walk around the neighborhood to get everyone's blood flowing and spirits up. Next, let everyone bring out their inner glow with do-it-yourself facials and manicures and pedicures. Swapping a little harmless gossip, new titles from favorite authors, and fashion and beauty tips is not optional.

If you are celebrating something special, maybe a vacation or upcoming wedding, you may want to take the party up a notch. You can probably skip a visit from the Chippendales, but think about bringing in an expert or two. Many licensed estheticians, massage therapists, and yoga instructors would be delighted to help make your spa party special. An esthetician can offer great skin-care and makeup advice as well as facials. If you are a tense bunch, your group might prefer a couple of massage therapists. What could be more relaxing than a fabulous massage? And if you feel the need to stretch and unwind after a long, hard week, you and your friends might enjoy a private yoga class.

Once everyone is perfectly relaxed and looking gorgeous, it's time to enjoy a healthy meal together. Think long and leisurely—relax and savor every morsel and each other's company. From mini cups of cool cucumber soup to a sweet and icy kiwi sorbet, there is no reason that delicious can't also be good for you. With small servings of each dish, you can enjoy a variety of wonderful tastes, both savory and sweet, without guilt. Bon appétit!





COLD CUCUMBER SOUP SHOTS

Makes about 2½ quarts

- 6 lb English cucumbers, peeled, seeded, and coarsely chopped
- 2 yellow bell peppers, stemmed, seeded, and coarsely chopped
- 4 scallions, chopped
- 2 Tbsp fresh dill, finely chopped
- 1 Tbsp fresh parsley, finely chopped
- ½ tsp paprika
- 6 cups plain, nonfat yogurt
- 3 Tbsp extra-virgin olive oil
- 1 Tbsp white wine vinegar
- Coarse sea salt and freshly ground pepper to taste
- Garnish: fresh chives, minced

1. Put the cucumbers, bell peppers, scallions, dill, parsley, paprika, yogurt, olive oil, and vinegar in a large bowl. Season with salt and pepper and toss to combine. Working in batches, puree the soup in a blender until very smooth.

2. Cover and store the soup in the refrigerator until cold, at least 4 hours. Serve in tiny glasses or espresso cups, garnished with minced chives.

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SEARED SALMON WITH WHEATBERRY SALAD

Serves 8

Wheatberry Salad
(recipe follows)
About 2½ lb center-cut salmon
fillets, cut into 8 pieces
Kosher salt and freshly ground
black pepper
Olive oil
Garnish: lemon wedges

1. Make the Wheatberry Salad.
2. Preheat the oven to 450°.
3. Heat an ovenproof sauté pan over medium-high heat. Season the salmon fillets with salt and pepper. Add a little olive oil to the pan and place the salmon skin side up in the pan. Reduce the heat to medium and cook for 2 minutes. Carefully turn the fillets, and then place the pan in the oven for about 5 minutes or until the salmon is cooked to desired doneness.
4. Arrange a mound of Wheatberry Salad on each plate, top with a piece of salmon, garnish with a lemon wedge, and serve.

The salmon can be prepared ahead. Cool to room temperature, cover, and refrigerate. Remove from the refrigerator about 30 minutes before serving.

WHEATBERRY SALAD

Serves 8

- 1½ cups wheatberries
- Grated zest of 1 orange
- Grated zest of 1 lime
- 3 Tbsp fresh mint leaves, roughly chopped
- 3 Tbsp fresh parsley leaves, roughly chopped
- 6–8 radishes, cut in julienne
- 4 carrots, cut in julienne
- 1 red or yellow bell pepper, finely chopped
- 4 scallions, thinly sliced
- ¼ cup dried cranberries, roughly chopped

1. Put the wheatberries in a saucepan with 4 to 5 cups of salted water. Bring to a boil; reduce to a simmer and cook, uncovered, for about 60 minutes or until tender. Drain well and transfer to a large bowl.
2. Add the orange and lime zests, half of the herbs, and enough Citrus Vinaigrette (recipe follows) to lightly coat. Cool to room temperature, cover, and transfer to the refrigerator. Let sit for 30 to 60 minutes to let the flavors combine.
3. Meanwhile, put the radishes, carrots, pepper, and remaining herbs in a bowl. Toss to combine. Drizzle with enough Citrus Vinaigrette to lightly coat, and toss to combine. Let sit in the refrigerator for 1 hour or more to combine the flavors.
4. Combine the wheatberries and vegetables, bring to room temperature, and serve.

The salad can be prepared several hours in advance. Keep refrigerated until 30 minutes before serving.

Citrus Vinaigrette

- Grated zest and juice of 1 orange
- Grated zest and juice of 1 lime
- 2 Tbsp red wine vinegar
- 1 tsp honey
- ½ tsp cinnamon
- ½ tsp cumin
- 1 clove garlic
- ½-inch slice from a medium red onion, chopped
- Kosher salt and freshly ground pepper to taste
- About 1 cup or to taste extra-virgin olive oil

Put the juices, vinegar, honey, cinnamon, cumin, garlic, and onion in a blender or small food processor. Add salt and pepper to taste and process until smooth. Add olive oil to taste and process until combined and emulsified. Let sit for at least 10 minutes before using to let the flavors combine.

Cover and store leftover vinaigrette in the refrigerator.



ASPARAGUS, EDAMAME, BEAN SPROUT & ARUGULA SALAD

Serves 8

About 2 cups shelled edamame, fresh or frozen
About 1 lb medium asparagus, trimmed
About 8 oz baby arugula
About 2 cups bean sprouts
2-3 scallions, thinly sliced
About ½ cup chopped walnuts, toasted

Vinaigrette:

Juice of 1 lemon
Coarse sea salt and freshly ground pepper to taste
½ cup extra-virgin olive oil or to taste

1. Blanch the edamame in a large pot of boiling, salted water for 3 to 4 minutes. Drain and plunge the beans into a bowl of ice water to stop the cooking. Drain again and pat dry. Store in the refrigerator until you are ready to assemble the salad.

2. Blanch the asparagus in a large pot of boiling, salted water for 1 minute. Drain and plunge the asparagus into a bowl of ice water to stop the cooking. Drain again and pat dry. Cut the asparagus into bite-sized pieces on the diagonal. Store in the refrigerator until you are ready to assemble the salad.

3. Make the vinaigrette: put the lemon juice in a clean glass jar and add salt and pepper to taste. Let sit for a few minutes to dissolve the salt, and then shake to combine. Add the olive oil, more or less to taste, and shake to combine.

4. Toss the arugula with enough vinaigrette to lightly coat, and arrange on individual plates. Toss the edamame, asparagus, bean sprouts, and scallions with enough vinaigrette to lightly coat and arrange on top of the arugula. Sprinkle with walnuts and serve.

Store leftover vinaigrette in the refrigerator.



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KIWI SORBET

Makes about 1 quart

About 2½ lb ripe kiwifruit, plus 1-2 extra for garnish

Juice of two limes

1 Tbsp dark rum

About 1 cup (or to taste) Ginger Syrup (recipe follows)



1. Peel and chop the kiwis, minus those for garnish. Working in batches, put the kiwis, lime juice, rum, and ginger syrup in a blender and process until smooth. Pour the puree through a fine-mesh sieve to remove the seeds. Cover and refrigerate until very cold, at least 4 hours or overnight.

2. Transfer the mixture to an ice cream machine and freeze according to the manufacturer's instructions. Transfer to a plastic container and freeze for up to one month.

3. If the sorbet comes out of the freezer rock hard, put it in the refrigerator for

20 to 30 minutes. It will soften a little and be easier to scoop. Scoop into small bowls or dessert glasses, garnish with a slice of fresh kiwi, and serve.

Ginger Syrup

Makes about 1 cup

- 4 oz fresh ginger, peeled and thinly sliced
- 1 cinnamon stick or ½ tsp ground cinnamon
- 1 cup sugar
- 1 cup water

Put the ginger, cinnamon, sugar, and water in a heavy saucepan and bring to a simmer over medium-low heat, stirring until the sugar has dissolved. Reduce the heat and gently simmer, uncovered, for 30 minutes. Strain and cool to room temperature. Store covered in the refrigerator until ready to use.



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- 2 bananas, cut up
- ½ cup fresh or frozen organic strawberries
- 1 Tbsp wheat germ
- 1 Tbsp honey

Combine the yogurt, bananas, strawberries, wheat germ, and honey in a blender. Blend until smooth, about 1 minute.

BLUEBERRY SMOOTHIE

Makes 2

- 1 cup organic blueberries
(frozen or fresh)
- 1 (8 oz) container plain organic yogurt
- ¾ cup 2% reduced-fat milk
- 1 Tbsp honey
- ½ tsp vanilla extract
- ⅛ tsp ground nutmeg

Blend the blueberries, yogurt, milk, honey, vanilla, and nutmeg in a blender until frothy, scraping down the sides of the blender occasionally. Serve immediately.



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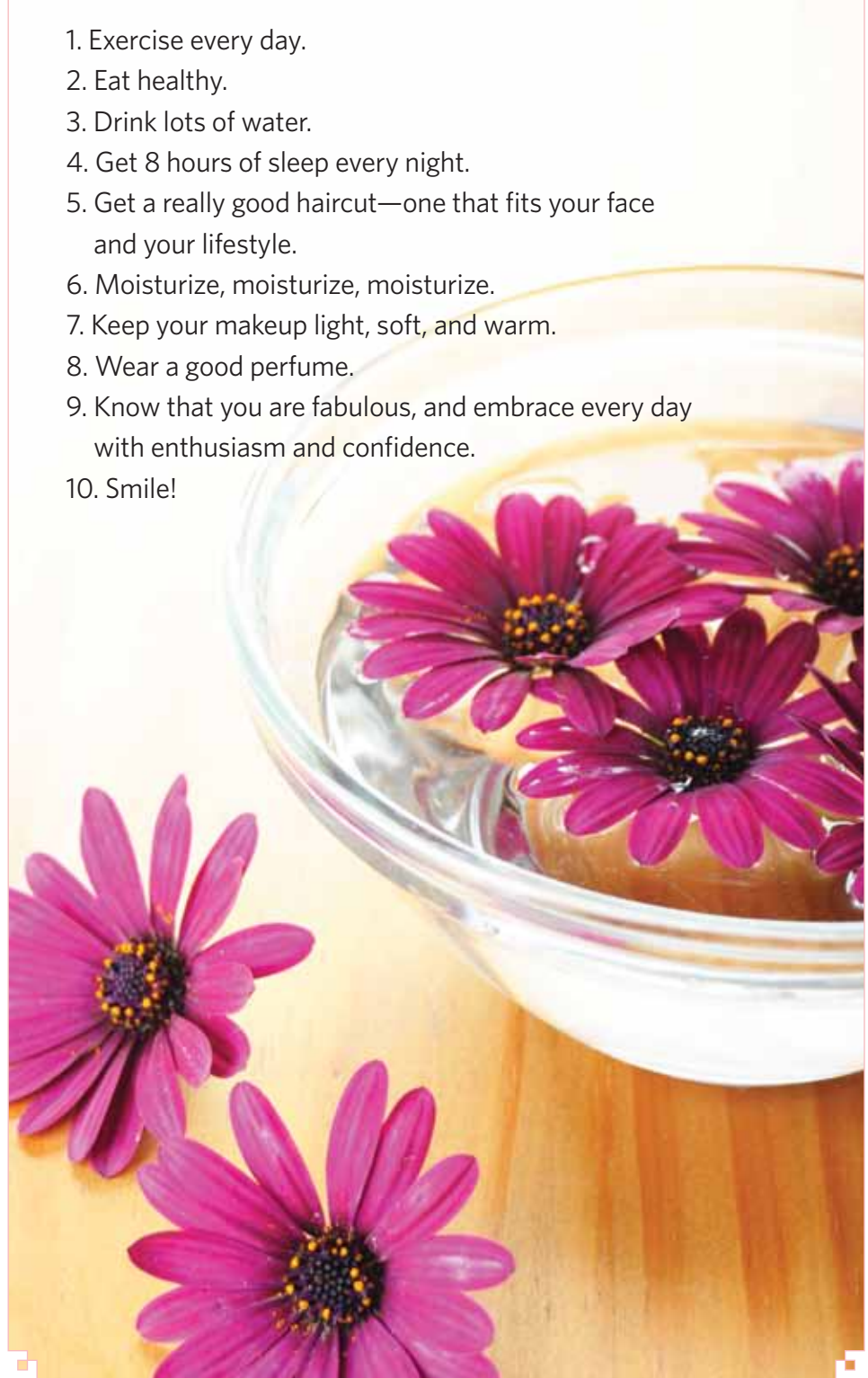
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Tracing a Family Tree



A CHALLENGING AND
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One of the Keane family homes in Westport, Ireland, 1960. I visited an elderly cousin, Nellie Keane, there in 2003. She was the last of a large family and died in 2004.

Starting a business at any age is no easy endeavor, but for me, starting a genealogy business at age 61 is simply a labor of love. I was always a curious child, and I spent my youth asking questions of my grandparents and their siblings. I wasn't any kind of genealogical prodigy; mostly, I just liked the unusual names like Ora, Ira, Rueul, and Georgianna Alice. And the stories of my Irish great-grandparents, Patrick Keane and Bridget Gilrain, captured my imagination. But it wasn't until I was well into my forties that I began to seriously research my Irish origins. ▶

BY SUSAN MAJOR



“The stories of my Irish great-grandparents captured my imagination. I was a curious child, and I spent my youth asking questions of my grandparents and their siblings.”



Above: My great-grandfather Patrick Keane and his family, c. 1902-03. He married a fellow Irishwoman, Bridget Gilrain, and they had seven children, all shown in the photo. Top right: This man was my great-grandfather Patrick Keane's older brother Thomas T. Keane, and his wife. Thomas T. died in 1916. Thomas raised a large family and stayed in Ireland, working in the Keane's wheelwright business.



A first visit to Ireland in 2000 acquainted me with the beautiful, oceanfront town of Westport in County Mayo. In Westport I saw the site of my ancestors' wheelworks business and their small apartments on the grassy Fairgreen (town common) where market day was held once a month. My great-grandfather, Patrick Keane, left Westport in 1880 for Washington, DC, where three emigrant sisters and their families lived. Eventually, however, he found his way northward to New Hampshire for the cooler climate and settled in Manchester. Patrick's father and brothers in Ireland were coach builders, so he put his carpentry skills to work and built houses for the immigrant population.

Lost Connections Renewed

In 2000 my traveling companion, cousin Barbara Aiken, and I met descendants of Patrick's older brother, John Keane, who had remained in Ireland and continued the family business. The modern day Keanes (third cousin Tommy and his family) welcomed us into their home for an Irish dinner; lots of stories and photographs and Irish "craic" were exchanged, and a connection was re-established after 120 years. ▶

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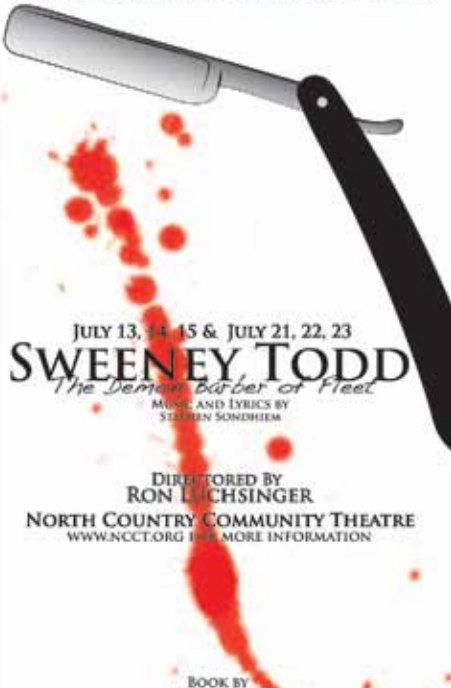
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in the spotlight



My grandfather is standing in front of the Keane Wheel Works business in Westport, Ireland, with his Irish cousin Jack Keane and his wife, Mary, 1960. This is the business that gave my great-grandfather, Patrick Keane, the skills he used to build houses in the US.

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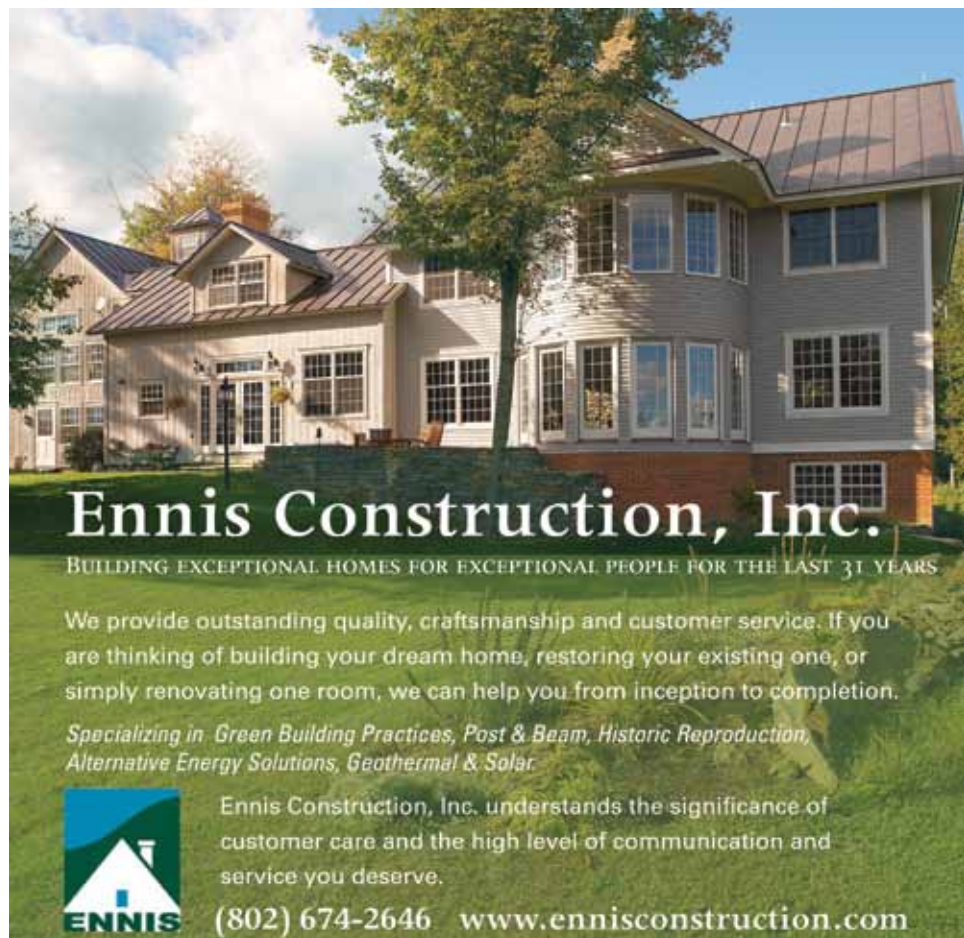
My grandfather Edward Keane (in suit) with three of his Irish cousins in 1960. The man in the sweater is John Keane, and the two sisters are Nellie and Nancy Keane.

In 2003 I started looking for descendants of Patrick's sister, Mary Keane Cunningham, who had immigrated to New Zealand around 1880. Contact with the Cunninghams had been lost generations ago. One aunt told me that they had all been lost when a ship went down in the South Pacific Ocean. Others said the Cunninghams had perished in the Napier, New Zealand, earthquake of 1931. I wasn't convinced, however, and posted an inquiry on a genealogical website asking any descendant of Mary to contact me.

It seemed almost a miracle when in April 2004, Nancy Costin responded by e-mail. Nancy told me Mary Keane Cunningham and her husband, Ned, were her great-grandparents. She said that although Mary and Ned had several children, only one daughter, Bridget, had a family. Unfortunately, Bridget and her husband both died in 1918, making orphans of their four young daughters, ages five to fourteen. The four young girls were sent to a Catholic convent where they grew up. Nancy's mother, Irene, was the eldest of the sisters. The girls grew into women and all had families, but because of their parents' early deaths, the girls knew little about their ancestors. Nancy herself had been searching for many years for news of her mother's family. She was very excited to meet someone who could tell her a little about her Irish ancestors.

A Living, Breathing Adventure


Once the link was re-established, Nancy Costin and I became fast friends, sending e-mails back and forth between New Zealand and New Hampshire, and filling in many details of the decades lost. In 2005 when Barbara and I were planning our next genealogical trip to Ireland, I invited Nancy to meet us in Westport, Ireland, and volunteered to show her the sites of our joint ancestry. I was thrilled when Nancy not only accepted the invitation but also asked if she could bring along another cousin, Australian Alan Newman, whose mother was Nancy's aunt. ▶



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in the spotlight



In May 2006, Barbara and I hosted a dinner in Westport, Ireland, reuniting descendants of our Irish great-great-grandparents. The Irish Tommy Keane, the Australian Alan Newman, the New Zealander Nancy Costin, and of course, the Americans, Barbara and I, sat down in the town of our mutual ancestors to re-establish family ties long lost.

That's not the end of our story. In 2007 Nancy attended our annual Keane family reunion, held in Gilmanton Ironworks, New Hampshire, each August, and in 2010 Barbara and I visited Australia and New Zealand to renew our friendships and meet even more of our Kiwi and Aussie cousins.

I continue researching my family.

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Above: Dinner in 2006 in Westport, Ireland. The folks at the table are (left, from front) Kathleen Keane, Ireland; Barbara Aiken, US; Felicity Hogg, Australia; Nancy Costin, New Zealand; Tommy Keane, Ireland. Right side of table, from front, are Virginia Aiken, US; Sue Major, US; Alan Newman, Australia; Barb Hermanson, US; Sandra, Nancy Costin's friend, New Zealand. Left: Members of US, Australian, and New Zealand family visiting gravesite of a common Keane ancestor in Westport, Ireland, 2006.

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BY STEPHEN MORRIS
PHOTOS BY JACK ROWELL

Recycling a Church

LOCAL RESIDENTS
BAND TOGETHER

West Brookfield, Vermont, is set on a dirt crossroads near the geographic center of the state. It features a dozen homes in a high valley dominated by a family-owned dairy farm. Most of the structures were built in the 1800s. Of note are the one-room schoolhouse and the white, clapboard church that is just the right scale for the union of human and spiritual life. But this scene of pastoral bliss is under assault from several directions. Unless the town residents can get it together, and keep it together, the church may soon be a footnote in the town's history. ▶



Top: Scott Wakefield vacuums away cobwebs. Far left: The church at the crossroads. Left: Tina O'Donnell, John Roe, and friends clean up the front entrance.



“It would be a shame if this beautiful building was allowed to deteriorate,” says Reverend Sue Church of the Congregational Church of Christ, the owner of the West Brookfield Church, as well as one in East Braintree, less than two miles down the road. Reluctantly, the church trustees decided that one had to go. West Brookfield drew the short straw.

The building needs some love. The slate roof is leaking. It could use fresh paint, and there are creosote stains from the long stovepipe that runs the length of the interior. “It’s still doable at this point,” says Reverend Church in reference to the maintenance issues.

“It’s a gem,” agrees Eric Gilbertson of the Preservation Trust of Vermont, pointing to a five-year-old—but still



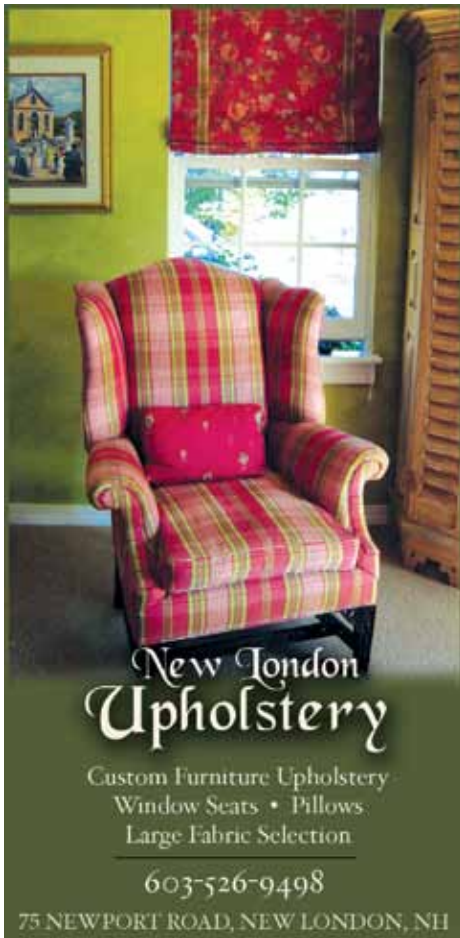
Top: Old hymnals were discovered in storage. Above: Newspapers from the 1920s had been used to line closet shelves in the church. Right: Barb Gassner works as her assistant looks on. Opposite top: Scott is still vacuuming.

These are tough times for churches in rural America. An aging demographic in combination with scandals, lawsuits, and changing attitudes toward spirituality have resulted in declining congregations, which, in turn, means a declining need for the structures built to serve the needs of worshipers. Maintaining these graceful masterpieces can be ill-afforded by the dwindling congregations that own them.



valid—structural assessment performed by Jeremiah Parker, a well-regarded restorationist from Shoreham, Vermont. His report characterizes the building as fundamentally sound but in need of maintenance estimated at \$55,000. While not a prohibitive sum, it is more than the current owners are willing to spend. Before listing the property on the open market, however, the trustees of the church suggested an alternative to local residents. If they could form a viable and sustainable community organization to manage and maintain the building, they could have it for one dollar. “West Brookfield doesn’t really need this building as a place of worship,” says Reverend Church, “but it does need it as a community center.” ▶





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Getting Started

A group of 25 met initially, and apprehensively, in 2009 to hear what the trustees of the Congregational Church had to say about the future of the church. The message was delicate but firm. It was time for the congregation to relieve itself of the responsibility and expense of the church. They would turn it over to a community group, but only if the group could demonstrate a dedicated core membership, backed by a well-articulated, feasible plan. Individual priorities must be secondary to community commitment. No lip service needed. Translation: “The ball is in your court.”

Where to begin? Two residents in attendance, Susan Shea of the Green Mountain Club and John Roe of the Vermont Land Trust, are veterans of the nonprofit world and were helpful in giving the group a starting point. Nonprofits, Roe pointed out, are easy to form, but harder to maintain, with the bookkeeping for the tax structure being the most vexing part. His experience with another group trying to preserve

and maintain the historic town hall in nearby Brookfield made him cautious about embracing the nonprofit route: “There is a limit to how much personal time (social capital) and money a community can give, and I think we are very much on the brink of that here. The traditional social capital in West Brookfield may pull this through, but it may isolate us more from the rest of Brookfield, which is not a good thing.”

The challenge was to come up with a written proposal that the trustees could evaluate at their annual spring meeting. Over hot coffee and warm cookies the group grappled with basic issues. What is our name? What is our purpose? What is our organization? Scott Wakefield, 28, stepped forward, volunteering to be treasurer, a huge first step. Scott’s ancestry goes back eight generations to early settlers of nearby Roxbury. Of the 40 dairy farms that once operated in West Brookfield, only the Wakefield’s Meadowbrook Farm remains. Scott’s father Lynn knows more about the physical structure of the church than anyone, having grown up mostly within sight of it. His mother



Interior of the church.



Alice, the author of *West Brookfield and Thereabouts*, is similarly an expert on its history.

Next up, a name. The group settled on West Brookfield Village Trust, in part because the acronym (WBVT) could easily be remembered. By the end of the February meeting, they had established committees and officers.

Tina O'Donnell became president. A veteran schoolteacher in the public school system (Scott Wakefield was once her student), she is a centrist politically, socially, and even geographically, the perfect person to facilitate meetings and to bridge potential communication gaps between the town's extremes.

The group met its March deadline to send the church trustees a written proposal; then, in July, it became officially recognized as a community nonprofit by the state of Vermont. Now the real work could begin. ▶

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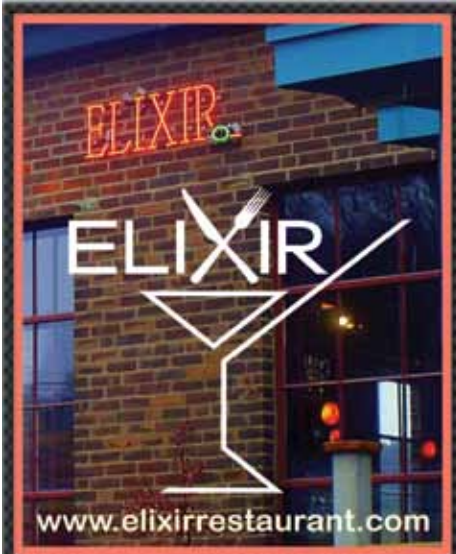


The Work Begins

The community gathers on a warm summer afternoon for an initial cleanup to be followed by a potluck. Four dogs lie calmly tethered on the front landing, watching an eclectic but energetic group perform tasks ranging from vacuuming to weeding. Loosely directed by Tina O'Donnell "disguised as Jerry Garcia" in a tie-dyed shirt of Ben & Jerry's origin, two downstairs closets are emptied of various artifacts that evoke both the church's history and neglect. There are objects of value (some handmade antique footstools), objects of interest (handmade signs and old newspapers), and objects headed directly for Lynn Wakefield's waiting dump truck.

The backgrounds of the workers are diverse, but the spirit is universally upbeat. Ted Vogt is a recent resident of the town but with a 50-year history in the area. He is a lawyer with a specialty in arbitration, but the group hasn't needed him for legal advice. "I'm here for my shoveling skills," he quips.

Bill Garrard recently built a small



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Top: Tina O'Donnell cleans a chandelier. Left: John Roe (facing camera), Alice Wakefield, Ted Voigt (kneeling), and Bill Garrard work outdoors. Above: Alice Wakefield makes good use of her shovel.

home for his family “out in the sticks” two miles up the road from the church. He is originally from North Fayston but bought land here because “you can’t touch property in the Mad River Valley these days.” His small family typifies the local diversity. His wife has a PhD in ornithology while he describes himself, with a laugh, as a “ditchdigger,” meaning he can do whatever is required around a house, garden, or farm. He’s already repaired some of the church’s windows.

Scott Wakefield is proving a maestro of the shop vac as he attacks the accumulation of dust in the nooks and crannies of the downstairs storage closet. Around the farm he does “a little bit of just about everything.” As a University of Vermont computer science major, however, he is the farm’s unofficial IT expert. “You’d be surprised to learn how many ways a computer is used on the farm.”


Barb Gassner, planting daylilies that came from Alice Wakefield’s garden, sees a lot of the state in her job as a legal advocate in the office of Vermont’s



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Fritz and Ulysses Junker-Boyce sing "Silent Night" at the Christmas Eve candlelight service.

Defender General. "West Brookfield may seem idyllic from the outside, but there are issues here like there are everywhere. This is not Sturbridge Village. I'd like to think we are building and deepening community. The village needs a center, and the church has the potential to provide it," she says.

Meanwhile, the dogs try to stay cool while the adults work up a sweat. Clumps of grass still grow in the dirt road where Eagle Peak Road intersects Roxbury Line Road. Looking out at the town from the dusty second-floor church window, you don't have to squint too hard to be transported back to the 1800s.

But it's far from any declaration of victory. John Roe, taking a break from weed whacking, knows the perils. "It scares me to look too far into the future because we are at such an embryonic stage. It's hard to know if events to date have any relevance for the long term or for other communities." The financial commitment to maintain the historic church "will either pull people together, or make it crash and burn. The key question is whether we have the right scale to pull this off."

For the moment, however, the sweat is real and the food is on its way. On a summer day in a small Vermont hamlet, all is calm, all is bright. ☺



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BY ELIZABETH KELSEY

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Cindi Taylor helps a customer in the Taylor Brothers Farm Shop.

But farmers like Rob receive only a small percentage of the proceeds when they sell to large commercial interests. Rob says, “One hundred years ago, you had lots of small producers, and then you had consolidation on a massive scale and a few companies ended up with a huge chunk of the market share. We wised up as a culture and said, ‘maybe we do like small.’”

Rob considered micro-breweries, small coffee roasters, farmers selling their own vegetables, and of course, “the renaissance” in dairy: farmers who now make their own ice cream, yogurt, and puddings. And in 2009 when he and his brothers, Jim and Bill, considered what they could do to add value for their dairy farm in addition to the maple syrup they’d already started selling, cheese seemed an obvious choice.

An Abundant Supply

On their farm, the Taylors have 60 milkers, the majority of which are the familiar black and white Holsteins, the most common



Top: Dutch cheese molds. Above: Rob controls temperature—first, by filling a vat’s water jacket with warm water to pasteurize milk, and then by using cool water to decrease the milk’s temperature. Both culture and temperature play a role in a cheese’s texture and flavor, he says.



Taylor measures rennet, a coagulant that turns liquid to solid—milk to cheese.



To begin the cheesemaking process, Rob adds culture to warm milk. "These little things are alive," he says of the culture. "They're in a dormant state, but when you put them into this warm milk you've given them the right temperature and nourishment. It's ripening."

breed of dairy cow in the world. But the rest are milking shorthorns. When he and his brothers were kids, Rob explains, they used shorthorns in their 4-H projects. Because the breed was less common than the Holstein, the category wasn't as competitive. "You have a better chance of winning a ribbon in the shorthorn class, but it turns out for us that the shorthorns actually make high-protein, high-butterfat milk that is well-suited for making cheese."

The descendants of those 4-H projects now peer out from the Taylors' picturesque red barns on a property lined with apple trees. The scene probably isn't very different from one you'd find in 1896 when Rob Taylor's ancestors settled in the area—that is, unless you take a look inside one of the farm buildings, where you'd find Rob standing next to a 52-gallon vat in his modern, sterile, cheesemaking facility.

"See this?" Rob says, indicating a

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business sense



Rob adds rennet to the vat of cheese.

pipe near the ceiling. “This runs through the wall to the milking parlor, where the cows were milked at 7:45 this morning.” Rob is using the milk for today’s batch of jack cheese. “About 99 percent of cheese is made from milk that’s been put in a holding tank and refrigerated for a period of time—but not ours. Ours is as fresh as it gets,” he says.

The Process

To become an expert in his craft, Rob took a cheese certificate course at the University of Vermont, but according to him, “Anybody can make cheese.” He says he actually got his start in his home kitchen with a mozzarella kit he’d purchased from New England Cheesemaking Supply Company.

Cheeses, whether produced at home or in a factory, generally originate from the same process: you heat milk in a double boiler and add starter culture to curdle the mixture; then you add rennet to harden the curd. Cut the curd and stir it to further separate it from the whey, drain the whey, and leave the remaining cheese to ripen for a specified period that can range from hours to years, depending on the variety.

“Our cheese is a fairly simple cheese,” Rob says. Many of his fellow artisans make aged cheeses and also choose to use unpasteurized milk (regulations require a 60-day minimum of aging for unpasteurized cheese). Because Rob uses pasteurized milk, however, he can sell his cheese fresh. His cheeses tend to be mild in flavor and, according to Rob, are more influenced by the milk quality.



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A Slice of History

Rob tries to recapture the taste and texture of cheese that may have been found in the Upper Valley a century ago, and he does so by taking his cues from Europeans. "Obviously, the people who were making cheeses here were European immigrants and descendants of European settlers who brought their styles with them," he says. According to Rob, Europeans value farmstead cheesemaking more than Americans, and they are better equipped to produce it. When he set up his cheese room, he purchased small-scale cheesemaking supplies from Dutch manufacturer C. van 't Riet.

Rob works at least two full days per week in his farm's cheese room, where he creates three different varieties of pasteurized, semi-hard cheese: Mill Hollow, a gouda style, is perfect with eggs or on sandwiches; Evelyn's Jack (named after a favorite cow) is ideal for melting; and Cloverland Colby goes particularly well with apples or shredded into spinach salads.

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June 15–17

33rd Annual Quechee Hot Air Balloon, Craft, and Music Festival

The festival will feature music and entertainment for all ages and over 60 craft artisans and commercial vendors. Children's activities include train rides, a bungee jump, an inflatable climbing wall, and more. Festival food, a beer and wine garden, and more delights! Balloon rides are available to purchase at www.quecheeballoonfestival.com prior to and during the event. Balloon flights: 6pm Friday; 6am and 6pm Saturday and Sunday Marshland Farm (new location!)

June 15–17

The Uninvited

While house hunting, Pamela Fitzgerald and her brother discover an abandoned but charming house for a suspiciously low price. The reason is quickly apparent—the house has an unsavory reputation for “disturbances.” Slowly they realize an evil spirit is present in their new home.
Info: www.oldchurchtheater.org
Old Church Theater

June 16

21st Annual Plant Sale

Info: www.thefells.org
The Fells, 9:30am–1pm

June 18, July 2 & 23, August 13

New London Barn Intern Idols

Each date features a new and different evening of music and competition.
Info: (603) 526-6710, www.nlbarn.org
New London Barn Playhouse

June 22

The Robert Cray Band

Info: (603) 448-0400, www.lebanonoperahouse.org
Lebanon Opera House, 7:30pm

June 25, July 1 & 29

Beadwork and Quillwork Demonstrations by Native American Artists

June 24: Lynn Murphy (Abenaki),
July 1: Rhoda Besaw (Abenaki),
July 29: Lynn Murphy (Abenaki).
Each demonstrator will also be offering a class that same day. Class descriptions and instructor biographies are on our website.

Info and to reserve your spot:
(603) 456-2600, www.indianmuseum.org
Mt. Kearsarge Indian Museum, 1–3pm

June 26–July 15

Oklahoma!

Info: (603) 526-6710, www.nlbarn.org
New London Barn Playhouse

June 30 & July 1

The Fells Garden Tour

Take a tour of area private gardens. Ticket is good for two days (rain or shine). Includes a free reception with refreshments at the Fells on Sunday at 3pm. Delicious boxed lunches for sale on Saturday (registration required). Tickets and info: www.thefells.org
The Fells, 10am–3pm

July 2

Little Mermaid

Info: (603) 542-4433, www.claremontoperahouse.org
Claremont Opera House, 10am

July 6

Music Night with the Hopkinton Town Band

Info: (603) 526-4444, www.centerfortheartsnh.org
New London Town Green, 6:30pm

July 7 & 8

Arts on the Green

Juried Fine Arts & Crafts Show & Sale
Music in the gazebo. Also Emerging
Artists Show at Whipple Hall.

Info: (603) 526-4444, www.centerfortheartsnh.org
New London Town Green, 10am–4pm

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July 8

**Grand Opening of the Old Garden:
A Garden Party**

Celebrate the culmination of five years of Old Garden restoration!

Info: www.thefells.org
The Fells, 4–7pm

July 9

Aladdin

(603) 542-4433, www.claremontoperahouse.org
Claremont Opera House, 10am

July 13–15 & 19–21

**Sweeney Todd: The Demon Barber
of Fleet Street**

Info: nctt.org
Lebanon Opera House, 7:30pm; 15, 3pm

July 13–15 & 20–22

**A Selection of Shorts and One-Act
Plays**

Info: www.oldchurchtheater.org
Old Church Theater

July 14 & 15

Arts Weekend at The Fells

Come observe and enjoy as over 20 renowned New England artists work to creatively capture the inspirational beauty of The Fells.

Info: www.thefells.org
The Fells, 10am–4pm

July 16

The Golden Bird

(603) 542-4433, www.claremontoperahouse.org
Claremont Opera House, 10am

July 17–29

Legally Blonde

Info: (603) 526-6710, www.nlbarn.org
New London Barn Playhouse

July 22

Fairy House Festival

Info: www.thefells.org
The Fells, 1–4pm

July 23

Thumbelina

(603) 542-4433, www.claremontoperahouse.org
Claremont Opera House, 10am



PHOTO BY ROBERT EDDY, COURTESY OF CEDAR CIRCLE FARM

August 25

4th Annual Tomato Tasting by the River

Enjoy a casual celebration on the farm along the Connecticut River with live music honoring heirloom tomatoes and the generations of farmers who have preserved them through seed saving. Sample a rainbow of heirloom varieties and delicious farm-made tomato appetizers.

Info and free preregistration: (802) 785-4737, www.cedarcirclefarm.org
Cedar Circle Farm, 2–4pm

July 28

**New London Garden Club 46th
Annual Antique Show & Sale**

Featuring select New England dealers. Perennials grown by club members and flower arrangements will also be for sale. Delicious homemade lunch and snacks will be available at the Garden Café booth. Proceeds are used to support local civic beautification projects and UNH and Colby-Sawyer College scholarships. Admission is \$5. Early admission is available at 8am for \$20. Rain or shine.

Info: 526-8994
New London Town Green, 9am–4pm

July 30

Elves & Shoemaker

(603) 542-4433, www.claremontoperahouse.org
Claremont Opera House, 10am

**July 31–August 5
Our Town**

Info: (603) 526-6710, www.nlbarn.org
New London Barn Playhouse

August 3

Gallery Night and Receptions

Info: 526-4444, www.centerfortheartsnh.org

The Millstone Restaurant, The New London Inn, Zerocelsius Wealth Studio, Country Houses Real Estate, and other fine galleries, 4–7pm

August 3, 8, 11, 16 & 17

The King and I

Info: (603) 448-4141, www.operanorth.org
Lebanon Opera House, 7:30pm; 16, 2pm

August 7-19

Hair

Info: (603) 526-6710, www.nlbarn.org
New London Barn Playhouse

August 7, 10, 15 & 18

The Elixir of Love

Info: (603) 448-4141, www.operanorth.org
Lebanon Opera House, 7:30pm

August 9-12

Jawfest: The Tribute

Includes presentations by original cast and crew members, a museum-style exhibit of JAWS memorabilia, a shark conservation exhibit, and a tribute to Robert Shaw, Roy Scheider, and Peter Benchley, followed by a screening of JAWS.

Info: www.jawstribute.com
Martha's Vineyard

August 14

Young Artist Double Bill: The Impresario and The Cunning Little Vixen

Info: (603) 448-4141, www.operanorth.org
Lebanon Opera House, 2pm

August 17-19 & 24-26

Anne of Green Gables

Info: www.oldchurchtheater.org
Old Church Theater

August 18

Hay Day Festival

Info: www.thefells.org
The Fells, 10am-3pm

August 21-September 2

Agatha Christie's The Mousetrap

Info: (603) 526-6710, www.nlbarn.org
New London Barn Playhouse

August 26

President Theodore Roosevelt Returns to The Fells

Joe Wiegand, world-renowned Teddy Roosevelt repressor, presents the consummate "Rough Rider" in a one-man theater show of adventure stories, personal exploits, political insights, and humor.

Info: www.thefells.org
The Fells, 4-7pm

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www.hop.dartmouth.edu

June 28

Johnny Clegg Band

The Dartmouth Green,
5pm; Rain time and
location: 7pm, Spaulding
Auditorium



To Get Involved:

Volunteer as a piano “angel.” Help assure the pianos stay healthy while outside by signing up to check on one (or two) daily.

- Offer a partner piano.
- Donate a seat. Do you have a sturdy piano bench, stool, or other seat you’re no longer using?
- Offer a piano for donation.
- Decorate a piano. In partnership with the AVA Gallery, the Hop will choose artists, both professional and amateur, to visually transform our donated pianos.

Visit hop.dartmouth.edu/calendar/piano-project-2 for more information and all the contact info you need to get involved.

July 20 & 21

HopFEST

Friday:

Asphalt Orchestra

4pm

Filligar

4:30pm

Matuto

6:30pm

Pine Leaf Boys

8:30pm

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Throughout July Hands On Pianos

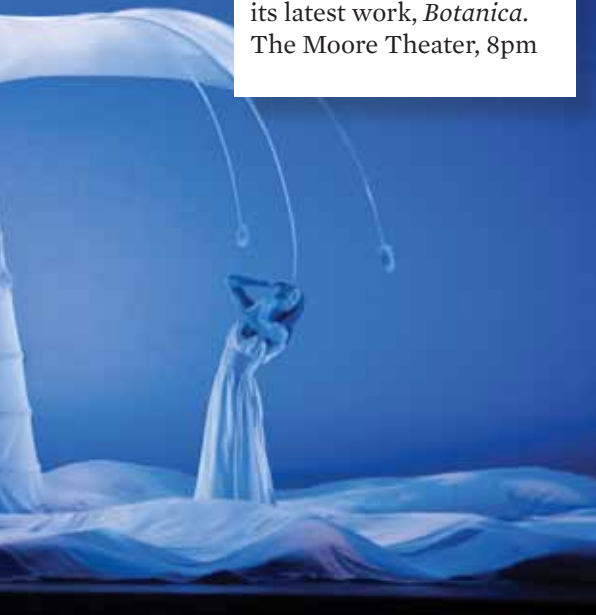
Thanks to the Hands On Pianos community project, colorfully decorated pianos will be turning up at bus stops, parks, sidewalk plazas, farm stands, general stores, and other unexpected places around the region, available for people of all ages and skill levels to explore, enjoy, and engage in impromptu music-making.

During the month-long project, each piano will be checked daily, and those in exposed locations will be guarded against rain by means of removable tarps. At the end of the project, the donated pianos will be mined for usable and recyclable parts.

June 22 & 23

Momix Dance Company

The company will perform its latest work, *Botanica*.
The Moore Theater, 8pm



Saturday:

Instrument Petting Zoo
12-6pm

Feiffer Dancer Films/Community Dance-in
4pm

David Wax Museum
5pm

Sergent Garcia
7pm



July 31, August 7 & 14
Meet-the-Artists Brown Bag Lunch Presentations

Bring your lunch (or not) and hear artists involved in that week's New York Theatre Workshop's Works-in-Progress as they discuss the work and the theatrical process.
Bentley Theater

August 4, 11 & 18
New York Theatre Workshop: New Works-in-Progress

Six new theatrical works-in-progress, titles to be announced, presented as readings by New York theater professionals.
Warner Bentley Theater, 5 & 8pm

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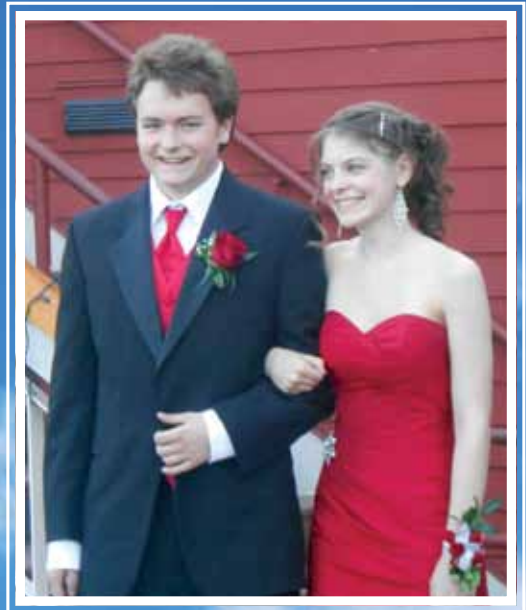
Family celebrates Andy and Erin's shower for their first baby.



A few weeks later . . . proud dad Andy with one-hour-old Anderson James.



Having fun at Hollywood Studios are Lucas and Teddy Gales.



Teddy Gales escorts Anna Rensch in the Grand March at the Hartford High School Prom at the Quechee Club.



Two-year-old Emily Rose and her day at the lake.



Kristie's boys Brennen and Will of the Bridgman's Furniture clan.



Doreen Strew, owner of Artifactory in The PowerHouse Mall, enjoys a moment with son Parker.

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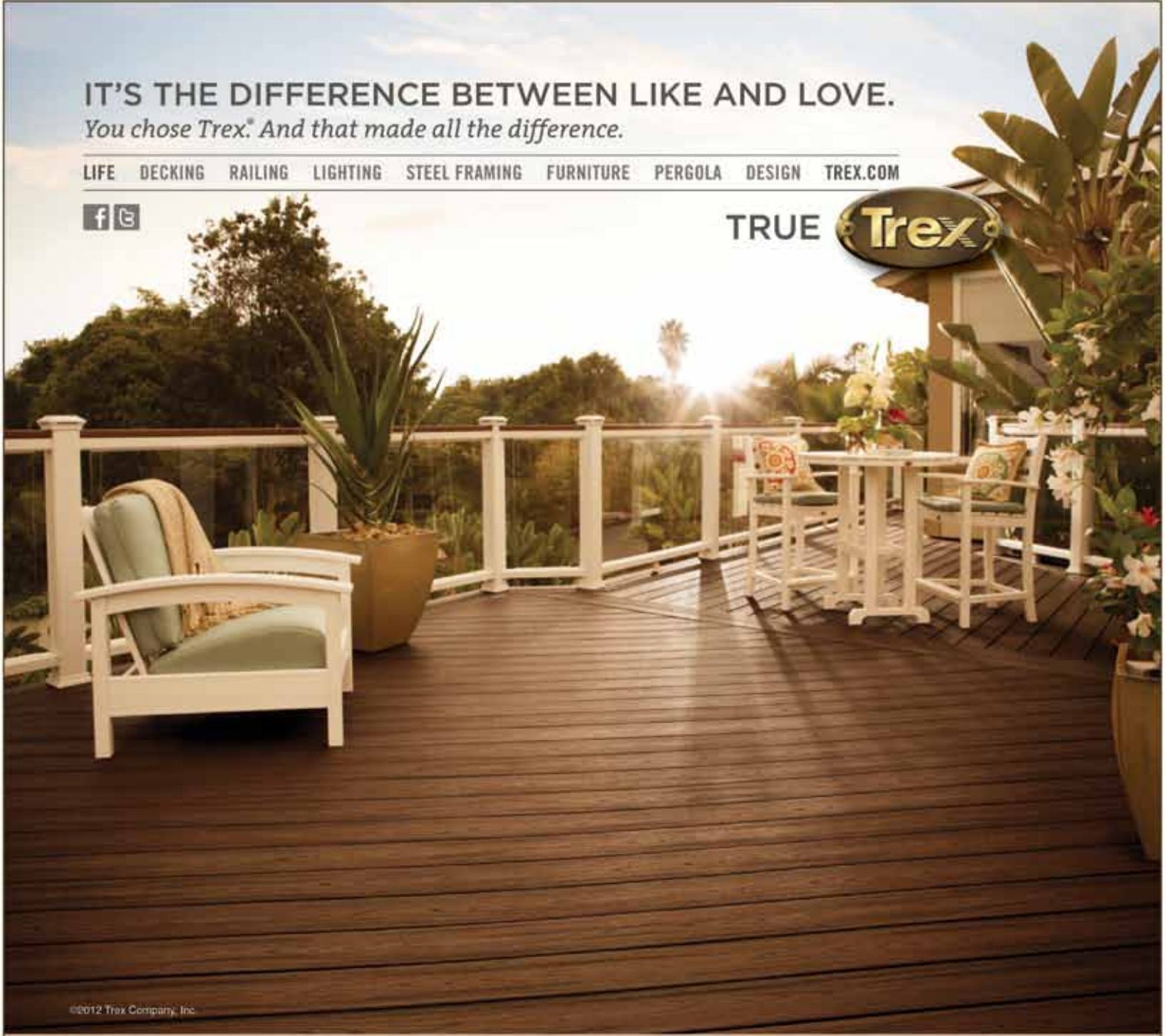
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