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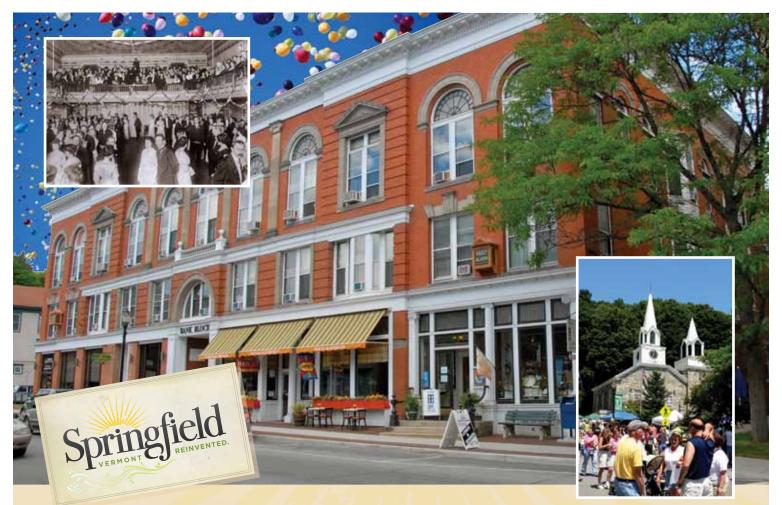






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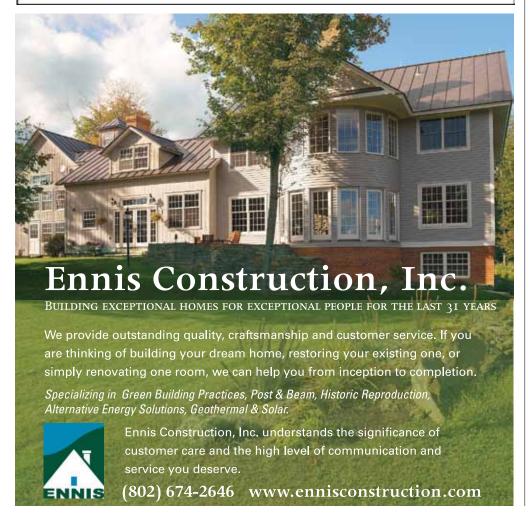
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editor's note

Time to Celebrate

There's a lot to celebrate in the Upper Valley this summer. Area towns have planned plenty of activities around their 250th anniversaries, and we're celebrating the return of everyone's favorite warm-weather treat, ice cream. In one story, Mary Gow takes us back to the days when Benning Wentworth was Royal Governor (page 58), and in another, Susan Nye researched, interviewed, and sampled her way through a maze of ice cream information, memories, and flavors. From its history to how to make it, join the frosty fun with this mouth-watering story beginning on page 36.

To anyone who loves flowers, summer means beautiful gardens. Travel with us to The Fells, a landmark known for its stunning gardens and panoramic views of Lake Sunapee (page 48). When you're feeling energetic, let Lisa Densmore lead you on a hike through the area's wildflowers (page 16). And when you get back home, Matthew Mead has some great ideas for creating luscious, overflowing planters and flower boxes (page 78) that will be the envy of your neighborhood.

In this issue we're also visiting several organizations in the area that are dedicated to serving others. David's House is observing its 25th anniversary of helping the families of sick children (page 28), and the Special Needs Support Center lends a hand to help special needs children and their families (page 107). The Lund Center in Burlington, Vermont, is a bit beyond our usual area, but we want to recognize the great work it does to strengthen families all over the state (page 71). You'll also discover how a group of volunteers maintains the Cross Rivendell Trail (page 99) and how one of our regular contributors, photojournalist Vicki Beaver, traveled to the Gulf to track and monitor whales after the Deepwater Horizon disaster last year (page 84). Our communities are filled with wonderful, caring people, and we're proud to be able to introduce some of them to you.

Wherever your summer adventures take you, consider bringing *Image* along. Enjoy!



Deborah Thompson

Deborah Thompson

Executive Editor

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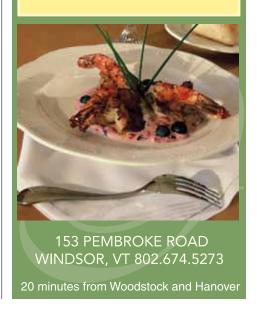
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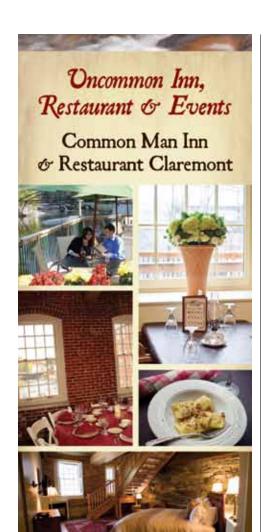
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about our contributors



Mark writes about a wide range of topics and especially enjoys covering recreational pursuits. For this issue, however, he turns his sights indoors to David's House as the "Home Away from Home" for families of sick children celebrates its 25th anniversary. When he's not writing, Mark heads to bike trails, trains for marathons, and plans bigger and better vacations.

Mark Aiken



state to the Upper Valley in 2007 to experience the culture and

Eric Carr and Vicki Beaver moved from western Washington

landscape of New England. Together, through their business OmniTerra Images, they photograph wildlife, pets, people, events, and destinations for websites, textbooks, and regional and national magazines. Vicki's writing often accompanies their photos.

Eric Carr

Vicki Beaver



Lisa Densmore

A three-time Emmy-winning television producer and host, **Lisa Densmore** has been a familiar face around New England for her work on PBS and for various sports and outdoor networks. An accomplished writer and photographer, she contributes regularly to over 30 regional and national magazines on various adventure travel, nature, and wildlife topics. She has written seven books, including Hiking the Green Mountains.



Mary Gow

Mary Gow holds the middle place in a family with three generations of women writers. Best known for her awardwinning history of science books for middle school students, she is also a regular contributor to regional magazines. Her latest book, The Great Thinker: Aristotle and the Foundations of Science, was released in September 2010. She lives in Warren, Vermont.



Susan Nye

A corporate dropout, **Susan Nye** left a 20-year career in international sales and marketing for the fun, flexibility, and fear of self-employment. She is a writer, speaker, entrepreneur, and cook. Susan's work appears in magazines and newspapers throughout New England. Her favorite topics include family, food, and small business.



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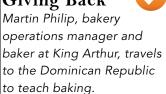
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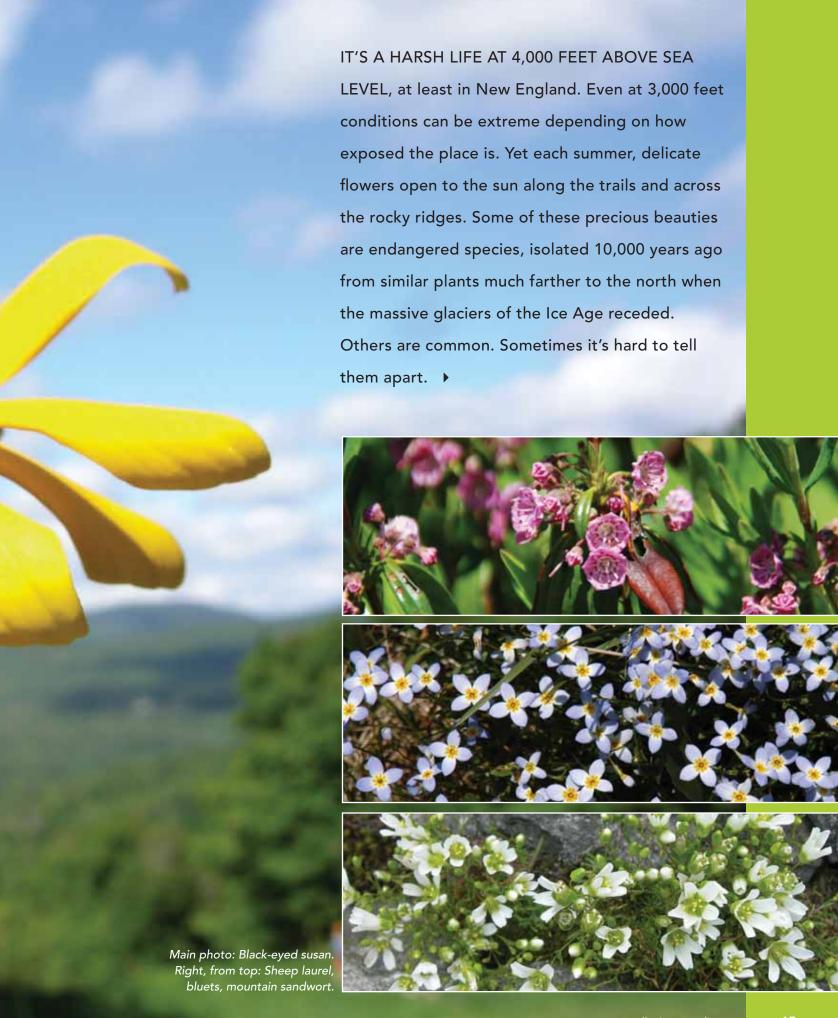


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STORY AND PHOTOS BY LISA <u>DENSMORE</u>



DISCOVER BRILLIANT TRAILSIDE BLOOMS





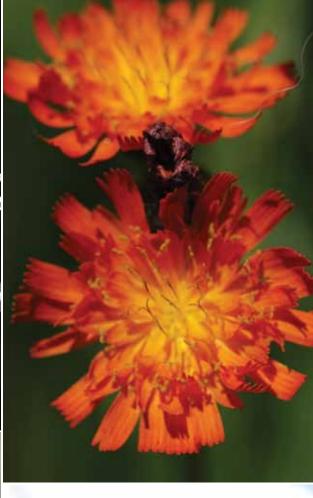


Head for Higher Ground

Conservation groups warn hikers and backpackers never to pick these fragile flowers and to tread carefully around them. It's hard to comprehend how a plant can be tough enough to endure lengthy stretches of subzero temperatures and frigid winds, yet be so susceptible to man. One crushing step from a hiking boot, and it might be gone forever.

Locals joke there are two seasons up high, winter and July. It's a short growing season in the mountains, but a showy one. Some wildflowers poke singularly from around a rock. Some speckle the ground in shades of white, blue, and pink. Others briefly transform monochrome bushes into humps of colorful hues. While the wildflowers of summer are not the first to bloom, they are among the showiest and most plentiful, rushing to pollinate and bring forth fruit and then berries and seeds before temperatures drop below freezing again.

While we tend to lump all high habitat into the category "alpine zone," within that zone there are alpine bogs, which support different flora than the arid







Top row, from left: Wood aster, devil's paintbrush, New England aster, purple-fringed orchid. Bottom row: Dogwood, alpine goldenrod, bird's foot trefoil, wood sorrel.

alpine rocks and crevasses. In addition, the wooded trails leading to the tundra are bordered by a myriad of wildflowers short and tall. Here's a sampling of the many blooms you'll see if you hike to higher ground this summer.

Finding the Flowers

Many of New Hampshire's 48 peaks over 4,000 feet have bald summits with alpine zones. The largest and most famous is atop the Presidential Range. In early summer, many wildflower enthusiasts drive up the Mount Washington Auto Road and then hike across the Alpine Garden to enjoy the

hike across the Alpine Garden to enjoy the multitude of rare wildflowers that grow there. Mount Moosilauke with 100 acres and the Franconia Ridge with over 230 acres of alpine flora are also prime places for viewing rare plant life, but any of the bald mountaintops and cliff areas throughout the state are home to these fleeting summer flowers. They abound on dormant ski trails and clearings around fire towers too.

Enjoying the Flowers

Here are some resources to help you find the flowers:

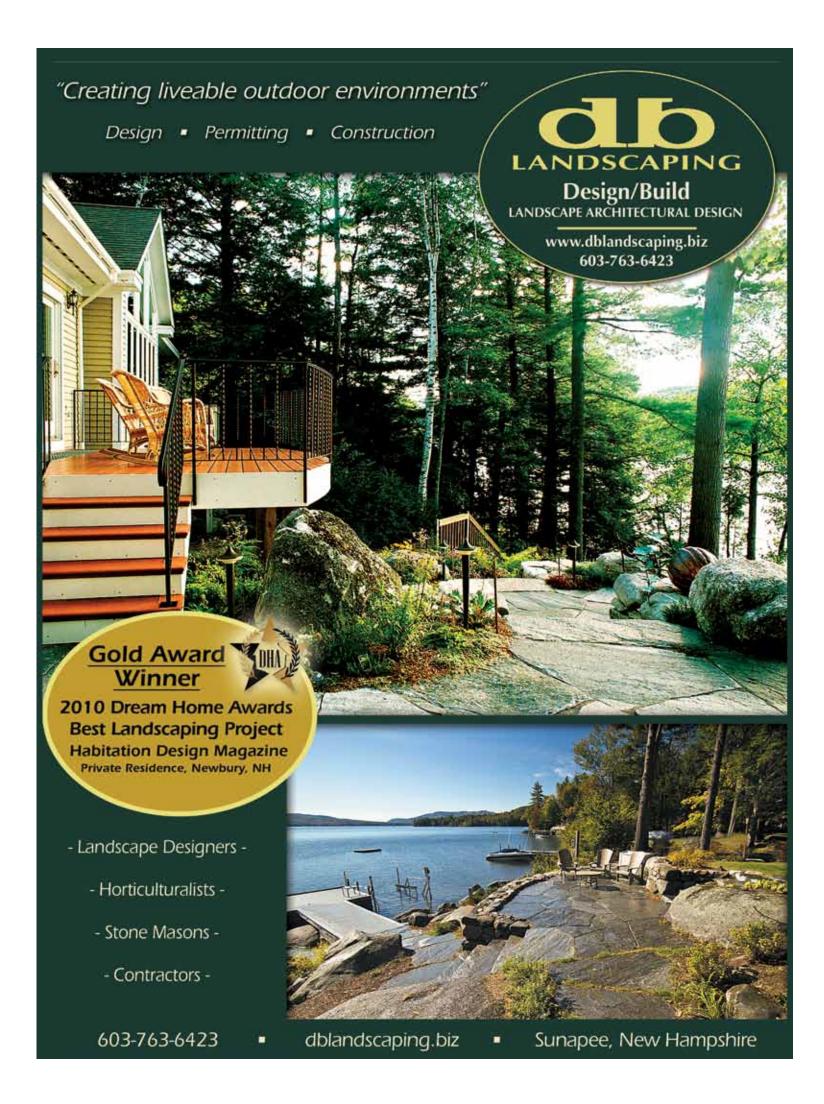
Find the trails:

Hiking the White Mountains by Lisa Densmore (FalconGuides, 2010) www.DensmoreDesigns.com

Identify the flowers:

Wildflowers of the White Mountains by John Hession and Valerie Michaud (Huntington Graphics, 2003) www.letsclimb.com







summer thirst quenchers

COCKTAILS AND WINES TO BEAT THE HOTTEST SUMMER DAYS





THE BREAK

From bartender Earl Saley of the Granite Restaurant at the Centennial Hotel in Concord.

> A segment of Cara Cara orange (a navel or blood orange can be substituted) Mint

Lime juice

1-2 oz Bombay Sapphire, to taste Ginger beer

Muddle (mash together) the orange, mint, and lime juice. Fill the glass with ice and add the gin. Shake well, pour into a glass, and top off with ginger beer.

WHIPPED CREAM PIE

From Rick Gerrish, New Hampshire Liquor Commission spirits buyer.

- 2 oz Pinnacle Whipped Cream Flavored Vodka
- oz Coconut Jack Rum
- oz cream Whipped cream

Add first three ingredients to a cocktail shaker; shake. Pour into a chilled martini glass and top with a dollop of whipped cream.

THE PRAVDA COSMO

From Rick Gerrish, New Hampshire Liquor Commission spirits buyer.

1-1/2 oz Pravda Vodka

1/2 oz triple sec

oz cranberry juice Lime wedge

Shake the vodka, triple sec, and cranberry juice with ice. Strain into a martini glass. Garnish with a lime wedge on the rim.

PALLINI PEACHINI

From Rick Gerrish, New Hampshire Liquor Commission spirits buyer.

- oz Pallini Peachcello
- 3 oz champagne or prosecco

Pour Peachcello into a champagne flute and top with your favorite champagne or sparkling white wine.



Inspired Concoctions

Earl Saley is one of those innovative bartenders. He mans his post at the Granite Restaurant in the Centennial Hotel, and each summer creates a unique cocktail to entice his customers' taste buds. This year's offering is called The Break, a refreshing cocktail made with Cara Cara oranges (similar to a cross between a navel and a blood orange), mint, lime, gin, and ginger beer. He also makes his own herb-infused vodkas with thyme, rosemary, basil, and pink peppercorns to use in martinis. Saley says a summer drink should be "fresh and crisp—the biggest trend is bartenders putting more passion in the drinks they create rather than serving just a regular martini."

Another new trend in cocktails is the use of unique ingredients—think pickles, mushrooms, bell peppers. Saley infuses olives with vodka and herbs like thyme, rosemary, peppercorns, and roasted garlic to add to martinis.

If the unusual isn't your style, Gerrish suggests a step back in time. He notes, "We're seeing that classic pre-Prohibition cocktails like punches, juleps, sours, slings, and toddies are being rediscovered."

The Home Bar

For a well-stocked summer bar at home, Gerrish suggests a supply of basic spirits for mixed drinks. He says, "In the summertime, people generally prefer lighter and sweeter drinks made with vodka, gin, rum, whiskey, and tequila. Another easy entertaining idea is to have on hand some ready-to-drink cocktails. Spirit makers like Bacardi, Captain Morgan, and Smirnoff offer several ready-to-pour summer cocktails such as mojitos, margaritas, and Long Island iced tea."

Gerrish also recommends three new spirits that recently came on the market:

Pinnacle Whipped Cream Flavored Vodka is a light, sweet combination of vanilla and cream.

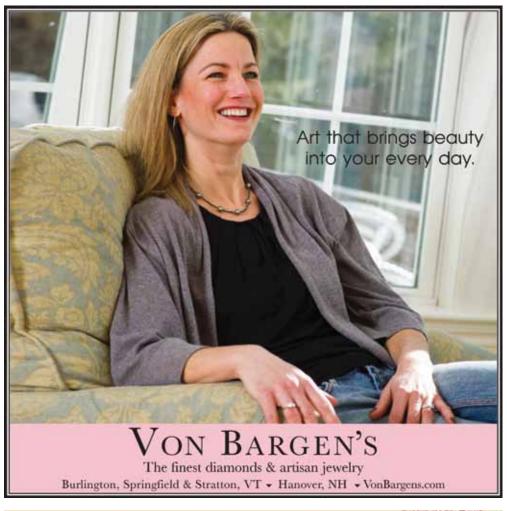
Three Olives Dude Vodka is a blend of imported English vodka and the refreshing taste of lemon and lime.

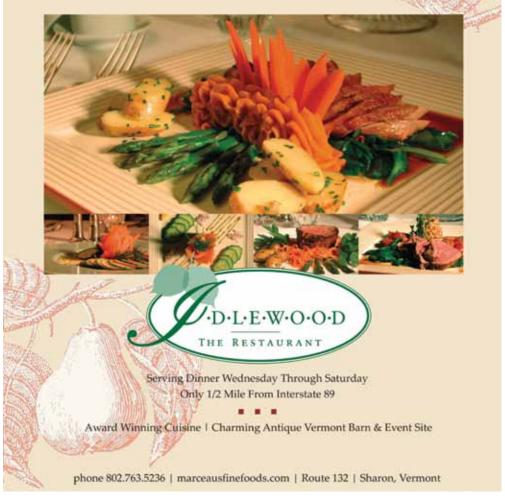
Pallini Peachcello is an Italian fruit liqueur made from Italy's finest white peaches.

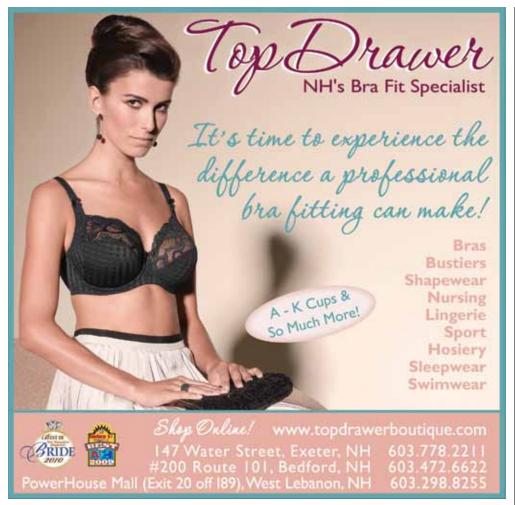
Don't Forget the Wine

Wine lovers need not feel left out of the summer fun. Saley suggests wines that are light and crisp. "South American wines have been great summer selections the last couple of years. And











tips & trends



Albariño from Spain is a light, refreshing wine."

Picks for this summer from Gordon Heins, wine merchandising specialist for the New Hampshire Liquor Commission, include:

Chateau Ste. Michelle Eroica Riesling: Notes Heins, "This is possibly the finest Riesling from the northwest wine region [Washington state] available to our market. German style, racy, and bright with an amazing complexity, it will pair nicely with most local seafood (particularly shellfish) and will make an impressive gift."

Pieropan Soave: An Italian wine made with the Garganega grape, which is indigenous to Italy. Heins' description says the wine "yields aromatic delights and is very complex, yet lightish to drink—a perfect, special summer wine."

To liven up a hot summer day, check out these cocktail recipes from Saley and Gerrish. Perhaps you'll find a new reason to enjoy this season.

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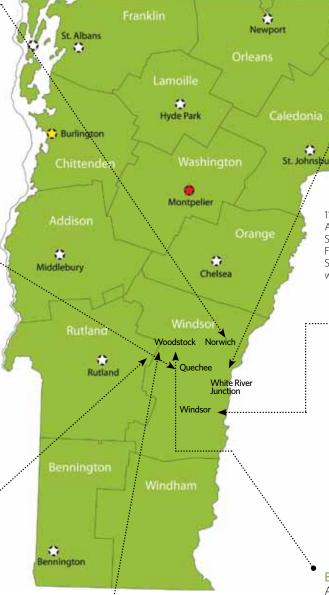
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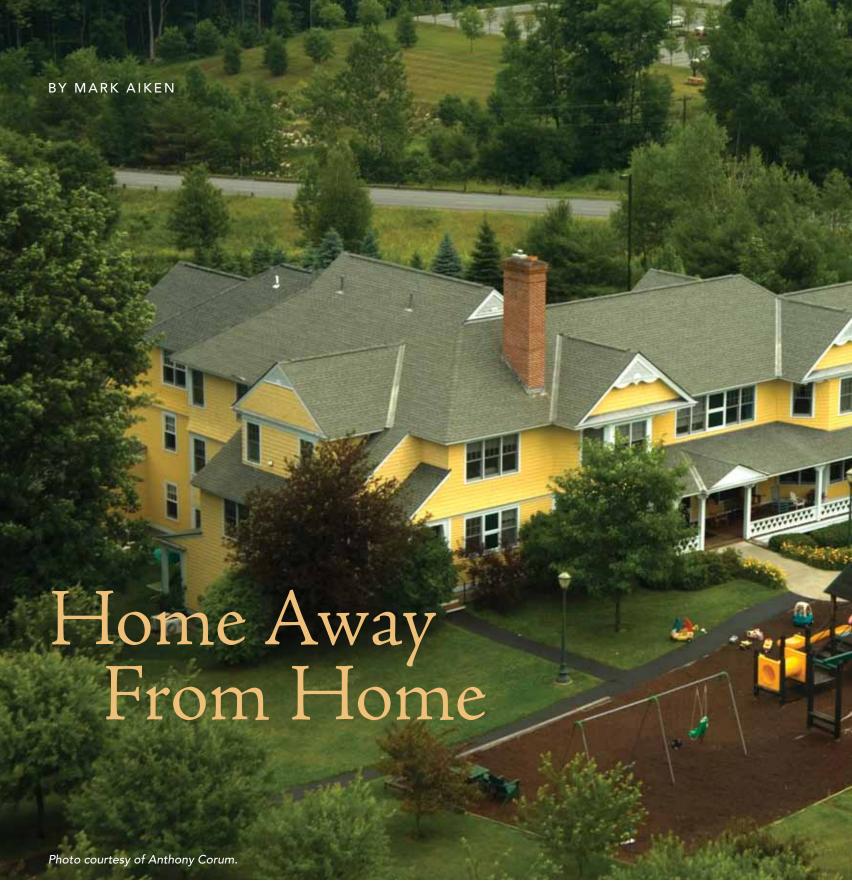
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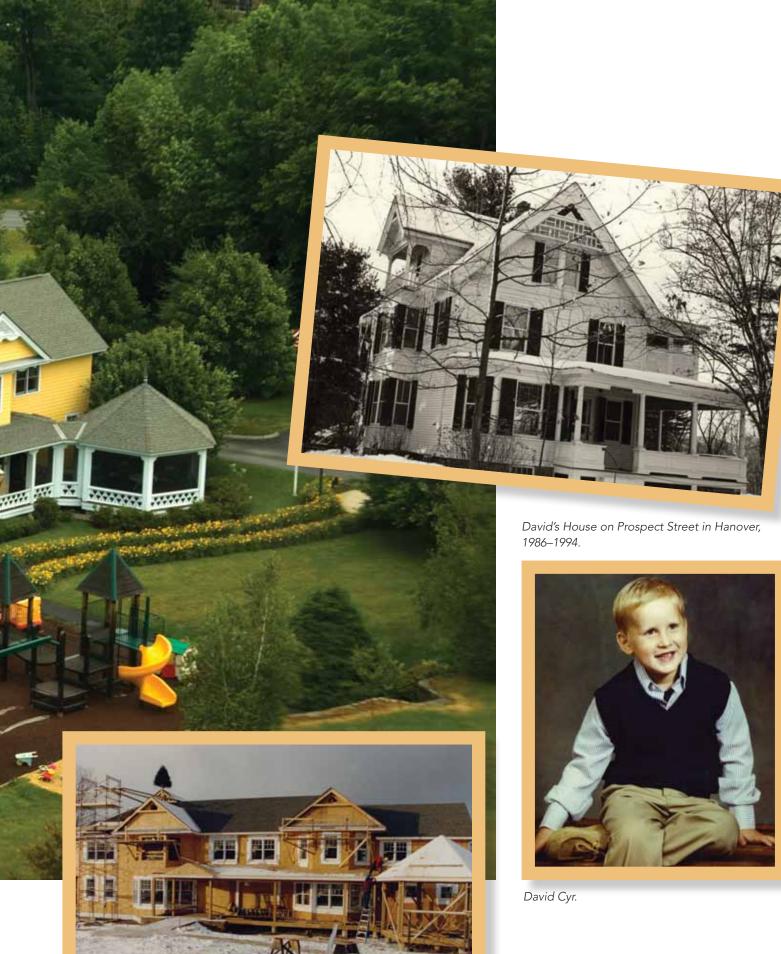
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WELCOMES
PATIENTS AND
THEIR FAMILIES

DICK CYR IS A DAD WHO BELIEVES PARENTS SHOULD KEEP PROMISES THEY MAKE TO THEIR CHILDREN. For example, when Dick's son David was five years old, he was receiving radiation treatments for the lymphocytic leukemia that had plagued the little boy for three years. Leaving the children's ward one day, he asked his father to make a promise: "I want to bring all these kids home to my house," David said. >



Current David's House in Lebanon under construction, 1993.



Although his situation was bleak, David recognized ways in which he was fortunate. "He had a parent with him every minute he was in the hospital," Dick says. But David noticed other kids who went hours or days without visitors, and he reached out to them. Meanwhile, Dick and Geri Cyr made observations of their own. While the Cyrs lived a short distance from Mary Hitchcock Memorial Hospital, they saw many parents from out of town crashing on chairs in waiting rooms or sleeping in cars in January.

With his promise to David in the back of his mind, Dick asked hospital personnel why there wasn't a place for these people to stay. David, meanwhile, was a money saver. Whenever he received birthday money or payment for a chore, he would hide it around the house. "What are you saving for?" Dick would ask. "Something special," David would answer.

David succumbed to leukemia on September 8, 1984. The next day, his father went around the house collecting all the money David had saved—\$300.78—and invested his son's life savings into a house where parents and families of children being treated at the hospital could stay. He called it David's House, and it was the beginning of the fulfillment of his promise.

What Is David's House?

David's House, according to Todd Gordon, 14, of Hillsboro, New Hampshire, is a home away from home for families of children who need treatments at Dartmouth-Hitchcock Medical Center. Gordon knows—born prematurely, he has been to DHMC hundreds of times for tests, treatments, and blood work. He has also been a frequent guest at David's House. Nearly



Above: Members of the Dartmouth College lacrosse team enjoy video games with a guest at David's House. Right: Spending the holiday with family. Below: Enjoying the outdoors. Photo courtesy of Susan Dutton.

NEARLY 12,000
FAMILIES FROM 23
COUNTRIES AND 43
STATES HAVE STAYED
AT DAVID'S HOUSE.









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Volunteers and staff of David's House and some of their special guests.

THE MAJORITY
OF THE FUNDS
RAISED TO RUN
DAVID'S HOUSE
COME FROM

DONATIONS.

12,000 families from 23 countries and 43 states have also stayed at David's House, which provides private bedrooms, laundry and bath facilities, playrooms and living spaces, and kitchens and nutritious food for visitors.

"When we were treating David," says Dick, "we'd have gone to China if the best treatment was there." Patients come to Dartmouth-Hitchcock from all over, and lodging costs can add up quickly. Jaye Olmstead serves as development director of David's House, which is a nonprofit organization. "We know how important it is to keep caregivers (who can be parents or other loved ones) healthy," she says. There is a recommended donation of \$20 per night. David's House doesn't take reservations and works to understand every family's situation.

"This is all about David," says Dick Cyr. David loved nature and the outdoors, so all of the 15 bedrooms have nature themes. Todd Gordon's favorite as a young child was the space room. Other themes include an insect room, a lion room, and a bunny room. There is also a teen area that, according to Olmstead, boasts "every game system out there." The house has five full-time staff, two part-time housekeepers, and hundreds of volunteers. Some volunteers are families in the community; others are businesses. Some are doctors and nurses. Still others—like

Todd Gordon, who serves as a member of the organization's Junior Ambassador Board—are people whose lives were touched by David's House and want to give back.

At the center of it all, says Olmstead, is David Cyr's spirit. She never met him, but she understands just how special he was when she looks around David's House. "He sounds like an amazing young person," she says. "Everyone who knew him was touched by this little boy and his ability to light up a room despite being very ill."

"He hugged his doctors even though the chemotherapy they gave him made him feel sick," remembers Dick Cyr. "He made sure his mom baked cookies for the nurses. He loved everybody."

Unfinished Work

After David's death, his parents sprang into action, looking into possible locations, raising funds, and making plans. When David's House opened its doors in 1986—the culmination of the efforts of many people, including the Cyrs—Dick came to a realization. "We sat there at the opening ceremony," he says. Someone asked about the annual operating budget for the program. Dick looked at the governors of Vermont and New Hampshire and the rest of the people in attendance. "It hit me that my work





was not finished," he says.

Although Dick has a full-time career elsewhere, he still serves as president emeritus of the board of directors. And 25 years later, it is still full-steam ahead. The annual budget to operate David's House this year is approximately \$700,000, so obviously the small donations that guests make cover only a minute portion. "Raising that kind of money is not easy in this economy," says Dick. Still, the majority of the funds raised to sustain David's House come from donations, both from organizations and individuals.

David's House is located on land provided by a very generous lease by DHMC. However, as an independent charity, donations of funds, items, and in-kind services are essen-



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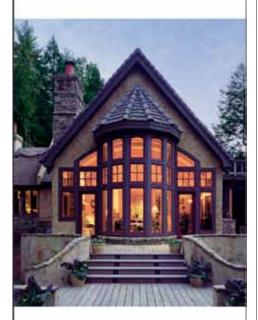
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David Hyde and daughter Trillian help David's House celebrate its 25th anniversary.

tial. Over the years, Dick has been amazed at the support David's House has received, and it has come in many forms. For example, donations of materials and labor have gone into many of the construction projects over the years, and grants such as those from the Yawkey Foundation have helped to purchase large items, including a genator and an air conditioning system. Meanwhile, radio station KIXX 100.5 FM donates airtime each year for a radio-thon to support David's House. Support comes in other forms too; hundreds of quilts decorate walls and adorn beds in the house, and every child who visits gets a quilt to keep. Area stores donate food, and restaurants provide meals. Green Mountain Coffee Roasters has donated fresh coffee to David's House since its inception.



Volunteers from Hypertherm pose with David's House staff after their spring cleanup efforts at the house.

VOLUNTEERS AND DONORS HELP TO KEEP DAVID'S HOUSE ALIVE.

Anniversary Plans

This summer, organizers of David's House plan several events to celebrate its 25th year and to raise funds. On May 14, there was a celebration at the McAuliffe-Shepard Discovery Center in Concord. On July 24, the public is invited to David's House for a "Sundaes at the House" event. Finally, on August 27, the 25th Anniversary Gala will be held at the Woodstock Inn. Information on all events is posted on the David's House website.

Bonds between parents and children are always strong. But perhaps the most striking component of the David's House story is the fact that the Cyrs and their little boy knew each other for only five years. Hundreds of volunteers have dedicated over a quarter of a century to keeping a little boy's legacy alive by helping families who are experiencing the same struggles David experienced—all because a boy wanted to bring the rest of the kids from the hospital home.

Dick Cyr credits volunteers and donors as the two lifelines of David's House. Todd Gordon agrees. "It's a sanctuary," he says. Gordon has appreciated everything that David's House has given him over the years, and he is following the example set by David Cyr and his parents. Gordon spreads the word on fundraising efforts, gives tours of David's House, and represents patients for Dick Cyr and the board of directors. "For me," he says, "to be able to give back to David's House is important." Despite the medical challenges he has faced throughout his life, Gordon considers himself lucky. David Cyr would undoubtedly agree.

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Duet of seared Diver Scallops and Scallop Cannelloni sautéed wild mushrooms and chardonnay chive cream, shaved black truffles and truffle oil





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> **Duet of Duck Breast and Confit of Leg** jeweled Himalayan red rice and rainbow chard red wine demi glace

> > Red Wine Braised Beef Short Ribs parmesan gnocchi and roasted root vegetables

Maple and Mint Rubbed Rack of Lamb creamy fingerling potatoes and grilled asparagus minted demi glace

Grilled Prime Filet Mignon soft whipped potatoes and roasted root vegetables cabernet demi glace

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hen temperatures soar, is there anything better than a cool and creamy ice cream cone? I inherited my love of ice cream from my dad. On hot summer evenings throughout my childhood, he would shout, "Who wants ice cream?" Like a herd of water buffalo, kids and dogs thundered out of the house and into our big blue station wagon. Off we would go to the Gray House for homemade ice cream.

Their chocolate chip ice creams were the best, packed

YOU SCREAM!

WE ALL SCREAM FOR ICE CREAM

with tiny nuggets of real chocolaty goodness. Except for my little brother (he stuck with "choooc-lat"), we all had one or more scoops of chocolate chip, mocha chip, mint chip, and/ or black raspberry chip. Our two dogs always got to finish my mom's cone and steal licks from inattentive children.



Legends, Myths & History

Some suggest that the infamous emperor Nero was slurping Italian ices while he fiddled and Rome burned. The Romans carried snow and ice down from the mountains and stored it in caves for cool summer treats. While various ancient sources write about fruity ices and iced cream, Nero's indulgence was probably not the gelato or Italian ices we crave today. Although he may have enjoyed a frosty snow cone or two, his cool summer treats were most likely honeyed fruit juices with a few chunks of ice.

The frozen confections we love today evolved slowly. The earliest ices were made in tins filled with honeysweetened fruit juices. The tins were submerged in ice baths and then shaken and stirred to icy perfection. By the mid 1700s, recipes for ice creams, gelato, and sorbet were popping up in cookbooks in Italy, France, and England. Ice cream became a favorite dessert of the rich and power-

ful in both Europe and the American colonies. Thomas Jefferson served ice cream in the White House, and Dolly Madison made sure it was served at her husband's inaugural ball.

Ice Cream for All

Thanks to the invention of the hand-cranked ice cream churn in 1843, anyone and everyone with a backyard could make the once labor-intensive treat in less than an hour. Housewife Nancy Johnson developed this wonderful gadget. Lacking the resources to bring it to market, Mrs. Johnson sold her patent to a Philadelphia kitchen wholesaler for \$200. Families across America bought the machine, and ice cream quickly became a summer sensation.

A few years later, dairyman Jacob Fussell made it even easier to enjoy ice cream. He used industrial-sized versions of Mrs. Johnson's churn to make ice cream and sold it by the quart for 25 cents. A new industry was born.



YOU SAY **GELATO**

From ice cream to frozen yogurt to gelato and sorbet, there are a lot of options to keep you cool in the summer. Creamy and oh so decadent, today's premium and superpremium ice creams are very similar to the ones your parents and grandparents enjoyed as kids. In contrast, many large manufacturers and chains slowly but surely reduced their ice creams' fat content and increased the amount of air whipped into their products. They may be cold and sweet, but they lack the luxurious taste and texture of old-fashioned ice cream.

If you have tasted Italian gelato, chances are pretty good that it was love at first bite. Gelato has a lower fat content than American ice creams, has a lot less air whipped into it, and is served at a slightly warmer temperature. Together, these three factors combine to create wonderful, intense flavors. The chocolate is more chocolaty. the strawberry more strawberry-y, and well, you get the picture.

To most Americans, it's soft-serve ice creambut to Vermonters, it's known as a creemee. A summertime favorite, creemees were invented by the father and son team who founded Dairy Queen. While they have a fair amount of air whipped into them, creemees, like gelato, have a lower fat content and are served at a slightly warmer temperature.



ICE CREAM STORY: After culinary school I lived in Italy off and on for six years and fell in love with the gelato. Especially the Sicilian gelato; it tastes wonderful—very intense. I was lucky to meet a brilliant Sicilian gelato chef, and he took me on as his apprentice.

Morgan Morano, Gelato Maker Morano Gelato, Hanover (www.moranogelato.com)



The United States is the ice cream capital of the world. The average American consumes around 24 quarts of ice cream each year. Sunday is the busiest day for ice cream sales.







CANNELLA (CINNAMON) GELATO

Owner of Morano Gelato in Hanover, Morgan Morano makes intense, Sicilian-style gelatos. Here is one of her many favorite flavors.

Makes about 2-1/2 pints

5-1/2 cups water

5 oz skim milk powder

1-1/2 cups heavy cream

16 oz granulated sugar

1 Tbsp ground cinnamon

- 1. Heat all of the ingredients in a large saucepan on medium heat, whisking occasionally to avoid any clumping, until just under the boiling point.
- 2. When the mixture is heated through and the solid ingredients are dissolved, remove the mixture from the heat and chill thoroughly.
- **3.** Freeze the fully chilled cinnamon gelato in your ice cream machine according to the manufacturer's instructions.

FAVORITE COMBINATIONS: My latest craze is an Almond Joy sundae. It's vanilla ice cream with hot fudge, almonds, coconut, and whipped cream.

Juston McKinney, Standup Comedian Visit Juston's website (www.justonmckinney.com) for his national tour schedule and links to his Live Free or Die monologue.

DRESSING IT UP . . .

SPRINKLES AND MUCH MORE

Some might call them sprinkles, but New Englanders know better. Those lovely little chocolate pieces are jimmies. A candy maker in Brooklyn claims credit for their invention, but if you grew up in New England, especially Boston, an ice cream cone wasn't an ice cream cone without jimmies. And only real chocolate would do, never the waxy imitation stuff.

Steve Herrell took ice cream and jimmies (sprinkles if you must) to a whole new level when he opened an ice cream shop in Somerville, Massachusetts, in the early 1970s. Steve's Ice Cream served super-rich premium ice cream and customized each and every dish or cone with a variety of yummy add-ins. Heath Bars, M&M's, Oreo cookies, and lots of other good stuff were chopped up and smooshed into the ice cream.

Boyhood friends Ben Cohen and Jerry Greenfield took this idea one step further when they began making Ben & Jerry's ice cream and opened their first shop in an old garage in Burlington, Vermont. Instead of smooshing bits of cookies, candies, and nuts into their frozen treats one customer at a time, they swirled sauces and yummy treats into their ice creams during production. While most were pretty descriptive, the names for some were as fun and fanciful as the flavors. Cherry Garcia, Chunky Monkey, and Imagine Whirled Peace come to mind.

FAVORITE FLAVOR: I'm a maple syrup producer, so Maple Walnut, Maple Cream, anything with pure New Hampshire maple syrup.

Dave Westover, Ice Cream Maker Walpole Creamery (www.walpolecreamery.com)

FAVORITES TO SPRINKLE ON OR SMOOSH IN!

Jimmies, of course!

Rainbow sprinkles (if you insist)

Crushed Oreo cookies

Crushed chocolatecovered pretzels

Bits of homemade brownie

Toasted coconut

M&M's (the minis if you can find them!)

Mini chocolate chips

Chopped up Heath Bars

Chopped up Reese's Peanut Butter Cups

Toasted and chopped nuts of all kinds: walnuts, almonds, pecans, macadamias

The list goes on and on!

ICE CREAM STORY:

My Uncle Morgan sold ice cream out of an old Ford Falcon in Burlington. He cut it in half, gutted it, and turned it into an ice cream cart. I worked for him when I was a teenager. It was a great experience, hanging out on Church Street and scooping ice cream.

Grace Potter, Musician & Vermont Native Grace Potter and the Nocturnals (www.gracepotter.com)

DRINK IT DOWN

An old-fashioned favorite, the first ice cream soda was a happy accident. An enterprising soda salesman ran out of ice at a fair and borrowed some ice cream from the tent next door. The new concoction was an instant hit. If you haven't had one in a while, ice cream sodas are terrific thirst guenchers on a hot day. **FAVORITE**

combines vanilla ice cream
with almond syrup

THE CLASSIC ICE CREAM SODA

A scoop or two of ice cream, a dollop of syrup, and club soda are all you need for this traditional summer treat. Mix it up with different flavors of ice cream and syrups. Serve your sodas in those heavy, old-fashioned soda fountain glasses. They'll be almost too pretty to drink . . . almost.

Black Cow You might know it as a root beer float. Add a scoop or two of vanilla ice cream to a glass of root beer and enjoy a treat straight from a 1950s carhop.

Purple Cow See above but with grape soda! In fact, the variations are endless. Try one with cola, orange soda, ginger ale, or lemonlime soda.

Thick and Creamy
Frappes The rest of the country calls them milk-shakes or malteds but not New Englanders. Throw a few scoops of your favorite ice cream in the blender; add a little syrup and a splash of milk. It will take you right back to junior high (but without the pimples).

For more grown-up tastes, add a scoop of lemon or lime sorbet to your next daiquiri or cool down your margarita with a little strawberry sorbet.



ICE CREAM STORY: Dairy Day is June 18 this year. It is a great day for ice cream lovers. We set up tents at the Lebanon store, and local dairy vendors come to meet our customers, answer questions, and give out samples.

The ice cream tents are always busy.

Pandy Gago Morchandie

Randy Gage, Merchandiser Co-op Food Store (www.coopfoodstore.coop)

GET **SAUCY**

In the late 1800s, ice cream sodas were quite popular, but most states banned the sale of fizzy sodas on Sunday. Unwilling to forgo Sunday trade, clever soda fountain owners concocted an alternative treat with ice cream and syrup, but no soda. The sundae was born.

ICE CREAM PAIRS BEAUTIFULLY WITH A DOLLOP OF SAUCE!

Hot Fudge Hands-down everyone's favorite is hot fudge. Mix it up with a dollop of espresso, amaretto, or orange liqueur. Or spice it up with a pinch of cinnamon, cardamom, or cayenne pepper.

Warm Caramel Sweet and buttery, a real contender, especially if you add a touch of bourbon or a few toasted pecans. Root 'n Tutti Summer Fruity Fresh, local fruit is wonderful on ice cream. Add a touch of honey and raspberry or orange liqueur to strawberries, blueberries, or raspberries. Or toss chunks of ripe peaches with a little sugar and raspberry purée.

And just for grownups, liqueurs are lovely over ice cream. Drizzle hazelnut liqueur on chocolate ice cream, coffee liqueur on coffee ice cream, or Irish cream on vanilla.

It's called a café glacé in France or an affogato in Italy. Either way, pour a shot of hot espresso (decaf is okay) over vanilla ice cream for a not-toosweet, creamy coffee treat.

EASY VANILLA ICE CREAM

This vanilla ice cream recipe from Amy Huyffer at Strafford Organic Creamery is not as rich as Strafford's ice creams but is quick to make and ideal for a brownie sundae.

Makes about 1-1/2 pints

- 1 pint half & half 1/3 cup sugar Splash of vanilla
- 1. Whisking constantly, slowly add the sugar to the half & half. Whisk in the vanilla. Cover and refrigerate until the mixture is very cold.
- 2. Give the mixture one last whisk and pour it into an ice cream machine. Freeze according to the manufacturer's instructions.
- 3. Transfer to a plastic container and store in the freezer until it sets and you're ready to serve. If the ice cream is rock hard when it comes out of the freezer, put it in the refrigerator for 20 to 30 minutes. It will soften a little and be easier to scoop.



THE PERFECT, TRADITIONAL, REAL ICE CREAM SODA

Michael Thoma at Arctic Dreams in New London has been scooping ice cream since he was a soda jerk in high school. Here is his recipe for a real ice cream soda.

- 2+ oz heavy cream
- 10+ oz seltzer or soda water
- 1+ oz syrup (your favorite flavor)
- 1-1/2 scoops ice cream (your favorite flavor)
- 1. Put the cream, seltzer, and syrup in a large glass and stir vigorously with a long soda spoon until mixed and frothy.
- **2.** Carefully add one scoop of ice cream. Set the half scoop on the rim of the glass for an artistic effect.



Cuisinart ice cream maker.



KitchenAid Pro 5 speed stand mixer with ice cream maker attachment.

ICE CREAM STORY:

I remember turning the crank at my grandmother's house when I was little. You had to take your turn at the crank if you wanted to get any ice cream. My wife Claire also made ice cream with her grandparents. Now we make ice cream with our granddaughters and they love it. Of course it's much easier now; we just plug in the machine!

Drew Nelson, Co-Owner with wife Claire Board & Basket (www.boardandbasket.com)

MIX IT UP

The combinations are endless.

FOR SOME OLD-**FASHIONED FUN,** TRY A BANANA SPLIT.

Split a banana down the middle and put each half into a banana-split glass. Add a scoop each of vanilla, chocolate, and strawberry ice cream. Top each scoop with a spoonful of sauce, typically chocolate on vanilla, caramel on chocolate, and strawberry on strawberry. Add a dollop of whipped cream, a sprinkling of chopped peanuts, and a bright red maraschino cherry.

A FESTIVE DESSERT FOR A CROWD—MAKE YOUR **OWN SUNDAES!**

If you've got a big group coming over for a summer cookout, make dessert easy. Buy some great ice creams, make or buy some wonderful sauces, put out bowls of crushed cookies and candies, and whip up some cream. Then let your guests build their own individual and magnificent sundaes.







FAVORITE COMBINATIONS:

I love a real banana split. Chocolate and bananas are a wonderful combination.

> Susan Reid, Baker King Arthur Flour (www.kingarthurflour.com)





Knickerbocker Glory

FAVORITE COMBINATIONS: My favorite combination? Ice cream and a spoon! For a special dessert, I love Ginger ice cream with Bananas Foster!

> Amy Huyffer, Ice Cream Maker Strafford Organic Creamery (www.straffordcreamery.com)

D.I.Y.

With all the wonderful ice creams, gelatos, and sorbets available, vou might wonder why on earth you would want to do it vourself-especially if you have a bunch of funny but maybe not-so-delicious memories of working a hand-cranked machine and salty, not-quitecold-enough ice cream.

When you make your own ice cream, you can stay plain and simple or experiment with exotic combinations. Can't find kiwi chocolate chip sorbet or double espresso latte gelato at the supermarket? Not a problem when you make your own.

Or maybe you want to recapture some of those fun and funny moments when you made ice cream with your grandfather. You can still find old-fashioned, hand-cranked bucket freezers. They are a bit of a production with ice and rock salt, but they're great for making big batches of frozen confections and family memories.

A simpler answer to homemade ice cream is one of the new ice

cream makers that use a super-cold canister to freeze your icy treat. They come in both hand-crank and electric versions. There are even models that make creemees soft serve. With little fuss or bother, you can make ice cream or sorbet in about 20 minutes, and cleanup is a snap.

Whether you make it yourself or buy your favorite flavor by the cone, cup, pint, or quart, there is no such thing as too much ice cream. Especially in the summer!

SGROPPINO

A refreshing, grown-up smoothie, this classic Italian cocktail from Carlo DePrato at Leonard's Gelato is lovely on a hot summer evening.

Makes 2-3 servings

- 1 cup lemon sorbet
- 2 glasses (about 10 oz) dry prosecco or sparkling wine About 1 oz vodka

Put everything in a blender and process until smooth. Serve in champagne flutes.

What's a Brain Freeze?

Also known as an ice cream headache, a brain freeze happens when something very cold hits a nerve center on the roof of your mouth. The nerves signal the blood vessels in your head, telling them to expand, which gives you a headache for a minute or two. To avoid brain freeze. savor your ice cream and eat it slowly. You'll enjoy it more and avoid the headache.

FAVORITE COMBINATIONS: I like it pretty simple; I'm not a sauce person. My mom always makes me an ice cream pie for my birthday—Coffee ice cream in an Oreo cookie crust with chopped Oreos on top.

> Hannah Kearney, Mogul Skier, Olympic Gold Medalist & Dartmouth College student U.S. Ski Team (www.usskiteam.com)

BUTTERSCOTCH SAUCE

Helen Brody, the driving force behind the New Hampshire Farms Network, adapted this recipe from one in the 1945 edition of The Boston Cooking School Cookbook by Fannie Merritt Farmer.

Makes about 1 quart

1/2 cup butter

1 lb dark brown sugar (3 cups packed)

2 Tbsp lemon juice

1-1/3 cups heavy cream

1/8 tsp salt

Combine all ingredients and cook in a double boiler for 1 hour, stirring occasionally.

As long as it is kept refrigerated, this sauce more or less lasts forever. Stored in a canning jar, it can be warmed in a pot of hot water over low heat. Stir often to dissolve the sugar crystals that have developed during refrigeration.

Ice cream novelties such as ice cream on sticks and ice cream bars were introduced in the 1920s.

Adults consume nearly one-half of all ice cream novelties.



A CUP OR A CONE?

The question did not exist until the late 1890s, when a Wall Street pushcart vendor realized his ice cream profits were dwindling because customers kept breaking or wandering off with his dishes. He solved the problem with edible pastry cups. Today most ice cream parlors and stands offer customers the choice of a waffle or cake cone, but is there really any question?

Top 10 Flavors

Vanilla, by a long shot,

followed by
Chocolate
Butter pecan
Strawberry
Neapolitan
Chocolate chip
French vanilla
Cookies & cream
Vanilla fudge ripple
and finally,
Praline pecan.





As the name implies, frozen yogurt is made with yogurt, usually in combination with milk and cream. It's wonderful, with a bit of tang, but if you are looking for health food, throw

some nonfat yogurt in the blender with frozen fruit and whip up a smoothie. It won't taste like frozen yogurt, but it is yummy and a nice way to start your day. Sorbet on the other hand is made without any cream or milk. Instead, sorbets combine sweetened fruit purées and juices and are sometimes made with wine, champagne, or a liqueur.

Find many more of your neighbors' favorite flavors and ice cream memories online at www.uppervalleyimageonline.com.

CHOCOLATE PIZZELLE CONES

Make your own waffle cones with this chocolate pizzelle recipe from the bakers at King Arthur Flour.

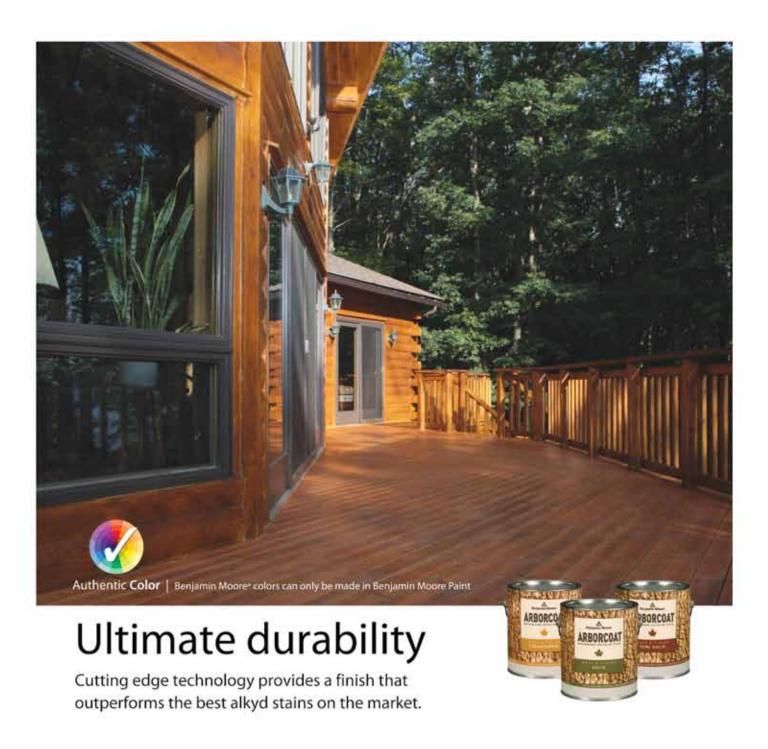
Makes about 2 dozen cones

- 3 large eggs
- 1 cup sugar
- 1 tsp vanilla
- 1/2 tsp espresso powder
- 3/8 tsp salt
- 1/4 cup Double-Dutch Dark Cocoa or Dutch-process cocoa
- 2 tsp baking powder
- 1-2/3 cups King Arthur Unbleached All-Purpose Flour
 - 1/2 cup melted butter
- 1. Beat together the eggs, sugar, vanilla, espresso powder, and salt until smooth.
- 2. Add the cocoa and baking powder, beating again until smooth.
- 3. Add the flour, mixing until well combined. Add the melted butter, again mixing until well combined.
- 4. Bake the pizzelles according to your pizzelle iron instructions. (A tablespoon cookie scoop works well for scooping the batter onto the iron; a level scoopful of batter is the right size for most standard pizzelle makers.)
- 5. While the pizzelles are still warm, work quickly and gently wrap each pizzelle around a wooden or metal cone.

ICE CREAM STORY:

I grew up in New Jersey. Every summer we'd go down to the shore and get the most amazing hot waffles with ice cream. Creamy ice cream was sandwiched between two crispy waffles; they were incredible.

Susan Reid, Baker King Arthur Flour (www.kingarthurflour.com)



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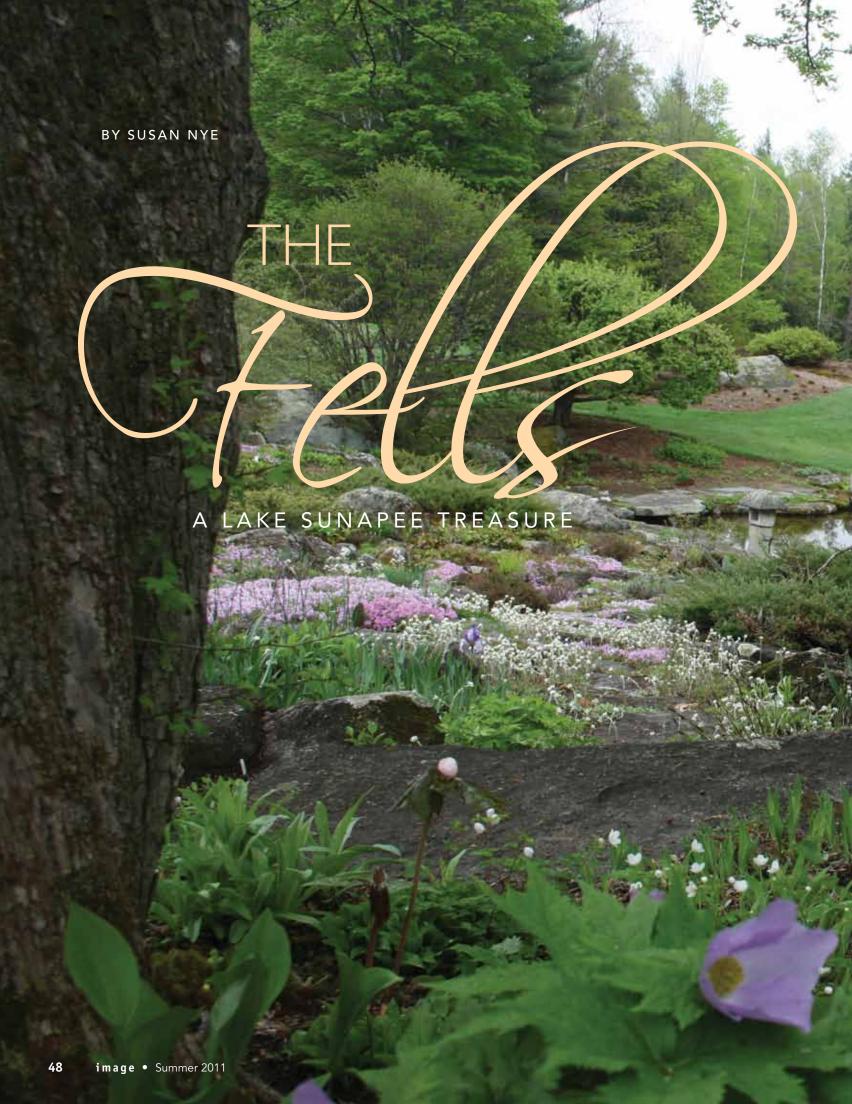
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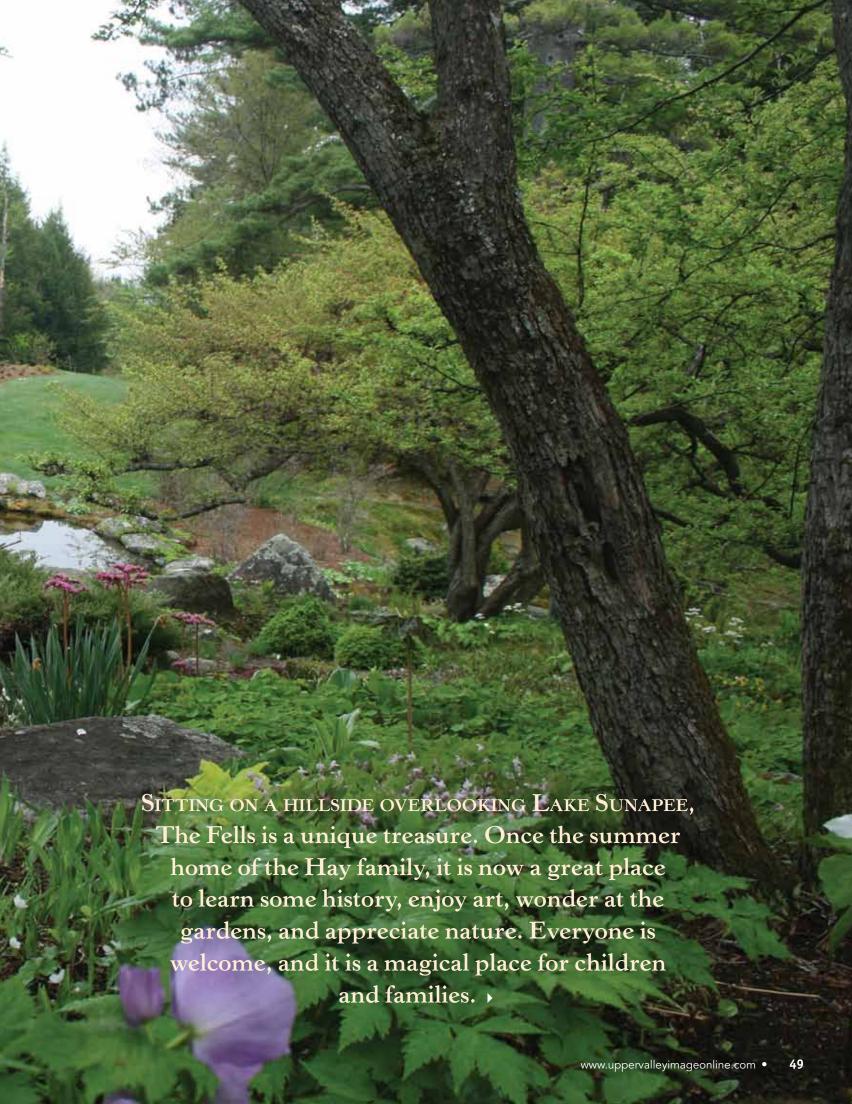
Proprietor Arthur Beebe buys and sells rare coins, currency, old watches, diamonds, jewelry, scrap gold, and sterling. Stop in for coin and stamp supplies, metal detectors, appraisals, and investments. He has many years of experience.

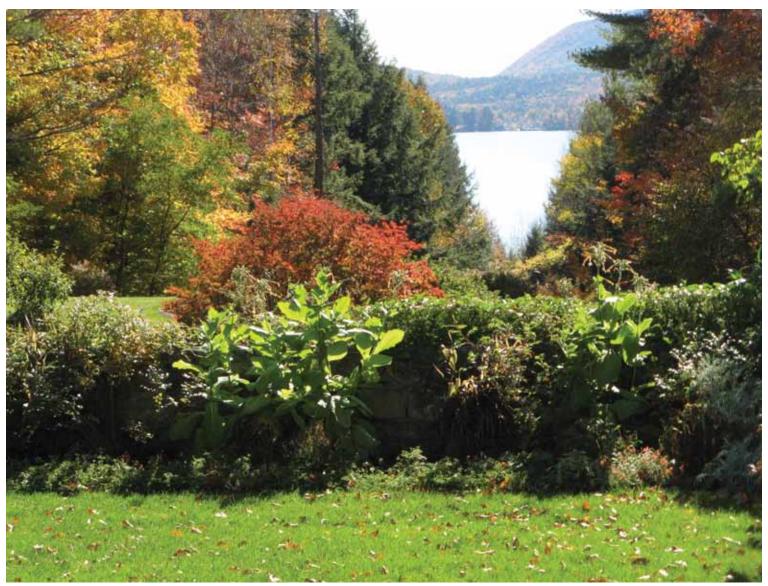
Colonial Plaza Rte 12A West Lebanon, NH (603) 298-5765

Tues-Fri 9:30am-4:30pm Sat 12:00-4:30pm











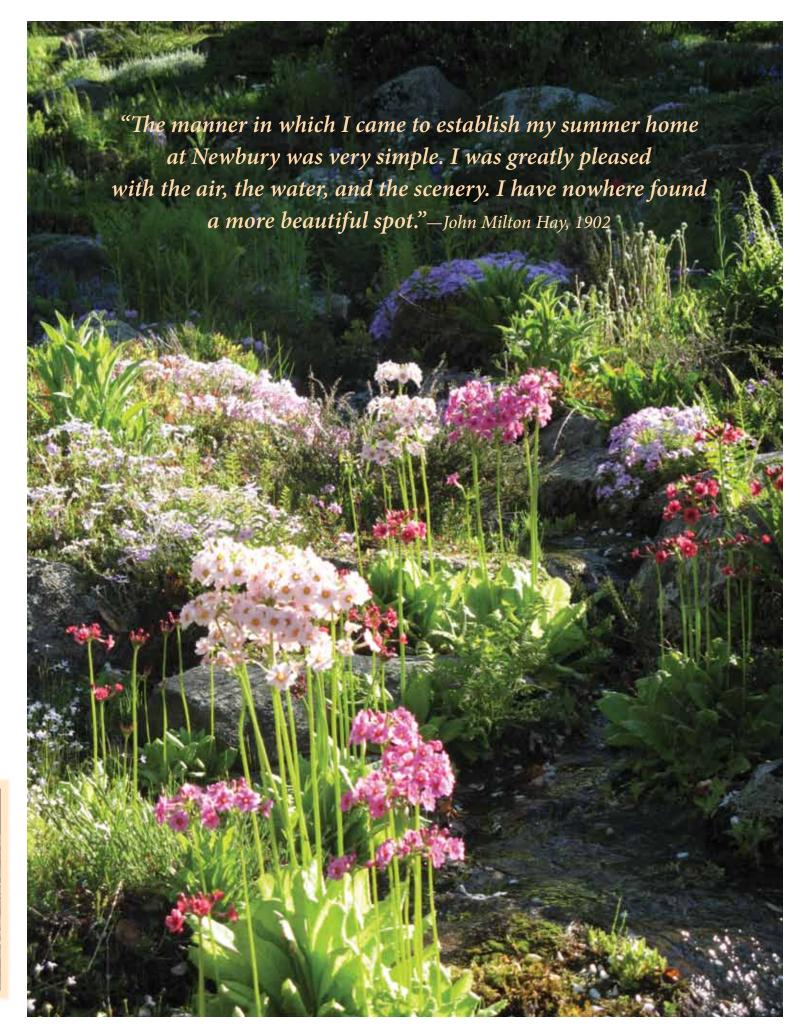
Top: Vista across the property to Lake Sunapee. Above: Rose Terrace. Right: Alice Appleton Hay in the Old Garden, 1932. Far right: Alice Appleton Hay and William Wendell in the Old Garden, 1920.

Creating a Retreat

John Milton Hay began his career in government as a private secretary to President Abraham Lincoln. He went on to work for the state department, serving as ambassador to Great Britain and secretary of state for Presidents William McKinley and Theodore Roosevelt. Seeking a summer retreat away from Washington, Hay and his wife Clara purchased close to 1,000 acres on Lake Sunapee. Designed by architect George F. Hammond and completed in 1891, their cottage was built with a long, open porch looking out onto the lake. A second cottage was added









a few years later. Visitors took the train to Newbury and completed their journey to the rustic oasis by boat. Up the hill from the lakeshore, guests were greeted by grazing sheep.

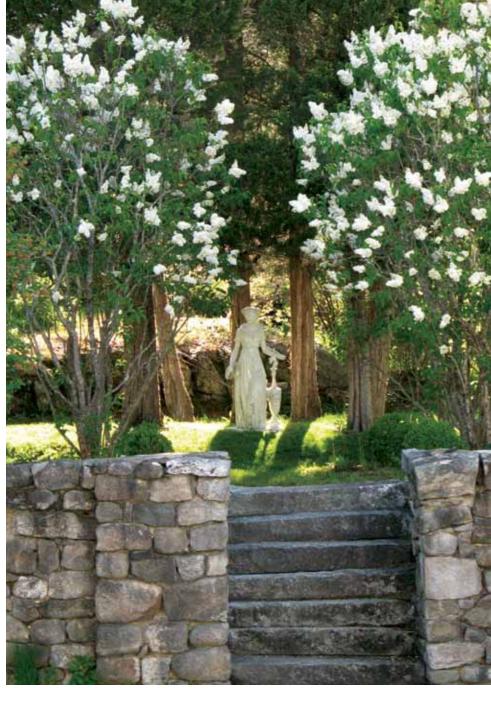
When his father died in 1905, Clarence Hay, an archeologist and curator at the Natural Museum of History, inherited The Fells. Stories suggest that when he brought his new bride, Alice Appleton, to The Fells, she wept. Compared to Appleton Farms in Ipswich, Massachusetts, where Alice had grown up, Newbury was rough and wild.

Clarence and Alice brought refinement to The Fells. They remodeled and combined the cottages into a stately country home, transformed the sheep pasture into elegant terraced lawns, and built formal gardens. Clarence gifted much of the woodlands to the Society for the Protection of New Hampshire Forests in 1960. The remaining land and the estate became a wildlife sanctuary under the protection of the U.S. Fish and Wildlife Service in 1987.

Revitalizing the Gardens

Over time, the gardens lost their crisp edges and became overgrown. In the early 1990s a group of volunteers began resurrecting the gardens. They created a nonprofit organization that first managed and then acquired the estate and 80 acres of gardens, woodlands, and lakefront in 2008.

A labor of true love, volunteers continue the ongoing renovation and maintenance of the gardens



under the able guidance of landscape director Jeff Good. Jeff exclaims, "Our volunteers are amazing. Many are retirees; they love the gardens and work incredibly hard." Jeff continues, "We are now working on the Old Garden renovation. Clarence Hay left a great collection of photographs, which we use as a guide. It's very exciting to see what it was like and to bring it back to its former glory."

The Old Garden is one of several on the estate. After she had the sheep removed from the front lawn, Alice had a perennial border installed. It has been restored and enlarged, with a dazzling array of pinks, blues, and purples. With its stone pathways, the Rock Garden winds down the hill from the house. Considerable restoration work has been done on the

Left: Alice Appleton Hay in Rose Terrace, 1927. Above: Statue of Hebe, cupbearer of the gods, in Pebble Court.

Special Activities

- 20th Annual Plant Sale June 25
- A Look at Lincoln's Civil War White House through the Diary and Letters of John Milton Hay

June 26

A lecture by preeminent Lincoln and Hay scholar Michael Burlingame.

- **Artists Weekend** July 16-17
- Newbury Recreation and Ecology Camp at The Fells

July 25-29

For children ages 6–13.

- Hay Day Family Festival August 13
- Take a Child Outside Week September 19-23 Free admission when accompanied by a child, and children are free.

upper half of the Rock Garden. Alpine plants have been restored and pathways have been repaired. The Rose Terrace still has some of the original hybrid tea roses, and contemporary shrub roses have been added. Whenever possible, Jeff and his team replicate the original plants. However, because it is an organic site, that is not always practical. Jeff avoids pesticides by focusing on disease- and insect-resistant plants.

When You Go

Throughout the summer, the Main House and shop are open:

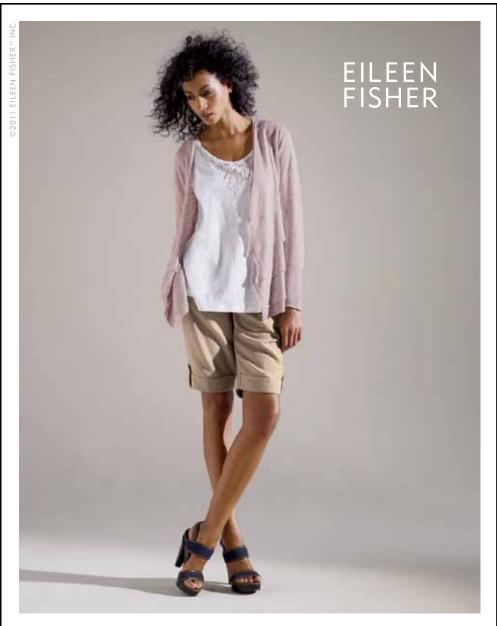
- June 22 through Labor Day: Wednesday through Sunday 10am-4pm
- July 4th week: every day 10am-4pm

Docent-led historic guided tours are given hourly throughout the day when the Main House is open.

Guided garden tours start on the Veranda.

- June 22 through August 21: Wednesday through Sunday at 1:30pm
- July 4th week: every day at 1:30pm

For more information visit www.thefells.org.





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Flowering shrubs and trees enhance the various gardens of The Fells.

A Place of Discovery

Asked when is the best time to visit, Jeff reassures, "Anytime is a good time to come to visit the gardens. They change from week to week, and something is always blooming. You can't come just once; you need to come often to enjoy all the gardens have to offer."

Throughout the summer there are guided tours of the elegant house. Volunteer docents share highlights of John Hay's career as well as points of architectural and design interest within the estate. David Bashaw and his wife Kathy live just up the hill from The Fells. David's interest in history and Kathy's love of flowers attracted them to first visit and then become members. Soon Kathy began volunteering in the gardens, and David became a docent and joined the board of directors. David explains, "It's a very special place, a place of discovery. There is always something interesting happening. It's been a great experience, meeting people and sharing John Hay's story and the history of the estate. It is a constant learning experience for me." New to the area, volunteering at The Fells has been very rewarding for the couple. David adds, "There is a great sense of belonging at The Fells. The staff is very supportive, very helpful, and there is a wonderful sense of community."

Karen Zurheide, executive director at The Fells, is thankful for the community's support. "We are a small nonprofit and are truly blessed by our many hardworking volunteers. More than 150 people generously give their time throughout the year," she says. Additional support comes from over 1,100 individual, household, and corporate members as well as donations, grants, and fundraising events.

While the house is open only in the summer, the grounds are open year-round. From visits to vernal pools to snowshoeing, bird watching, wildflower hikes, and foraging for mushrooms, The Fells offers a multitude of opportunities to explore nature. In addition, there are workshops and lectures on history, gardening, sustainability, and art throughout the year.

Special Summer Events

Karen is looking forward to summer and says, "The summer is always a busy time with special events, workshops, and celebrations. This year is no exception. In commemoration of the Civil War Sesquicentennial, there will be special lectures and an exhibit of letters and diaries from John Hay and Ninth New Hampshire Regiment Corporal Elmer Bragg. Through their writings, Hay and Bragg give insider views of President Lincoln's White House and the battlefield."

Art is an integral part of The Fells experience. Karen is delighted to report, "We will have three special art exhibits this summer. Nature-inspired sculptures will be installed in the gardens and throughout the grounds.

There will be two exhibits in the main house. The first show will feature artwork depicting New England rock garden and alpine plants. The second is an exhibit of handmade furniture and hand-woven Tibetan carpets." Anyone interested in seeing an artist at work won't want to miss the annual Artists Weekend. For two days, talented artists will be painting in the gardens. The festive event includes demonstrations, workshops for children, and music.

A Family Destination

The Fells is a special place for children. Throughout the year, there are educational programs devoted to art and nature for children of all ages. This summer children can learn to make rustic sculptures, paint landscapes, and more. The Fells offers nature walks and workshops and hosts the Newbury Recreation and Ecology Camp. Campers have fun while learning about Lake Sunapee ecology from local naturalists and scientists.

The Fells is a favorite destination for the Markoff family. From the nature series for preschoolers to art workshops and ecology camp, the Markoff children are keen participants. Cicely Markoff enthuses, "My kids love to come here. The programs are very innovative and the teachers are outstanding. We visit The Fells often throughout the year. There are so many wonderful opportunities for children to explore art and nature." She adds, "Don't miss Hay Day Family Festival. It's a great day with music and entertainment for all and games and special activities for children."

And when camp or workshops are not in session? There is still plenty to do. Cicely says, "I remember visiting as a child and exploring all the nooks and crannies. The kids are always discovering new things in the house, in the gardens, and on the trails." She continues, "The children love the Fairy Village. They build little fairy houses from acorns, stones, and twigs. It's magical."

Whether it is for a hike on the trails, a picnic, or one of the many programs, Cicely sums it up: "When I bring friends to The Fells, all they can say is 'Wow!' It's a great treasure—right in our own backyard!" •

The Rose Terrace.



The Fells Historic **Estate & Gardens on** Lake Sunapee

456 Route 103A Newbury, NH

On Exhibit This Summer at The Fells

 Inspiration from The Fells: Rock **Garden Plants**

May 27-July 17 Artwork by the New England Society of Botanical Artists in the Main House.

- Art in Nature May 27-October 10 Sculpture by New England Sculptors Association on the grounds and in the gardens.
- **Civil War Sesquicentennial Exhibit: Real History Told in Private Letters** June 26-October 10 Letters and diaries of John Hay and Ninth New Hampshire Regiment Corporal Elmer Bragg in the Main House.
- Of Wood and Wool July 20-October 10 Handmade furniture by New Hampshire Furniture Masters, accompanied by Tibetan rugs.

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OMG Boutique

OMG Boutique—"Oh My Gosh" is a charming boutique featuring unique gifts as well as items useful and decorative for the home. Many new fine jewelry lines have been added and creations of several local artisans and League of New Hampshire Craftsmen are also new on display and available for purchase. Not to be missed is a children's room with interesting and educational gifts for many ages.

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Benning Wentworth

NEW HAMPSHIRE'S ROYAL GOVERNOR



Portrait of Benning Wentworth in 1760 by Joseph Blackburn hangs in the Wentworth-Coolidge Mansion. Courtesy of New Hampshire Historical Society.

Saturday, July 4, 1761, was a busy day for Benning Wentworth. He likely had his quill sharpened that morning—he had some serious document signing to do. By the end of the day, "our Trusty and Well-beloved Benning Wentworth, Esq, Our Governor and Commander in Chief Of said Province of New Hampshire in New England," on behalf of King George III, issued charters creating the towns of Hanover, Lebanon, Enfield, Norwich, and Hartford. He was just warming up.







Today, Benning Wentworth's actions dating from that summer day determine where tens of thousands of Vermont and New Hampshire residents pay our property taxes, send our children to school, license our dogs, and vote in elections. Wentworth issued over 150 town charters from July 4, 1761, through 1764, boldly launching the settlement of the frontier of his province.

CELEBRATING 250 YEARS

This summer, 12 Upper Valley towns are celebrating the semiquincentennial of the signing of their charters—their 250th birthdays. In New Hampshire, these are Enfield, Hanover, Lebanon, Lyme, Canaan, and Plainfield. In Vermont, territory that Wentworth assumed was under his authority, these are Norwich, Hartford, Windsor, Hartland, Thetford, and Fairlee.

Fireworks light up the night skies in these 250th festivities. Bands play. Ice cream socials, chicken barbecues, pageants, and parades bring communities together. In Windsor, the multimedia

The Wentworth-Coolidge Mansion at Little Harbor, outside Portsmouth, New Hampshire.

The Wentworth-Coolidge Mansion is the former home of New Hampshire's first Royal Governor, Benning Wentworth, who served in office from 1741 to 1767. The rambling mansion, one of the most outstanding homes of the colonial era remaining, is open to the public during the summer with guided tours of its gracious rooms.

375 Little Harbor Road Portsmouth, NH (603) 436-6607

project 250 People/250 Years is anticipated. Among the dozens of events planned, a special 250th Super Quest leads treasure hunters to historic spots in all 12 towns. In Plainfield, Benning Wentworth makes a guest appearance.

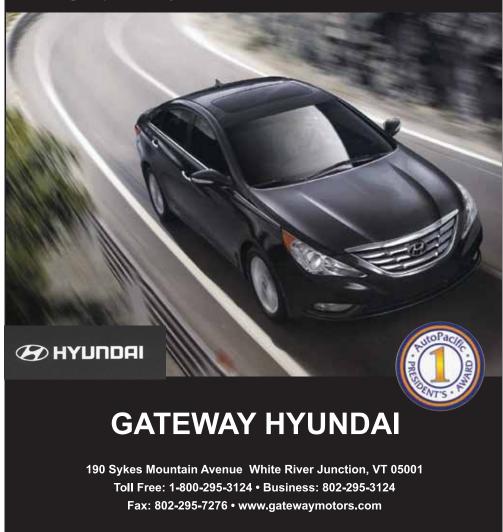
BENNING WENTWORTH, ROYAL GOVERNOR

Benning Wentworth, the intriguing man behind all this celebrating, became the longest-serving British Governor in the American colonies. Born in Portsmouth in 1696, he came from well-established colonial stock. Young Benning graduated with the Harvard class of 1715, married, and launched his career. He found success as a Boston merchant. When Spain defaulted on payments to him for shipments of lumber, the prospect of bankruptcy loomed. Influential friends in England reportedly intervened. In 1741 Wentworth was appointed the first Royal Governor of New Hampshire—repaying his British creditors seemed more likely if he held a potentially lucrative government job.

"There are a huge number of myths about Benning Wentworth," says
James Garvin, New Hampshire's State
Architectural Historian. Wentworth's public life is well documented through charters, deeds, proclamations, and other records, but no personal Wentworth papers are known to survive, explains Garvin.

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Thanks to meticulous care by generations of owners, Wentworth's lovely home at Portsmouth's Little Harbor still offers a sense of the Governor's lifestyle.

The path to Wentworth's charter spree started with his appointment as Royal Governor. In his commission, Wentworth was charged with making New Hampshire "a useful and Flourishing Province." The King wanted more settlement of his colony. "Remember, the King owned the land. The Governor was acting on his behalf. The King had given the Royal Governor certain instructions for granting charters," says Garvin.

Throughout his early years as governor, Wentworth did not make much progress with new settlements. Territory around Portsmouth was mired in earlier grants; the north country was wild and inaccessible. Westward expansion, between the Connecticut and Hudson Rivers, looked promising, but there was the problem of New York.

New Hampshire, as described to Wentworth, extended to the west "until it meets with other governments." New York's Governor Clinton considered that boundary to stand at the Connecticut



The dining room at Wentworth-Coolidge Mansion features a large fireplace.

River. Wentworth assumed that the New York line was much farther west—20 miles east of the Hudson River, just as it was for Massachusetts. The area of this double claim, of course, eventually became Vermont.

Wentworth issued his first charter in January 1750. This first town, six miles square, was located 24 miles east of the Hudson. Unflinchingly, he named it for himself—Bennington. Despite New York's protests, Wentworth issued 16 charters in the disputed territory between 1750 and 1754. Then, the French and Indian War intervened.

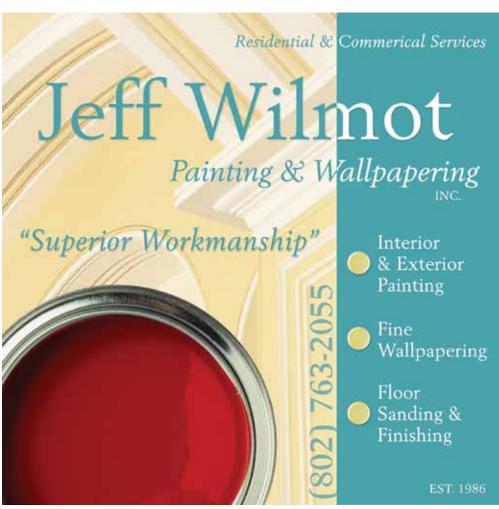
WENTWORTH'S RESIDENCE

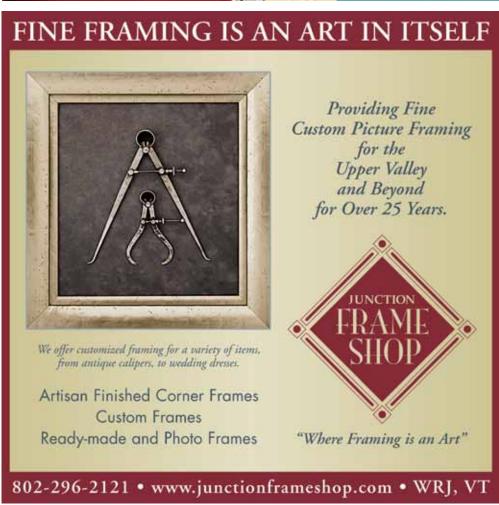
On the personal side, in 1753 Wentworth moved from downtown Portsmouth to a farm at Little Harbor. In the myth department, the move was sometimes attributed to pettiness. The Assembly had refused to purchase an official residence for the Governor in town; some suspected











looking back

Right: Canaan Meeting House. Below: Bicentennial Belles walk in Plainfield's 1961 parade celebrating 200 years. Courtesy of the Plainfield Historical Society.





that he moved to inconvenience the council. However, the magnificent waterfront setting of the house at Little Harbor may have charmed Wentworth as it charms visitors today.

At Little Harbor, Wentworth's builders combined three existing structures into his residence. The finished house had over 40 rooms arranged in three wings—one each for family, servants, and entertaining. For its eclectic design, Wentworth's residence was a gracious home with the accoutrements of European high fashion, including imported flocked wallpaper and fine furnishings. Besides its traditional New England cooking area, a French stew kitchen was installed, a rarity in the British colonies. Records show that a French tavern keeper regularly visited Wentworth; he likely prepared cuisine for the Governor.

Widowed in 1755, Wentworth set Portsmouth tongues wagging in 1760 when, at age 64, he married his 24-yearold housekeeper, Martha Hilton. This

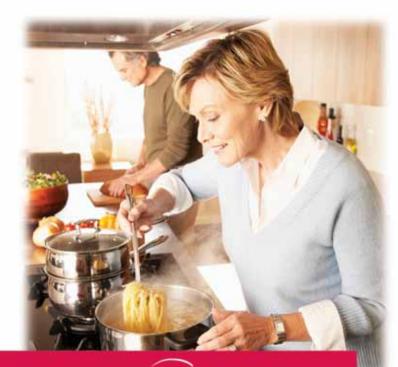


personal tidbit was immortalized, though not necessarily accurately, in a 160-line poem by Henry Wadsworth Longfellow. The poem culminates with a roomful of guests attending a party at the Little Harbor mansion. After fidgeting with his ruffles, the Governor turned to the Reverend Arthur Brown, and said:

"This is my birthday: it shall likewise be My wedding day; and you shall marry me!"

The Reverend and guests were stunned when they saw that the bride was young Martha. "Lady Wentworth" did not find the fame of other Longfellow works, but it shows that the Governor's wedding gossip still had traction almost a century later.

Soon after Wentworth's nuptials, the timing was right for a new, spectacular wave of settlement. During the French and Indian War, from 1754 troops had been travelling through the previously little-visited territory that is now Vermont. Word spread about its considerable resources of forests, fertile land, and waterways. With the defeat of the French at the Battle of Quebec in 1759 and the subsequent fall of Montreal to the British, the hostilities ceased. As Jeremy Belknap observes in his 1792 History of New Hampshire, suddenly these lands



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"were eagerly sought by adventurers and speculators."

TOWNS ARE BORN

Wentworth was ready. He authorized a survey along 60 miles of the Connecticut River, laying out three rows of township lots on each side of it. Each new town measured six miles square. The boilerplate of the charters was drafted according to royal directions, with a "fill in the blank" format that required only a few specifics per town. Town boundaries, for example, were inserted and described with a combination of landmarks such as large marked pine trees and compass directions.

Petitioners, mostly from Massachusetts and Connecticut and including a considerable number of Wentworth's relatives and friends, requested and were given land grants. They did not pay for the land, but had obligations for settling and cultivating it. Beyond the petitioners, land in each town was given to the Church of England and to the Society for the Propagation of the Gospel in Foreign Parts. Wentworth was paid only a small fee, if anything, for issuing the charters; however, in each town, a lot of 500 acres was granted to him. Creating over 150 towns in three years, his holdings added up.

Settlement took off. As Belknap wrote, "Population and cultivation began to increase with a rapidity hitherto unknown; and from this time may be dated the flourishing state of New Hampshire." Wentworth's actions also led to the flourishing state of Vermont, as the settlers of that disputed territory shaped their destiny over the coming years.

Benning Wentworth resigned from his position as Royal Governor in 1767 under a cloud of accusations of corruption. He died in 1770, never knowing that just a few years later, independence-minded colonists would make July 4 memorable beyond the anniversary of his first Upper Valley charters. •

SEMIQUINCENTENNIAL SUMMER!

Twelve charters, all granted in 1761, plus 12 towns, each with a lot of history, add up to a lot to celebrate in 2011. Commemorating the founding of the towns, of course, is part of the occasion, but in 250 years, each town has woven its own unique history. The festivities cover a great deal of ground, from honoring Native American culture that dates from far earlier than Benning Wentworth's charters to the people who are here today.

Residents of all 12 towns have been meeting for more than three years, planning and coordinating this summer's events. With help from Laura Dintino, Valley Quest Coordinator with Vital Communities, they have organized cooperatively as UV250. The towns developed the Super Quest, plus other events, and planned their schedules knowing that area residents and guests would likely attend festivities in several communities.

Here's a sampling of the summer's UV250 offerings.

WHERE AND WHEN?

UV250—New Hampshire Towns Enfield-July 4, 1761 Hanover-July 4, 1761 Lebanon-July 4, 1761 **Lyme**–July 8, 1761 Canaan-July 9, 1761 Plainfield-August 14, 1761

UV250—Vermont Towns Hartford-July 4, 1761 Norwich-July 4, 1761 Windsor-July 6, 1761 Hartland-July 10, 1761

Thetford-August 12, 1761

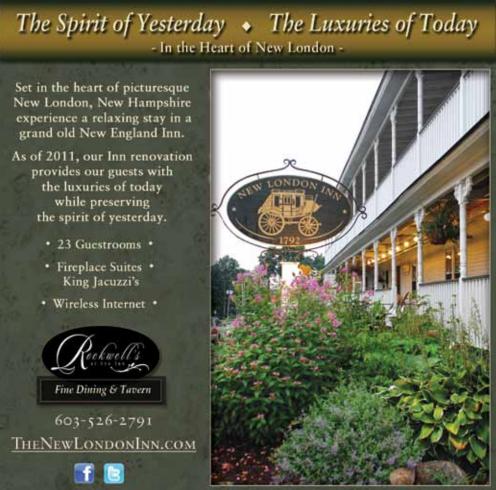
Fairlee-September 9, 1761

More information is available from individual town offices and historical societies.

250th FESTIVITIES ARE ALREADY UNDER WAY.

A calendar of events is on the UV250 website:

http://www.vitalcommunities.org/ valleyquest/uv250.htm.



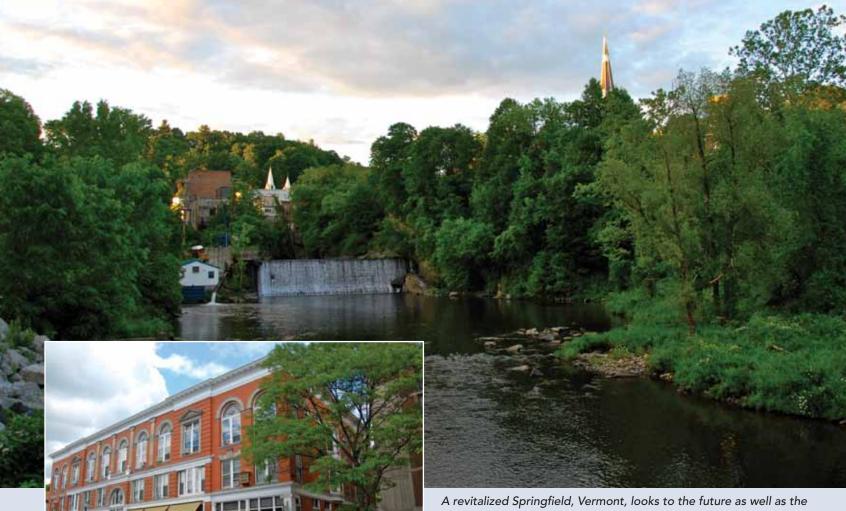




SPRINGFIELD REINVENTED

"CAN DO" TOWN PLANS CELEBRATIONS

BY MARY GOW





"FROM THE EARLIEST TIMES, the people of Springfield have been full of the spirit of enterprise and inventive genius. Never in the history of the grand old town was this more in evidence than now, and the descendants of those warm-hearted, generousminded, self-reliant pioneers have many characteristics of that hardy race," wrote George Bancroft Griffith in The Vermonter magazine back in 1907.

That same spirit of enterprise and inventiveness still beats strong in Springfield's heart. This year as Springfield celebrates its 250th, the town is looking forward as well as back. "Just as 250 years ago when people got together and formed the community, the same kind of thing is happening here today. We're reinventing ourselves," says Carol Lighthall of Springfield On The Move, a nonprofit organization whose mission is to revitalize the community's downtown. "Springfield has always been a 'can do' town," Lighthall adds.

Changes in the machine tool industry and the recent economic downturn presented Springfield with challenges; they also served

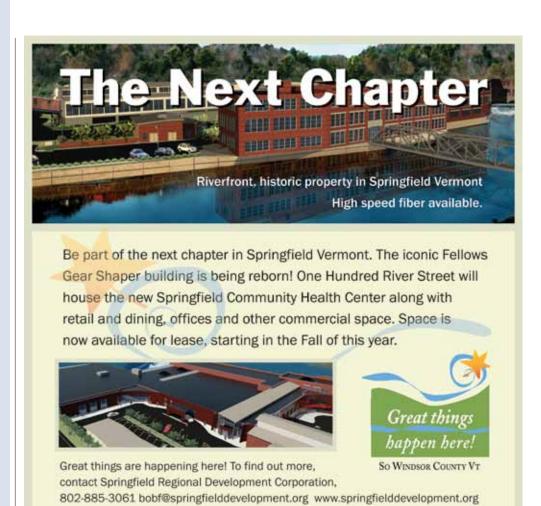
as catalysts to bring people together to look ahead. Through Springfield On The Move, a community process is underway to assess the town's strengths, recruit new businesses, and freshen up buildings and economic development in the downtown area.

Last year, more than 450 local people got together to forge a new era for their town. Through a series of facilitated meetings, they discussed Springfield's assets and its future. Committees were formed and market studies launched. Working with a consultant and looking at the town's unique cultural attributes and positive experiences, they "branded" the community as "Springfield Reinvented." This title, accompanied by bold new graphics, is now prominent in downtown banners, signs, and information. Springfield is getting the word out that it is a fullservice community with the amenities of a larger city packaged in a Vermont small town.

In this energized atmosphere, Springfield is also celebrating its history. This summer's events commence with a June opening of "250 Years of History," an exhibit at the Springfield Art and Historical Society. Thursday nights feature presentations and guest speakers. With Civil War and French and Indian War living history events, concerts, Blue Sox baseball, and more, it's a full summer. The 250th festivities culminate with Heritage Week, August 15 through 19, and the Community Fair at Riverside Park on August 20, Springfield's Charter Day.

Benning Wentworth might be surprised to see Springfield today, but with his enthusiasm for the settlement and the productivity of the province, he would be proud of the enterprise and inventive genius of this town in the 21st century.

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June 17 & 18

Balloon festival in Quechee with historic reenactments. Quechee Green.

July 4

Birthday Party and Annual Fireworks. Kilowatt Field & Wilder Club & Library.

August 6

Old Home Day Field Day and Semiquincentennial Fun Run. Watson Field & Hartford Village.

September 10

- Glory Days of the Railroad & Street Dance. 9 am. Railroad Row, etc.
- Semiquincentennial Supper. 5pm. White

Valley Quests and Super Quest

Go treasure hunting! The Upper Valley may already be the country's questing capital, with more than 100 Valley Quests in place. Quests are treasure hunts with clues written in rhyme that lead the seekers to learn about local history, architecture, or nature as they hunt for treasure boxes.

"Quests are based on an old English tradition called letterboxing. Geo-caching is also a variation of it," said Laura Dintino, Vital Communities Valley Quest coordinator.

Quest curriculum is used in many area schools. By planning and writing quests, students learn about and share aspects of their towns' stories. Several local classes developed 250th Quests leading to landmarks and spots of special interest in this anniversary year. A Super Quest unveiled this summer leads questers to all 12 towns!

Valley Quest Program
Vital Communities
104 Railroad Row
White River Junction, VT
(802) 291-9100 ext. 107
www.vitalcommunities.org/valleyquest/about.htm
Valley Quest publications are available at area bookstores.

Historians

Dartmouth Professor of History Emeritus Jere Daniell, local historian Frank J. Barrett Jr., and Abenaki scholar Jeanne Brink are among the many distinguished experts who will be talking about local and regional history this summer. Every UV250 town has at least one guest speaker scheduled; some have weekly or monthly talks planned. There are too many to list here, but check the UV250 schedule or inquire at any of the individual historical societies.

AVA Native American Exhibit

For many centuries before Wentworth's settlers headed up the Connecticut River, American Indians had well-established communities and traditions in this region. This fall, Lebanon's AVA Gallery and Art Center presents an exhibit featuring works by 10 American Indian artists working in various media. These will include traditional black ash basket making, platinum palladium photographs that visually reference film noir stills, and large narrative and political oil paintings that challenge cultural identity, stereotyping, and the romantic figure of native peoples throughout history.

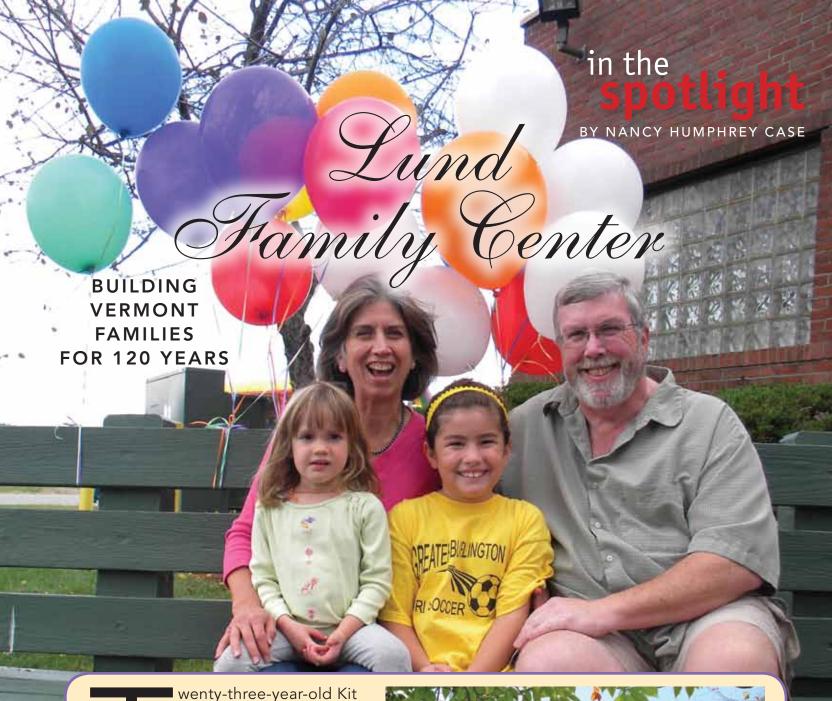
This exhibit examines how contemporary American Indian artists are referencing the history of their culture and identity yet adapting to current times and social, political, and environmental changes. Anna Tsouhlarakis, one of the exhibiting artists, states: "Reclaiming identity means creating a fresh vocabulary to redirect a dialogue, not merely playing with the language that has been placed upon a group."

In addition to the wide range of media, there will be an interesting variety of traditional and contemporary ideas and influence within the work.

The exhibiting artists will be:

- Gina Adams, Ojibwe, drawings and paintings
- Nate Deveau, Cherokee, sculpture
- Judy Dow, Abenaki, sculpture
- Betsey Garand, Abenaki, prints
- Brenda Garand, Abenaki, sculpture
- Margaret Jacobs, Mohawk, sculpture
- Jesse Larocque, Abenaki, traditional black ash baskets
- George Longfish, Seneca, paintings
- Brian Miller, Mohawk, photographs
- Anna Tsouhlarakis, Navajo and Creek, sculptures and installations

AVA Gallery and Art Center 11 Bank Street Lebanon, NH (603) 448-3117



wenty-three-year-old Kit felt wedged between a rock and a hard place.
She'd become pregnant while living with her fiancé, but he wanted nothing to do with having a child. Cut off from her family, Kit had no place to go, and severe morning sickness made getting a job impossible. Then she got wind of Lund Family Center—a multifaceted,



Lund's new residential building opened in 2007.

statewide organization that includes a residential program in Burlington. She had an interview one day and moved in the next. "They were very compassionate," she says, "and genuinely interested in me."

in the **spotlight**

That was in 1997. Today Kit is a contributing member of Vermont society, happily married and a devoted mother. The year she spent at Lund made all the difference. The center gave her not only a sheltering roof and sustenance but also parenting classes and support, guidance on applying to CCV (Community College of Vermont), help getting a job, and day care for her baby—until she was ready to support herself. "I don't know where my daughter and I would have been otherwise," Kit says.

Founded in 1890 by 10 members of the Vermont Women's Christian Temperance Union, the nonprofit originally served "women from as far away as the Midwest, who would hide out there while pregnant under the guise of visiting an ill aunt, perhaps," says Kitty Bartlett, Lund's Annual Giving Program coordinator. Babies were almost always placed in adoptive families.

By the 1970s, more women chose to parent their babies. The organization's services expanded to eventually include child care, alternative high school, and residential and community substance abuse treatment, based on research that shows early pregnancy is often associated with addiction and abuse. Adoption services, always a pillar of Lund's mission, now extend to children in foster care.

Offering a Second Chance

The evolution of Lund Family Center into an organization that encompasses a full range of services is illustrated by the experience of Shawna, a current resident from White River Junction. Last winter Shawna hit a low point. Incarcerated, longing for her three-year-old daughter, receiving treatment for drug addiction, and pregnant with a second child, she applied to Lund's residential program. She was admitted, and her second child, a son, was born about 10 days later.

From there, Shawna's life began to come together. "They gave me vouchers for clothes [she had none], got me united with my daughter, got me child care, and helped me get my





Top: Mother and daughter bonding in the Lund Play Lab. Above: Arts and crafts at Lund's Adoption Picnic that annually welcomes more than 500 individuals, all connected through adoption. Right: Each year, 30 children receive a bright start through Lund's fivestar Early Childhood Program.





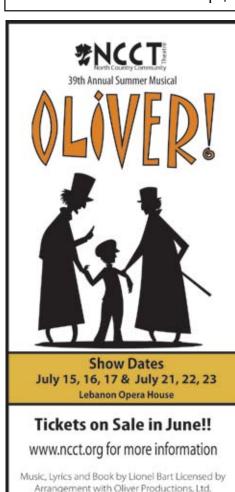
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Outdoor time at the Lund Early Childhood Program.

license back," she says. She also mentions the parenting support and the clinician who helped her with mental health and addiction issues. "I've learned a lot living there," she says. "I consider it my second chance."

All this didn't come without demands. "There are a lot of rules," Kitty says. Residents are required to keep a schedule: breakfast in the dining room with baby at 7am, classes from 9 to 12 (many residents are teens completing their high school programs), afternoon treatment groups and life skills classes, baby care from 3:30 until bedtime, and then homework in the evenings. Some residents complain about the structure but often come to see it as something they needed.

Shawna talks long and freely about her progress at Lund—learning to assess her thoughts and feelings and to communicate with people appropriately; the incentive system, which has enabled her to become a respected member of the



Lund community; her supportive grandmother, who has attended every one of her treatment meetings; and her plans to attend college and get a good job as a social worker so she can provide financially for her children. Shawna will continue to receive support services after moving out—for as long as she needs them.

The cost for such services is immense. Lund's budget in 2009 was \$6.7 million. About one-third was spent on adoption programs, twothirds on residential services. One million dollars came from private donations, the rest from state and federal funding and grants. But Kim Coe, director of residential and community treatment, points out that this investment decreases the burden on social systems such as corrections and child welfare, and increases tax revenues from women who become productive members of society. And with that investment Lund annually benefits over 1,000 adolescents and adults—and their families.





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und Family Center was founded in
1890 as the "Home for Friendless
Women" with the fortitude of 10 visionary
women united through the Women's
Christian Temperance Union. Originally
housed in a Victorian home on Shelburne
Street (pictured right), Lund Family Center
operates with a \$6.3 million budget and
almost 100 employees from five locations in
Chittenden County and with Lund Adoption
staff located in child welfare offices across
Vermont

Since 1890, Lund has completed more than 8,600 adoptions and improved the lives of more than 50,000 people through residential and community services. Lund's positive impact is felt across Vermont and nationwide. Annually, Lund improves the lives of more than 4,000 individuals. While the social and political landscape of the country has evolved and the definition of family has changed since 1890, Lund's mission to strengthen families remains a guiding force.

Finding "Forever" Homes

Lund has also been an effective partner with the state in finding permanent homes for foster children through Project Family. In 2000, Vermont had 93 children considered "unadoptable" because of their age or behavior issues. Lund staff didn't accept that term as valid. Committed to finding a "forever" home for every child, they have helped decrease the time between entry into foster care and adoption from an average of four and a half years to 24 months.

One example is a 14-year-old named Tyler. Severely traumatized from abuse, the boy was highly reactive and had gone through more than 10 foster homes in eight years. Last year he was adopted by Brattleboro resident Jennifer, who says it has been "absolutely

120 Years of Strengthening Families



wonderful—the best choice I've ever made for myself." Heather Simmons, Tyler's caseworker at Lund, provided invaluable support when Jennifer doubted herself or had questions about Tyler.

Mark and Robyn, a couple from northern Vermont, had looked into adopting a child from Ethiopia or Kazakhstan, having heard "horror stories" about domestic adoptions arranged online. Then they learned of Lund and arranged an interview. "We both came out of there saying, 'This is it,'" Robyn says. "We both felt absolutely comfortable with the process. And the fact that they had a program for teenage moms appealed to us." Nine months later, Mark and Robyn became the parents of a baby girl—"a bundle of joy" born in Vermont.

For all of these achievements, the Lund Family Center has received several national awards, including a Congressional "Angel in Adoption" award last year. A rarity in that it includes a full range of services under one organization, it has earned something of a national reputation.

Lund's basic mission is to strengthen families and to help children thrive. Executive Director Barbara Rachelson sums up the impact of that mission with a quote from Lyndon B. Johnson: "The family is the cornerstone of our society. More than any other force, it shapes the attitudes, the hopes, the ambitions, and the values of the child. And when the family collapses, it is the children that are usually damaged. When it happens on a massive scale the community itself is crippled. So, unless

we work to strengthen the family, . . . all the rest . . . will never be enough."

Please note: the last names of people in this article have been omitted for their protection and privacy. •

Lund Family Center

P.O. Box 4009 Burlington, VT (800) 639-1741 www.lundfamilycenter.org





elegant and abundant atop a pedestal, perfect for an entryway or near a garden gate.

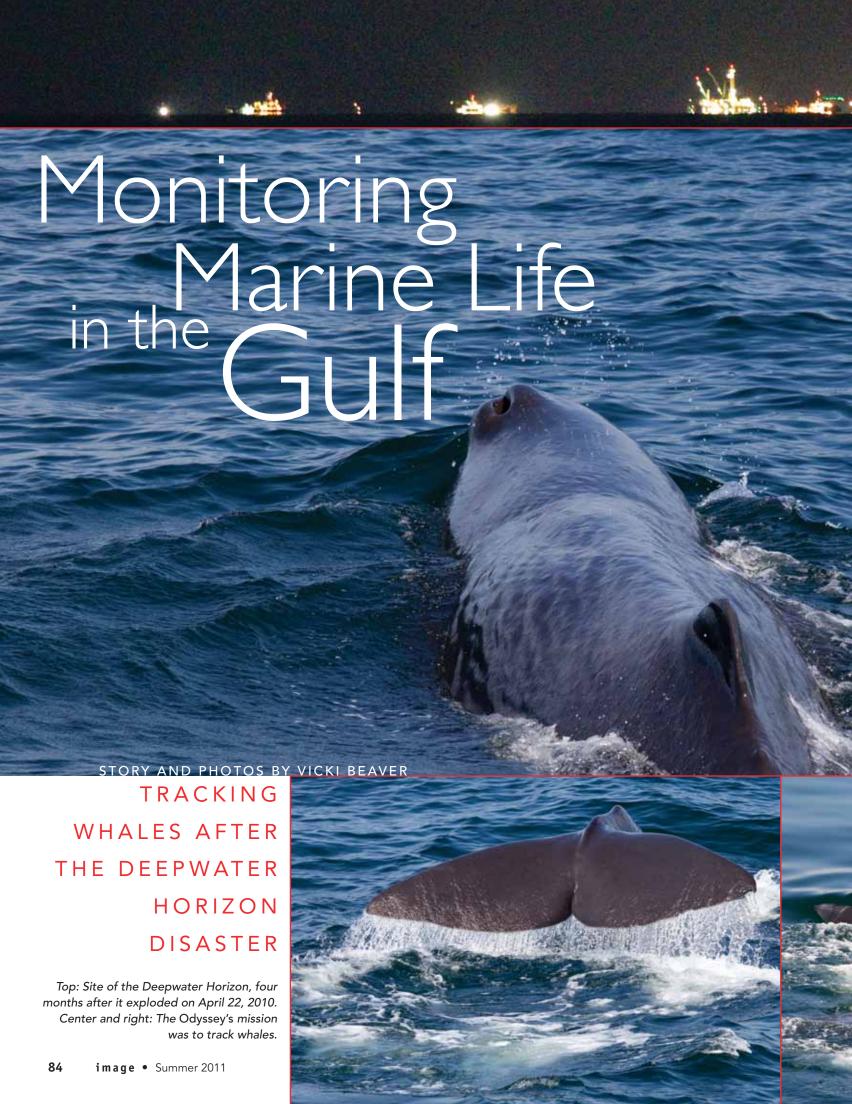
Verbena in pink thrives in a shabby chic wire planter. Romantic pink petunias teamed with white allysum billow over the edge of a pink painted window box. Fertilizing once a week and regular watering are small investments for summer-long beauty.

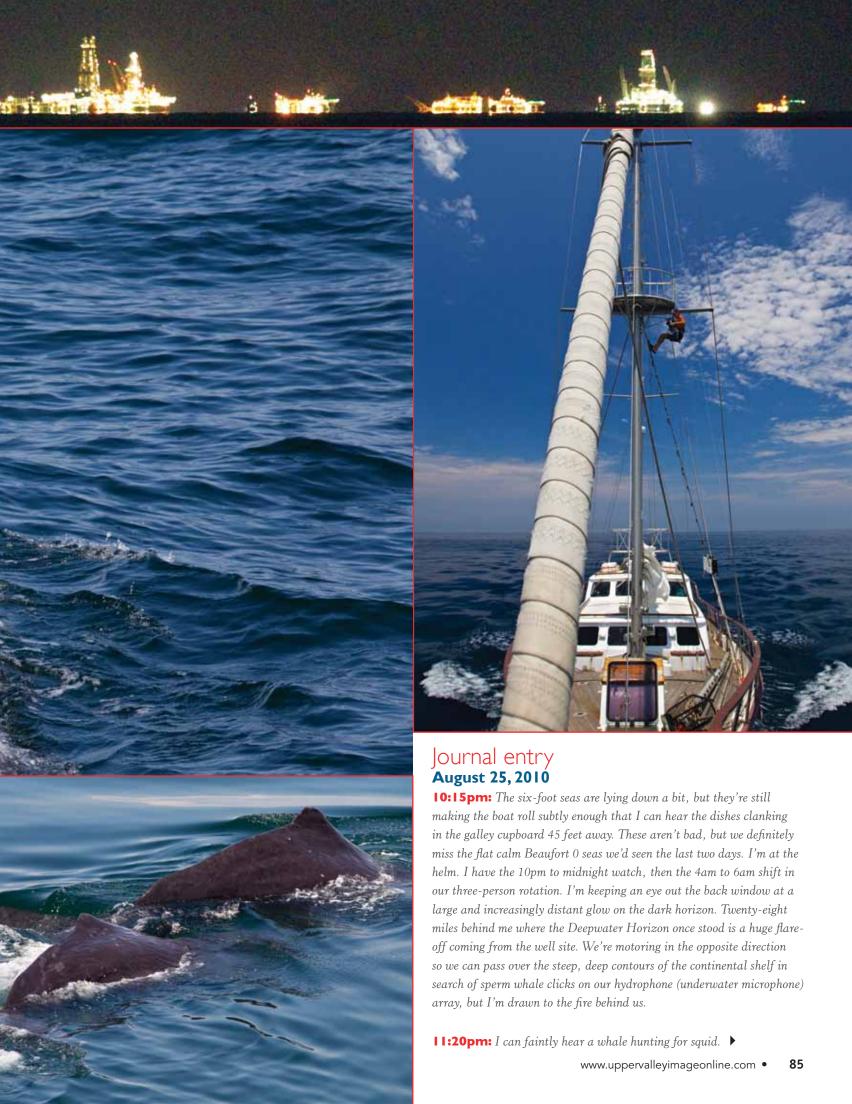
















hen the Deepwater Horizon oil rig exploded on April 20, 2010, no one at the time could guess the longevity of the spill or the devastation it would wreak on the Gulf of Mexico's economy and ecosystem. As I followed in the news the relentless onslaught of oil billowing unchecked into the deepest realms of the gulf, my feelings of helplessness and hopelessness grew.

Sitting at home in despair in New Hampshire, I needed to find a way to the oil-stained gulf to do something. Anything. Just before packing my bags and driving to Louisiana, a friend from the Massachusetts-based Ocean Alliance (OA) asked if I'd be interested in crewing on their research vessel *Odyssey* to the gulf. OA was organizing an expedition to investigate the impact of the more than 5 million barrels of oil and nearly 2 million gallons of chemical dispersants on whales and marine life in the gulf.

OA, a nonprofit leader in whale research, education, and conservation, conducts groundbreaking scientific and educational work to protect whales worldwide. OA's 2000–2005 global expedition collected 955 sperm whale biopsies from 22 countries, effectively giving them baseline data on the distribution and concentration of persistent





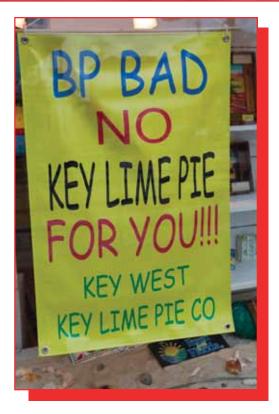


organic pollutants and metals in the world's oceans. This initiated a scientific collaboration with the Wise Laboratory of Environmental and Genetic Toxicology at the University of Southern Maine. The Wise Laboratory, one of the nation's leaders in marine mammal toxicology, conducts research aimed at understanding how environmental contaminants affect the health of humans and marine animals. It made sense for the two organizations to investigate the disaster in the gulf.

There is a resident population of sperm whales, the world's largest toothed whales, of about 1,600 in the Gulf of Mexico. Because they feed at depths up to a mile or more beneath the surface, in the same deep waters as offshore oil rigs and where much of the contaminants are still being found, and because they are at the top of the food chain (just as we are), sperm whales were an ideal study species for the expedition.

On July 17 we left Portland, Maine, on board the research vessel *Odyssey* and headed down the Atlantic coast. The goal: collect water, air, prey (fish, squid, krill), whale skin, blubber, and feces samples to measure petroleum products, chemical dispersants, and metal levels, as well as to determine potential DNA damage in the whales.

Collecting skin and blubber biopsies from whales was a priority, and our days were spent on deck scanning the ocean for sight of them and at night listening for their underwater sounds. Sperm whales use a type of



Clockwise from bottom left: A phalarope takes flight from drifting vegetation in the gulf; Captain Bob Wallace and crew on the Odyssey; deepwater oil platform; bow-riding roughtoothed dolphins; local sentiments expressed.



sonar called echolocation to find prey and see through the dark. Their clicking sounds travel distances underwater farther than we can see the whales at the surface, so the acoustic array we towed behind the boat 24 hours a day was a priceless tool for finding whales in the vastness of the sea.

Journal entry August 25, 2010

I 1:50pm: The hydrophone headset comes alive with the cackling clatter of several whales feeding. They sound like shod horses racing on a cobblestone road, and I press the headset to my ears and listen to the sounds of animals thousands of feet below the surface.

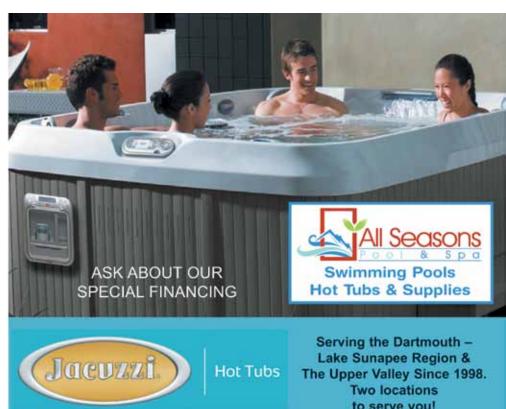
After a full day without whales, I'm thrilled to hear them again. The trick is trying to stay with them, without knowing exactly what direction they're traveling in, until we can spot them in the daylight. But it's a long time before sunrise. They can dive for over an hour and echolocate throughout the dive, but during periods when they surface to breathe they are silent, and this adds to the difficulty of tracking them acoustically.

A few miles farther and the clicking begins to fade, so I slow the boat to two knots and swing around, angling back toward the course I just came. I can still see the glow from the Deepwater Horizon flame nearly two hours later. I'm ecstatic to have found whales, but wish we could be in both places at once to see what drama is going on at the spill site.





Clockwise from left: Bow-riding spotted dolphins; USM student crew members Jill Davenport and Julieta Martino on early morning watch for whales; thunderheads over gulf sunset; Odyssey docked (first red boat on left) among Vietnamese fishing fleet in Bayou La Batre, Alabama, during fisheries closures; thirsty yellow warbler seeking refuge and fresh water far from shore.



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The Odyssey leaving Gloucester, Massachusetts, on her way to the Gulf of Mexico, leaving behind the Tarr and Wonson Paint Factory, Ocean Alliance's future headquarters after restoration is complete.

Along with collecting samples, we made observations of the ecosystem around us. By late August, at the surface things appeared to be life as usual in the gulf. Dolphins played in the wake of our bow whenever we crossed paths, occasional sea turtles inhaled at the surface, tuna and sea birds converged in feeding orgies on schools of smaller fish, and exhausted songbirds miles from shore found respite on the *Odyssey*'s decks.

But it was what we couldn't see that concerned us. Hundreds of species of wildlife, from whales on down to plankton, the very basis of the food chain, are in the grips of the oil and dispersants we can no longer see. Out of sight, out of mind—but there truly is no "away."

Iain Kerr, vice president and CEO of OA, is concerned that the disaster is all but forgotten by most of us now that it is no longer a major headline. "We must not let this catastrophe be swept under the carpet," says Kerr. "Common sense dictates that you cannot put anything, let alone oil and dispersants, into the ocean in the volumes that we are talking about here and expect

Oil Estimates

According to the Ocean Alliance, Dr. Timothy Crone and Dr. Maya Tolstoy of Columbia University's Lamont-Doherty Earth Observatory estimate the total release to be 5,174,887 barrels (± 20 percent). Their calculations assume that oil represents 40 percent of the total flux from the well and do not include oil that was released from the kink leak prior to the riser cut on June 3, 2010. If the kink leak is taken into account, and the oil ratio is increased to the 43.7 percent figure generated by the Woods Hole team, this estimate would be on the high end of the government's current estimate for the total release.

For information on dispersant amounts, visit http://communities. earthportal.org/ncseoceans2011/articles/view/160778/?topic=55999.

no consequences." Once the well was capped, reports told of the oil miraculously disappearing, and from the surface it sure seemed that way. Though out of sight, much of the oil and dispersants are being found in the water column or on the ocean floor.

The Odyssey collected data in the gulf through October, and that data is being analyzed at the Wise Laboratory. If funding can be raised, OA and the Wise Lab will spend the next five to ten summers building on this initial work. The long-term effects on the people, animals, and ecosystem from the largest accidental oil spill in history are unknown, but the work of OA and the Wise Lab may offer insight in the years to come.

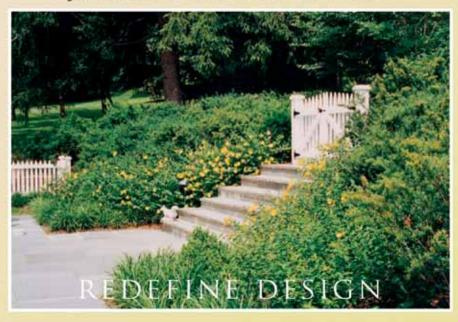
To learn much more about the Gulf of Mexico Education and Research Expedition, to help fund its work, or to get involved, visit www.oceanalliance.org. •

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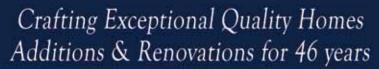
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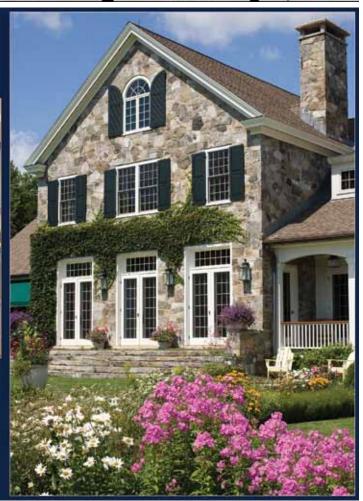








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With the popularity of "staycations" these days, more and more would-be travelers are spending family time closer to home. Boating and fishing on the many ponds, lakes, and rivers in the area have always been popular, and the investment in a boat offers recreation all summer long.

business **sense**

STORY AND PHOTOS BY VICKI BEAVER AND ERIC CARR

Brown's Auto & Marine

CHRIS FISHER KNOWS BOATS



Left: Restored Donzi. Above: Owner Chris Fisher.

business **sense**





From small outboard motors and aluminum rowboats to quality pontoon boats of all sizes and the #1-selling Sea Ray runabouts, as well as all the parts and supplies you should ever need, Brown's has them or will get them, usually by the next day.









Brown's Auto & Marine offers a full range of services for boaters and boating hopefuls, including new and used boat sales, repairs and servicing, cleaning and detailing, launching, removal, winter shrink-wrapping and storage, and even an upcoming hotline for emergency boating calls.

Although boats are the bulk of the business—about 80 percent—Brown's has also offered automobile services since they opened in 1984, and more recently, snowmobile sales and services are available.

Brown's services many local boaters, even if just winterizing their boats, but they also have many customers from out of state—some from as far away as California and Hawaii.

Building Customer Knowledge

Wherever customers come from and whether they're experienced or new to boating, Brown's owner Chris Fisher wants them to feel comfortable when they come to him. "A lot of people come in boat shopping and don't really know exactly what they are looking for," says Fisher. "You can't just put anyone in any boat and throw them out in the water. It's not good for anybody."

Fisher, a lifelong boater and fisherman who owned a construction company for 20 years,



took over the established business in 2006. After working on a few boat restoration projects with the previous owner, he realized he was ready for something different.

"You can give people the knowledge and let them make the decision," Fisher says. "That's what I did when I was in construction, and that's what I do here. I'll share with you what I know and let you make your own educated decision."

Fisher and some members of his staff are avid tournament anglers, and now others are coming their way. They recently became an authorized service center for Legend Boats—high-end, handmade, fiberglass bass boats—and they continue as an authorized Mercury sales and service center as well as being a dealer for Avalon and Tahoe pontoon boats, Sea Ray sport boats, and Alumacraft.

Open every day except Sunday, if there's a service they don't do, they will get it done for you by someone who does. Brown's has three full-time employees, including Fisher, and a handful of part-time employees in the summer. Rick Balla, a master marine mechanic, has been fixing boats for almost 30 years and has been going to Mercury school since the early 1990s. David LeBlanc, with 12 years of experience as a mechanic, does most of the auto service. He has been going to marine school since he came to Brown's three years ago.

Ready to Buy a Boat?

According to Fisher, buying a boat is a little different from buying a car. When you buy a boat, you want to buy from a dealer because there are so many other services needed. If you buy a brand-new boat from



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business **sense**

"Some of our clients are real boat enthusiasts," says Chris, "and when they ask us to make their old boat shine like new and add some modern technology and horsepower, we are more than happy to oblige." Pictured at right is 1986 Donzi Minx, one of several boats restored and repowered at Brown's. Below: The company carries a variety of pontoon boats, snowmobiles, and trailers.













Brown's, and you have a problem, they'll come to you and fix it. When buying from a dealer, you have the service connection. You do yourself justice if your dealer can come to you, put your boat in, take it out, or service your boat out on the water. "A lot of places won't service boats if they didn't sell them," says Fisher. "Anyone who needs to be helped, we'll help. "Buying a boat from them is a bit like buying a house in that they offer financing like a home mortgage.

Pontoons seem to be gaining in popularity. Families use them to cook on, swim off, and have gather-

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business **sense**

ings on; some even install ski towers and big motors. "Instead of spending thousands of dollars and going away for a week, you can spend the same money to buy a boat that you will use every weekend," extols Fisher, "and it's a great family experience."

Boat Basics

Because of the expense involved, Fisher recommends responsible ownership. Keeping up with regular maintenance and servicing, using high-test fuel and fuel additives, not storing fuel in tanks over long periods, and driving smart are simple things to do but paramount to owning a safe, reliable, and long-lasting vessel.

"It's an expensive piece of property, and if you take care of it, it will last. Like

anything else, it is what you make it. A boat that's taken care of properly can last forever. It's not going to rust like a car," Fisher says.

Fisher doesn't know if there's any one thing that makes his business unique, but believes instead that everything they do makes them unique. "The big thing we try to do here is take care of our avid customers, whether they own a boat, a car, or a snowmobile. All of us here are boaters, snowmobilers, and auto enthusiasts. We treat every vehicle like it's our own. We'll do whatever we can for whomever we can."

In June a donated boat from Brown's will be given away during a summer promotion through local radio stations Q106, Oldies 104.3, The Wolf 95.3 and 107.1, and ESPN AM 1230.

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BY MOLLY McHUGH PHOTOS COURTESY OF THE RIVENDELL TRAILS ASSOCIATION The Cross Rivendell Trail A TALE On a warm and sunny fall day in November, a group of sixth graders OF FOUR from Samuel Morey Elementary School in Fairlee, Vermont, enjoy the foliage and long-range views as they hike to the summit of Bald Top **TOWNS** Mountain. The hike is more than just recreational, however. Earlier in the week, the students utilized online mapping applications in the classroom to study ecosystems. Now they are exploring ecosystems "in the field" along a stretch of the Cross Rivendell Trail (CRT). The class observes how forest ecosystems along the trail change dramatically. The students are challenged to find differences in the size and type of trees and to look for evidence of human and natural disturbances, such as logging and severe ice storms. They complete a work sheet reinforcing the concepts along the way. This educational aron Hibbard (left) and John Nutter, members of adventure is the result of what the school community envisioned an early trail crew, take a when it conceived the CRT over a decade ago. > break after constructing a rock stairway.



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Sally Tomlinson (right), who first proposed the idea of a school district trail, works with summer trail-crew members. Right: Elementary school students explore riparian zones with Trail Coordinator Andy Boyce.

A Team Effort

The CRT is a unique 36-mile trail that physically and symbolically connects the four towns of the Rivendell Interstate School District (RISD): Vershire, West Fairlee, and Fairlee in Vermont, and Orford in New Hampshire. The creation of the CRT is a tale of how a group of motivated and community-minded citizens from these four towns came together to create a footpath that serves as both an educational and recreational resource for the communities, the schools, and beyond. The success of the trail is a tribute to the collaboration of landowners, community members, educators, and students in the four towns.

In 1998 the four towns were preparing to combine resources to form an interstate school district, which gave them an opportunity to plan and create a unique learning environment. Several residents attended a visioning session hosted by CO-SEED (Community-Based School Environmental Education), a project of Antioch New England Institute's Center for Place-Based Education. In this session, Sally Tomlinson of Orford first



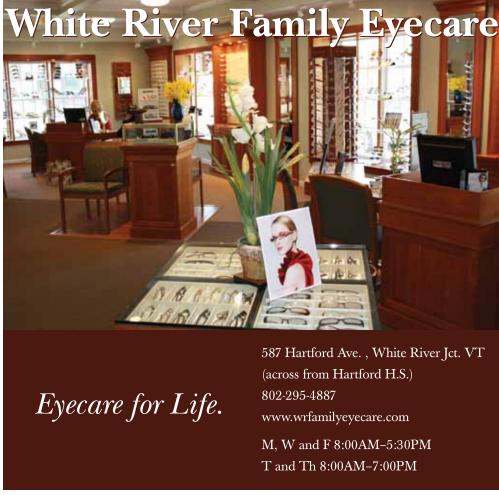












glance

suggested the idea of a trail running from the top of Flagpole Hill in Vershire to the top of Mount Cube in Orford. Tomlinson recalls, "We were looking for devices to create a sense of unity and community for the school district." Tomlinson nurtured the idea, and when RISD officially opened its doors in 2000, it finally started to become a reality. What the idea needed, she says, was someone with "on-the-ground knowhow who could dedicate time and skills to the project." David Hooke of Vershire, who had previous experience working with the Dartmouth Outing Club, fit the bill. A small trail committee including RISD faculty was formed under the auspices of the Community Resources Council for the district, and Hooke set about securing grants for the initial work.

After mapping out potential routes, the group set to work gaining permission from landowners to build the trail. Hooke describes the process as "remarkably straightforward. About half of the landowners agreed upon the first



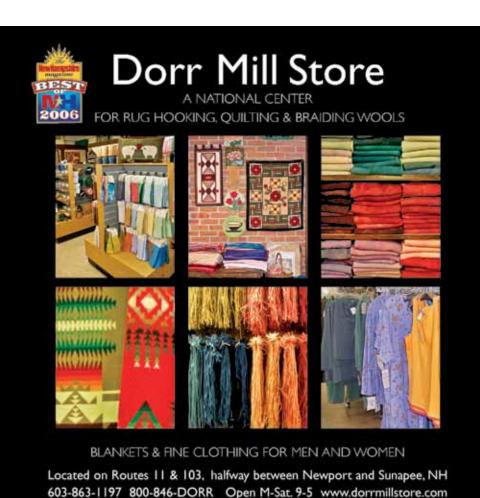
ask, and many more came on board rather quickly." Key factors, he notes, were that the permission could be revoked with 30 days notice, that the trail would be for day hikes only and off limits to motorized vehicles, and that both Vermont and New Hampshire have strong legal protections in place for landowners. With these assurances, most landowners were eager to support the trail project.

Let the Trailblazing Begin

After gaining permissions and scouting routes, the physical work of constructing the trail began. The initial work was done via community workdays that attracted volunteers from all four towns. Off the trail, the committee met with representatives of the school district in order to discuss learning opportunities involved in building the trail as well as its potential as an outdoor classroom. They were met with a strong positive response. This early buy-in from school district administrators, and their subsequent collaboration, would prove to be a key component for the success of the project. Over the

Second graders from Samuel Morey Elementary School study seeds along the CRT.





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Top: Sixth-grade students study forest ecosystems on the CRT. Left: Rivendell Academy students head out for trail maintenance work. Above: Clem Powers (left) and Fran Plaisted, two trail volunteers, on top of Mount Cube in Orford.

next few years under the umbrella of the district, the trail committee organized grant-funded summer crews of Rivendell students to build much of the trail. Led by adult mentors, teams of high schoolers spent their summer weeks moving rocks, raking, cutting, and blazing the trail while forming friendships and learning new skills.

By late 2003 construction of the trail, now deemed the Cross Rivendell Trail, was well underway. As the trail began to take shape, the committee wanted to ensure that it had a secondary level of protection for landowners, and the need for an insurance policy separate from that of the school district's spurred the creation of a 501(c)3 nonprofit, the Rivendell Trails Association (RTA). The group created a set of bylaws, elected a board with officers from each of the four towns, and collected membership dues and donations from more than 150 individuals, landowners, and businesses in that first year.

As trail construction continued, the RTA created an adopter system for volunteers to regularly monitor and maintain specific sections. Negotiations with the Appalachian Trail Conference yielded the permanent protection of the Mount Cube section in Orford as an official side route of the Appalachian Trail. As the initial grants ran out, the RTA began hosting regular fundraising events such as the annual Rivendell Ramble hike-a-thon and an annual membership dinner and raffle. In 2006, continuing their effective collaboration, the RTA and RISD created the jointly funded position of Trail Coordinator for the school district. The coordinator works with staff to find creative ways to take lessons out onto the trail, organizes student hikes, and leads students in various maintenance projects. In 2007 the RTA published a guidebook and trail map, currently available at many local businesses.

What does the future hold for the CRT? As one board member states, "We want every child in the district and every family in the district to know about and use the trail. We welcome people outside our four towns to

come hike our trail. And we want our district to be known for its commitment to incorporating place-based learning." For more information, visit www. crossrivendelltrail.org.



Suggested Day Hikes on the CRT

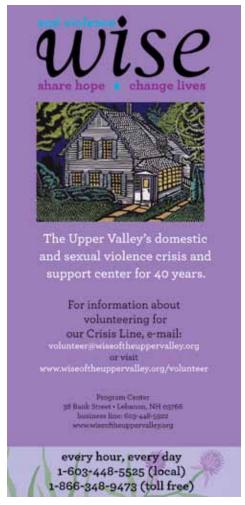
Maps for each hike can be found in the CRT guidebook, on the trail map, or at www.crossrivendelltrail.

Mount Cube-Orford, NH: This popular section of trail is a 4-mile round-trip with a mix of moderate and steep climbing and exposed ledges at the top. The summit offers sweeping views of New Hampshire's White Mountains to the east, Mount Ascutney and the Green Mountains to the south, and the opposite end of the CRT at Flagpole Hill in Vershire to the west. The trailhead is on Baker Road off Route 25A in Orford.

Bald Top Mountain-Fairlee and West Fairlee, VT: There

are two approaches to the open summit; both offer a moderate climb. The 6.6-mile round-trip route from Fairlee begins opposite the Lake Morey public boat launch and is more gradual, while the trail from West Fairlee heads up from Bloodbrook Road for a 3.8-mile round-trip. (Note: The route from West Fairlee is not included in the guidebook but can be found on the website.)

Patterson Mountain– Vershire, VT: This 1.2-mile round-trip hike, a moderate climb, is great for young kids and perfect for a picnic. This stretch joins the Sally Drew Trail, part of Vershire's Patterson Mountain Forest. The trailhead is located on Vershire Center Road off Route 113.





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Not pictured: David Edson, PT

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Being a parent can be tough.

Being the parent of a child with special needs can be a lonely and all-consuming responsibility.

IN THE BEGINNING

It was in the late '70s when Susan Perry and her husband, Jim Reese, moved to the Upper Valley. "We settled here with my daughter Kelly, who was six, and my oldest, Jamie, who was nine. I think it was 1979," Susan recalls, "when I was realizing that my son needed help." Jamie was diagnosed as emotionally disturbed with severe learning disabilities. It's a difficult diagnosis at any age and in any place, but when you have just relocated to a new community, not knowing where to turn for help can make it even more daunting.

Ashley Dow works at her canvas.

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Susan was fortunate. Geraldine North, the founder and first executive director of what would soon be called the Upper Valley Support Group (UVSG), was already on a personal mission to bring families of children with special needs together. In 1975, Geraldine's newborn had been diagnosed with severe hip dysplasia, and then at age three, with autism. Geraldine remembers how her family "spent many years traveling to and from Children's Hospital in Boston." Receiving medical care outside of the community left Geraldine and her family feeling cut off from a local support network. "This sense of isolation became the catalyst for finding other parents who might support us and pass on information about local services," she says. Geraldine recalls, "We decided to ask school and medical professionals to release our names to other parents with similar needs. It was late 1979, and our phone began ringing." It was from this act of community, need, frustration, and compassion that UVSG was born.

Susan too remembers those early

days. "Even then, as small as the agency was, they were so helpful in giving direction about where to go for answers or what types of needs the children would have, and what would work best for them in the home and school settings. It was a lot of sharing and a lot of questions—some we didn't have answers to—so we would work together to find out. That small group snowballed, which was a wonderful thing because there were lots of parents like me in need of that type of support and children with various needs—whether it was autism, cerebral palsy, or developmental delays. It didn't matter; they wouldn't exclude you because of the differences; they included anyone who needed help."

Three Decades Later

Now, more than 30 years later, the Special Needs Support Center (SNSC)—the name was changed in 2006 to better reflect the multifaceted services offered by the agency—is still reaching out to parents and children, all the while growing and supporting the needs of this special community. "Our mission," says Philip Eller, executive director of SNSC since 2006, "is basically

Top row, from left: Cooking class teacher Sylvia Dow works with Nissah Armstrong and Betsy Williamson. Nissah Armstrong works on her artwork at AVA Gallery during Art Lab. Finished product of an Art Lab session. Bottom row, from left: Dartmouth College students and local teens meet for their monthly STAR dinner program. SNSC executive director Philip Eller at his desk.

providing anything parents of children with special needs require. The programs that we have now are ones that have been directed, suggested, and supported by parents; SNSC is a parent-driven organization."

Although most agencies are geared toward supporting one population, such as those with ADD or physical limitations, SNSC is "across the whole board. We are unique in that we serve parents of kids with any kind of special needs." Philip clarifies, "When I say 'kid' I mean individuals with special needs from birth upwards toward 50." He also defines "special needs" as "any kind of special need: developmental, emotional, medical, learning—anything at all that impacts a child's ability to function as a 'neurotypical, regular-type kid'—from dyslexia to autism to disabilities."

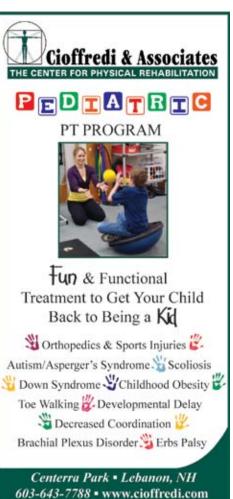
Community of Support

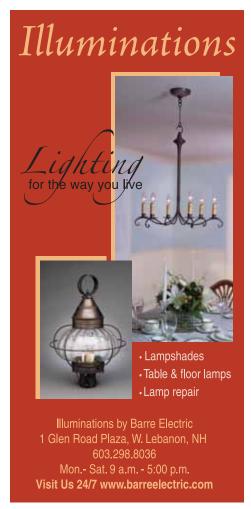
To meet the unique challenges of these families, SNSC offers several programs not only for parents and their children with special needs but also for family members, caregivers, and siblings. "We do a lot of listening, suggesting, and referring, and the programs under our umbrella have all been created based on the expressed needs of our families."

SNSC has seven main programs, many composed of multiple parts. Parent to Parent of NH matches veteran parents with new parents of children with special needs. Family Support Services provides a listening ear and emotional support to anyone who asks. Kids on the Block is a volunteer puppet troupe that presents skits to young children and elementary students about disabilities and current social issues. Respite Child Care gives parents of kids with special needs "a break" by providing financial support to help pay a respite provider and, if











people



Nissah Armstrong and Ashley Dow work with parent volunteer Tim Rockwood during cooking class.

needed, assistance finding a provider. STAR (Steps Toward Adult Responsibility) provides monthly group mentoring and social events for teens with chronic health conditions and their parents; they meet with Dartmouth College students who also have chronic health conditions. Community Partners offers a variety of social and educational programs that directly serve the child with a special need as well as his or her family members. ARCH (Autism Resources for Community and Home) offers programs for families of children with autism spectrum disorder.

Over the years, Susan has taken part in several of these programs. "I just gobbled up everything I possibly could," she says, "including Parent to Parent. It's so wonderful to meet people you already feel connected to because you know what they feel, since you're also in that situation." Through SNSC, Susan's daughter—who does not have special needs and is currently an English teacher in Connecticut—took part in the Big Brothers Big Sisters program when she was 11. Susan adds, "She and Mary, her 'big sister,' are still in touch 25 years later."

Susan's son is now a grown man, and Susan, well, she describes herself as a "grandmother-slash-mother." "My son got involved in a relationship with someone he met at the mental health center, and they had a child." Cassie, her grand-daughter, now 14 years old, has been living with Susan since she was four.

"We adopted her officially in 2006," she says. "Cassie has a shopping list of special needs." Through SNSC, Cassie has also taken part in Big Brothers Big Sisters. "She and her 'big sister,' Delia, spent four years together. We went to her graduation and visited her in New York. And soon Cassie will be able to participate in Happenings, SNSC's social events for older teens and adults." When Cassie was in elementary school, Susan says, she also used SNSC's Educational Advocacy Program.

"Educational Advocacy was one of the original focuses when the group first started," says Philip. "In the late '70s everyone was just beginning to get a handle on the special education process, so there was the need for dialogue, support, and advocacy. We help parents understand the rules and regulations, and their rights regarding special education." They do so much more than that. "Often we will attend meetings with parents just to provide support," he adds. Last year SNSC worked with 110 families and attended 150 school meetings. Philip wants to be clear: "Our advocacy is not an adversarial approach; it is collaborative."

Susan agrees. "When I was not quite sure how to word things or what services to ask about for my child, Philip attended the IEP [Individual Education Plan] meeting with me and spoke up and asked questions. He's very knowledgeable and willing, and he would confer with me to make sure that was the direction I wanted to go," she explains. Cassie will be transitioning to another school shortly, Susan says, "and I'm looking at my child's future and how best to direct it, which is why I'll be calling Phil once again and asking for his help."

According to Philip, in public schools,

"15 to 20 percent of students are on special education plans or some type of special support. That is a population that we can help and support."

Moving Forward

Looking toward the future, Philip says, "We will grow based on what is needed. Right now most social service agencies are treading water." The agency—funded mostly by an annual giving campaign, grants, and contracts—is always on the lookout for additional funding while hoping to hold onto what they already receive. "I hope they don't cut anymore. There are always programs we could be developing—social thinking and skills groups for early adolescents who have autism—those programs are needed." However, the budget isn't Philip's primary concern. "The main thing is for people to be aware that we are here, so if they or a friend or family member have a need, they'll remember us and maybe use us as

a place to start. It's hard to believe that some of these families can deal with such stress and long-term responsibilities. They really ought to be considered heroes in terms of the general population, being parents and raising kids, because they really do have a difficult and extraordinary job."

With very few exceptions, all the support, referrals, information, programs, camaraderie, and comfort offered by Special Needs Support Center are free. "All anyone has to do," Philip says, "is contact us and say 'I need some help with this.'"

"I can't say enough about them," Susan says. "I am second generation now, working with them and using their resources, and they have always been willing and helpful. To other parents out there in a similar situation, I say call them. They are such a wealth of knowledge. If you don't know where or how to connect they will get you connected."

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Meet at the museum. 7:30–9:30am. The Nature Museum, Grafton, VT. (802) 843-2111, www.nature-museum.org

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June 22

Summer with the Met: Madama Butterfly

Loew Auditorium, 6:30pm

June 24 & 25

National Theatre Live in HD: The Importance of Being Earnest

Loew Auditorium



June 28

Reggie Watts

Warner Bentley Theater, 7 & 9:30pm A complete original, musician/comedian Reggie Watts spins out riotous, stream-of-conscious monologues laced with improvised songs he creates layer by layer, using only his voice and a looping machine.

June 29

Summer with the Met: Don Pasquale

Loew Auditorium, 6:30pm



July 3

Buckwheat Zydeco

Dartmouth Green, 6:30pm; Rain location: Spaulding Auditorium, 6:30pm Grammy Award-winning accordionist Stanley "Buckwheat" Dural Jr. specializes in the fast-paced, irresistible music of Louisiana's Creole community.

Hopkins Center Highlights

Dartmouth College, Hanover, NH (603) 646-2422 www.hop.dartmouth.edu

July 6

Summer with the Met: Simon Boccanegra

Loew Auditorium, 6:30pm

July 8 & 9

Merce Cunningham Dance Company

The Moore Theater, 8pm Returning to the Hop for a final time as part of the Legacy Tour celebrating Merce Cunningham's lifetime of artistic achievement, MCDC brings choice repertoire from 57 years of dances.

July 13

Summer with the Met: La Fille du Regiment

Loew Auditorium, 6:30pm

July 14

Pink Martini

Spaulding Auditorium, 7pm
With choice cover songs and cheeky originals that embrace an exhilarating array of musical styles from around the world, Pink Martini is in a retro-global category of its own.

July 20

Summer with the Met: Tosca

Loew Auditorium, 6:30pm

July 27

Summer with the Met: Don Carlo

Loew Auditorium, 6:30pm

August 6, 13 & 20

New York Theatre Workshop: New Works In Progress

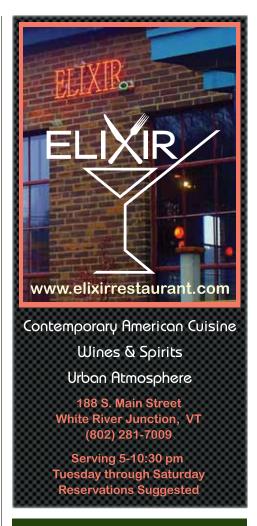
Warner Bentley Theater, 5 & 8pm In its 20th summer residency at Dartmouth, New York Theatre Workshop brings in New York theater professionals to present readings of six new works in progress. See them first at the Hop!

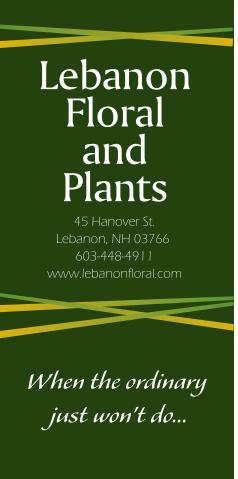
August 2, 9 & 16

Meet the Artists Brown Bag Lunch Presentations

Warner Bentley Theater, 12pm Bring your lunch and hear brief talks by the artists, directors, and writers of that week's upcoming New York Theatre Workshop presentation in an informal, welcoming setting. Q&A to follow. For more info, call the Dartmouth Department of Theater at (603)















June 25

Beginning Glass Fusing Workshop

Students will learn the basics of glass fusing using a portable glass kiln. Make small tiles and other beautiful objects in your first class! No experience required. 10am—4pm. AVA Gallery & Art Center, Lebanon, NH. (603) 448-3117,

www.avagallery.org

June 25

Cantus

The premier men's vocal group in the U.S. Colby-Sawyer College, New London, NH. 7:30pm. To purchase tickets, visit www.summermusicassociates.com.

June 25

Greg Brown

Tupelo Music Hall, White River Junction, VT. 8pm. (802) 698-8341, www.tupelohall.com

June 25

Sonya Kitchell and The Brooklyn Strings

Lebanon Opera House, Lebanon, NH. (603) 448-0400, www.lebanon operahouse.org

June 26

9th Annual Strawberry Fest

Celebrate Vermont strawberries and local organic agriculture. Horse-drawn wagon

rides, strawberry picking, kids' crafts, face painting, theater, and live music. A "good food" concession offers strawberry shortcake and cheesecake, grilled sausages, salads, and local organic ice cream, along with woodfired pizzas. Rain or shine! Parking \$5 per car. Come by train, bicycle, or on foot and get in free! Cedar Circle Farm, 10am—4pm. (802) 785-4737, www.CedarCircleFarm.org

June 27

The Frog Prince

Claremont Opera House, Claremont, NH. (603) 542-4433, www.claremontopera house.com

July11

July 5-17

Guys & Dolls

New London Barn Playhouse, New London, NH. 5, 7–9, 12, 14–16, 8pm; 6 & 13, 2 & 8pm; 10 & 17, 5pm. (603) 526-6710, www.nlbarn.org

July 7-August 11 (Thursdays)

Advanced Mosaics

Learn new techniques and utilize new materials as you work on your own designs. 6–9pm (six 3-hour classes). AVA Gallery & Art Center, Lebanon, NH. (603) 448-3117, www.avagallery.org

July 8

Suzy Bogguss

Tupelo Music Hall, White River Junction, VT. 8pm. (802) 698-8341, www.tupelohall.com

July 9-30 (Saturdays)

Writing Poetry with a Painter's Eye

Drawing on impromptu writing exercises and our discussion of self-portrait, landscape, still life, and other examples of "visual" techniques in poetry, we will write and develop our own poems each session. 1–3pm (four 2-hour classes). AVA Gallery & Art Center, Lebanon, NH. (603) 448-3117, www.avagallery.org

July 9-August 28

Light Installations: 2002-Present

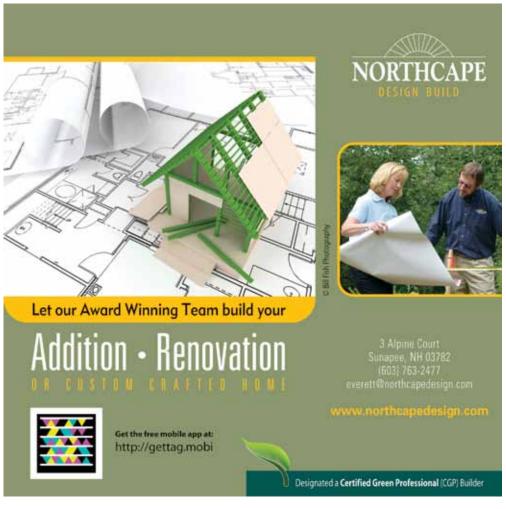
By 2010 Saint-Gaudens Fellow Mary Temple. Artist's Talk: July 9, 4pm. The Picture Gallery at Saint-Gaudens National Historic Site, Cornish, NH.

July 11

The Ugly Duckling

Claremont Opera House, Claremont, NH. (603) 542-4433, www.claremont operahouse.com





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July 14

The Pioneer Consort

An eclectic and high-octane tour of cultures and styles. First Baptist Church, New London, NH. 7:30pm. To purchase tickets, visit **www.summermusicassociates.com**.

July 15-17 & 22-24

On Golden Pond

Old Church Community Theater, Bradford, VT. 15, 16, 22 & 23, 7:30pm; 17 & 24, 4pm. www.oldchurchtheater.org

July 15-17 & 21-23

Oliver!

North Country Community Theatre, Lebanon, NH. 15, 21–23, 7:30pm; 16, 2 & 7:30pm; 17, 4:30pm. **www.ncct.org**

July 15-16

Lettvin Concerts

Featuring the Shames Family on classical piano and cello. \$15. Bradford Center, Bradford, NH. 7:30pm

July 17

Edwin McCain

Tupelo Music Hall, White River Junction, VT. 7pm. (802) 698-8341, www.tupelo hall.com

July 18

The Princess and the Pea

Claremont Opera House, Claremont, NH. (603) 542-4433, www.claremontopera house.com

July 19-24

Almost, Maine

New London Barn Playhouse, New London, NH. 19, 21–23, 8pm; 20, 2 & 8pm; 24, 5pm. (603) 526-6710, www.nlbarn.org

July 23

New London Garden Club 45th Annual Antique Show and Sale

Featuring select New England dealers. Perennial plants grown by club members and flower arrangements will also be for sale. Delicious homemade lunch and snacks will be available. Proceeds are used to support local civic beautification projects and UNH scholarships. Rain or shine. Donation: \$5. Early admission will be available at 8am for a \$20 donation. 9am—4pm, Town Green, New London, NH. (603) 526-4543

July 23

Mountain Heart

Tupelo Music Hall, White River Junction, VT. 8pm. (802) 698-8341, www.tupelohall.com

July 24

Sundae at the House

A day of fun for the whole family at David's House. 11am-2pm. (603) 643-2298, www.davids-house.org/SilverCelebrations

July 25

Arabian Nights

Claremont Opera House, Claremont, NH. (603) 542-4433, www.claremont operahouse.com

July 26-August 7

The Drowsy Chaperone

New London Barn Playhouse, New London, NH. 26, 28–30 & August 2, 4–6, 8pm; 27 & August 3, 2 & 8pm; 31 & August 7, 5pm. (603) 526-6710, www.nlbarn.org



July 28

Natalie MacMaster

Tupelo Music Hall, White River Junction, VT. 8pm. (802) 698-8341, www.tupelohall.com

July 30

National Youth Orchestra of Canada

Colby-Sawyer College, New London, NH. 7:30pm. To purchase tickets, visit www.summermusicassociates.com.

August11

August 1

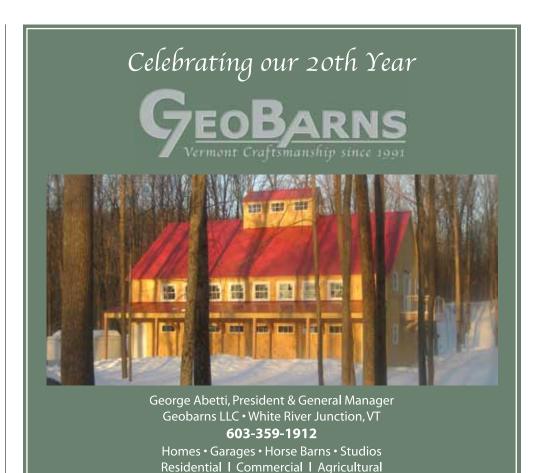
Beauty and the Beast

Claremont Opera House, Claremont, NH. (603) 542-4433, www.claremont operahouse.com

August 2

Band Concert and Ice Cream Social with Kearsarge Community Band

Free family fun! Bradford Center, Bradford, NH. 2pm





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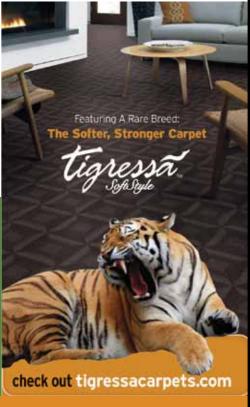


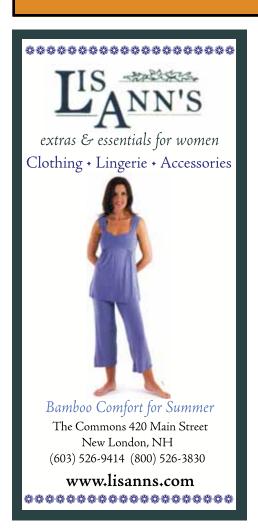


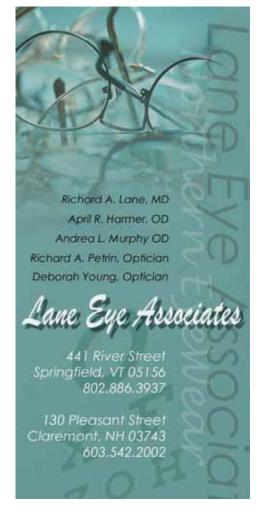
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August 2-4 The Quilts of Gee's Bend Art Books

In this workshop, we will explore how to make fold, tunnel, and pop-up books as vehicles for your ideas. Students will create one book featuring the unusual openings, closures, and shapes that we discuss. 1-5pm (three 4-hour classes). AVA Gallery & Art Center, Lebanon, NH. (603) 448-3117, www.avagallery.org

August 6

California Transit Authority

Tupelo Music Hall, White River Junction, VT. 8pm. (802) 698-8341, www.tupelohall.com



August 6, 11, 13, 17 & 19 The Marriage of Figaro

Presented by Opera North. Lebanon Opera House, Lebanon, NH. (603) 448-0400, www.lebanonoperahouse.org. Tickets: http://operanorth.org

August 8

The Pied Piper

Claremont Opera House, Claremont, NH. (603) 542-4433, www.claremontopera house.com

August 9-21

Chicago

New London Barn Playhouse, New London, NH. 9, 11-13, 16, 18-20 8pm; 10 & 17, 2 & 8pm; 14 & 21, 5pm. (603) 526-6710, www.nlbarn.org

August 12, 14, 18 & 20

Cinderella

Presented by Opera North. Lebanon Opera House, Lebanon, NH. (603) 448-0400, www.lebanonoperahouse.org. Tickets: http://operanorth.org

August 13

Cinderella

Claremont Opera House, Claremont, NH. (603) 542-4433, www.claremont operahouse.com



Enfield Shaker Museum Highlights

447 NH Route 4A, Enfield, NH (603) 632-4346 www.shakermuseum.org

June 19, 25 & 26

Chosen Vale International Trumpet Seminar

The Chosen Vale International Trumpet Seminar provides outstanding faculty and performance artists from around the world. Free public performances will be held in the Mary Keane Chapel. 19 & 25, 8pm; 26, 4pm

June 26

Shaker Seven Road Race

Organized by the Enfield Village Association, this year's 7-mile course will start (and finish) at the Enfield Shaker Recreation Park on Route 4A in Enfield. Because the Shaker Bridge over Mascoma Lake in Enfield is being replaced and will be under construction this summer, the road race will have an alternate route along Route 4A to Shaker Boulevard and back from the Enfield Recreation Park. There will be water stops along the race route with water and oranges at the finish line and a free brunch for all runners at the end of the race. Registration is open through June 18; after that, register at 7:30am on the day of the race.

Go to www.uppervalleyimageonline.com for more events.



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Reese's birthday celebration.



Makenzie loves basketball.

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Chris and Kelly on their wedding day

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