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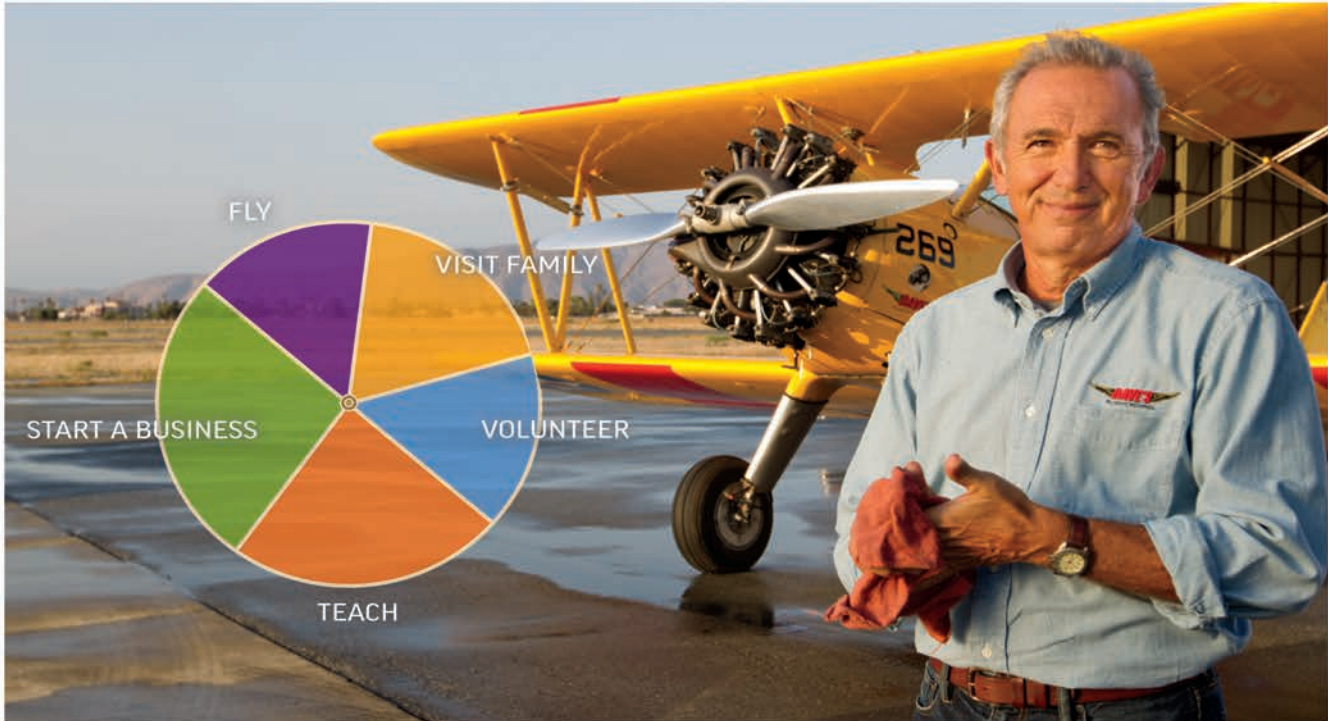
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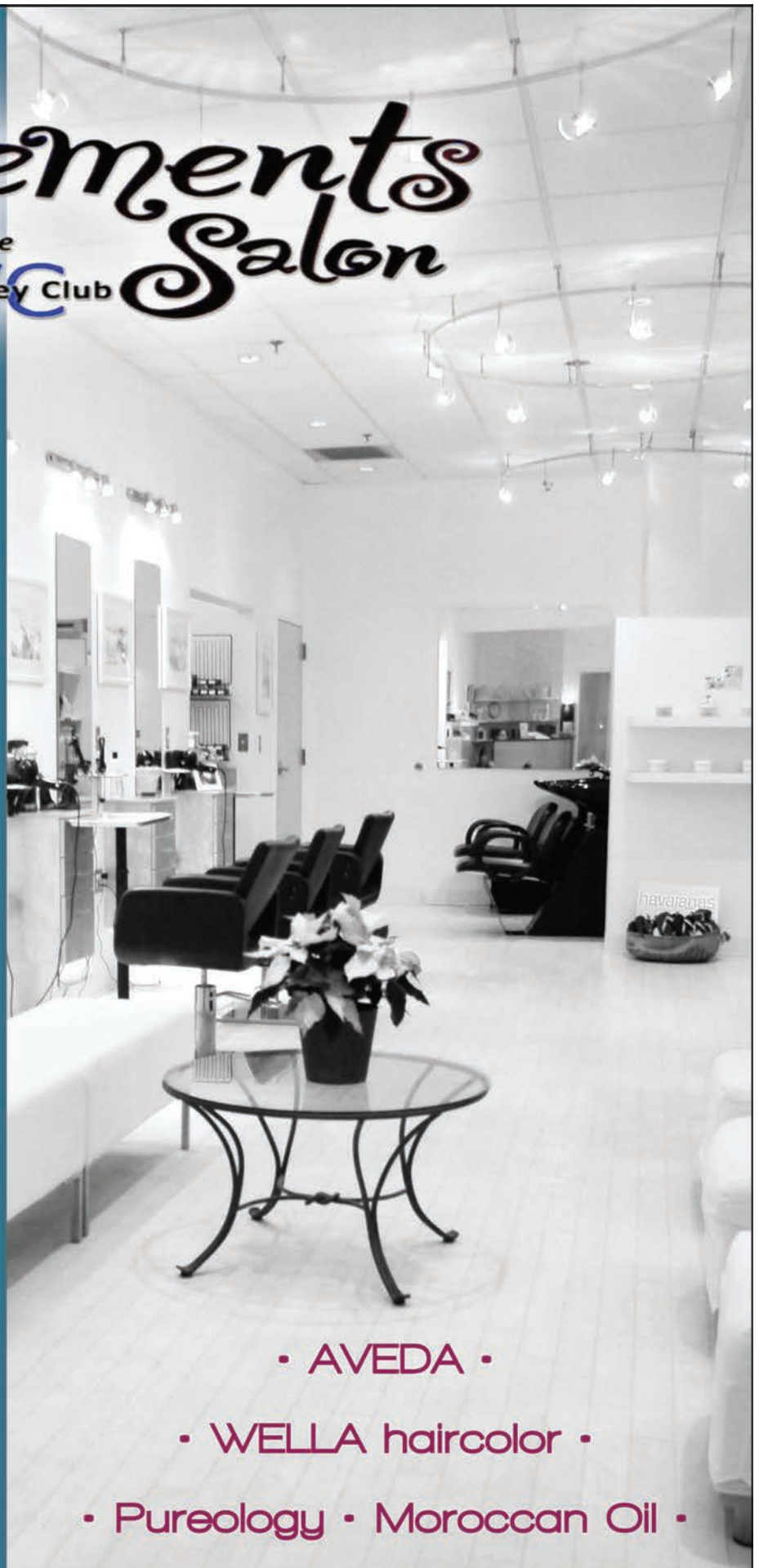
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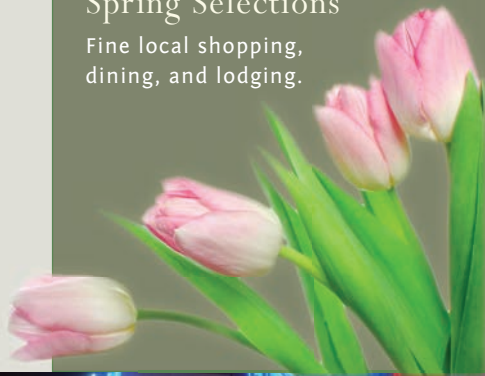


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Spring Days




IAN RAYMOND

As days warm and grow longer, we celebrate the rebirth of nature all around us. Buds pop out on trees, green leaves peek up from the soil, and birds return to build their nests. This season sees residents of the Hanover area heading outdoors to sweep, rake, and wash away any evidence of winter. We can't wait to get outside to fertilize the lawn, remove dead leaves from flower beds, and till the garden. For some great fun this year, follow Susan Nye's tips for planting an herb garden, the benefits of which you'll reap

well into the fall (page 54). If you decide to plant in pots, you'll be able to move the plants indoors and enjoy their unique flavors and health benefits even during the winter. Try her recipes featuring fresh herbs, and you'll agree that nothing's better than reaching just outside your back door to give your family's meals a special touch.

The next time you're going to be downtown, be sure to plan on visiting the Hood Museum. The Hood's new director, Michael Taylor, is excited to be here, and he's looking forward to welcoming area families to the museum (page 34). In another Dartmouth-related story, you'll enjoy reading about the inspirational work the students of Tuck School of Business are doing in the community (page 24).

In this issue we're visiting with contractors G. R. Porter and Sons of Norwich (page 45), a family-owned business in the area since 1926, and you'll meet Adam Schwarz, MD, of the Hanover Continuity Clinic, a doctor who puts the word "care" in health care (page 49). We'll also drop in on Matt Pomerville at The Wine Crate on Main Street (page 31). Matt hosts educational wine tastings once or twice a week, so be sure to stop by and enjoy a special evening sampling some new favorites. Alex and Susan Kahan welcome us to Nomad Communications, a company they started in White River Junction in 1994 (page 69), where they create advertising, brochures, and product packaging for many local clients, while their Nomad Press specializes in educational books for children.

Wherever your travels take you during this beautiful season, we invite you to bring *Here in Hanover* along as your guide to the best services, shopping, dining, and special events in the area. Enjoy! 

Deborah Thompson

Deborah Thompson
Executive Editor
dthompson@mountainviewpublishing.biz

Spring Cleaning List

- 1 *Look into having a professional manage my investments!*
- 2 *Start seriously thinking about retirement planning*
- 3 *Get professional help with taxes*

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CONTRIBUTORS



Meredith Angwin

Meredith lives in Wilder, Vermont. She is a physical chemist and formerly a project manager in the nuclear group at the Electric Power Research Institute. For many years, she owned a consulting company that advised electric utilities on corrosion control. Now, she writes fiction and nonfiction, gardens, and is active in energy issues. Meredith and George have been married for 45 years, and have two children and two grandchildren.



Mark Dantos

Mark is an Upper Valley native who is happy to have returned. He is a graduate of Colby College in Maine and was a journalist for McGraw-Hill Companies in Washington, DC. He also worked in advertising and operated his family's business from Boston. Currently, Mark is a member of the Dartmouth College Development Office and lives in Lebanon.



Brian Doyle

In his former life, Brian was the head sailing coach for Dartmouth College and the US Olympic Developmental Coach for the US Sailing Association. After leading the team to a national championship and winning an ISAF World Sailing Championship as a competitor, he decided to put his degree from Brown University to work as a personal financial advisor. Brian won the Albert Gallatin award in 2007 from A.G. Edwards and is now a first vice president with Wells Fargo Advisors. He lives with his wife Marianne and three children in Hanover.



Nancy Fontaine

Writer, editor, and librarian Nancy Fontaine works at Dartmouth College. She is also a book blogger and website manager and has been writing articles about the Upper Valley for the last several years. She lives in West Lebanon, New Hampshire, with her husband, and her hobbies include reading, quilting, skiing, and snorkeling.



Lesley O'Malley Keyes

Lesley O'Malley Keyes's first job with a travel agency led to her managing a group of travel agencies. Seven years ago she was approached by Conde Nast to head up a team of 23 to cover the Americas for their *Johansens Hotel Guides*, which are found in 55,000 hotel bedrooms throughout the world. Lesley was born in Southampton, 60 miles south of London. She vows to never retire while there are so many interesting places to see and wonderful people to meet.



Susan Nye

A corporate dropout, Susan Nye left a 20-year career in international sales and marketing for the fun, flexibility, and fear of self-employment. She is a writer, speaker, entrepreneur, and cook. Susan's work appears in magazines and newspapers throughout New England. Her favorite topics include family, food, and small business.



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Above: Activities at the Science Discovery Lab.

Left: Trout lily.

Photos courtesy of Montshire Museum.



Ephemeral ZOO

“Ephemeral Zoo gives people the chance to see really wonderful creatures.”

The word “zoo” in most circumstances means a large, permanent collection of live animals. Lions, tigers, and bears come to mind. This makes the Ephemeral Zoo held at the Montshire Museum on Saturday, May 5 from 11am to 3:30pm, a clever play on words, since it is neither permanent nor large.

“The main goal of the program is to introduce people to some of the flora and fauna in the woods and marshes,” explains Greg DeFrancis, education director. “They are most active for a short period of time or we only see them for a short period of time.”

And the creatures are small, ranging from the spring peepers often heard but not seen to the spotted salamanders that appear from underground on a rainy spring night and cross the road to mate and lay their eggs in a marsh or vernal pool. Early spring is also the time of year when the flowers known as ephemerals appear during those brief days when the woodland trees are bare of leaves and the sun warms the earth.

Ephemeral Zoo invites visitors to take part in indoor activities such as using microscopes and hand lenses to



get a close-up look at pond life. The day also offers the opportunity for outdoor walks on the museum's Woodland Garden Trail, where the early spring flowers such as bloodroot and hepatica can be found.

"Ephemeral Zoo gives people the chance to see really wonderful creatures," DeFrancis says. "It also helps raise awareness of the special habitats and environments they live in."

For more information, visit www.montshire.org. ↵

Main photo: Trillium is one of the wildflowers found along Montshire's Woodland Garden Trail during May.

Above: Spotted salamander. Photo by Greg DeFrancis.

Left: American toad. Photo by Greg DeFrancis.



Upper Valley Dance Network

Eighteen years ago, John Tomeny started doing the lindy hop, the original form of swing dance. He got to know the lindy hop's creator and arranged for him to come to the Upper Valley three times, where his presence brought a capacity crowd to Norwich's Tracy Hall.

This was a highlight of Tomeny's dance history that includes his DJ experiences for dances in such locations as Fort Lauderdale, San Francisco, and even London. He continues to DJ at Boston and charity dance events. He has also brought World Swing Dance Champions to Norwich to teach, and he has taught swing, salsa, and ballroom at Tracy Hall for many years.

"I began [the local dance initiatives] because quite



John Tomeny and dance partner Sheila Larsson teach a lesson.

a few of us were interested in swing and other social dances," Tomeny recalls. "There was no place to dance in the Upper Valley and we would all get in a car and go to Boston or the Keene, New Hampshire, ballroom. I decided to host a dance at Tracy Hall." The first dance, with its cobbled-together stereo system, attracted 35 people. The second, with improved sound and more re-



Benjamin and Genevieve, 2008-2010 World Swing Dance Champions, perform at Tracy Hall.

cordings, drew 65. The fourth, heavily publicized because he had booked a San Francisco dance band, brought 298 people from all over New England and even Canada.

Currently, Tomeny and partner Sheila Larsson teach three seasons of the year. In the spring, they will be teaching five sessions of swing and salsa, beginning April 13 at Tracy Hall.

One of Tomeny's contributions to local dance is the Upper Valley Dance Network website he maintains. It is a way for people interested in everything from lessons to special dance events in New England to stay connected. One of the regular events is the monthly salsa dance at Gusanoz Mexican Restaurant in Lebanon.

For more information or to register for the classes, visit www.uvdance.net. Information about registration for the classes can also be found at the Norwich Recreation Department website, www.norwich.vt.us. ←



John and Sandra Tomeny host salsa workshops with Natalie Miles at Tracy Hall.



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Large photo: Cycling around Lake Morey. From left: Members meet on River Road between Taftsville and Woodstock. Snowshoeing in Etna. Road walk to collect trash. Cross-country skiing. Resting by a waterfall in Thetford.



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Snowshoeing in April.

“We have outings three times a week, every Saturday and Sunday and a weekday,” says GMC member Kathy As-trauckas. “We are very active year-round. We hike, snowshoe, cross-country ski, paddle, and bike, and sometimes have a camping and hiking weekend. In mud season and hunting season, we do road walks.”

Treks vary in skill level and average four to five miles. For example, the Ballard Trail in Norwich is a gentle outing, whereas the Moose Mountain hike, with its significant elevation gain, is more demanding. Because of this diversity, people interested in joining one of the outings should call the contact person to ensure they are prepared for a specific trip. Dates can also change because of weather and trail conditions.

Upcoming events include the challenging 8.5-mile Merrill Loop back-country ski, with its 1,500-foot elevation gain. Planned for April, it begins at the Dartmouth Outing Ravine Club. Planned for May is the gentler walk on Mount Tom carriage roads in Woodstock. On Saturday, May 26, the annual Mount Ascutney hike and picnic, arranged by the Ascutney Trails Association, is a fun day outdoors.

For a complete and up-to-date schedule of outings, visit www.greenmountainclub.org and look for “O” Section events. ←



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AT TUCK SCHOOL, BUSINESS LEADERSHIP STARTS IN THE COMMUNITY

Preparing students with real-world experience

| By Mark Dantos
| Photos by Sarah Braun

A big part of what happens at the Tuck School of Business, and Dartmouth College as a whole, revolves around leadership development. The young men and women who come to Hanover for an education are expected to take on the world's problems. Their experiences in the classroom and in this very environment are meant to give them tools to lead the campaign. »





Above: Tuck students roll up their sleeves during Pre-Term program with COVER Home Repair.

Left: Upper Valley Habitat for Humanity and Tuck students benefit mutually during Pre-Term program.



“Leadership effectiveness goes far beyond meeting deadlines or coming in under budget.”

— Paul Danos, dean of the Tuck School



“The concerns of societies in which businesses operate can be just as important as the concerns of shareholders.”

— Paul Danos, dean of the Tuck School





High Horses Therapeutic Riding Program receives consulting services from Tuck students.

“Leadership effectiveness goes far beyond meeting deadlines or coming in under budget,” says Paul Danos, dean of the Tuck School. Business leaders are no longer accountable only to their shareholders, he explains. Rather, they must broadly recognize and consider all constituents inside and outside their particular organization. “The concerns of societies in which businesses operate can be just as important as the concerns of shareholders,” Danos continues. “And those of local communities can be just as important as those of worldwide markets.”

Sharing Ideas & Solving Problems

To better understand concerns of the local community, some Tuck School students immerse themselves in the workings of local nonprofit and private enterprises. Through the Allwin Initiative for Corporate Citizenship, these students get a critical and rewarding piece of their overall business management education. And the area organizations benefit from the impact of these future business leaders.

The Allwin Initiative “is specially designed as an intersection of business and society,” says Patricia Palmiotto, the program’s executive director. It features lectures and traditional volunteer opportunities as well as student consulting services for small businesses, nonprofits, and start-ups. Notably, the initiative connects all first-year Tuck students directly with local nonprofits to share ideas and solve problems.

Cooperation and mutual understanding among the various sectors (public



Tuck students lend their time and energy to Upper Valley Trails Alliance during Pre-Term program.

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The business school students develop their consulting skills at AVA Gallery and Art Center.

and private, nonprofit and governmental) are essential to dealing with modern society's complex challenges, Palmiotto explains. To better understand organizations at all levels, "we want our students out and engaging" with the local community, she adds. Thus, the program teams up with entities including the Upper Valley Trails Alliance, the Grafton County Senior Citizens Council, Sustainable Energy Resource Group, High Horses, and Twin Pines Housing Trust.

Real-World Contributions

Kathleen O'Leary is finishing her second year at Tuck and has served as a board fellow at WISE, which seeks to end domestic and sexual violence and advocates for survivors of such crimes. While she formerly assisted the board of the Metropolitan Opera and understands nonprofit governance, O'Leary is now serving on a committee "participating in the decision making" and learning how a board works at an organic level.



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The arrangement is mutually beneficial. In fact, WISE's relationship with Tuck and its Allwin Initiative goes back several years, says Peggy O'Neil, executive director of WISE. She notes that Tuck student consultants developed a plan to help recruit and retain volunteers. Three years later, with the plan in place, WISE has private foundation funding for volunteer development—and nearly 30 trained and active crisis-line volunteers who staff the line all the time.

In recent years, Tuck students have provided “invaluable consultation” on WISE's website development and revisions, O'Neil continues. This year, students also are consulting on a business outreach plan. The business school students “bring wonderful energy, commitment, and a unique perspective to WISE's work in the community,” she states. In addition to the tangible assets gained, “above all, we have valued the relationships we've had with many students.” »

Tuck students build relationships at local organizations like AVA Gallery and Art Center.



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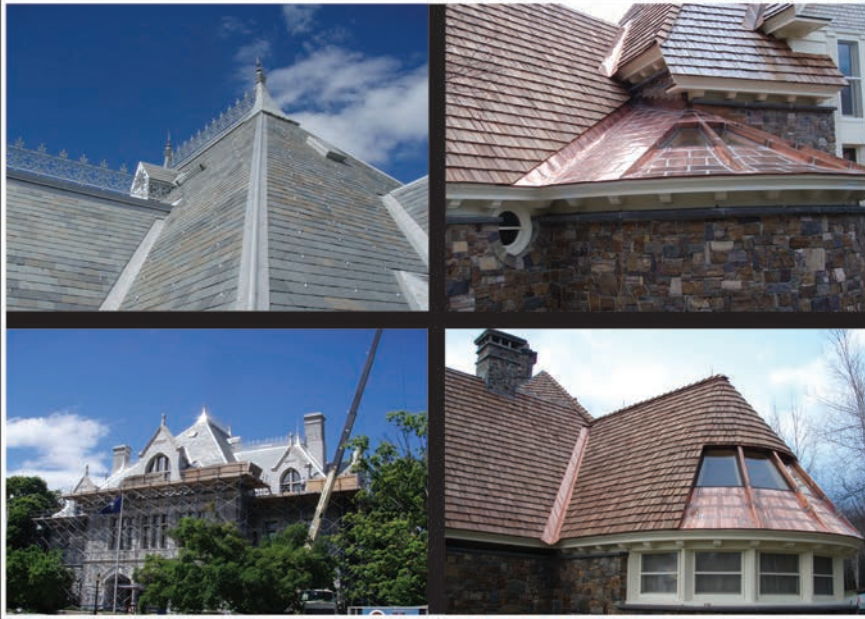
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O'Leary is on the development committee charged with finding how WISE can raise the most money with minimal expenditure so that dollars raised flow through to client services. Her idea was to approach Kim Souza, owner of Revolution, the clothing boutique in White River Junction, with a proposal. Twice a year, Souza produces a wildly popular fashion show and evening celebration to help benefit nonprofit agencies and community initiatives. O'Leary took part in the Revolution fashion show and immediately thought WISE could be a beneficiary of the event.

Valuable Experience

Their work with WISE illustrates how Tuck students start contributing in various ways before they've even graduated. They arrive in Hanover with an average of five years of work experience. Then, through programs like the Allwin Initiative, they are encouraged immediately to apply the theory and analysis they learn on campus to a real-world setting. Palmiotto says these locally targeted efforts help graduates hit the ground running when they begin to address societal problems around the globe. Their efforts within the Upper Valley are "just the start" for students, some of whom will direct major international businesses or nongovernmental organizations, she says.

O'Leary echoes that, calling her experience a "great training ground." While she might not go on to direct a nonprofit at a local level, she says she recognizes the value of sharing her prior experience and current business administration instruction with an important community resource like WISE.

It seems that no matter what career paths O'Leary and her classmates take when they leave Hanover, they are learning to recognize and understand the issues within their environment. By getting involved with the groups that make up the community, they will be better prepared to take on problems of any size and scale. ←



Matthew Pomerville loves wine. When the idea to open a wine shop came to him at a tasting in Stowe, Vermont, he envisioned a community place where wine lovers could shop without feeling anxious about a selection. A comfortable, relaxed atmosphere promoting interaction between customers and shopkeeper as they discuss, compare, and enjoy different wines.

Pomerville's vision became a reality with The Wine Crate on Main Street in October 2011. Even the shop's opening was relaxed. He says, "One afternoon we just threw the doors open. We were getting things set up and decided, 'Well, I guess we're ready to open.' It was about three in the afternoon. The first person to buy a bottle of wine asked if we took American Express. I said, 'I don't know.

Hanover's New Wine Hangout

Let's try it and see.' The card didn't work. Don't worry—we do take American Express now."

This is Pomerville's first venture as a wine shop owner, though he does have retail experience from his days as a woodworker. He was also a middle-school history teacher. His interest in history and geography helped fuel his love of wine, which started many years ago with a crush on Merlot and has blossomed into a full-fledged love affair. »

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| By Linda A. Thompson Ditch

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No Ordinary Wine Shop

Describing his shop, Pomerville says, "What we really wanted was a place where you could hang out and try wine. Try new things. There is a wine cellar type of feel in our store with all of the pine shelving. It's a comfortable feel." The shop's wines are set up in a system that's a little different from what shoppers see in other stores. Instead of dividing the selection by region (France, Italy, California, etc.), Pomerville divides them by varietal, which means by the type of grape used—Pinot Noir, Chardonnay, Cabernet Sauvignon, and so on. For example, the French Burgundy wines can be found in the Pinot Noir section, since that is the grape used in the wine's creation.

The Wine Crate's price range fits every wallet, and visitors are likely to find a number of unfamiliar wines. Pomerville says, "A lot of these wines they haven't seen before. I tend to pick smaller, out-of-the-way wines. That's what is attractive to me. And for the most part, people are pretty adventurous."

To introduce customers to this varied wine selection, tastings are held once or twice a week, and each lasts for three hours. Some customers take off their jackets, pull out a chair, and stay the entire time, while others come and go. It's Pomerville's way of getting people to try new wines outside their comfort zone in a relaxed, easygoing setting. He adds, "Don't worry. I'm not going to be offended if you don't like the wines you taste. We provide buckets so you can pour it out if you don't like it."

Venture into Something New

Trends in the wine business come and go. Right now, Malbec wines are the most popular varietal at The Wine Crate. Chianti is also selling well since it is a light, easy red wine to enjoy. Pomerville understands that most wine drinkers have their favorites, but he likes to introduce customers to alternatives that may fit well with their wine tastes. For example:

- Torrontes, a light varietal from Ar-

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gentina with floral and citrus notes, is an alternative to Sauvignon Blanc.

- Gruner Veltliner from Austria is a nice alternative to Rieslings.
- Pinot Blanc is a crisp, food-friendly wine that Pomerville describes as a nice all-around white wine.
- Tempranillo is a Spanish wine for people who like reds with a little bit of character.
- Cabernet Franc is a blending grape used in Bordeaux blends. Pomerville says on its own, this varietal makes a nice alternative to Malbec.

“I help customers see what is out there,” Pomerville says. “There are wines that are not the same as what they like but that have some of the same characteristics of their favorites.”

The shop also offers educational classes about once a month. These classes are geared to people who are neophytes when it comes to wine. They’re designed to help people become comfortable with the industry and terminology. In the future, advanced classes will be offered for more experienced wine connoisseurs.

Besides wine, Pomerville sells accessories such as openers, stoppers, gift bags, glassware, and wine storage units. To accompany your wine choices, gourmet foods are also available—crackers, olive oils, vinegars, chocolates (for pairing with wines), honey, and cheeses. He will also fill case orders and offers discounts for large orders. In addition, he is looking into carrying a small number of craft beers and expanding the wine selection beyond the approximately 250 labels he now carries. “Our selection will not remain static,” Pomerville says. “If I find something interesting, I want people to try it.” ←

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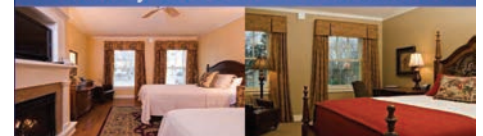
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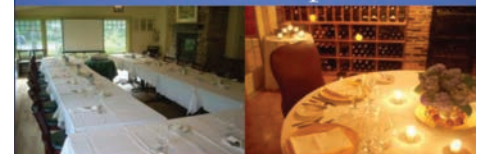
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This Art's for You

The new director of the Hood
Museum invites students and
the public to visit

| By Nancy Fontaine

Michael Taylor likes the Upper Valley. “It’s so beautiful here. The people are so friendly, and my family and I have felt welcomed into the community,” he says. He and his wife are art historians from the big city—he is from London, England, she is from New York City, and they met in Philadelphia—yet they now call rural northern New England home. »



*Michael Taylor, director of
the Hood Museum of Art.
Left: Ancient art in the Hood
Museum of Art's Kim Gallery.
Photo by Alison Palizzolo.*



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Taylor began as director of the Hood Museum at Dartmouth College in August 2011 after serving as the curator of modern art at the Philadelphia Museum of Art for seven years. There he worked with Timothy Rub, director of the Hood from 1991 to 1999. Is there a connection? “Timothy would sometimes say, ‘When I was at Dartmouth, I had this great museum,’ so I tell him it’s his fault,” says Taylor, smiling.

Space for Dialogue

That smile and the accompanying warm brown eyes are inviting. But Taylor’s enthusiasm for sharing art is downright infectious. Take, for example, his description of the *Space for Dialogue* program in which Dartmouth students use the Hood’s collection to create exhibitions. “The *Space for Dialogue* is huge,” Taylor enthuses. “The students have complete freedom, and I fight tooth and nail to keep it that way.” Recently, an undergrad chose to back her exhibit with walls painted a purple-brown. “None of

my curatorial colleagues would have ever chosen that color,” says Taylor. “I love it!”

The highly successful program has mounted nearly 70 exhibitions using a wall with an elevator and a clock. “Any curator would find the space a challenge,” says Taylor. Happily, this situation will change. When the Hood Museum completes its expansion into the adjacent Wilson Hall building in 2015, *Space for Dialogue* “is going to get a proper gallery.”



The Hood Museum of Art. Photo by Timothy Hursley.



European art in the Hood Museum of Art's Albright Gallery. Photo by Jeff Nintzel.

Welcoming the Community

As it is today, the Hood is undersized. Only 1 percent of the collection, which is the sixth largest among college and university museums and includes one of the largest selections of Native American art in the country, is on display. It is normal for museums to display 10 percent of their collection.

With the expansion, the museum will be able to add at least five new galleries and three new classrooms. It will also bring the museum right to the Green, inviting the community in—something Taylor is eager to do. “This is their museum,” he says. “It’s a rich cultural resource, something to treasure and use.”

A museum is a “third space”—a community building that is neither home nor workplace—that should be welcoming. “A museum can be intimidating if you haven’t taken a lot of art history classes,” he says. Not so with the Hood. “We are a teaching museum, not a museum that teaches,” Taylor says. “Every-

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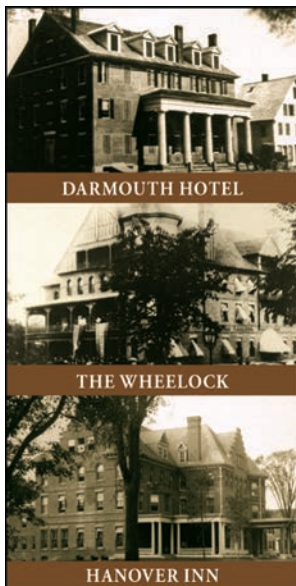


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thing we do is related to teaching from objects and making art accessible.”

The Hood is rarely crowded with visitors, so “it’s a great place to look at art without any distractions.” Because there is no entrance fee, “you can spend time with an art work and not feel like you have to see the entire museum,” Taylor says. “Kids visiting the museum often ask, ‘Is that real?’ because they are so used to seeing reproductions on the web. In the digital age, the museum is king because you get to see the real thing.”

Slow Down & Enjoy

If Taylor has any criticisms of the Hood, it is the underrepresentation of women artists. One of his first acquisitions as director, therefore, was a painting by Native American artist Kay WalkingStick called *Remember the Bitterroots*.

Kay WalkingStick, Remember the Bitterroots, 2007, oil on wood panel, diptych. Purchased through the Miriam and Sidney Stoneman Fund and the Acquisition and Preservation of Native American Art Fund; 2011.50.





American art in the Hood Museum of Art's Sack Gallery. Photo by Jeff Nintzel.

The painting depicts the Bitterroot Mountains, which are part of the Rocky Mountain range, in two color schemes bordered at the bottom by traditional Native American weaving patterns. The work is actually two adjoined paintings, the center of which WalkingStick refers to as a “speed bump”—an element to slow down the viewer.

Michael Taylor believes the Hood Museum should also be a speed bump—slowing people down, giving visitors of all ages time to think and learn. “You need to take your time with art,” he says. “You need time to contemplate in order to have an aesthetic experience.” And that’s exactly what he invites the Upper Valley community to do. ←

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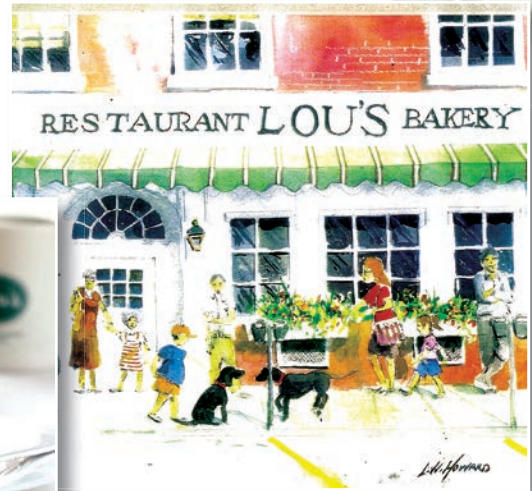


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Above: Custom coffered ceiling in a Hanover home's dining room.

Below: Custom hand-planed mudroom built-ins in a Norwich home.

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| By Katherine P. Cox



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A Commitment to Clients

Based in Norwich, the company builds new houses, renovates existing residences, restores old homes, constructs additions, and—all the while—keeps the needs of its customers at the forefront of every project. A frame-to-finish operation, they've built a reputation based on a long tradition of providing

high-quality work, fair pricing, and good value. Not only is their name on the door, they grew up here, they live here—and they understand their clientele. “We’re part of the community,” Tim says. “It’s a small town. Word gets around quickly. You have to take care of your customers.”

That means that if a client just wants a new kitchen or bathroom, the Porters will provide the same level of care and service they do when they build a million-dollar home. In many cases, small jobs can lead to whole-house renovations, and in a tight economy, no job is too small. The diversity of their operation—construction management, custom carpentry, energy efficiency consultation, pre-construction planning, and more—has helped them weather the current recession. They’ve

Library in a Hanover home features black walnut.

been able to keep 26 employees working full-time, including their in-house cabinetmaker, Merlin Swift, who produces “high-quality work that’s amazing,” according to Tim.

In difficult economic times, “We’re working harder and smarter, and we have to be better.” Many of their employees are cross-trained in various building skills and have been with the company for a long time. It’s pride of association, says Tim. “Our men are proud to work for us. Our name means something in the Upper Valley.”

“Our employees,” he says, “care deeply about the whole process [of a job]. The person who’s doing the framing is the same person who’s doing the finish work. They get attached to the customer.”

Quality, cost, and keeping on schedule are the guiding principles of any Porter project. “We try to hit all three,” Tom says, “but the bottom line is qual-



Porter homestead, Thetford, Vermont.

ity.” People know that “the Porters are a good value.” People want the Porter name as their builders, Tim says, and to that end, “we work night and day to maintain our reputation.”

Exquisite Craftsmanship

It’s a reputation that is solid not only with their clients, but with a number of notable architects they work with in the region. Pi Smith of Smith and Vansant Architects in Norwich says her firm has worked with the Porters for about five years, but “we’ve known them by reputation for much longer than that.”

“They’re one of our go-to general contractors,” she says. Regardless of the size or complexity of the project, “they have a great positive attitude.” Should changes arise, they’re positive about making it work, she says. “They’re really nice people, very professional, flexible, and responsive. They’re service oriented toward clients and architects.” What her firm appreciates about G. R. Porter & Sons is that “they’re willing and happy to work on a variety of different scale projects,” large or small, and bring “exquisite craftsmanship” to each job.

“We’re sensitive to what architects are doing. We communicate with them and anticipate issues that may come up,” says Tom, 47, who has a bachelor’s degree in architectural engineering from the Wentworth Institute of Technology in Boston. Tim, 50, earned a degree in business management from Gettysburg College in Pennsylvania, and calls himself the office guy; he’s also the numbers guy who does the estimating on projects. “I like the numbers. An estimate is like a puzzle; I like that.” They both worked in the family business during the summer when they were younger, so from the time they were teenagers, they’ve had a love of the business.

“We understand that it takes a whole team to build a new home,” Tom says. A crucial part of that team is the customer, who has a wealth of information to draw upon these days, from the Internet to numerous building publications. »



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“Customers are much more demanding because they are much more knowledgeable,” Tom says. “It keeps you on your toes,” adds Tim.

Lately customers and their architects have been moving toward more contemporary designs. “We’re seeing a big uptick in contemporary designs,” Tom says—lots of big windows and exposed steel. Energy efficiency is another trend the Porters see, and they are getting more calls to install geothermal or solar systems. They are also incorporating more high-insulation packages, high-efficiency boilers, and radiant heat in the homes they build.

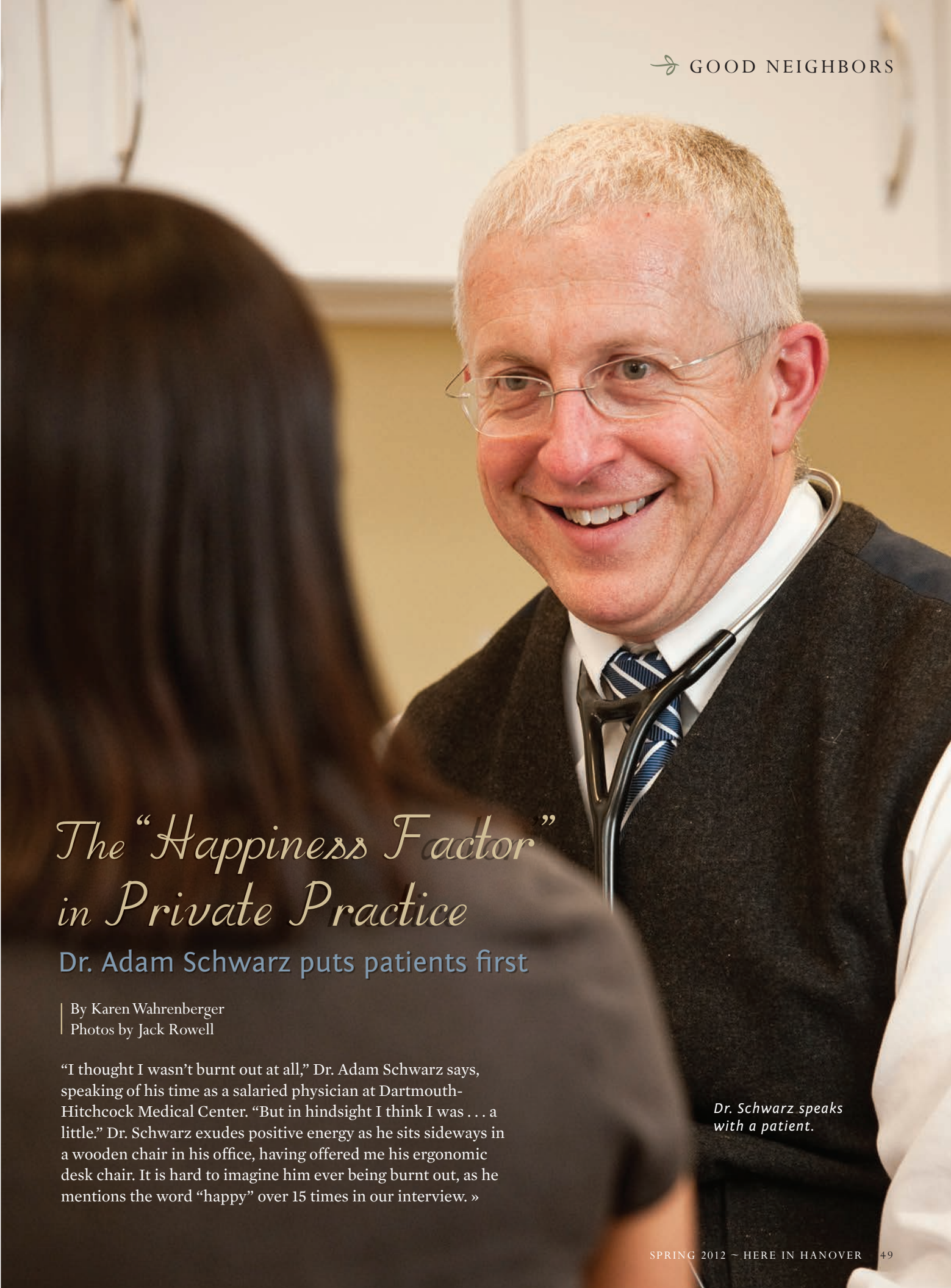
The Porters do more than just erect a

New bath renovation in Sunapee, New Hampshire.

building or install a new bathroom; they also manage expectations and make sure their customers understand the process. “We strive to make the building process an enjoyable experience. We want a good outcome. We want the customers to be our friends,” Tom says. ←

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The “Happiness Factor” in Private Practice

Dr. Adam Schwarz puts patients first

| By Karen Wahrenberger
| Photos by Jack Rowell

“I thought I wasn’t burnt out at all,” Dr. Adam Schwarz says, speaking of his time as a salaried physician at Dartmouth-Hitchcock Medical Center. “But in hindsight I think I was . . . a little.” Dr. Schwarz exudes positive energy as he sits sideways in a wooden chair in his office, having offered me his ergonomic desk chair. It is hard to imagine him ever being burnt out, as he mentions the word “happy” over 15 times in our interview. »

*Dr. Schwarz speaks
with a patient.*



Christine Medora, MD.



From the moment he greeted me with a firm handshake in his artfully decorated waiting room, showed me around the practice he shares with partner Dr. Christine Medora, and led me into his office, it was clear that he organizes his work life like a well choreographed, and joyful, dance. He speaks quickly as he explains why he made the decision to leave DHMC and start his own micro practice.

But first he clarifies that he has nothing but love for DHMC, which he later refers to as “the mother ship,” where he got his first job out of training. “Really, in my soul I have respect for the institution. They’re giving away free care all the time—that speaks to their moral compass.”

“If the patient is happy with how his or her health care is managed, and I know I’ve done the right service, I’m going to be more satisfied with my work.”

Creating a Micro Practice

Dr. Schwarz practiced at “the Hitch” for eight years. Despite serving in a leadership role in his clinical area, he still “wanted more say in how things were run.” Attending a conference focusing on micro practices, he knew after about 45 minutes that “absolutely this is what I wanted to do.” He then spent

about two years looking into the idea of a micro practice, planning to design his practice around the model of Dr. Gordon Moore, who created a teaching model of a micro practice and, as a result, “spawned off four or five other micros in the ‘80s.” According to Dr. Moore’s article, “Going Solo: One Doc, One Room, One Year Later,” the “Four

Pillars of Success” for micro practices include access—patients have unlimited access to the care and information they need; interaction—deep and personal interaction between patient and care team; reliability—the care team follows patients to make sure they meet their treatment goals; and vitality—happy patients and happy employees as the



result of providing patients with what they need.

In 2007, when Dr. Schwarz was finally ready to make the move to a private practice, he got a small business loan and had a credit line set up by one of his “guiding lights,” Mike Sandoe, who worked at Ledyard Bank before his tragic passing. Mike helped and encouraged him through the tough financial times of starting up the practice.

Dr. Schwarz crosses his arms and explains why, even with the current stress of running his own business, being part of a large hospital’s physicians’ practice is more stressful. “The situation requires that they [the physicians] are



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Jackson Pollock, *Untitled (Circle)*, about 1938–40, oil on composition board. The Museum of Modern Art, New York. Gift of Lee Krasner in memory of Jackson Pollock. © 2012 The Pollock-Krasner Foundation / Artists Rights Society (ARS), New York



overworked.” He notes that a generalist at a hospital has twice as many patients, has less time to get to know each patient, has frustrated patients who cannot reach him, and everyone, from the patient to the receptionist who registers the patient to the doctor, can end up un-

Personalized Care

While at DHMC, Dr. Schwarz concentrated on geriatrics and provided palliative care and hospice services, for which he is board certified, for his patients. As a result, the average age of his current patients is 68, although he classifies him-

From left: Adam Schwarz, MD; Jen Madden (seated); Pam Boisvert; Christine Medora, MD; and Caroline Knowlton, office manager.

location is too small. He does, however, enjoy working with medical students

“It took me years to come down to earth after seeing the ultrasound [of the twins]. I thought, ‘Oh, my God.’ It gave me more reason to be happy in my practice.”

der more stress. “If the patient is happy with how his or her health care is managed, and I know I’ve done the right service, I’m going to be more satisfied with my work,” he explains.

self as a generalist and treats all adults. Currently, it saddens him to admit that he has a waiting list of two years, and he has no plans for expanding his practice to add another physician; his practice

and medical residents—his two current students’ photos are posted in the waiting room. He says that, predictably, “one of my major themes in teaching students is the happiness factor.” Dr. Schwarz

values “the ability to listen and talk to people and not be as rushed.” He takes his patients’ calls even when he is examining another patient. He says that the patient in the room is not offended because he or she knows that “you are there for them, you’ll be there for me.”

The practice, located across from the Hanover Fire and Police Department, has plenty of parking and is on the ground floor, so patients can walk a few feet from their cars and find themselves in the waiting room. If a visit calls for blood work, vaccines, or a tissue biopsy, the work is done in the office. Patients are “ridiculously satisfied” that they can take care of these things all in one place. Most of the labs are then sent to DHMC for processing.

Family Man

On the wall of Dr. Schwarz’s office is a list of the names of every patient of his who has died. His voice deepening, he says he could talk for an hour about each patient’s story. A carving of the word “DREAM” is displayed on the bookshelf, and the walls are covered with family photos. Dr. Schwarz points out his mother, grandmother, wife, and children. He speaks with warmth of his wife, Gail Rickards, who designed his waiting room. They have two sons, ages 13 and 15, and twin daughters who are 10. “It took me years to come down to earth after seeing the ultrasound [of the twins]. I thought, ‘Oh, my God.’ It gave me more reason to be happy in my practice.”

Dr. Adam Schwarz shakes my hand again to say goodbye, then throws on his coat and waves goodbye to his receptionists. He is heading out to coach the twins’ basketball team, another of the perks of having his own practice—he can leave in time for the game. ←

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- Herbed Feta & Walnut Spread
- Tarragon Chicken with Asparagus and Mushrooms
- Strawberries & Lavender-Infused White Chocolate Crème

Cooking with Herbs

Fresh from the garden to your table



| By Susan Nye

Spring has arrived. The daffodils and tulips are in bloom. It's time to get your hands in the dirt and begin planning and planting your herb garden. Green and fragrant, herbs will make a lovely addition to your yard and your kitchen. Forget ordinary—fresh herbs will add a bit of spark and life to your dishes and brighten your table.

What to Plant?

With so many choices, a trip to the nursery can be daunting. For starters, you can't miss with parsley, sage, rosemary, and thyme. (Simon and Garfunkel would be proud.) You'll also want to add some basil, chives, and mint . . . and maybe some chervil, dill, cilantro, and oregano. If you've

never tasted chervil, its mild licorice flavor is a favorite with French chefs and wonderful with fish. On the other hand, oregano is pungent and bold. A world apart from dried oregano, it is magnificent in Greek and Italian food. And by all means, please don't skip one of my favorites, French tarragon. I love it with poultry and fish.

Of course there are variations, sisters, half-brothers, and cousins of all these herbs—from pineapple sage to Thai basil and chocolate mint. Before you know it, you'll need another acre! And by the way, whatever you do, don't forget to plant a border of lavender.

What to Know Before You Start

First of all, planting herbs is all about location, location, location. If you are lucky, you have the perfect spot right outside your kitchen door. Most herbs need a daily dose of six or more hours of sun, so you may need to sacrifice convenience if your kitchen is on the shady side of the house.

Next, like most plants, herbs need good, well-drained, fertile soil to flourish. Before you plant, amend your soil with compost. After planting, add a layer of mulch like shredded bark to help keep the soil moist and weed free. »



In the Ground or in Pots?

I always feel more than a twinge of envy when one of those celebrity kitchen divas gives a tour of her herb garden. Easily mistaken for the kitchen garden at Versailles, her garden has enough lush plants to season half the state of New Hampshire and maybe a bit of Vermont. Without a weed or dead leaf in sight, the beds are perfect. The flawless stone paths meander through the garden, and the diva—well, she doesn't have a hair out of place.

Somehow, I've managed to rein in my green-eyed monster. My herbs live in an eclectic collection of pots, some large, some very large. I love picking fresh sage, thyme, and rosemary year-round, so flowerpots are ideal for our short growing season. As soon as fall nights turn frosty, I move the pots into the garage where they get a bit of light and spend the winter in 40 degree comfort. A sunny three-season porch is ideal, but mine collapsed several years ago under record snows. The porch was like a sauna in the summer, so I replaced it with a nice, airy screened porch—perfect on a hot afternoon, not at all perfect for wintering plants.

Even if you decide to plant in that sunny spot by the back door, keep your mint and oregano in pots. Otherwise, they will soon take over the rest of your garden, your neighbor's garden, and the field across the road.

A formal garden to rival the queen's, a homey cottage garden, or a dozen beautiful flowerpots on the deck—whatever you plant, enjoy your herb garden and bon appétit! ←

Lemon-Thyme-Tini

- 1 lemon
- 1 small bunch thyme
- About 16 oz vodka
- Honey
- Seltzer water
- Garnish:* thyme sprigs



1. Prepare Lemon-Thyme-Infused Vodka: With a sharp vegetable peeler, cut strips of peel off the lemon. Put the thyme and lemon peel in a pint Mason jar. Fill the jar with vodka, cover, and let sit for one to three days. After 24 hours, check for taste. Continue to check every 12 hours or so until the infusion has reached your desired intensity. Strain the vodka and store in the freezer for ice-cold martinis. (Makes about 2 cups.)

2. Prepare Honey-Lemon Syrup: Depending on how sweet you like your martini, put $\frac{1}{4}$ to $\frac{1}{2}$ cup honey in a small bowl and whisk in $\frac{1}{2}$ cup boiling water. Cool to room temperature and whisk in the juice of $\frac{1}{2}$ to 1 lemon. Store in the refrigerator until ready to use. (Makes about 1 cup.)

3. Lemon-Thyme-Tinis: for each martini, combine 2 ounces of icy-cold Lemon-Thyme-Infused Vodka with 1 to 2 tablespoons Honey-Lemon Syrup in a cocktail shaker or a jar with a tight-fitting lid and give a vigorous shake. Pour into martini glasses, add a splash of cold seltzer, and garnish with a sprig of thyme.

Alternatively, enjoy a refreshing long drink. Pour infused vodka and syrup into a tall glass and give it a good stir. Add ice and plenty of seltzer, and garnish with a sprig of thyme.

Herbed Feta & Walnut Spread

▷ Makes about 1½ cups

- 8 oz feta cheese, crumbled
- Juice of $\frac{1}{2}$ lemon
- 2–3 Tbsp extra-virgin olive oil
- Freshly ground black pepper
- Dash (or to taste) hot pepper sauce
- 1 clove garlic, minced
- $\frac{1}{2}$ cup chopped walnuts, toasted
- 1 Tbsp fresh oregano, chopped
- 2 Tbsp fresh flat-leaf parsley, chopped



1. Combine the feta, lemon juice, olive oil, black pepper, hot sauce, and garlic in a food processor and process until smooth. Add the walnuts, oregano, and parsley and pulse to combine.

2. Transfer the spread to a serving dish, cover, and let sit for about 30 minutes at room temperature or longer in the refrigerator to combine the flavors.

3. Serve with pita chips or flatbread and wedges of cucumber and red and yellow bell pepper.

Tarragon Chicken with Asparagus and Mushrooms

► Serves 4

- 8 oz whole mushrooms, stems removed
- Extra-virgin olive oil
- Champagne vinegar
- Kosher salt and freshly ground pepper
- 1 lb asparagus, trimmed and cut into 2-inch pieces
- About 1½ lb boneless chicken breasts
- 3 to 5 Tbsp butter
- 1 shallot, finely chopped
- 1 clove garlic, minced
- ½ cup dry white wine
- ½ cup chicken broth
- 1 Tbsp Dijon mustard
- 2 Tbsp fresh lemon juice
- 2 Tbsp fresh tarragon, chopped



1. Preheat the oven to 375°.
2. Put the mushrooms in a large, ovenproof skillet, drizzle with just enough equal parts olive oil and vinegar to lightly coat, sprinkle with salt and pepper to taste, and toss. Roast, cup side up, for 15 minutes. Turn the caps over and roast for an additional 15 minutes. The mushrooms will be nicely browned. When the mushrooms are cool enough to handle, cut into large strips and reserve. (This can be done up to one day ahead; store mushrooms in the refrigerator.)
3. While the mushrooms are roasting, cook the asparagus in a large pot of boiling salted water until tender-crisp, about 3 minutes. Drain the asparagus and rinse under cold water to stop the cooking. Drain well and reserve. (This can be done up to one day ahead; store asparagus in the refrigerator.)
4. Sprinkle the chicken with salt and pepper. Melt 1 tablespoon butter with 1 tablespoon olive oil in a large skillet over medium-high heat. Add the chicken and cook for about 5 minutes per side or until browned and cooked through. Remove the chicken from the pan and keep warm.
5. To make the sauce: put about 1 tablespoon shallot and the garlic in the skillet and cook, stirring, over medium-high heat for 1 minute. Add the wine and broth and bring to a boil. Whisk in the mustard and continue cooking until the sauce has thickened and reduced by about a third. Whisk in 1 to 2 tablespoons of butter. When the butter has melted and is well integrated into the sauce, whisk in 1 tablespoon each of lemon juice and chopped tarragon and season with salt and pepper to taste.
6. Meanwhile, finish the asparagus and mushrooms: heat a little olive oil in a large skillet over medium-high heat, add the remaining shallot, and sauté for 2 to 3 minutes. Add the asparagus and mushrooms, toss to combine, and cook until the vegetables are heated through. Add 1 to 2 tablespoons of butter cut into small pieces. Stir and toss until the butter has melted and combined with the vegetables. Add 1 tablespoon each of lemon juice and chopped tarragon, season with salt and pepper to taste, and toss to combine.
7. Arrange the asparagus and mushrooms on a platter. Cut the chicken into ½-inch-thick slices and arrange on top of the vegetables. Spoon the sauce over chicken and serve.

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- 14 oz good white chocolate*, chopped
- 2 cups heavy cream
- 2 Tbsp dried edible lavender flowers
- 6 large egg yolks
- Pinch nutmeg
- Pinch cloves
- Pinch salt
- 1 Tbsp kirsch
- 1 Tbsp vanilla extract
- Fresh whole strawberries with the stems left on

1. Put the chocolate into a bowl and set aside.

2. Stirring occasionally, heat the cream and lavender flowers to just below a simmer in a small saucepan over low heat. Remove the pan from heat, cover, and let the lavender steep for 30 minutes. Pour the cream through a fine-mesh sieve into a large measuring cup or bowl.

3. Put the yolks, spices, and salt in a large bowl and whisk until frothy and well combined. Gradually whisk in the cream until fully incorporated.

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4. Transfer the egg-cream mixture to a saucepan. Cook over low heat, stirring frequently until it registers 170° on a candy thermometer.

5. Pour the custard through a fine-mesh sieve into the bowl with the chocolate. Let sit for a few minutes to melt the chocolate, then whisk to combine. Stir in the kirsch and vanilla.

6. Refrigerate for at least 6 hours. Whip the custard with an electric mixer on high speed for about 15 minutes to lighten and add volume. Return the crème to the refrigerator and chill for at least 1 hour. Spoon the crème into small bowls and serve with fresh strawberries.

* Use good-quality white chocolate like Valrhona (French), Callebaut (Belgian), or Lindt (Swiss). I use Lindt chocolate because it's easy to find locally. Callebaut and Valrhona are available online. White chocolate chips will not work well in this recipe because they have stabilizers and additives.



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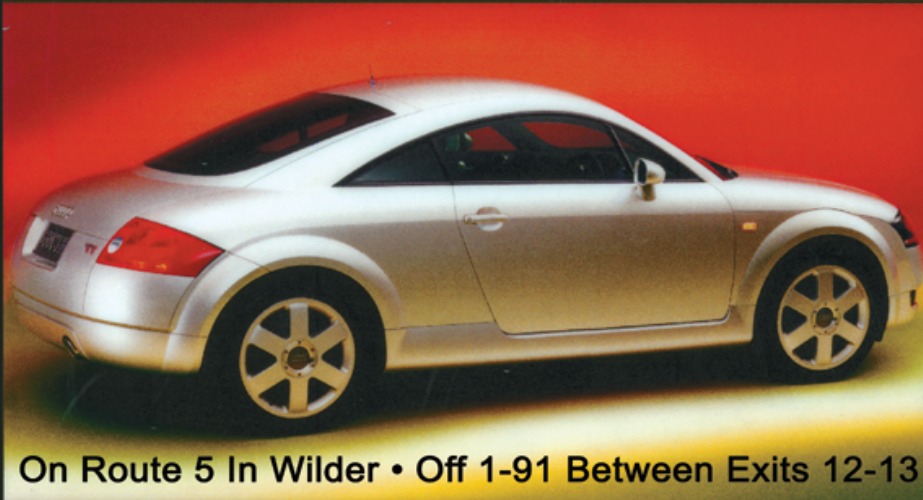
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What You Should Know About Market Corrections

Tips for successful investing

| By Brian Doyle

There's no way around it—markets generally move in cycles. Although the past is no guarantee of the future, historically the stock market has spent more time on bullish advances than on bearish retreats, which is why stocks have been considered a good investment over the years. But the market also tends to retrench more than the average investor would like to think about. The traditional definition of a bear market is a 20 percent or greater decline in stock prices as measured by the Dow Jones Industrial Average or other relevant index. A full-fledged bear market can persist for many months or even years—fortunately, a rare event.

Some corrections, on the other hand, are sharp but brief, lasting only a day or two, such as the Dow's 500-point drop in October 1987, or for a few weeks. Sometimes a short, dramatic decline serves as a prelude to a lengthier downturn. The 1929 crash and subsequent three-year bear market, which saw the Dow lose almost 90 percent of its value, illustrates this latter possibility.

Learning from the Past

Government and securities-industry officials are constantly learning from their experiences with previous declines. Regulations established in the wake of the 1929 to 1932 bear market have

helped prevent another decline of similar magnitude. For example, margin requirements were raised from 10 percent to 50 percent to prevent investors from becoming excessively leveraged (indebted) the way many were in the months leading up to the 1929 crash.

More refinements were introduced after the 1987 correction, including our current system of circuit breakers. In theory, these circuit breakers would stretch out a decline over several days rather than allow it to gain momentum immediately. The assumption is that the additional time would help curb panic selling.

Become an Informed Investor


Although the securities industry is committed to doing everything in its power to protect investors, it cannot prevent market corrections. It is essential for investors to take responsibility for their own investment activity and to arm themselves with as much knowledge as possible about the risks and potential rewards of investing.

In the 1930s, the Cowles Commission was formed to guide investors through the aftermath of the 1929 crash. It came up with five essential rules for successful investing that are still applicable today.



Invest for the long term. While the stock market can be risky over the short term, risk decreases as your investment horizon lengthens. A good rule of thumb is that stock and bond investments should be funded with money you won't need for at least five years.

Some investors hope to improve their returns by selling a portion of their holdings just before a correction. Such “market timing” is something that even professional investors find difficult to do well with any consistency, and it is not recommended for the average investor. Aside from the very real difficulty of identifying the end of one market phase and the beginning of a new one, the basic emotions of greed and fear work strongly against those who try to time the market, constantly tempting them to overstay their positions in a bull market and to remain on the sidelines for too long in a bear market. »



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Invest systematically. One way to avoid the timing dilemma is to use a simple strategy called dollar-cost averaging—the practice of investing a fixed amount of money in a particular investment at regular intervals. Because the amount invested remains constant, the investor buys more shares when the price is low and fewer shares when the price is high. This means that the average cost per share tends to be lower than the average market value of the investment over the same period.

Dollar-cost averaging cannot eliminate the risks of investing, guarantee a profit, or protect against a loss in declining markets. The success of the program depends on making regular purchases through advancing and declining market periods—and on selling when your investment is worth more than the average price you paid. Since such a plan involves continuous investment in securities, investors should consider their financial ability to continue purchases through periods of low price levels. But dollar-cost averaging does offer a disciplined method of investing in the securities markets and lowers the price you have to get to break even.

Diversify investments. When people think about investing their money, they probably envision themselves comparing the merits of various investments. But before they get to that step, there is a more basic decision to make: asset allocation. Asset allocation is the percentage of investment funds an investor allocates among asset classes such as stocks, fixed income, cash equivalents, and tangibles/real estate.

The decision is an important one. A study of large pension funds determined that a pension manager’s allocations among asset classes had a far greater long-term effect on returns than the individual securities selected. Of course, asset allocation or investment timing cannot eliminate the risk of fluctuating prices and uncertain returns.

Buy quality. Periodically, investors become enamored with initial public offerings (IPOs). For those who know

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how to invest in them and understand the risks, IPOs can be an appropriate investment. By definition, however, IPOs involve companies whose stocks are untested in public trading. The average investor should approach this arena with extreme caution and commit no more than a small percentage of investment capital to it.

At the other end of the spectrum are the many companies with histories of consistent sales and earnings growth. Although nothing is guaranteed in the investment markets, there is a lower probability that such companies will drop off the investment map during a correction. Rather, a correction presents investors with the opportunity to acquire more shares of historically seasoned, financially sound companies at reasonable prices.

Get professional advice. Each investor brings a different outlook and level of sophistication to the markets. Most investors can benefit from some degree of professional input. Whether that means professional research on individual securities, advice on asset allocation, or entrusting money to professional portfolio managers, investment professionals are great resources for helping investors achieve their financial goals.

Particularly during corrections, it helps to have a coherent investment strategy worked out in advance and to be able to keep that strategy clearly in mind as events unfold. A qualified investment professional can help plan a sound investment strategy. ←

Gary P. Brinson, Brian D. Singer, and Gilbert L. Beebower, "Determinants of Portfolio Performance II: An Update," Financial Analysts Journal, May/June 1991.

Brian Doyle is a financial advisor and First Vice President with Wells Fargo Advisors and lives with his wife and three children here in Hanover.

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Neon signs light South Beach's Ocean Drive.


The South Beach Scene

Head for the sun and surf

| By Lesley O'Malley Keyes

My visit to South Beach last October started out with a busy, entertaining flight from Boston to Miami. It really resembled an international flight, with many South Americans homeward bound through Miami and a good many Europeans in search of sunshine. Now that most airlines charge even for the first checked bag, more passengers are bringing their luggage into the cabin, and there seems to be little control when it comes to size or number of pieces. Consequently, boarding takes much longer now, and passengers with seats toward the rear of the plane just cram their bags into the first available overhead compartments to avoid dragging them the length of the aisle.

As if that wasn't bad enough, the flight was full, and a number of couples could not be seated together. They chose to sit together anyway, making for some interesting conversations when the passenger whose seat they occupied appeared. One such couple, quite elderly, who spoke little or no English, was seated in my row. The flight attendant had endured enough and, looking as if he might lose control at any moment, announced that everyone must sit in his or her assigned seat right away. I got lucky—my seatmate was now a rather handsome young man on his way to play some golf with his buddies, and he spoke English! »

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Heading for Ocean Drive

The taxi ride to my hotel was the kind I love—a friendly driver from Haiti chatted and pointed out things that had changed since my last visit about five years ago, including the new Florida Marlins stadium being built on the site of the old Orange Bowl. There was no erratic driving, no cursing, and no multiple cell-phone calls along the way. It was a beautiful day, and I enjoyed the 20-minute drive to sunny South Beach.

You know when you reach Ocean Drive. After passing through a few drab streets selling fast food and raunchy T-shirts, you are confronted suddenly by noisy Harleys, “pimped” trucks with tinted windows and blaring music, skateboarders and Rollerbladers on the street and sidewalks, and any number of fashionistas, young and old—all competing for the admiration of passersby.

The Betsy Hotel

I chose to stay at The Betsy Hotel, which is located at the nicer end of Ocean Drive, close to the Lincoln Road pedestrian shopping area, right across from the beach, and an easy stroll to many restaurants. The staff was friendly and attentive, the public rooms beautifully designed and comfortable, and the bedrooms contemporary, with wood floors and crisp white linens. Hallways are adorned with black and white autographed photos of famous rock stars—a fun touch! The intimate courtyard pool and the rooftop deck with its Wellness Garden provide yoga and spa services, as well as a relaxing place to read overlooking the entire length of South Beach—and a great way to spend an afternoon.

BLT, the hotel restaurant, is an award-winning modern American steakhouse that’s named after its celebrity chef, Bistrot Laurent Tourondel. I really recom-



Above: A welcoming beach.
 Below: Bicycles are a favorite mode of transportation in the area.



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TRAVEL TIME

mend dinner there; it is exceptional and offers some unique experiences—oversized popovers served fresh from the oven, food served piping hot from skillets, some of the best steaks I have ever tasted, and for breakfast, the thickest brioche French toast you'll ever see! You can eat inside and enjoy the ambience of this very stylish restaurant or outside where you can people watch and listen to the street music.

Plenty to Do

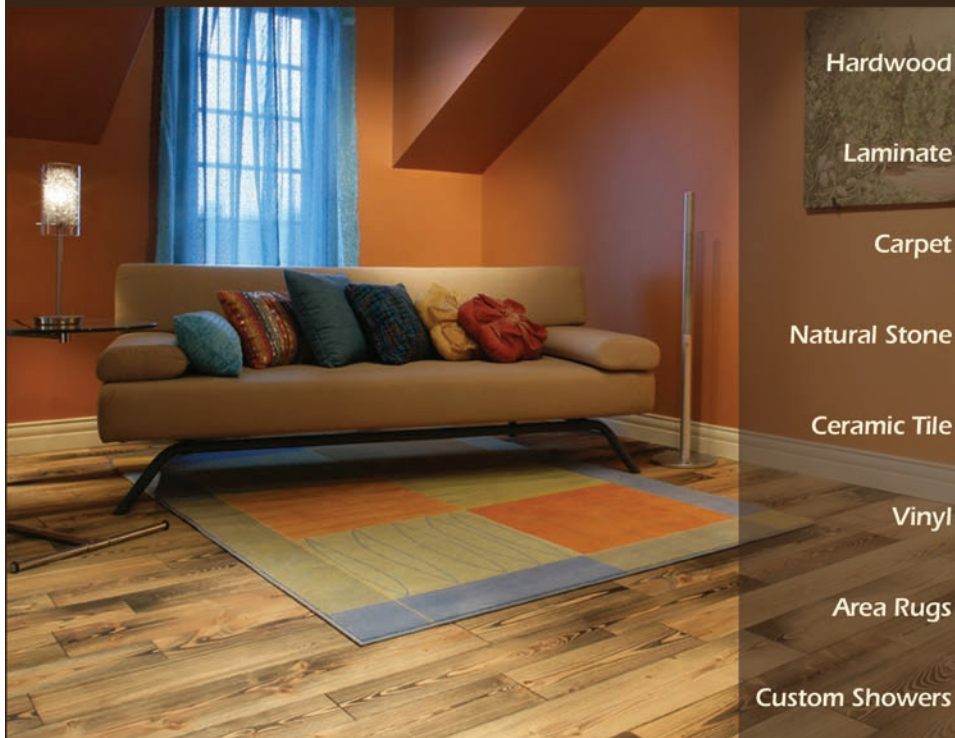
For entertainment, apart from the many bars and restaurants, you can take a Big Bus Tour—a red double-decker bus. A guide will point out all the sites and celebrity homes, including the Versace Mansion that is now a hotel, The Villa by Barton G. How about taking a group Segway tour? Or go it alone with a rental bike or one of the tiniest electric cars you've ever seen, though you might not want to be stopped at a traffic light in one alongside the latest Aston Martin, Porsche, or Bentley, the cars of choice in South Beach. For a vibrant, wild scene, try Mango's bar and restaurant, complete with fancy cocktails, loud music, and dancing on the tables. Whether you participate or just people watch, you'll have a memorable time.

A relaxing day at the beach is another option. The clean, wide sands and private beach chairs for The Betsy Hotel provide a pleasant experience, but be prepared to see all sorts of attire (or not!) on the beach. There is a Haagen-Dazs café conveniently located just as you walk up from the beach—a refreshing stop at the end of a hot day. You can leave the beach and be back in your hotel room in about five minutes.

For a short break to warm up during winter, try a long weekend at South Beach. It's just a three-hour flight from Boston and offers everything you need within walking distance. So pack your beachwear, sandals, and party duds, and head for the sun and the surf. Don't forget your camera—you're sure to see something or someone you'll want to share with your friends back home! ←

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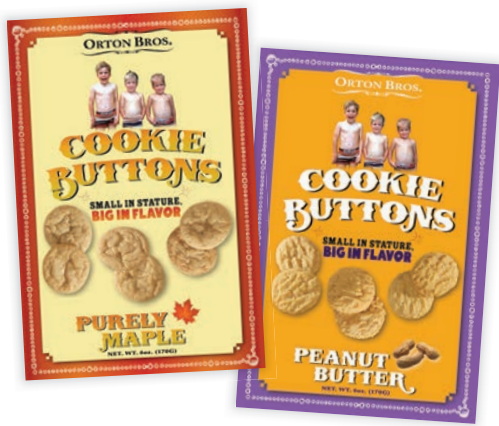
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Nomad Communications

Personal attention, friendly people

By Meredith Angwin
Photos by Scott Achs



In 1986, Alex Kahan quit his job at a Boston advertising agency and moved to Vermont. Meanwhile, Susan Kahan gave up her editing job in economic forecasting. Today, as co-owners of Nomad Communications and Nomad Press in White River Junction, Alex and Susan have every reason to be happy with the move they made many years ago. »



Top: Package design for Orton Brothers Cookie Buttons.

Above: Recent titles from Nomad Press.

Right: Nomad Communications' Alex and Susan Kahan.



SHOP TALK

When they moved here, Susan started a home knitting company making Nordic-style sweaters. Meanwhile, Alex consulted for some of his former clients. When Susan's company grew to a network of about a hundred home knitters, she sold it. Meanwhile, Alex realized that the Upper Valley could be home to an advertising agency that would be better than the big agencies in many ways. In 1994, he and Susan started Nomad Communications.

Providing Excellent Service

When you walk into the office of Nomad Communications, you are greeted by a well-behaved Shih Tzu dog named Rufus who likes to be petted. On the wall, posters from advertising campaigns share space with children's book covers. Many of the advertising posters have a sports theme, in line with the skiing, sailing, and biking passions of the Kahans.



Clockwise from above: Mark Schiffman, Senior VP, and Abby Clark, designer, discuss packaging concepts. Nomad Press book covers. The Nomad team reviews design comps for their client ethos, a triathlon festival in Southern California.

“I think one of the things I enjoy most about coming to work every day,” says Alex, “is working with such a fun, creative group of people.”

Nomad Communications has a select client roster. Past and present clients include brands such as Salomon, Cannondale, Alpina, Volvo, Mascoma Savings Bank, Mount Sunapee Ski Resort, Kimball Union Academy, and Sugarbush Ski Resort, to name a few.

An important part of Nomad's mission is to work with nonprofits. “It's an important discussion around here . . . which not-for-profits will we work with this year?” Nomad is currently working with Vital Communities and David's House, and has been a longtime sup-

porter of Grassroots Soccer.

For all their clients, Nomad Communications strives to provide excellent service. Alex explains what distinguishes their agency from larger ones. “We never forget that we are a service business.” Working directly with the customer is important to the creative team at Nomad. In a big agency, there can be several layers of account executives billing to the project.

“I think one of the things I enjoy most about coming to work every day,” says Alex, “is working with such a fun,





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creative group of people. You spend so much time with your co-workers. It's important to value the work they do, but it's also important to enjoy their company. We're very fortunate to have such an awesome team of smart, creative, and passionate people."



Charlie, one of the two "regular" canine staff members.

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Designer Abby Clark works on a book design.

“We also laugh a lot,” says Alex. “It’s important to laugh and not take yourself too seriously.” Indeed, many of their advertising campaigns have a humorous touch.

Nomad Press

The Kahans didn’t mean to become book publishers, but they did. And once again they built a unique business focused on nature and sports. “We love books, and we found ourselves always coming up with new book ideas. We started out ‘packaging’ books for large publishing houses. Essentially we would develop the idea, write it, design it, and sell the finished product to a publisher. We did a very successful line for Ragged Mountain Press, a division of McGraw-Hill, called *The Baffled Parent’s Guide to Coaching Youth Sports*. The series has sold well over a hundred thousand copies, and it’s been a huge success. After a while we thought, why not start our own imprint?” »

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In 2005, the Kahans started Nomad Press. Susan Kahan heads up the book group. Last year, Nomad Press published 42 titles aimed primarily at the school and library market. Topics range from environmental themes to history, science, and social studies. Many of the books are activity based. With distribution and sales handled



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A viewbook for Kimball Union and a poster for Mount Sunapee.



Farah Rizvi, Abby Clark, Alex Kahan, and Mark Schiffman finalize some materials.

out of Chicago, Nomad titles have been translated into more than 24 foreign languages, and their books have won many awards.

By sticking close to what they know and love and providing excellent service, the Kahans have found a way to serve their community. Since 1994, they have been providing creative long-term jobs for about 10 Upper Valley residents, as well as dozens of freelancers. The Kahans don't want to grow the business much bigger because they fear it would become bureaucratic. The people at Nomad follow their passions and serve their community. Who could ask for more? ←

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Native American Art at Dartmouth: Highlights from the Hood Museum of Art

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Ancient Art on Loan from Yale University Art Gallery

Through June

Modern and Contemporary Art: Two Installations

Marcel Duchamp: The Box in a Valise and The Expanding Grid

April 7–September 9

Men of Fire: José Clemente Orozco and Jackson Pollock

April 7–June 17

Nature Transformed: Edward Burtynsky's Vermont Quarry Photographs in Context

April 21–August 12

MARCH

28 | Lecture: Causing Their Names to Live: Collectors, Scholars, Dealers, and the Hood's Egyptian Objects

▷Loew Auditorium, 5:30pm

APRIL

3 | Special Presentation: Having a Beer with the Pharaohs: A Special Presentation and Beer Tasting

Enjoy a lively presentation on the production and social importance of beer in ancient Egypt, followed by a tasting of Osiris Ale, an authentic Pharaonic beer replica from the Egyptian dynastic period created and brewed exclusively for this event.

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▷Loew Auditorium, 6pm

4 | Lecture: Marcel Duchamp: The Box in a Valise

▷Loew Auditorium, 5:30pm

13 | Opening Reception: Men of Fire: José Clemente Orozco and Jackson Pollock

▷Kim Gallery, 5pm

14 | Children's Workshop: Drawing on the Grid

Ever copy a picture using a grid? Many artists have drawn inspiration from this simple framework for drawing and painting. Come and explore the work of several great artists, and then compose your own work of art using a grid in the studio. For children ages 9-12.

To register: (603) 646-1469 by April 10

▷1:30-3pm

18 | Adult Workshop: Art in a Box: Marcel Duchamp and The Expanding Grid

We'll explore two exhibitions of contemporary art. One focuses on Marcel Duchamp's *boîte-en-valise*, a "portable museum" that allowed him to carry around his life's work in a traveling box. The other explores the legacy of cubism and other forms of grid-based abstraction. In the studio, we'll experiment with grids and boxes as a compositional structure for making art.

To register: (603) 646-1469 by April 16

▷Second-floor galleries, 6:30-8:30pm

21 | Tour: Men of Fire: José Clemente Orozco and Jackson Pollock

▷Second-floor galleries, 2pm

25 | Film Screening and Discussion: *Quetzalcoatl*

▷Loew Auditorium, 7pm

28 | Special Tour: Marcel Duchamp: The Box in a Valise

▷Second-floor galleries, 2pm

MAY

2 & 9 | Adult Workshop: José Clemente Orozco and Jackson Pollock

In this two-part adult workshop, we'll spend one evening getting to know Orozco's mural *The Epic of American Civilization*. The following week, we'll examine its impact on the young Jackson Pollock in the exhibition *Men of Fire*.

To register: (603) 646-1469 by April 30

▷Second-floor galleries, 6:30-8pm

4 | Film Screening and Spotlight Tour: *Pollock*

▷Loew Auditorium, 7pm (6:30 tour)

5 | Tour: Nature Transformed: Edward Burtynsky's Vermont Quarry Photographs in Context

▷2pm

11 | Artist Lecture: Edward Burtynsky

A reception will follow in Kim Gallery.

▷Loew Auditorium, 5:30pm

12 | Tour: The Epic of American Civilization

▷Front entryway, Baker Library (beneath the clock tower), 2pm

16 | Panel Discussion: Unearthing Antiquity: Yale University Art Gallery Collection-Sharing Initiative

The session will include a preview of a documentary film being prepared in connection with the initiative. A reception will follow.

▷Kim Gallery, 4:30pm

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THE HOOD & THE HOP

HOPKINS CENTER EVENTS

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MARCH

7 | DFS Film: *The Artist*

In this heartfelt love letter to 1920s Hollywood, silent star George Valentin watches his career end with the arrival of “talking pictures,” while a beautiful dancer gets her big break in the new musicals.
▷Spaulding Auditorium, 7pm

24 | HopStop: Jessica V. Trout Haney—Tap, Tap, Tapping!

Jessica’s quick and intricate footwork taps out rhythms in a variety of styles including soft shoe, Irish, and swing.
▷Alumni Hall, 11am

27 | Paco Peña

Immerse yourself in the explosive rhythms and soul-stirring melodies of flamenco.
▷Spaulding Auditorium, 7pm

30 & 31 | India Jazz Suites

School Matinee Series performance for grades 4 through 12.
▷The Moore Theater, 30, 10am & 8pm;
31, 8pm

APRIL

4 & 5 | ReEntry

Based on hundreds of hours of interviews with Marines returning from Iraq and Afghanistan.
▷The Moore Theater, 7pm

5 | Hermeto Pascoal

Hermeto Pascoal and his tireless sextet of multi-instrumentalists conjure music

HOPKINS CENTER EVENTS @ DARTMOUTH COLLEGE

hop.dartmouth.edu

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ranging from folkloric to futuristic.
▷Spaulding Auditorium, 7pm

7 & 8 | The Met Opera: *Manon*

7, Loew Auditorium, 12pm; 8, Spaulding Auditorium, 12pm

10 Takács Quartet

The Takács plays with a unique blend of drama, warmth, and humor to bring fresh insights to the string quartet repertoire.
▷Spaulding Auditorium, 7pm

14 & 15 | The Met Opera: *La Traviata*

▷14, Loew Auditorium, 1pm; 15, Spaulding Auditorium, 1pm

19 | Cubano Be, Cubano Bop

Two jazz masters tap into the 1947 collaboration between bebop jazz



March 9 & 10 Skippyjon Jones

This tale of a young Siamese cat with big ears and an even bigger imagination is based on Judy Schachner’s award-winning children’s books.
▷The Moore Theater, 9, 9:15 & 11:15am; 10, 3pm

trumpeter Dizzy Gillespie and the great Cuban drummer Chano Pozo.

▷Spaulding Auditorium, 7pm

20 So Percussion

This innovative quartet plays music that incorporates standard, invented, acoustic, and electronic instruments.

▷Spaulding Auditorium, 8pm

25 Australian Chamber Orchestra with Dawn Upshaw, Soprano

▷Spaulding Auditorium, 7pm

28 HopStop: Interplay Jazz Quintet—Jazzy Jam Session

Enjoy the stylings of Interplay Jazz Quintet through musical improvisation games and scat singing geared for young children.

▷Alumni Hall, 11am

29 Chamberworks

▷Rollins Chapel, 2pm

MAY

5 | Dartmouth Wind Symphony

▷Spaulding Auditorium, 8pm

5 | World Music Percussion Ensemble

▷Hop Plaza, 11am

6 | Dartmouth College Glee Club

▷Rollins Chapel, 2pm

8 | Sally Pinkas, Piano

Beethoven's Eroica Variations come to life through the skilled interpretation of the Hop's pianist-in-residence.

▷Spaulding Auditorium, 7pm

12 & 13 | Barbary Coast Jazz Ensemble and Dartmouth College Gospel Choir

▷Spaulding Auditorium, 12, 8pm; 13, 2pm

18-20 | Dartmouth Dance Theater Ensemble

▷The Moore Theater, 18 & 19, 8pm; 19, 2pm

19 | Handel Society of Dartmouth College

▷Spaulding Auditorium, 8pm

26 | Dartmouth Symphony Orchestra

▷Spaulding Auditorium, 8pm



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HAPPENINGS: SPRING 2012

MARCH | APRIL | MAY



Montshire Museum of Science

Through May 6 | Exhibit:
**Charlie and Kiwi's
Evolutionary Adventure**

Charlie and Kiwi's Evolutionary Adventure offers an engaging story, exhibits, and activities that introduce visitors to the basics of evolution, seen through the eyes of Charlie, a young boy who is writing a report about his favorite bird—the kiwi.

Montshire Museum of Science

One Montshire Road
Norwich, VT
(802) 649-2200
www.montshire.org

MARCH

10 | Parachutes

Construct your own miniature parachute and learn how air resistance works to slow down a falling object.

>11am.

10 & 18 | Optical Illusions

We'll play tricks on our brains and eyes while discovering that things are not always as they appear.

>3pm.

11 | Leaf-Cutter Ants

Help us provide the colony with its morning supply of leaves and get a close look at these amazing insects.

>11am.

11 | Mirror, Mirror

We'll use mirrors to investigate reflection and symmetry.

>3pm.

12 | Magic Carpet Program: Thailand

Each Magic Carpet Luncheon features an extraordinary travelogue followed by a regionally inspired meal. Run entirely by volunteers, each luncheon benefits the museum. Pre-registration required.

>11am.



March 12 & April 9 | Books and Beyond: Science for Preschoolers

This program combines great children's literature and hands-on activities for fun science learning and exploration. Each day features a different book and activity. For children ages 3 to 5 and their parent or caregiver.

>10:15 or 11am.



13 | Teaching about Weather in the K-5 Classroom

This teacher workshop will spend the day exploring the big ideas in weather. Pre-registration required.

>9am.



17 | Exploring Magnets

Discover some cool things about magnets.

>11am.

18 | Who Sank the Boat?

Participants will make a boat, and then test how much weight it can hold before it sinks.

>11am.

23 | Homeschoolers' Day: Our Bodies, Our Health

Join other homeschoolers and their families for a day of science as we explore health, nutrition, and human biology through hands-on activities.

>10:30am.

24 | Fossils: Evidence of the Past

You will have a chance to handle real fossils from the museum's collection, and then use a variety of clues to uncover their origins.

>11am.

March 17 | Creeping Colors

See what happens as capillary action causes water to creep up a paper strip. Discover the hidden colors inside an everyday marker.

>3pm.

24 | Cells!

Compare plant and animal cells using a compound microscope. Then, using the lab's video microscope, we'll take a close-up look at our own cheek cells.

>3pm.

25 | Skulls

Learn about New England wildlife as we examine their skeletal remains.

>3pm.

»

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33 Morgan Drive - Centerra Park - Lebanon, NH, 603.643.7720
www.RiverValleyClub.com

HAPPENINGS

March 27, April 3 & 10

After-School Adventures Program: Electricity & Solar Power

Join us for this three-week after-school series.
 ▷3:30pm.

30 | Cells!

A one-day teacher workshop learning about the basic building blocks of life with Montshire and Dartmouth faculty.
 ▷9am.

31 | Straw Rockets

Participants will make their own indoor paper rockets, and then see how far they can fly.
 ▷11am.

31 | Sound Science

We will experiment with how sounds are created and how sound waves travel through different materials.
 ▷3pm.

APRIL

5 | Homeschool Series: Astronomy

We will explore the Earth's movement as we build a sundial. In addition, we will explore the night sky in the museum's Starlab Planetarium. Pre-registration required.
 ▷Ages 6-8, 10:30am; Ages 9-12, 1pm.

12 | Science on Tap: Montshire After Hours

Sex, Drugs, and Rock and Roll: Exploring the Influences of Teen Risk Behavior, with Dr. Rick Gibbons. For adults.
 ▷6:30pm.

14 | Egg-Drop Challenge

Will a raw egg survive the harrowing 18-foot plunge over the second-story balcony? Design a container at home or at the museum from noon to 2pm that will protect the egg from breaking. Beginning at 2 pm, it's "eggs away!" as you launch your egg and container over the balcony.
 ▷2pm.

16 & 17 | Exploring Digital Photography

Explore light and photography in this two-part class. For children in grades 4-6.
 ▷1pm.

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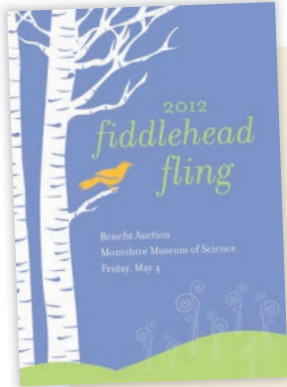
Corporate Outings

Play Dates

Birthday Parties

Family Fun

Birthday Parties



May 4 | Fiddlehead Fling
 The Montshire Auction is one of the Upper Valley's premiere annual events and the museum's principal

fundraiser. With almost 350 people in attendance bidding on 250 donated items and packages, the auction raises nearly \$130,000. All proceeds underwrite Montshire's education programs, which serve children, families, and schools throughout Vermont and New Hampshire.
 >6pm.

19 | Rockets

Build and launch a water rocket and see how high it will fly!
 >10:30am & 2pm.

April 25–May 16, Wednesdays | Young Scientist Program

A weekly program designed to ignite and foster young children's curiosity about the physical and natural world.
 >9:30am & 1pm.

MAY

2, 6 & 12 | Wildflowers of New England

This three-part course focuses on learning to identify wild plants and provides field experience.
 >2, 6–9pm; 6 & 12, 9am–1pm.

5 | Ephemeral Zoo

Meet amphibian and aquatic creatures such as spotted salamanders, wood frogs, and toads from local marshes and ponds.
 >11:30am–3:30pm.

10 & 12 | Coastal Birding and Migration

The course begins with a Thursday evening lecture. On Saturday, we depart from the Montshire on a field trip to Plum Island, MA. Transportation from the Montshire to Plum Island is provided.
 >10, 7–8:30pm; 12, 6am–4pm. »

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HAPPENINGS

19 | Landscape Design for the Natural Garden

Learn how beautiful gardens function as low-maintenance, water-conserving, and erosion-controlling communities.

▷11am.

26 | Insect Safari

Join us for a morning full of insects and other creepy crawlers.

▷10am.

May 26–September 4 | Exhibit: Sonic Sensation!

Experience our sonic world and the sensation of being surrounded by everyday sounds in this interactive exhibition.

Howe Library

13 South Street

Hanover, NH

(603) 643-4120

www.howelibrary.org

MARCH

8 | Downloadable Audiobooks for Beginners

Did you know you can download audiobooks to listen to from Howe Library for free—and without leaving your home? Learn how in this class led by librarian Mike Morris.

▷5:30pm.

12 | Cine Salon: *Sodankylä Forever*

Info: <http://www.howelibrary.org/interior.php/pid/2/sid/1/eid/2117>

▷Mayer Room, 7pm.

15 | Tech Talks: Using Free Images from the Web

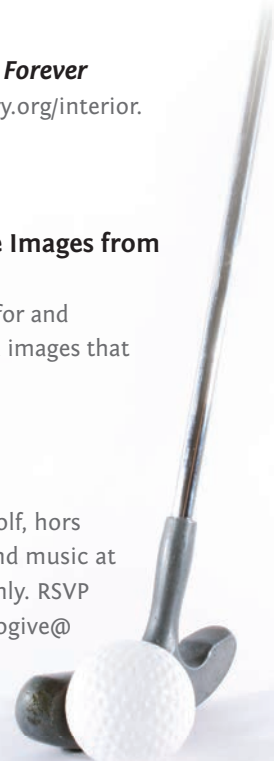
We'll discuss how to search for and download photos, logos, and images that you can use legally.

▷Mayer Room, 4:30pm.

24 | 19th Hole Party

Featuring 18 holes of mini-golf, hors d'oeuvres, beer and wine, and music at the Howe Library. Over 21 only. RSVP by March 16 at www.howetogive@thehowe.org.

▷7–10pm. 13 South Street, Hanover; (603) 640-3260.



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March 13 | Books and Lunch on Tuesday

Bliss, Remembered by Frank Deford.
 >Murray Room, 12pm.

25 | 2012 Howel Open

Enjoy 18 holes of indoor mini-golf, pizza, and treats at the Howe Library. Proceeds benefit the library.
 >11am-4pm.

28 | Sustainable Lawn Care

Co-sponsored by the League of Women Voters and the Community Conversations group, and held in connection with the "Healthy People, Healthy Planet" discussions. Local experts on green lawn-care methods will speak.
 >7pm.



April

5 | Financial Seminar by Justin Copley

A financial advisor will offer a lunchtime seminar on a financial topic.
 >12pm.

10 | Books and Lunch on Tuesday


Major Pettigrew's Last Stand by Helen Simonson.
 >Murray Room, 12pm.

12 | World War II Remembered

Kendal residents who contributed to the book *World War II Remembered* will speak. Co-sponsored by the Hanover Historical Society. Food will be provided and copies of the book will be sold.
 >7pm.

19 | Tech Talk: Uploading and Sharing Videos and Photos













We'll look at the process of uploading photos and videos from your computer or smartphone.
 >Mayer Room, 4:30pm. »



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26 | Life on the Bering Sea Islands

Peter Stettenheim will discuss Arctic scenery, wildflowers, fur seals, musk oxen, and seabirds on the remote islands of the Bering Sea.
▷7pm.

MAY

17 | Tech Talk: Computer Backups: Where to Start?

Everywhere on the web, the advice is to be sure to back up your computer files, but what's the best way to get started?
▷Mayer Room, 4:30pm.

Other Noteworthy Spring Events

MARCH

7 | The Vanishing Twentieth Century American Composer

Pieces by Copeland, Gershwin, and Barber are only a slice of a far larger body of work. Dartmouth music professor Steve Swayne considers how this music was viewed in the 1940s and 1950s compared to now.
Info: www.norwichhistory.org
▷Congregational Church, 7pm.

24 | Sugaring-Off Dinner & Lecture on the Northern Railroad

Join us for a seated, maple-themed dinner provided by caterer Mary Adams. Acoustic guitarist Dwight Phetteplace will provide music during cocktails and dinner.
Tickets & info: (603) 632-4346, www.shakermuseum.org
▷Enfield Shaker Museum, dinner begins at 5pm, lecture at 7pm.

April

4 | Letters to Jackie: Condolences from a Grieving Nation

Author Ellen Fitzpatrick discusses the public's response to President Kennedy's death and shares condolence letters

written to Mrs. Kennedy.
 Info: www.norwichhistory.org
 >Congregational Church, 7pm.

21 & 22 | Five Colleges Book Sale

Usually 35,000 to 40,000 carefully sorted, modestly priced books of all categories, plus DVDs, CDs, audio books, and videos, are available. Proceeds support scholarships for Vermont and New Hampshire students at Mt. Holyoke, Simmons, Smith, Vassar, and Wellesley colleges.
 Info: (802) 295-0906, www.five-collegesbooksale.org
 >Lebanon High School, 9am-5pm on Sat., 11am-4pm on Sun. (half-price day).

MAY

2 | Why Lincoln Matters: To Presidents, to History, and to Us

Pre-eminent Lincoln historian Harold Holzer considers how we see, appreciate, adopt, and interpret Lincoln—and why he still very much matters.
 Info: www.norwichhistory.org
 >Filene Auditorium, Moore Hall, Dartmouth, 7pm.

18 & 19 | Children's Used Book Sale

Thousands of children's books for sale to benefit the Marion Cross School library. Additionally, a portion of the proceeds will be donated to a school library affected by Tropical Storm Irene.
 >Tracy Hall Norwich, VT, 11:30am-8pm; bag sale May 19, 9am-noon.

19 | Hanover Garden Club Annual Plant Sale

Proceeds benefit the Hanover Town Gardens.
 Info: www.hanovergardenclub.org
 >Pine Knoll Cemetery, Route 10, Hanover. Follow signs to the Garden Club shed.
 9am-noon.



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A Chat with David Clem

Managing director of Lyme Properties, LLC

| By Mark Dantos

When considering colleges, Dave Clem said he wanted to put some distance between himself and his hometown of Tyler, Texas. A high school teacher recommended Dartmouth College, and Clem's Hanover roots were established.

His high school sweetheart, Kathy, transferred from Oberlin Conservatory of Music to nearby Mount Holyoke College when the two were married during junior year. They attained graduate degrees, and together raised two children. Chet (30) is now pursuing an MBA at Babson College. A Dartmouth graduate like her father, Jessica (28) is a third-year medical student at the University of Vermont.

What are the benefits of the River Park project for Hanover and the region? River Park will provide diversified job opportunities for Upper Valley residents and an expanded tax base for Lebanon. I believe it will jumpstart the revitalization

of old West Lebanon. For Hanover, River Park has the potential to limit vehicular traffic downtown by providing park-and-ride opportunities adjacent to public transit for Dartmouth employees who reside south of town or in Vermont. Finally, River Park will preserve the last significant piece of open space on the Connecticut River for passive recreational activities available to the public.

What kind of mischief did you engage in as an undergraduate at Dartmouth College?

I managed to set my dorm room on fire during Winter Carnival. It involved a woman upstairs after hours, Mateus wine, candles, and a love song by The Association. My wife and I continue to light fires, but we drink better wine and go to bed earlier—usually in buildings I own that are fully insured.

What is one structure in Hanover you find especially appealing?



Clem is managing director of Lyme Properties, LLC, a real estate development company focused on life science and mixed-use properties in academic and medical center regions. Today, Lyme Properties is undertaking the River Park project in West Lebanon to create research, office, retail, and residential space—and public access to the Connecticut River.

Hopkins Center—it satisfies a complicated program from the inside out and demonstrates that a private building can facilitate a public use if executed well, even when it introduces a new architectural vocabulary that is decidedly not contextual. Under current Hanover zoning, it could not be built today, a reality that deserves an intelligent debate.

What image immediately comes to mind when you think of springtime in Hanover?

Forsythia—dramatic, but short-lived.

How will the urban landscape of the Upper Valley

change over the next 20 years?

Unless the civic leadership in Upper Valley towns wakes up to the limitations of obsolete zoning ordinances in order to manage economic growth responsibly, we face another 20 years of sprawl. The Upper Valley is blessed with economic engines that will likely endure, but substituting traffic mitigation for real planning is not a sustainable strategy for smart growth.

Complete this sentence: "People would be surprised to learn that Dave Clem is actually really good at _____."

Cooking barbecue. ←



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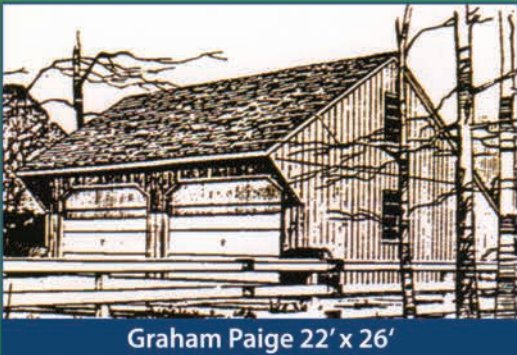
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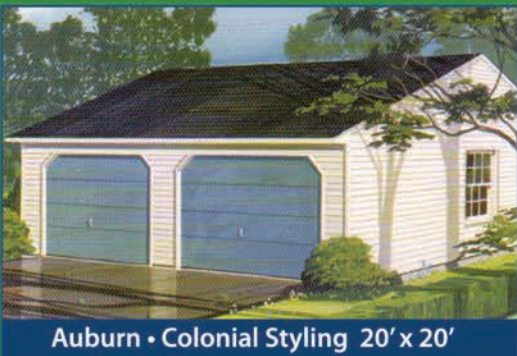
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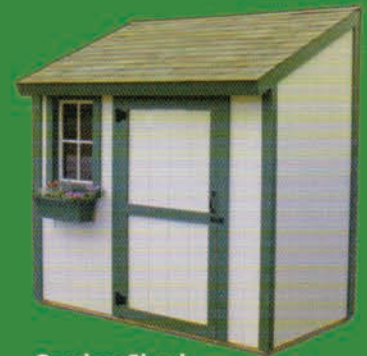
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