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FALL 2010 VOLUME 15, № 3 \$4.95

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Autumn Delights

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Fall Inspirations

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LOU'S: A LOCAL TRADITION

PAGE 21

LYME, NH This newer cape sits well back from the road in a lovely spot in the village of Lyme. Charming living room with stone fireplace, first floor master suite, 3 bedrooms and 2.5 baths. A private swimming hole and waterfall complete the picture! \$549,000



VERSHIRE, VT GOT MOOSE? You will love this nature preserve and 3BR 2BA newly renovated home on nearly 200 acres, including a private mountain lake, ponds, brooks, pastures, forest and outbuildings. Cherry, granite SS kitchen, steamroom, sauna, hardwood, granite and slate floors complete the energy efficient lakefront and mountain view naturalist's retreat, 25 minutes from Dartmouth. \$1,199,000

HANOVER, NH Elegant, thoughtfully designed and impeccably maintained, this four bedroom four bath Hanover home is located on 36 acres. The first floor great room has cherry floors, and a wonderful gourmet kitchen. Carefully created with attention to every detail, this is a home of outstanding quality. Garage space for 4+ cars. A must see! \$975,000



LYME, NH A beautiful home in a private setting with views, a pond, and class! The kitchen/family room is the heart of the home and quite stunning. Great screened porch. Large attic and walkout basement provide room to grow. Great master suite. Outstanding!! \$675,000

HANOVER, NH Conveniently located and within walking distance of downtown, this 3 bedroom, 3.5 bath home has a European flair! Lovely plaster walls, living room with fireplace, open concept kitchen, plus a fabulous fully equipped one bedroom in-law apartment. Immaculate! \$749,000



CORNISH, NH Beautifully restored with a master suite addition and family room, this circa 1826/2002 cape has only been owned by 3 families. Located on 55+/- acres with a pond, stone walls, a sugar house, barn, garden shed, fields and mature gardens. A large country kitchen, 3-4 bedrooms, beamed ceilings, Moses Eaton stenciling, reverse painting on glass and many more period features. A delightful and unique offering. \$925,000

LYME, NH Extremely pretty, high quality house in a private setting with charming views. Gorgeous cherry kitchen with gas cooktop. 36' x 12' deck. Radiant heat on the first floor. Living room with exposed beams, 3 bedrooms, 2.5 baths. first floor master suite. A gorgeous area of Lyme. \$675,000



THETFORD, VT This cape is in a delightful country location on one of the prettiest roads in Thetford. Renovated and with a lovely new kitchen, there are pretty views, a stream, & a high tech heating system. The house faces south on its 10+/- ac lot. A great buy! \$399,000

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Fall is for Football— and More



IAN RAYMOND

I don't know what it is about fall, but this season and football are made for each other, just like summertime and baseball. At this writing, as our magazine team puts the finishing touches on this issue, the New England Patriots are reporting for training camp. Robert and Jonathan Kraft have signed this year's draft picks, and newcomers and veterans alike are taking to the practice field.

I've been scouring the news every night, flipping from station to station, to catch a glimpse of Tom Brady, Wes

Welker, and Randy Moss running their drills. At the same time, I'm hoping to see a promising young star who will help take New England's favorite team to the playoffs and (dare I say it?) the Super Bowl this season.

Our magazine staff is a lot like the Patriots. We all work to our own special strengths, carry out our individual assignments, and combine our efforts to achieve success—another issue for our readers to enjoy. I plan and assign articles and photo shoots, our writers lend their expertise to develop fascinating stories, Kristy copy edits and proofreads (and so much more!), photographers creatively bring our stories to life, Brad combines copy and photos to produce our beautiful layouts, and Bob is out in the community every day meeting people and bringing in revenue to make producing the magazine possible. Just as Bob Kraft is proud of his championship teams, I feel privileged to be a part of our team of seasoned professionals. Thanks to everyone's hard work and dedication, we're able to achieve our goal. Touchdown!

We're happy to present many stories of interest to the community in this issue. Lisa Densmore takes us to Balch Hill, a great place to spend a lazy afternoon, and Susan Nye helps you plan your Halloween party. Visit long-time downtown businesses Bean's Art Store for supplies and framing, and satisfy your cravings at Lou's with a famous breakfast or a slice of fresh-baked pie. Take in the fascinating Double Exposure exhibit at the Montshire Museum, or dream of touring the Greek islands.

Whatever's of interest to you, you'll find it in our pages. Have a wonderful autumn. Go Patriots!

Enjoy! ☺

Deborah Thompson

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dthompson@mountainviewpublishing.biz

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About Our Contributors



Lisa Densmore

A three-time Emmy award-winning television producer and host, Lisa Densmore is best known around the Granite State as the co-host of *Windows to the Wild* and *Wildlife Journal* on NHPTV. When not on camera, she's usually holding one. An accomplished nature photographer, her images appear frequently in regional and national magazines, in galleries, on her line of greeting cards, and in her articles and books, such as *Best Hikes with Dogs: New Hampshire & Vermont* (The Mountaineers Books, 2004). Look for her new guidebook, *Hiking the White Mountains* (FalconGuides).



Medora Hebert

Medora Hebert is a New Hampshire native who started taking pictures after college. She learned her craft by freelancing for various newspapers, and after coming to the Upper Valley became a staff photographer at the *Valley News*. She is married to novelist Ernest Hebert and they have two daughters. Recently she and her husband moved to the town of Westmoreland, New Hampshire. She remains connected to the Upper Valley through Ernie's job at Dartmouth, through various galleries where her work is shown, through wonderful friends, and through the memories of 21 great years in West Lebanon.



Elizabeth Kelsey

Elizabeth Kelsey specializes in business and higher-ed publications including website text, newsletters, brochures, and public relations. She lives in Lebanon, New Hampshire, where she writes for Dartmouth College and other organizations.



Susan Nye

A corporate dropout, Susan Nye left a 20-year career in international sales and marketing for the fun, flexibility, and fear of self-employment. She is a writer, speaker, entrepreneur, and cook. Susan's work appears in magazines and newspapers throughout New England. Her favorite topics include family, food, and small business. You can read her weekly blog online at www.susannye.wordpress.com.



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—Patti Friedman, Associate Director, Carter Community Building Association.

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Around About

BY CASSIE HORNER

The motto of the race is simple,
"No hassles, no crowds, no
un-needed tee shirts!"



*Young runners set the pace.
Photos by Lars Blackmore.*



ANNUAL NORWICH LABOR DAY ROAD RACE

Not much costs only one dollar anymore, but the Annual Norwich Labor Day Road Race sponsored by the Recreation Department on September 6 is one of them. For more than 20 years, the road race has attracted folks who register for the suggested donation of one dollar entry fee to take part in one of two races with friends and family.

The race is all about having a good time while enjoying some exercise. It is designed with a low-key atmosphere, lots of good prizes from local sponsors, and snacks of such goodies as watermelon and bagels. About 125 people race, with uncounted others who line the route cheering the runners on their way.

The motto of the race is simple, “No hassles, no crowds, no un-needed tee shirts!”

The short distance race of 2.2 miles is for kids, families, and people who want a leisurely, nearly flat ground excursion (not an easy thing to find in the hills of Vermont). It begins at the Green in Norwich, heads down Main Street away from Hanover, left onto Turnpike Road, left onto Moore Lane, left onto Beaver Meadow, and left onto Huntley Street loop, back to Main Street and the Green.

The longer distance race of 6.4 miles/10K is still leisurely but offers some slightly uphill terrain. It starts the same as the short race but continues on Turnpike Road to a turnaround and water stop just before the road turns to dirt. The slight downhill on the way back is the reward, before the right onto Moore Lane, left on the Huntley loop back to Beaver Meadow, and a right onto Main Street and the Green.

“Everyone is welcome,” says Rec. director Jill Kearney. “People can run as a family. A lot of families do the short race.”

Registration is held from 8:30 am to 9:30 am on the Green. The race is held rain or shine; the 2.2 mile at 10 am and the 6.4/10K at 10:05.

For more information and to volunteer, call Jill Kearney, (802) 649-1419, ext. 5 or visit www.norwich.vt.us and find the Recreation Department and the Labor Day Road Race.





UPPER VALLEY RIVER EXPLORATIONS

The great Connecticut River and more intimate Ottauquechee, along with Silver Lake, will reveal some of their secrets during a series of relaxing canoe and kayak journeys in the autumn evenings. Hannah Putnam, the Education Programs Coordinator from the Vermont Institute of Natural Science, is the naturalist. She teams up with guide Marty Banak of Wilderness Trails to explore little islands, tucked-away marshes, and

bird habitats.

“It’s a behind-the-scenes look,” Putnam says. “We have permission to access places from someone’s private property. The series was very popular in the spring so the canoe and kayak trips are back by popular demand. It’s an excuse to go out with other people. The feedback we get is that folks like the mix of recreation and social time and the beauty of nature.”

Banak provides the technical expertise for whatever boat people choose. (Participants can bring their own or rent one from Wilderness Trails.) “It is a relaxing, not a hard-core, paddle,” Putnam says of the trips.

The fall series begins September 10 with the Connecticut River trip. For more information about registering and pricing, call (802) 359-5000.

If your inclination is to stay on solid ground to explore autumn’s natural beauty, Vermont Institute of Natural Science (VINS) is once again offering hikes into Quechee Gorge—a “Little Grand Canyon” that measures 180 feet deep and is about three-quarters of a mile in length. Suitable for ages eight and up, the hike under the direction of VINS staff leads hikers over the moderately steep terrain on the 1.25-mile trek. These hikes, set for September 19 and October 3, are included with the price of admission to the VINS Nature Center in Quechee.





A group explores Quechee Gorge.



Paddling on a relaxing kayak trip.
Photos courtesy of VINS.

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SOCCER FUN

*Youngsters practice soccer skills.
Photo by Lars Blackmore.*

slice of their child's life with peers so they know all of their child's friends."

The program's success also comes from the emphasis on fun. "We want kids to love the sport and have a ball," Kearney says. "Within that there is a fo-

The world's eyes were all on soccer last summer with the World Cup events in South Africa. On the local soccer scene, elementary school students from the Marion Cross School in Norwich have been taking part in the Norwich Recreation fall soccer program that traces its beginnings back 20 years. The program attracts about 200 kids, kindergarten through sixth grade—about two-thirds of the entire school population. One of the reasons for its popularity can be traced to the coaches who endeavor to challenge all of the kids.

"We are completely dependent on the wonderful volunteer coaches," says Jill Kearney, Rec. director. "Often they stay with it from third through sixth grade, and sometimes K through sixth. This is great because the coaches know the kids and know where they are starting from each year. Coaches get to see an inside



A hard-fought game. Photo by Lars Blackmore.

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The Norwich soccer team.
Photo by Matt Swett.

cus on individual skills since there is a wide range of levels within a grade.”

The K-2 students ease into the program with a one-hour session each week. Beginning with third grade, the participants practice two times weekly and also have games to compete with Upper Valley teams.

One of the highlights of the activity is that students at Marion Cross School engage in it together. “They are all here as a class, grade level, and a community,” Kearney says. “In the sixth grade, they really cherish the experience, recognizing it’s the last time they will be together as a group since in the seventh grade there are tryouts and ability judgments.”

Registration for Fall 2010 is now completely online, and begins Thursday September 2. For details, visit www.norwich.vt.us and click on the Recreation Department for an online form and details about the program.



Protecting the ball. Photo by Matt Swett.

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*Pattie and Toby Fried
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IT'S BUSINESS AS USUAL,
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After 14 straight years of being voted "Upper Valley's Best Spot for Breakfast," Hanover's iconic Lou's recently earned an even prouder distinction. In November of 2009, Lou's became the first independent restaurant in New Hampshire to be certified green by the Green Restaurant Association (www.dinegreen.com). And owners Pattie and Toby Fried are determined to continue to do the hard work necessary to keep their restaurant "green certified," a task that requires them



to add more environmentally friendly practices to their restaurant each year.

GOING GREEN

The “greening up” of the famous breakfast and lunch spot began several years ago, when Toby and Pattie Fried visited their son Daniel in college in Chicago. “I began noticing this logo in many of the restaurant windows. It piqued my interest and I Googled ‘green restaurant,’” Pattie says. “I was mortified when I saw the impact that restaurants have on the environment.”

Pattie did more research, and she and her husband Toby found that many of the changes they needed to make for the certification would ultimately save them money on electric and water bills. They switched to energy-efficient lighting and put motion sensors in areas that don’t require constant lighting. They purchased new water spigots to save water. They needed a new dishwasher anyway, so they replaced it with an Energy Star model.

Haley Armstrong of Sunapee serves a traditional strawberry ice cream soda.

One of the biggest pet peeves of the GRA is Styrofoam, so that offensive material can no longer be found in the restaurant. Because Lou’s will no longer be shipping their Austrian Stollen rolls in Styrofoam peanuts, the office staff now shreds their paper and plans to use that for packing during the holidays. Paper products used in the restaurant are now all biodegradable and eco-certified, and the restaurant recycles everything possible with the help of Dartmouth Recycling. Even the cooking oil is being used as biodiesel fuel. Produce is purchased locally when possible, and the chicken is now free-range and antibiotic free. Biodegradable bottles of water are available for purchase in the cooler.

COMPOSTING SOLUTIONS

Pattie laments that the most difficult and most expensive part of the greening

process has been composting. Compost pickup costs three times the amount of regular trash pickup, and composting makes it more difficult for employees to sort waste. With an offer of help from the Sustainable Hanover Committee, Pattie hopes to find better options for composting pickup, as well as training for her employees.

In general, her employees feel positive about her “greening” efforts, but she finds that a few workers have never recycled at home and need more training. Some of the green rules have changed the employees’ job descriptions in subtle yet challenging ways. For example, the wait staff no longer brings customers drinking water unless it is requested, saving water and energy from dishwashing and ice usage. However, wait staff then lose those precious few minutes in their serving routines where customers



The bakery case features an array of delectable cakes and cupcakes.

are momentarily content before ordered beverages can be delivered.

Despite the small changes to service, customer reaction to the GRA certification has been heartening for Pattie. Customers often stop at the register and thank her for her efforts, saying things like, "It's great you're going green!"

KEEPING THE TRADITION

But Pattie is well aware of the responsibility she and Toby have to returning customers to keep Lou's from changing too much. Some people come every year on their way to summer camp, she explains, and former students return for reunions. Everyone wants to find that



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familiar setting and hearty meal at decent prices. Some still ask for Lou, Pattie says wistfully, as she explains that he passed away in 2003. "We miss him," she says. "He was such a great guy."

Keeping all of Lou's perennial favorites on their regular menu, Pattie and Toby also create a Seasonal Specials menu. This summer the Sweet Potato Hash and the Egg White Goat Frittata were two new favorites, according to chef Shawn Nelson. Traditionally, breakfast at Lou's is all about different concoctions of eggs, bacon, piled high pancakes, and/or the famous Lou's Cruller French Toast.

Lou's is also well known for its lunch sandwiches, burgers (including a veggie burger), soups, and salads, and they offer daily and weekly vegetarian specials. Lou's bakery serves muffins, Danishes, "mile-high pies," and a variety of cakes, cookies, and donuts. (Don't leave town without trying donut chef Pasqual Lopez's raspberry jelly-filled donut.) Lately Toby has been experimenting with differ-



ent kinds of cupcakes, and a gorgeous cupcake version of his Chocolate Mousse Cake (my family's ultimate favorite) was on sale. Pattie says Toby is happiest when he spends the day in the bakery, creating new recipes. Recently, Toby has added the popular new "photo cakes" to his repertoire. Customers upload a photo to Lou's website, and the top of their cake displays the photo in the icing.

A GREAT HISTORY

Pattie shakes her head in amazement when she admits they have owned Lou's for almost 19 years. When Toby saw layoffs coming during the 1980s recession, he left his job as an engineer and graduated from Johnson & Wales University Culinary Arts program and the Baking and Pastry Arts Program at the Culinary Institute of America, and at one point worked at the Ritz. In 1987 the couple moved from Boston to the Upper Valley to start a family, and Toby worked at several bakeries in the area before buying Lou's from Bob Watson in 1992. Toby grew up in Austria, so he wanted to have a local place that served good "schnecken," a hazelnut-

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DINING OUT



Lou's features a selection of fresh pies. The seasonal peach blueberry is made with local berries.

filled pastry shaped like a snail. Lou Bressett, the eponymous original founder of the restaurant and bakery, had retired in 1980 after 33 years, but he was a daily visitor as Pattie and Toby worked to fix the place up and return it to its former glory. The Frieds called Lou “the Board of Overseers,” Pattie recalls, tearing up, “and he became a mentor” for them. In fact, Lou cut the cake for the restaurant’s 50th anniversary party in 1997, and his wife Ann cut the 60th anniversary cake.

About four years ago, Pattie and Toby renovated the interior décor back to its original yellow and green retro style with new paint, “boomerang” patterned tables, and 1950s-style booths, but one thing that will never change is the black and white photos on display, depicting scenes from Lou’s during other eras along with shots of distinguished guests. Once, years ago, former owner Bob Watson briefly took down those photos in an attempt to appease Gloria Steinem (who had complained they were male dominated because Dartmouth had once been an all-male school), and the protests to return the photos were heard as far out as an article in the *Wall Street Journal*.

Today the largest photo in the back of the restaurant depicts a counter scene with several male customers and a waitress. A few years ago a woman pointed

out her husband as the young man working behind the counter in that photo. Now in his 60s, he was returning with his wife to Hanover for the first time since graduating. He talked about losing his scholarship to Dartmouth, and how the job Lou gave him helped him finish college. A few months later, the man returned with his kids from Connecticut to show them the photo also.

JOIN THE CROWD

Returning and regular patrons at Lou’s are familiar with the line of waiting customers that forms along the wooden divider between the bakery counter and the dining area. Signs read, “No Wait at the Counter,” and “Line Begins Here.” A red and yellow sign reads, “Hyper-Caffeinated Coffee Shock Therapy Administered Here.” A blackboard declares in colored chalk, “Find us on Facebook.” The place is packed, as usual, but the morning rush is alleviated by the street-side table outside under the awning with pastries, donuts, and beverages. It’s business as usual, only greener, at Lou’s. ☺

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1. Guests enjoying a Parrish blue sky on the terrace of the historic Show House backdrop at the Juniper Hill Inn.
2. Cheryl Frisch, Show House Co-Chair & publisher of *Image* and *Here in Hanover* magazines with Geoffry & Noelle Vitt.
3. Maggie Neely & Robert Peeter.
4. Gary & Robin Neal and Richard & Evelyn Slusky and others enjoy appetizers.
5. Elegant flower arrangements by Lebanon Floral and Plants.
6. John Dolan, President of VINS, Debbie Williamson, Susan Williamson, and Nancy Thornton.
7. Hillary Aptowitz and Grant Van Inderstine.
8. Heather & Gwyn Gallagher.
9. Cheryl Frisch, publisher of *Image* and *Here in Hanover* magazines and Robert Dean, owner, Juniper Hill Inn, Show House Co-Chairs.
10. Frank Vignard & Deborah Crosby (Asid).
11. Marjorie & Robert Gordon, Loretta Weitel, and Diane Liggett.
12. Patricia Waite, Hospital Auxiliary President, and friends.
13. East Bay Jazz Ensemble.
14. A delicious variety of appetizers was created by chef Lyda Lemire—the caviar was consumed in 12 minutes!

enjoyed the swing tunes of the East Bay Jazz Ensemble, as did the rest of crowd. Information on upcoming Show House events, sponsors, and beneficiaries or how you can volunteer as well as \$5 raffle tickets for a fabulous trip to the Azores are available online at www.newenglandlivingshowhouse.com. ☺

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“You want to hike where?” asked my son Parker with trepidation. He had never been to the top of Balch Hill (elevation 956 feet) despite residing for all 13

years of his young life in Hanover. “And you want to do what?”

“Fly kites!” I replied. “It’s a short hike, only a quarter mile. It’s such a nice day. Come on, it will be fun.”

It was dead calm outside our home, but grudgingly he consented. He dug out his two kites, acquired several years ago on a vacation to Martha’s Vineyard and since buried in the back of his closet. »

Grassy clearing at the top of Balch Hill.

A half hour later, we pulled into the small dirt parking lot at the top of Grasse Road, and then walked up the Grasse Road Trail to the top of Balch Hill in anticipation of the Hanover Conservation Council's annual kite day. Based on the two other cars in the lot, I figured kite day would be modestly attended at best. What I failed to figure was that many approaches to the summit among Grasse Road Trail were lesser used this day. There are six trails to the top: Grasse

across its sleek face, and joined the fray. "This is so much fun!" he shouted an hour later, breathless, as he prepared for another sprint. Each time he launched his kite, it flew a few yards above his head for the duration

"Many in the Dartmouth community felt passionate about keeping Balch Hill available for everyone to enjoy, not just a handful of residents."

— Gail McPeck, a member of the Hanover Conservation Council

Road Trail, where the largest parking area is; Hemlock Road Trail, which also has a parking lot; Fire Trail, which begins on private land; Maple Trail, off Reservoir Road above Storrs Pond; Hunter East Trail, at the end of Morrison Road; and Plane Trail from Rip Road. These trailheads help define the flanks of this Hanover landmark in every direction.

GETTING AIRBORNE

As we crested the top of the hill, we found dozens of parents and kids with smiles as wide as the several-acre clearing all running here and there trailing colorful kites. Parker quickly constructed his kite, a large black wing with strips of orange and gold

of his run, and then skittered back to earth.

As the afternoon waned, the wind picked up slightly. During one particularly vigorous gallop down the field, his kite climbed just high enough to catch the prevailing breeze above the ring of forest and took off. It climbed higher and higher. Soon Parker's kite was the high flier. He grinned with pleasure, unwinding copious amounts of thin nylon string from the bright orange reel in his hand. Fifteen minutes later, the wind waned, and his black wing began to sink.

"Reel in!" I urged, but it was impossible to bring in the line fast enough. Everyone watched as Parker's kite slowly dropped to the treetops near the edge of the clearing and snagged on a towering yellow birch. On the third tug, the knot let go. Parker reeled in the string, his black beauty still lodged 40 feet above the ground in the middle of the forest. Sad to lose the star of Kite Day but pleased with its remarkable flight, we headed for home. I would be back a week later and promised to attempt a kite rescue if it had somehow dislodged itself.

INSPIRATIONAL SCENERY

The occasion for my second visit to Balch Hill was Artist's Day. Three local artists made the short trek to the top of Balch Hill to spend a quiet afternoon sketching or painting. Foliage obscured much of the view, but you could still see Mount Ascutney over layers of hills to the southwest, Killington, and other lower hills on the western side of the Green Mountains. Betsy Derrick, a local painter who exhibits her work in various galleries around New England and abroad, was the featured artist of the day. As she set up her easel, she

The highest flier on Kite Day.





A kite takes off.

explained how the prehistoric glacial lake, Lake Hitchcock, once flooded the Upper Valley. Mount Ascutney and Balch Hill were islands in the lake.

"I have challenged myself this year to combine being more active with my artwork," says Derrick. "My visits



Gale McPeck, member of the Hanover Conservation Council, on kite day.

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to Balch Hill have given me a good start." Derrick is currently working on a series of three oil paintings inspired by the scenery on Balch Hill and her musings about Lake Hitchcock and "Ascutney Island."

Both Kite Day and Artist's Day are programs of the Hanover Conservation Council, a local nonprofit organization with 400 members whose mission is to conserve the town's special natural areas for the enjoyment of the public and to promote an appreciation of those natural areas. Balch Hill was its first acquisition 40 years ago. Its other holdings include the Mink Brook Nature Preserve, the

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Rock sign in the summit clearing.



“I have challenged myself this year to combine being more active with my artwork. My visits to Balch Hill have given me a good start.”

— Betsy Derrick, local artist

Artist Betsy Derrick at work on a picture of Mount Ascutney from the top of Balch Hill.

Greensboro Ridge Nature Preserve, and the Slade Brook Nature Preserve, though since it was founded in 1963, it has partnered with the Hanover Conservation Commission (a town-appointed group) and the Upper Valley Land Trust to conserve over 20 parcels. Volunteers maintain the trails, clear views, remove invasive species, and improve wildlife habitat, making these green spaces enjoyable for hiking, picnicking, bird-watching, cross-country skiing, snowshoeing, and many other outdoor activities. But Balch Hill is special, perhaps because it was the first.

THE HISTORY OF BALCH HILL

Originally named Corey Hill after William Corey, who received the original land grant in 1761 from Governor Wentworth, it first appeared on a map as Balch Hill in 1915. However, through the first half of the 20th century, it was more commonly called “Dewey Hill Pasture” after Melvin Dewey, its owner at that time. Adna P. Balch, for whom the hill is officially named, was a prominent Hanover resident in the 1800s who owned a local gas company, served in the state

legislature, and owned the summit as part of a 125-acre tract.

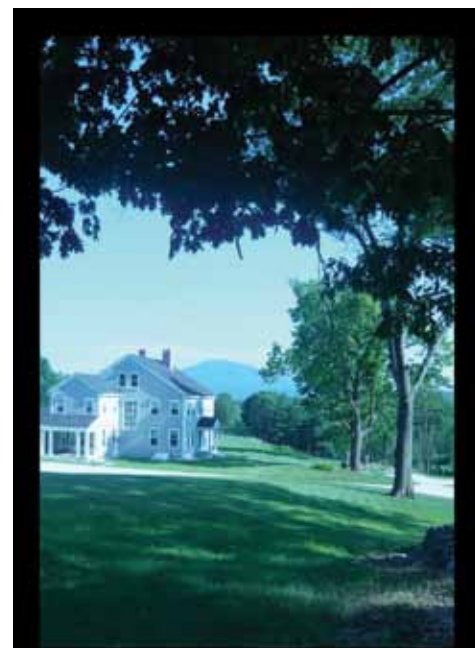
Though most of Balch Hill is now forested, it was historically pastureland, but with other uses as well. Hanover’s legendary hermit Sally Duget subsisted in a small hut on Balch Hill for over 30 years until she died in a snowstorm in 1854. The Dartmouth Ski Team trained and hosted its races there from 1926 until World War II. It was also considered one of the prime pieces of real estate in the Upper Valley due to its 360-degree view.

In 1973, just after developing Levittown on Long Island, Levitt & Sons initially proposed building 126 condominiums atop Balch Hill. The condo development was turned down by Hanover’s planning board, so Levitt & Sons changed its proposal to 49 house sites. It was this threat of development on Balch Hill that mobilized the Hanover Conservation Council to raise money for its first land purchase in order to conserve this unique tract of land.

“The farmers that owned Balch Hill wanted to conserve it, but they couldn’t donate the land,” explains Gail McPeck, a member of the Hanover Conservation



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A painter on Balch Hill on Artist's Day.

Council. "They needed to get some money for it. At the time, Council members, neighbors of Balch Hill, and many in the Dartmouth community felt passionate about keeping Balch Hill available for everyone to enjoy, not just a handful of residents."

The results of their efforts, which required not only money but also a legal battle that ended with a New Hampshire Supreme Court ruling, was evident on Kite Day. Watching the dozens of local children trailing colorful kites in various stages of flight, it was hard to imagine the open hilltop as a maze of houses. The council's efforts are also evident strolling along Balch Hill's trail system. On our approach to the summit, Parker and I heard a barred owl, glimpsed a whitetail doe, squirrels, and chipmunks, and saw a half dozen species of birds.

When I returned a week later for Artist's Day, I marveled at the tall pines, photographed bluets and other wildflowers along the trail, and then sat for an hour in the peaceful clearing. Artists sketched. A couple tossed a Frisbee, and three new mothers with their happy infants enjoyed a picnic under the lone maple tree in the middle of the meadow. I glanced at the birch where Parker's kite had lodged itself. The kite was gone, likely carried away by a strong wind, hopefully to another child that will delight in its flight at a future Kite Day. ☺

For information on the Hanover Conservation Council, go to www.hanoverconservation.org.

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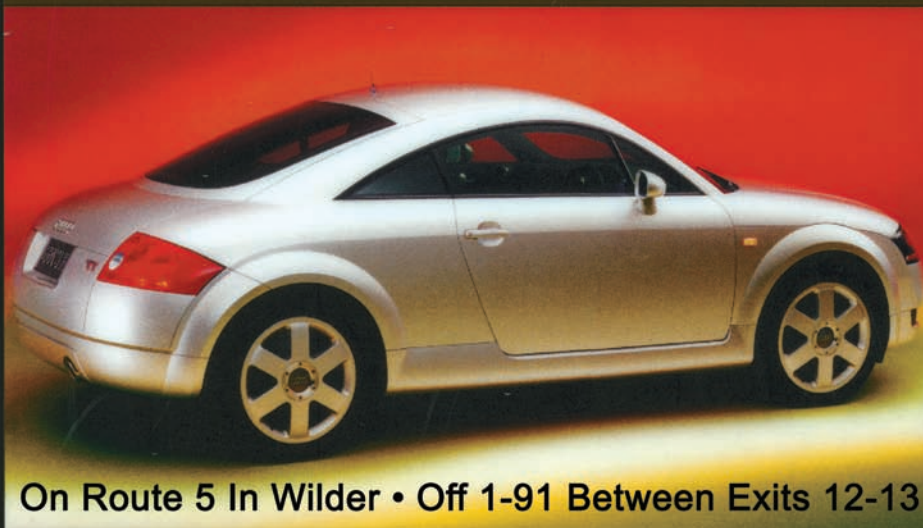


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It's easy to walk right past Bean's Art Store in downtown Hanover. Between Ledyard and Citizens Banks on South Main Street, there are some shrubs next to a pebble path, and a handwritten sign pointing back behind the banks. The little shop at the other end of the pebbles is Bean's Art Store.

It's a small shop that used to be the paint department of Hanover Hardware. Inside is an enticing jumble of art supplies, from finger paints to professional grade, sculpting supplies, handmade papers, and supplies for architects and draftsmen. »

Top: Heather Cantlin, Polly Johnson, and Larry Howard.

Above: Brushes galore!

FRAMING SERVICES

Custom framing is a large part of Bean's business. "Framing is a fulltime job in and of itself," says Heather Cantlin, the store owner. She does her custom framing in front of a wall full of colorful mats. The store has a selection of Vermont hardwood frames among others, or customers bring in their own. Heather mats and frames paintings and photographs. "She has a real eye," says local artist Amanda Dowd-DeRoy. "It's amazing the work that she does around a painting or a pastel. She can turn something ordinary into something extraordinary with the matting and the colors that she chooses. She's very talented."

Decorations around the store have a personal touch. There are hanging strings of origami (yellow butterfly, silver dog, purple dragon), which local origami artists drop by now and then. A childhood painting by Heather's son Anthony hangs over the brushes, and one by her son Nic sits above the door. Next to it is a small painting by a Dartmouth



Vermont Hardwoods is just one of the custom frame company choices available at Bean's.

art student with a note: "Thanks for all the Dum Dums," the lollipops he used to pick up for free when he came in for art supplies. And a colorful border with a

stained glass effect was painted around the store window almost 30 years ago by Canaan artist Gary Hamel.

FAMILY TIES

Bean's Art Store is a story of generations. It was named after Heather's grandfather Mike (Milton) Bean. Both Mike and his wife Madeleine went to Hanover High School, and Mike worked with his daughter Polly at his Norwich nursery, Rooftop Gardens, which produced prize-winning Norwich parade float flow-ers. Madeleine rode her horse to high school for four years, and then to work every day for a couple of years at the old Hitchcock hospital. Concerned that their family name would disappear in a family of daughters, Polly Bean Johnson founded Bean's Art Store in Hanover in 1982, and her father lived to see it.

In 2005 the next generation was handed the reins, and Heather, Polly's daughter, who had already had a career as a chef, took over day-to-day operations after working with her mother



Carrie Flanagan asks, "Where do these go?"



Heather works on a framing order.

for 11 years. Heather was the same age that Polly was when she first started the store. Local representational Impressionist artist and teacher Larry Howard worked with Polly from the beginning, and while Polly considers herself retired and Larry no longer works there, they're both often in the store pitching in to help with some bookkeeping or unloading supplies.

LOCAL AND PERSONAL

A longtime painting teacher, Larry drops by daily and sees some of his old cus-

tomers. Larry didn't just frame and sell supplies; he guided both budding and established artists who came into Bean's for advice. Some customers who walked in the store doors thinking they might like to try painting have become teachers. "I had priceless experiences here," says Larry. "I framed a privately owned Monet for a wonderful local gentleman whose family used to have Monet himself over for dinner, and I met young people who gave me hope for the future. I met people I had just watched on PBS documentaries about studies in the



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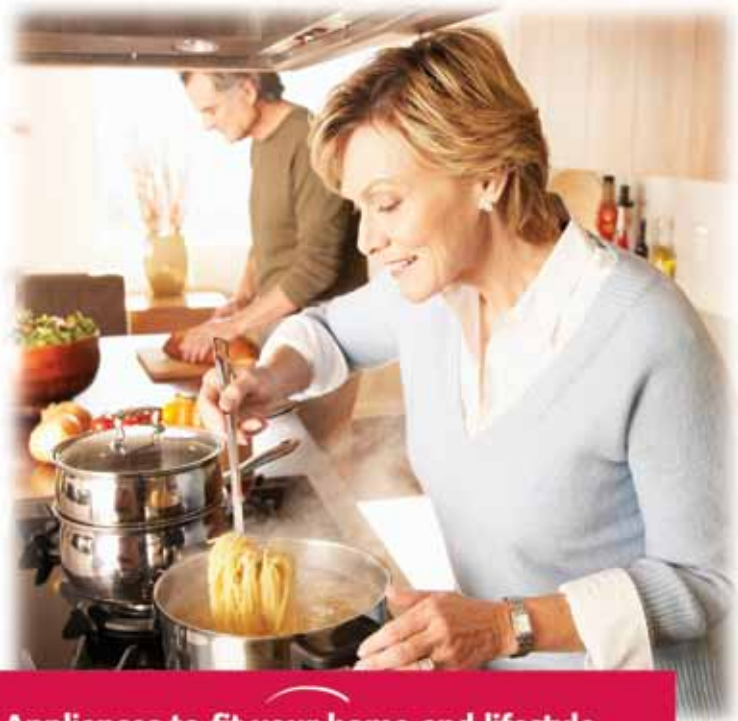
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Polly Johnson prices watercolor sketch pads.

Amazon, and I met animation majors who invited us to their frat house and later went on to Hollywood and kept in touch, sending Christmas cards and inviting us to their premiere of *Cloudy with a Chance of Meatballs* at the Hop. We have a wall of post cards and notes students would send from overseas and across the country. You can have these experiences only in a town like Hanover.”

FAMILY AND INSPIRATION

Heather hopes that another young generation might carry on the family tradition. Her sons Anthony, 16, and Nicholas, 12, are part of the store. The young men already “know the ropes,” says Heather. Nicholas drew visitors just by playing in his playpen in the store as a baby, impressed his math teacher by ringing him up at the register at age eight, and now has original artwork for sale. Anthony is a promising painter and portrait artist.

“Many of our customers come in for coffee and conversation, to get a treat from the candy jar—or the dog cookie box for our four-legged friends—or

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even just share a joke for the day. These customers have become part of our lives,” says Heather. “We have some seniors who need deliveries because they do not drive anymore, and customers who have become friends at Kendal who have even become part of holiday get-togethers at Mom’s house.”

In this family business, the word “family” is often extended to longtime customers, and they use the word right back. Loyal customer and local artist Amanda says, “I remember the first time I was going to do a show, I said, ‘Am I going to look like an idiot?’ Heather said, ‘No, no, no, you’ll be fine.’ So she’s an inspiration. The last show I had at the Coolidge, Heather went, and she brought me flowers. Larry went, and he said he loved my work. You just can’t beat that. They’re like family.” ☺

Geoff Gunning is originally from the Washington, D.C. area. He was a State Department “brat,” growing up in Thailand, Kenya, India, and Pakistan. He’s been in the Upper Valley for 11 years. Geoff is a freelance writer and an editor for an FC (soccer club) Barcelona website.

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Umpleby's Bakery is owned and run by baker Charles Umpleby and his wife Carolyn. The bakery was established in Vermont in late 2000 and moved to Hanover in late 2007. Charles and Carolyn are continually working towards a "bakery utopia" in a town where the small, family-owned business is still a possibility. We use only the best ingredients (there are no chemical infusion or packet mixes used in our kitchen). We strive for great food, beautiful surroundings, a happy staff, and happy customers. Good food and a good neighborhood make for a great quality of life. We are open every day.

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AUTUMN

My New England

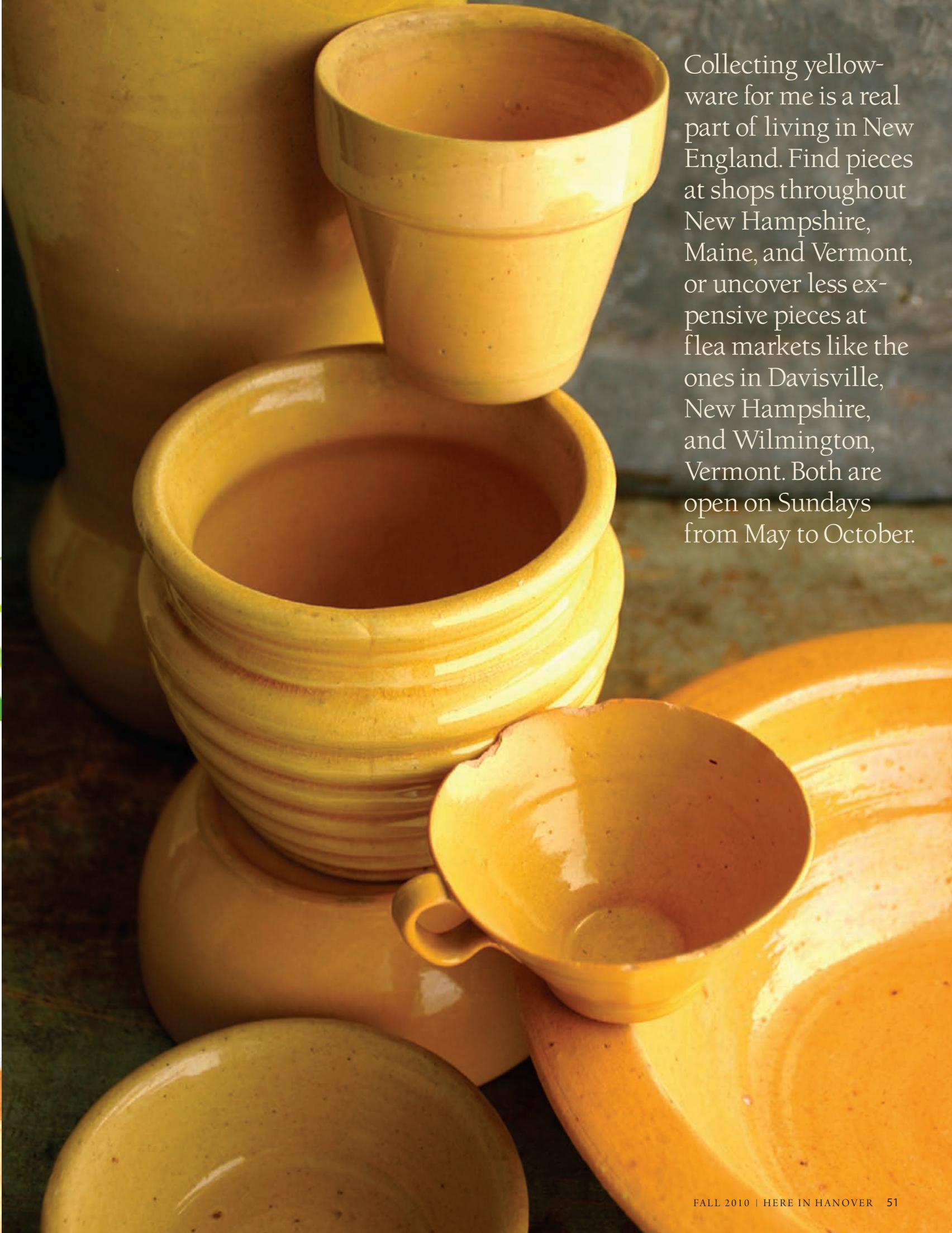
You would think living in New Hampshire all my life I would tell you it's the glorious summers that I long for—those warm and sunny days when the mercury hits 85 and the iced tea flows freely. But in fact, it's not...it's the spectacular autumn that I so look forward to savoring every year. Here are a few of my favorite inspirations of the season that keep me looking forward to fall.

SQUASHES IN ALL SHAPES AND COLORS
NOT ONLY INSPIRE GREAT MEALS
BUT ALSO SUGGEST BEAUTIFUL HUES FOR
ALL KINDS OF DECORATING PROJECTS.

Produced, photographed, and written by Matthew Mead, www.matthewmeadstyle.com

Autumn wreaths are a real passion of mine. I look for inspiration everywhere, like the farmers' markets, garden centers, and even the last of the blooms in my own garden. For large blossoms, use water picks and a foam oasis wreath form to keep the wreath fresh for several days.





Collecting yellowware for me is a real part of living in New England. Find pieces at shops throughout New Hampshire, Maine, and Vermont, or uncover less expensive pieces at flea markets like the ones in Davisville, New Hampshire, and Wilmington, Vermont. Both are open on Sundays from May to October.

Pie and Bakelite flatware go hand in hand. My family adores this peanut butter chiffon version trimmed with honey-kissed nuts. I like to serve it with vintage Bakelite forks and spoons from antique shops like The Fairgrounds Antiques, Keene, New Hampshire.



This pie is a cool and airy relief after a large holiday meal. I have provided the traditional recipe, but I often double the ingredients to pile the filling high and make parfait glasses with the leftovers.



Peanut Butter Pie

Serves 6

This no-bake peanut butter pie really delivers fluffy folds of chiffon spiked with a sweet and salty peanut taste.

8 oz Philadelphia cream cheese
½ cup peanut butter
1 cup powdered sugar
1 tsp vanilla
½ cup milk
2 ½ cups freshly made whipped cream
1 baked 9-inch graham cracker crust

In a large mixing bowl, mix together the first 5 ingredients, and fold in whipped cream. Spread in prepared 9-inch pie crust. Place in refrigerator for two hours to fully set. Garnish with more whipped cream and finely chopped peanuts.

Thanksgiving at the Mount Washington

CREATING A
NEW TRADITION

STORY AND PHOTOGRAPHY BY LISA DENSMORE

*T*hanksgiving is my favorite holiday. I spend my entire day sipping java and later wine, catching up with family and friends who have convened at our house for most of the last 20 years, and cooking, one of life's great pleasures. But sometimes it can be too much of a good thing.

Last year, I served turkey to 25, an all-time high, which meant removing most of the living room furniture to set a table long enough to accommodate the adults. The children sat at a separate table in the kitchen. When it was over, with the last chair back in place and the final platter washed, I vowed to limit Thanksgivings to a more manageable number.

Little did I know that a year later, the masses would

disperse—my brother to coach skiing, my parents to Florida, and friends to the Himalayas. Our neighbors expected 15, so they decided to do their own dinner. Without warning, our super-sized Thanksgiving diminished to just my immediate family of three. Try planning a traditional Thanksgiving dinner for three. It's impossible. The smallest turkey weighs about 15 pounds. Cutting every recipe in half still creates enough



LARGE PHOTO AND LEFT: COURTESY MOUNT WASHINGTON RESORT





food for a dozen with a week of leftovers. Plus, where would the fun be, the socializing, the ambience that only a lively, festive crowd could create?

A DIFFERENT KIND OF THANKSGIVING

Unwittingly, my 12-year-old solved my holiday dilemma. His ski team was planning its first day on-snow at Bretton Woods on the Saturday after Thanksgiving. By coincidence, the Mount Washington Hotel, the castle-like grand hotel by the ski area, was offering a Thanksgiving ski-and-stay special. Perfect! This year, I would ski instead of cook, yet eat like a queen; relax in a hot tub rather than scrub every dish, glass, pot, and pan in the house; and maybe go snowshoeing or sledding if there were enough snow. And the cost? About the same as I would spend on Thanksgiving for a dozen at home. Little did I know that was only a small part of the many holiday delights that awaited us.

We departed after breakfast on Thanksgiving Day, arriving at Bretton Woods by midmorning and went directly to the ski slopes. My expectations were marginal. After all, it was only November 24th. I was pleasantly surprised. While



not every trail was open, we could ski top to bottom with several options on the lower mountain. The conditions were downright midwinter quality. By 2 pm, our legs burned with 1,000 turns, even

with an hour break for lunch. We decided to check into the hotel. Thanksgiving dinner in the main dining room was already well under way, beginning at 11 am. The last seating was at 4 pm.



A RICH HISTORY

The Mount Washington Hotel is no ordinary ski lodge. Built in 1902 by Joseph Stickney, a native of Concord, New Hampshire, who became a railroad tycoon, the Mount Washington stands like a Spanish palace framed by its namesake peak. A national historic landmark, it was the location for a conference of 700 delegates from 125 countries who met in 1944 to establish the World Bank and International Monetary Fund. As a result of the conference, the gold standard was established, the American dollar became the benchmark for worldwide exchange rates, and the Mount Washington Hotel became synonymous with mountain elegance.


WELCOME TO THE MOUNT WASHINGTON



I expected an aura of Thanksgiving at the hotel, but instead of pumpkins, hints of turkey, and a New England harvest, I walked into Christmas. Every pillar in the elongated lobby was bedecked with veil-like wreaths and red ribbon. Every flat spot glowed red with poinsettias. A rotund Christmas tree of poinsettias sat squarely in front of the check-in counter. "Welcome



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to the Mount Washington,” said a friendly clerk, “Would you like to check in?”

Moments later, key in hand, my son pulled me to the elevator across from the check-in area, a hand-operated contraption with an operator inside who looked as antique as the elevator. The elevator only added to the nostalgic elegance of the place, though I might have gotten to the room faster via the broad sweeping staircase.

The hotel has three floors of rooms that run the length of the building, but we were on the fourth floor in a “tower suite,” which required climbing a set of narrow stairs from the third floor. I glanced at the gold plaques on each hotel room door as we passed by. Each plaque was engraved with a name and a country of the diplomat who had stayed in that room during the world monetary conference. Many of the rooms had a second nameplate as well, with the name of the person who had stayed there during the hotel’s millennium celebration. The only name I recognized on the long wide hallway was Carl Sandberg, though I couldn’t imagine why a poet would attend an economic summit. Maybe this was a different man with the same name.

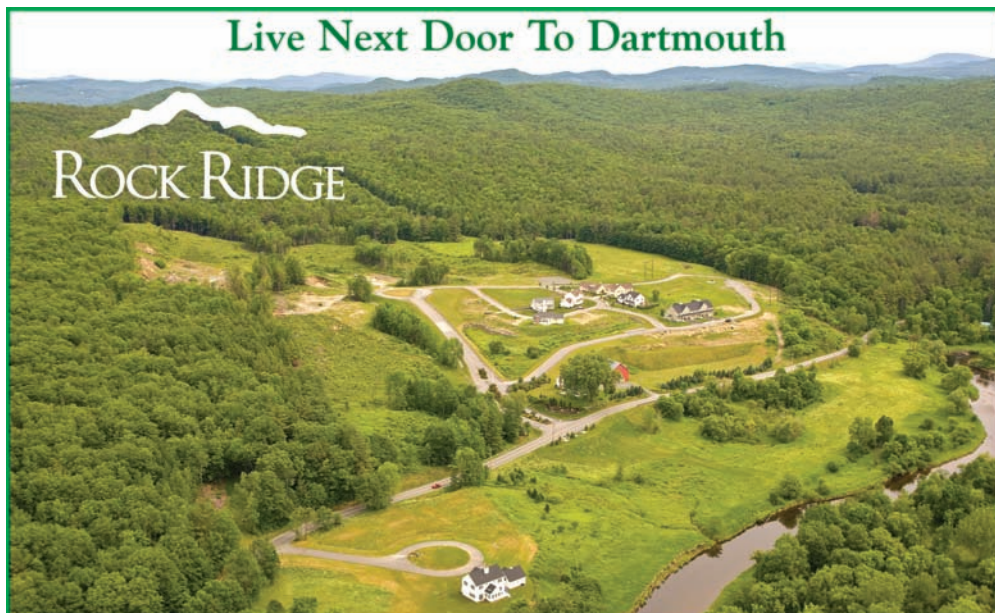
**LUXURY, CHARM,
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The tower suite was unlike any hotel room I had ever slept in. Located



in one of the hotel's turrets, it had two rooms and two bathrooms connected by a landing with a long recess cut into the wall. The recess, a carpeted deep shelf, harkened back to the days of large steamer trunks, dwarfing my small, airline-friendly duffel. I left it there anyway. A wave of Old World nostalgia left me pinning briefly for a bygone era when travel was a civilized, privileged affair. It was a special room, one of those hotel rooms that even a well-traveled person would never forget. The furniture was Victorian, ornately carved and upholstered in red velvet. The beds were layered in mountain luxury—feather beds topped with down quilts.

From the bedroom I spied Crawford Notch, one of the few passes through the rugged White Mountains. From the living room, Mount Washington, flanked by Mounts Franklin, Pierce, and Eisenhower to the south and Mounts Adams and Jefferson to the north, guarded the



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early winter landscape like white sentinels in an expansive blue state room. Ten years ago, the hotel was winterized and extensively renovated, yet it still retains its original charm. Gazing at the regal Presidential Range, I imagined myself a diplomat sequestered here during World War II negotiating global economic reform. I wondered how many of those dignitaries found inspiration in this same glorious mountain panorama. “We better hurry and get changed, or we’ll miss the dinner,” pressed my son, waking me from my daydream.

AN AMAZING DINNER

One interesting quirk of the Mount Washington Hotel is its dress code. Men must wear jackets to dinner in the main dining room, and women must wear the equivalent, not only on Thanksgiving, but always. Tying my son’s tie was no rushing matter. I finally gave up, hoping the maitre d’ would be lenient with a 12-year-old.

The maitre d’ either didn’t notice my tieless son or was too busy to care. The dining room was a hub of activity. While patrons relaxed to strains of Chopin and Rachmaninoff lilting from a grand piano, wait staff scurried to and fro attending to their every whim. Every table was full. The Mount Washington serves Thanksgiving to 700 of which only half are guests of the hotel. Some people had driven several hours just to eat. And though we were among

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the last to be seated, there was no shortage of food. The main buffet stretched 40 feet. There was also a kids' buffet, a meat carving station with four chefs in tall white hats tending the turkey, prime rib, pork loin, and lamb, and a dessert table nearly as long as the main one. This was going to be at least a four-trip affair just to carry the soup, salads, breads, meats, vegetables, and sweets back to our spot. Even if I took one taste of each dish, it would be more food than I eat in week. What to pick?

I decided to savor only those items that I couldn't make myself. Pumpkin bisque, Jarlberg mashed potatoes, and flan with blackberries were among the many delectable treats that passed through my lips that afternoon. The cranberry sauce was to cranberries as demi-glace is to gravy. Nary a dirty dish loitered on the white linen. It was a princely meal, an impossible feast to follow next year. I found myself contem-



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A NEW TRADITION

I departed the dining room much fatter, most happy, and just in time to hear a 20-piece band play Christmas carols in a small concert hall at the opposite end of the lobby. At the concert's close, I ambled outside to burn a few hundred of the ten thousand calories that came with my memorable meal. A horse-drawn carriage jingled past as I strolled down the arcing drive.

Upon returning to the hotel, my son begged me to take him swimming in the indoor pool. "Mom, we need to do this every Thanksgiving," he exclaimed, dripping with water and joy, "I got to eat as much macaroni and cheese as I wanted, and I got to go swimming and skiing in the same day!"

I smiled, thinking I would skip the mac and cheese, but add my vote to his for a repeat visit next year. No matter who joins us for the holiday, the Mount Washington Hotel just might become our new Thanksgiving tradition. ☺

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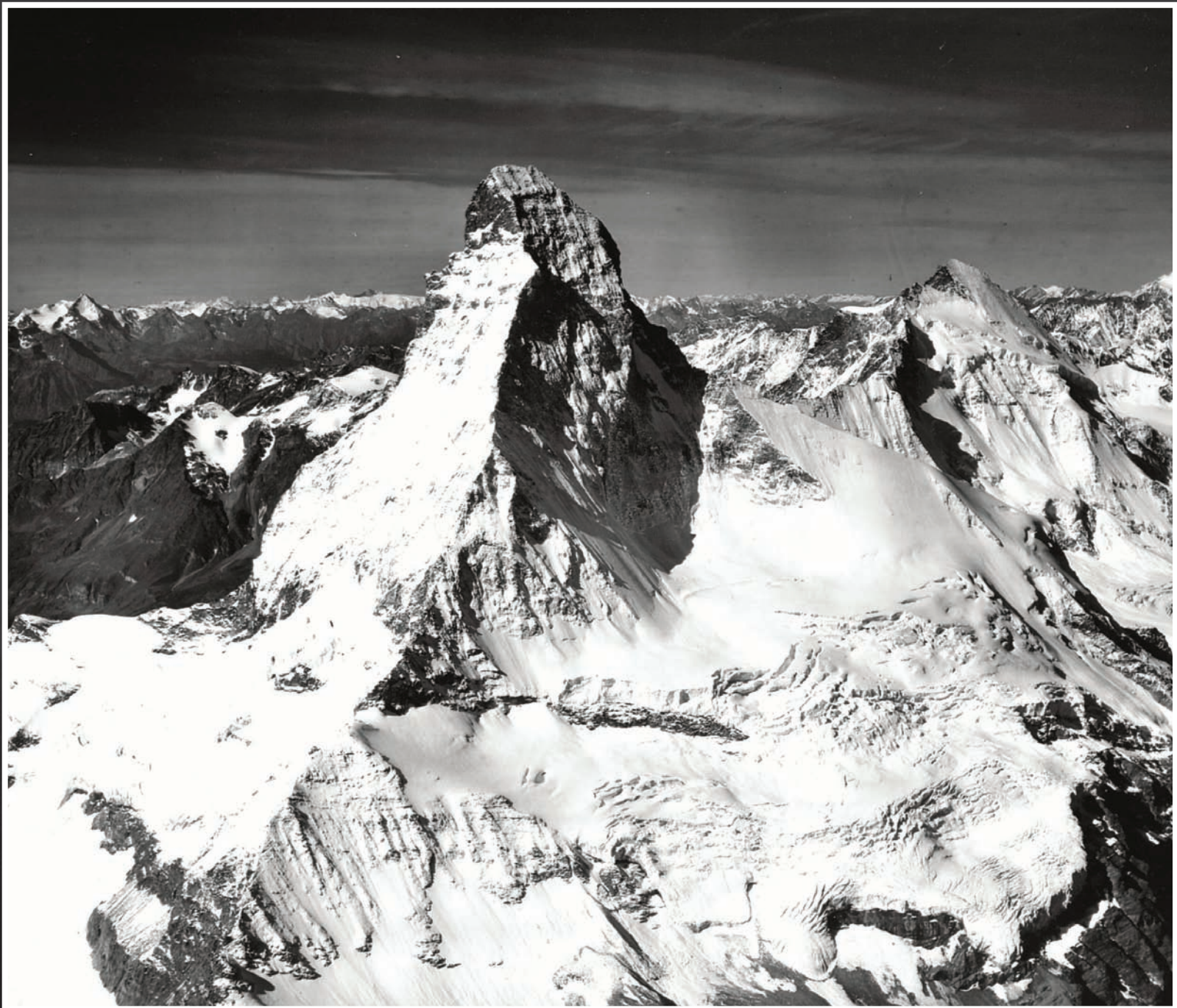
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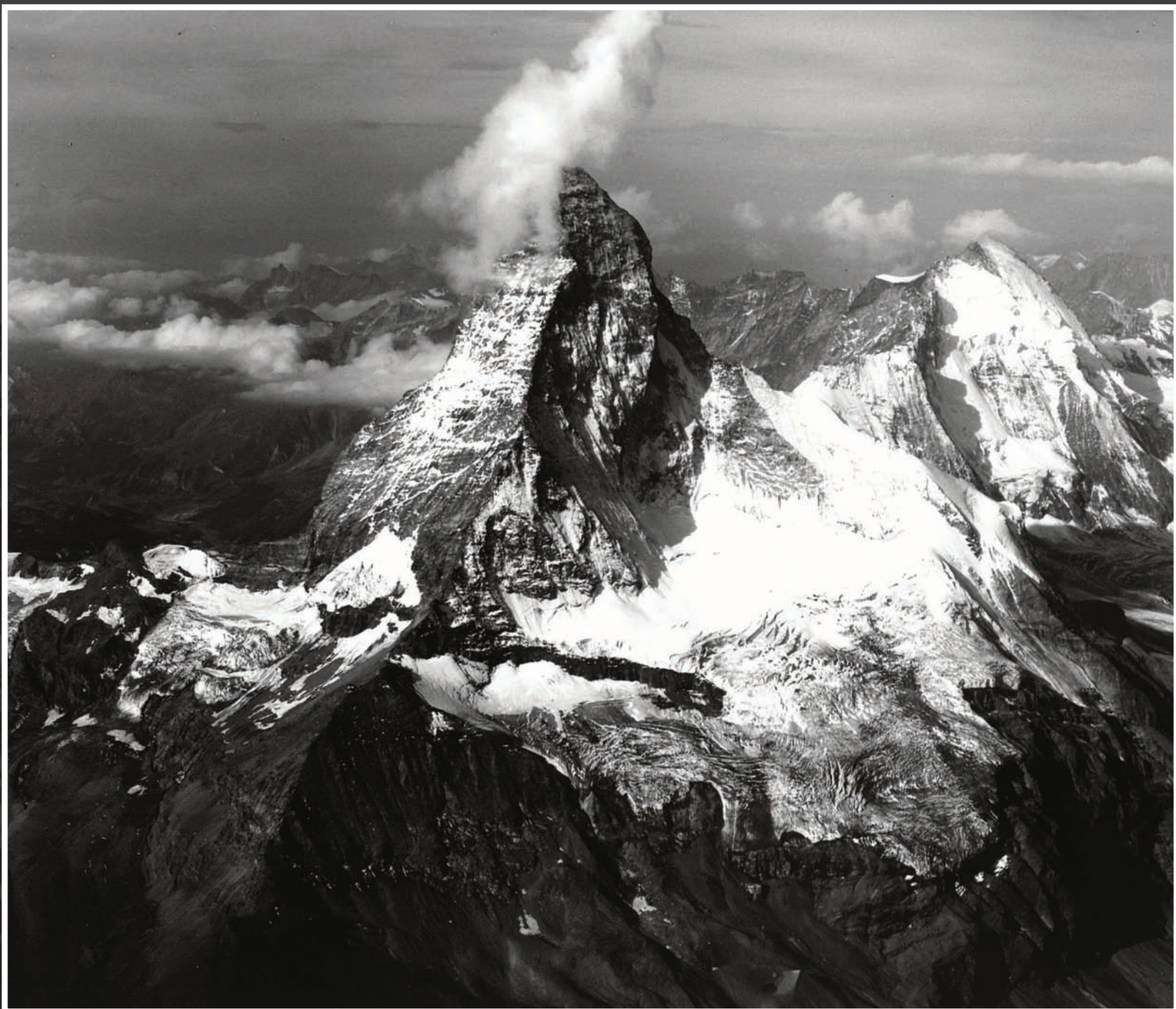
Matterhorn, Switzerland © Bradford Washburn, 1960, Courtesy of Panopticon Gallery, Boston, MA

Double Exposure

at the Montshire Museum

STUNNING PHOTOS
CAPTURE CLIMATE CHANGE

BY ELIZABETH KELSEY



Matterhorn, Switzerland © David Arnold, 2005

It was 2005, and photographer David Arnold had just purchased a Brad Washburn (1910–2007) print of an Alpine peak taken decades earlier. As he was driving home with the print propped up against the passenger seat door, Arnold wondered: “If global warming is real, what does this scene look like now?”

That question eventually led to “Double Exposure: Photographing Climate Change,” an exhibition of photographs and educational panels that will be on display at the Montshire Museum of Science in Norwich, Vermont, this fall. The exhibition juxtaposes photos by Bradford Washburn, who took images of glaciers in Alaska and Switzerland in the early to mid-1900s, with those of Arnold, who retraced Washburn’s steps to photograph the same areas decades later. »



Guyot Glacier, Alaska © Bradford Washburn, 1938, Courtesy of Archives, University of Alaska



Guyot Glacier, Alaska © David Arnold, 2006

Climate-Change Events at the Montshire Museum of Science

“Double Exposure: Photographing Climate Change”

SATURDAY, SEPTEMBER 25–SUNDAY, NOVEMBER 28

“Double Exposure” documents one aspect of the warming climate through fine-art photography by Bradford Washburn and David Arnold that brings the viewer into panoramas of glaciers once grand but now receding.

Ticketed event with David Arnold: “Chasing the Shadows of Dr. Bradford Washburn”

THURSDAY, OCTOBER 7 AT 7 PM

Beginning in the 1930s and spanning six decades, explorer Bradford Washburn artistically and audaciously photographed the majestic glaciers of Alaska and Switzerland. In 2005, environmental photojournalist David Arnold spent two years retracing Washburn’s steps to record a selection of the original 8,000 images. Arnold’s presentation, “Chasing the Shadows of Dr. Bradford Washburn,” chronicles his epic journey from Alaska to the Alps and provides insights into Washburn’s extraordinary life.

This event will also serve as a celebration of the Museum’s new partnership with ILEAD (Institute for Lifelong Learning at Dartmouth) with the goal of increasing adult participation in science education. Montshire and ILEAD members \$10, non-members, \$15.



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“Seasons of Change, Global Warming in Your Backyard”

SATURDAY, SEPTEMBER 18–SUNDAY, DECEMBER 5

“Seasons of Change” is an interactive traveling exhibit that illustrates how climate change is impacting the landscape of New England over the changing of the seasons. Investigate the local and regional impacts of climate change, and then use the climate simulator to explore alternative approaches to moderate climate change while receiving immediate feedback on each approach.

“The Dynamic Earth”

THROUGH SUNDAY, NOVEMBER 28

“The Dynamic Earth” provides visitors with an intuitive understanding of earth’s active and changing systems that shape our global environment—whether it’s weather patterns, ocean currents, plate tectonics, or volcanoes and earthquakes.

A PHOTOGRAPHIC ADVENTURE

Washburn was a photographer, cartographer, adventurer, and president of Boston’s Museum of Science from 1938 until 1980. Arnold is a freelance photographer and journalist who was a staff reporter at the *Boston Globe* for 25 years.

Arnold grew up looking at Washburn’s photos at the Museum of Science. Later, during his career as a reporter at the *Boston Globe*, he became reacquainted with the adventurer when Washburn suggested stories. “He would feed me story ideas that made us both look good,” says Arnold. “I got the better deal because

Washburn’s ideas usually required fun road trips.”

“Double Exposure” involved more than a road trip, though; its pivotal moments took place high in the air. From 2005 to 2007, Arnold traveled throughout Alaska and Switzerland to take aerial photographs from the same vantage point as Washburn. The locations were exact—only the scenes had changed. Arnold and his pilot had to check their charts to make sure they were in the right place.

STRIKING CHANGES

In Arnold’s photos, one can spot the obvious retreat and thinning of ice. Arnold’s photos are also much darker

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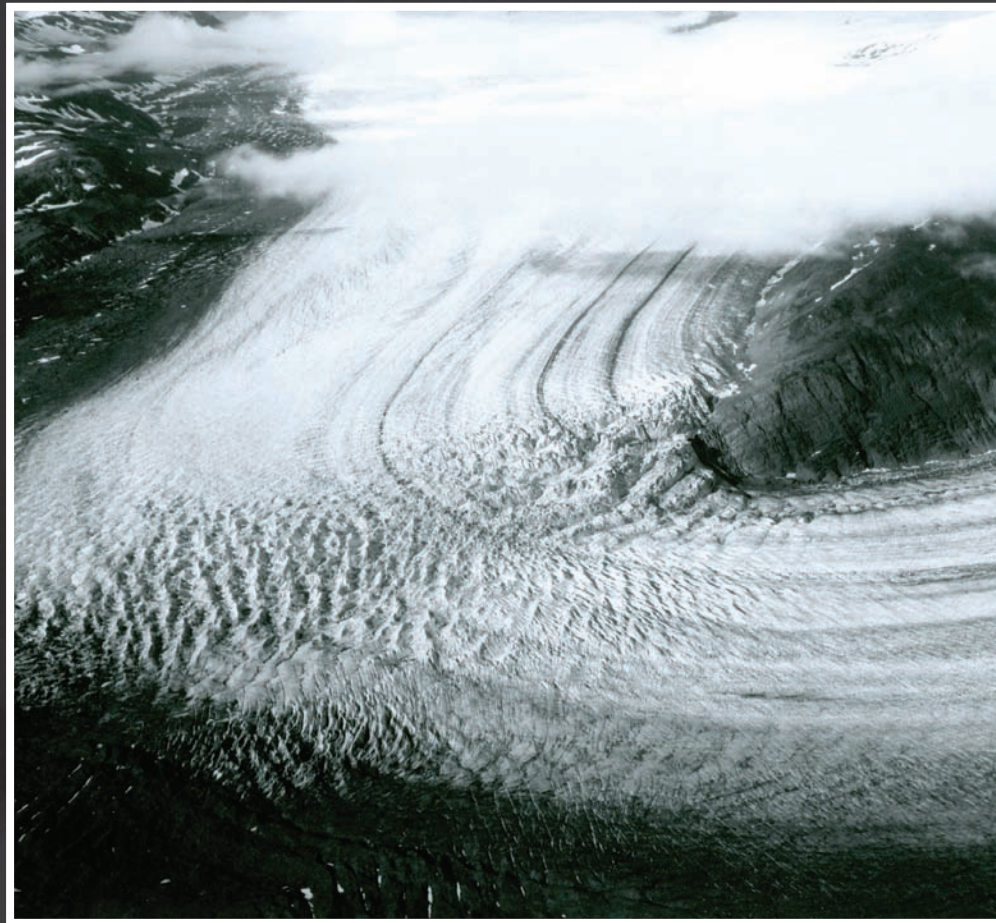
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than Washburn's. "Ice reflects 90 percent of radiant heat. Dark ground absorbs 90 percent of reflective heat. The darker the scene, the more heat is absorbed," says Arnold. "The scientists call this a positive feedback mechanism. It makes the rate of melt difficult for computers to model. But this is one reason the ice world is melting much faster than even Al Gore predicted just a few years ago."

Arnold says the goal of his project is "to alarm, educate, but ultimately inspire. When we humans see a risk and acknowledge there is a high probability we may be toast, we act. We accept sacrifice, we put up with inconvenience. We will not let the planet become an unprecedented science experiment. Because we are not that stupid. Or selfish. I hope." 😊

For more information, contact the
 Montshire Museum of Science
 at (802) 649-2200.
www.montshire.org



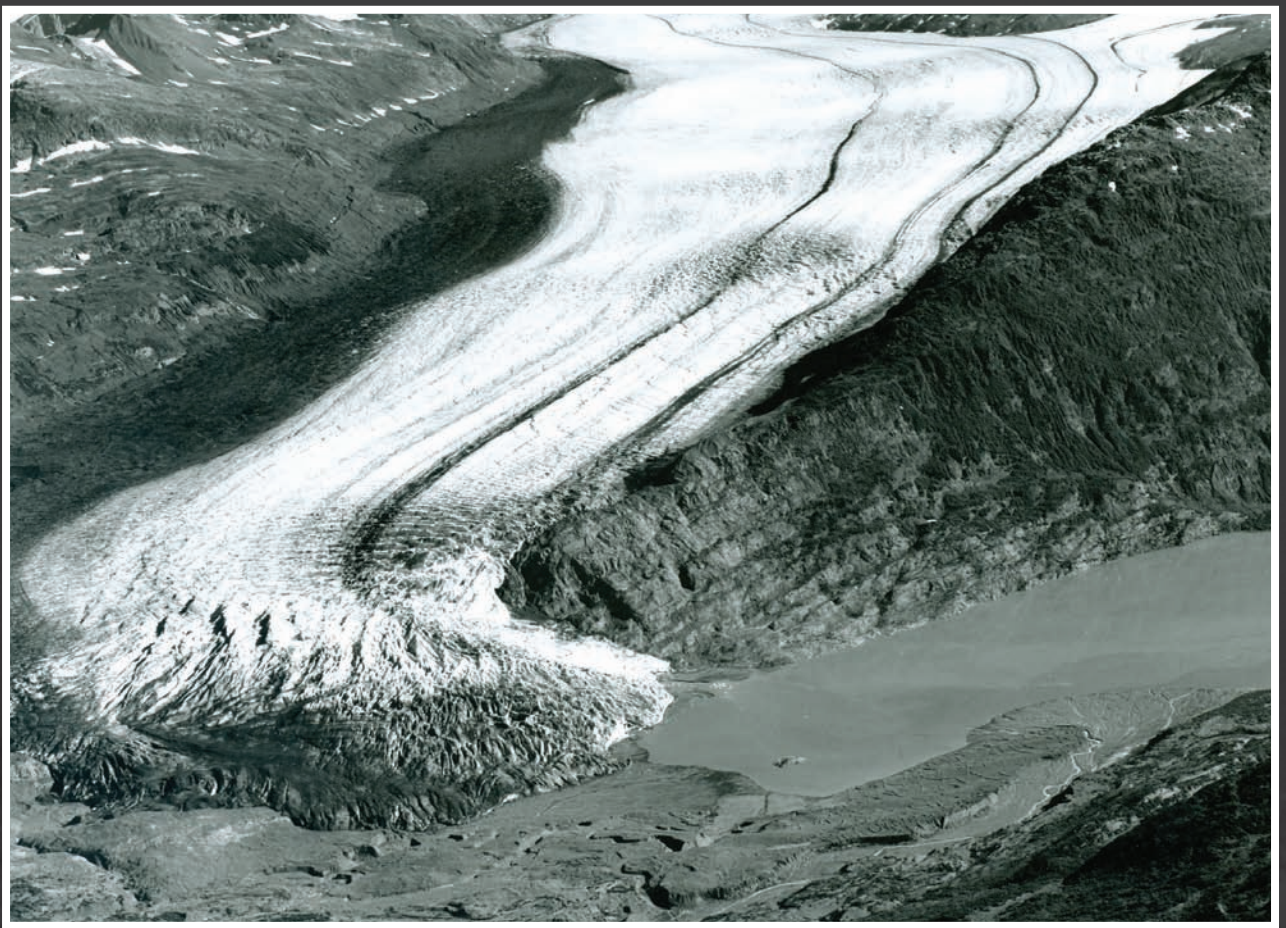
Shoup Glacier, Alaska © Bradford Washburn, 1938 Courtesy of Archives, University of Alaska

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Shoup Glacier, Alaska © David Arnold 2007

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HAVE A HAPPY HALLOWEEN

WITH FAMILY FUN AND GAMES



SMART COOKING

BY SUSAN W. NYE

W

e've all heard the jokes: you know you live in New Hampshire because . . . among other things, children need to buy extra-large Halloween costumes. Not because they are any bigger or beefier than the rest of the nation—our kids have to fit their costumes over their snowsuits. Let's face it, trick-or-treating is pretty tricky north of the Massachusetts border. Once in a blue moon we are blessed with one last day of perfect Indian summer weather, but a chilly frost, ice-cold rain, or even snow is a more likely scenario.

IN THE HALLOWEEN SPIRIT

Instead of taking chances with the weather, why not invite friends over for some old-fashioned family fun. Get in the mood by decorating the house, inside and out, with jack-o-lanterns, cobwebs, and bats. Add to the frivolity with spooky music and sound effects. Or put together a Halloween-inspired playlist with "Monster Mash," "I Put a Spell on You," "Witchy Woman," and more. Start the evening off right by greeting your guests at the door with a mug of hot cider to take off the chill.

PARTY TIME

It's a party, so by all means insist that everyone dress up, kids and adults alike. Get everyone in the holiday spirit with a costume parade. Reward your guests' creativity with prizes for the funniest, prettiest, and scariest costumes. You can choose the categories in advance but have a few extra prizes on hand, just in case. You'll be surprised at some of the incredibly clever disguises your friends create!

After the parade, it's game time. It wouldn't be a Halloween party without a few old classics like bobbing for apples or pass the pumpkin. Whether everyone joins in or just the kids, you'll all have a fun and funny time.

All this frivolity is sure to work up an appetite. Invite everyone to join in a festive autumnal feast. Feed the children first and then let them relax with a Halloween movie while the adults enjoy a leisurely dinner.

HAVE A SPOOK-TACULAR PARTY! ▶

FAMILY FUN-TIME HALLOWEEN BUFFET

This festive dinner combines a few updated New England classics with some Italian-inspired dishes.
Buon Appetito!

Hot Mulled Cider
Roasted Tomato Soup Shots
Hunter's Chicken Stew
with Polenta
Warm & Cheesy Focaccia



SMART COOKING



Hot Mulled Cider

Welcome your guests with a warm and wonderful mug of cider.

Serves 8

- 2 quarts fresh apple cider
- 2 (2-inch) cinnamon sticks
- 4 whole cloves
- 1-inch piece fresh ginger, peeled and thinly sliced
- 2 (4- to 5-inch long) strips of orange peel
- Juice of 1 orange
- Apple Jack, Calvados (apple brandy), or rum (optional)

1. Combine the apple cider, cinnamon sticks, cloves, ginger, orange peel, and juice in a saucepan and simmer over low heat for 15 minutes.

2. Strain into mugs. Add a shot of Apple Jack, Calvados, or rum to each mug and serve.



Roasted Tomato Soup Shots

Serve this soup in small mugs or espresso cups for a fun and funky appetizer.

Makes about 4 quarts

- 2 lb grape tomatoes
- 2 onions, roughly chopped
- 1 carrot, peeled and finely chopped
- 1 stalk celery, roughly chopped
- 1 red-skinned potato, peeled and quartered
- 4 cloves garlic
- 2 Tbsp olive oil
- 1 Tbsp balsamic vinegar
- ¼ tsp (or to taste) cayenne pepper
- ½ tsp dried thyme
- Kosher salt and freshly ground black pepper
- ½ cup dry white wine
- 1 cup loosely packed fresh basil leaves
- 6-8 cups chicken broth
- 1 cup heavy cream
- 1-2 Tbsp vodka (optional)

Garnish: chives or chive oil

1. Preheat oven to 350°.

2. Put the tomatoes, onions, carrot, celery, potato, and garlic in a roasting pan. Drizzle with olive oil and balsamic vinegar, sprinkle with cayenne, thyme, salt, and pepper and toss to combine. Roast until the vegetables are soft and caramelized, about 30 minutes. Add the wine and roast for an additional 5 to 10 minutes.

3. Transfer the vegetables in batches to a blender; add basil and a little broth to

each batch and process until smooth. *Optional: if you want a very smooth soup, run it through a food mill.*

4. Return the soup to the kettle and add the cream and vodka. Add more broth if necessary to reach your desired consistency. Heat until steaming, check for seasoning, and add salt and pepper to taste. Serve in small cups garnished with a few snips of chives or a drizzle of chive oil.

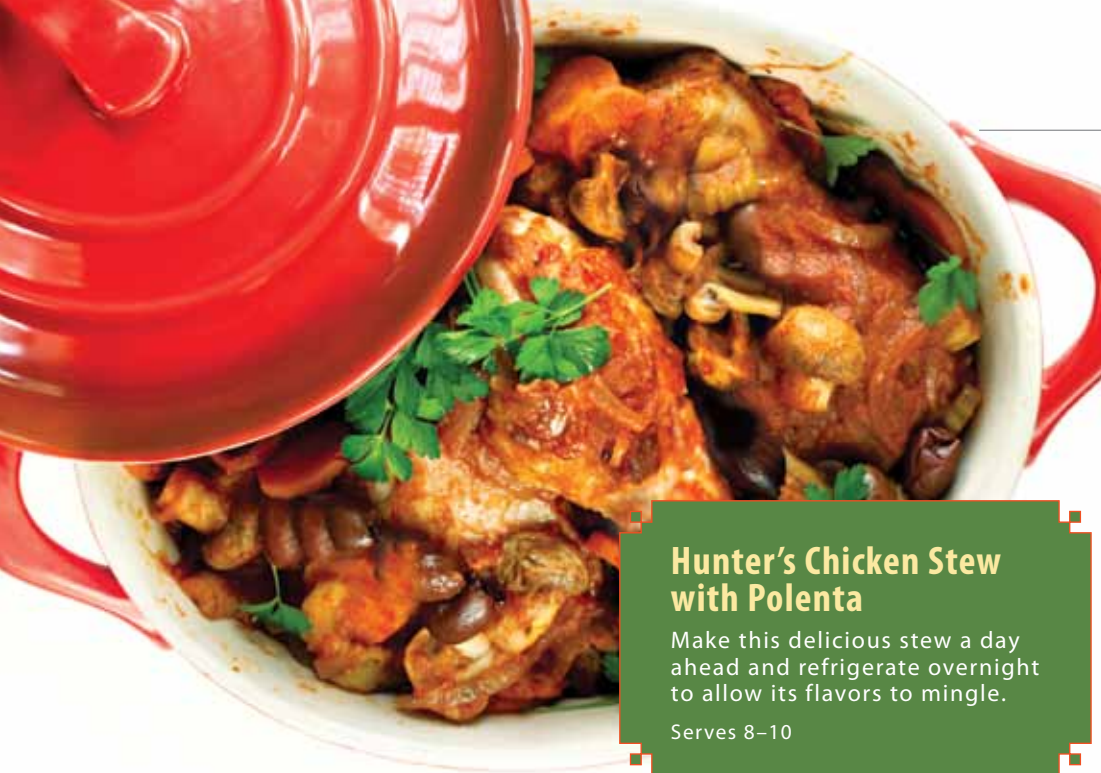
Chive Oil

- 1 bunch chives
- ½ cup extra-virgin olive oil
- Pinch sea salt and freshly ground pepper, to taste

1. Blanch the chives in boiling water for 10 to 15 seconds. Quickly transfer to an ice bath to stop the cooking. Remove the chives from the ice bath, drain well, pat dry, and roughly chop.

2. Put the olive oil, chives, salt, and pepper in a blender and process until very smooth. Transfer to a container, cover, and let sit in the refrigerator overnight. Strain through a fine-mesh sieve. Put the chive oil in a plastic squeeze bottle with a small opening or use a spoon to drizzle it on the soup.





Hunter's Chicken Stew with Polenta

Make this delicious stew a day ahead and refrigerate overnight to allow its flavors to mingle.

Serves 8-10

- 1 lb mushrooms, cleaned, trimmed, and sliced
- Olive oil
- Kosher salt and freshly ground black pepper, to taste
- 2 yellow onions, chopped
- 1 red bell pepper, cored, seeded, and chopped
- 1 yellow bell pepper, cored, seeded, and chopped
- 1 Tbsp balsamic vinegar
- 4 cloves garlic, minced
- 1 tsp dried oregano
- ½ tsp dried thyme
- ¼ tsp (or to taste) dried red pepper flakes
- ½ tsp (or to taste) paprika
- 6 split chicken breasts, bone in & skin on
- ½ cup dry white wine
- 2 cans (28 oz each) crushed plum tomatoes
- 1 bay leaf

Garnish: fresh parsley, chopped

1. Preheat the oven to 450°.
2. Divide the mushrooms onto two rimmed baking sheets, drizzle with olive oil, season with salt and pepper, and toss to coat. Roast in the oven until the mushrooms are shrunken and browned, about 20 minutes.
3. Put the onions and bell peppers in a large casserole. (Use a cast-iron enamel or stainless steel, nonstick or not, pot. Do not use a ceramic or glass casserole.) Toss the vegetables with a little olive oil and balsamic vinegar. Roast in the oven for about 10 minutes. Add the garlic, herbs, and spices; continue to roast for an additional 5 minutes.
4. Reduce the oven temperature to 350°.

5. Place the chicken breasts on a rimmed baking sheet; rub with a little olive oil and season with salt and pepper. Roast for 30 to 35 minutes or until the chicken is cooked through and set aside. When the chicken is cool enough to handle, remove the meat from the bones, discard the skin, and cut into bite-sized pieces.

6. Meanwhile, combine the mushrooms with the onions and peppers in the casserole. Add the wine, tomatoes and bay leaf to the vegetables. Return to the 350° oven and cook, uncovered, for about 20 minutes, stirring occasionally. Remove from the oven and let sit until the chicken is ready to add to the stew.

7. Add to the chicken to the casserole. Let the stew come to room temperature and then store for several hours or overnight in the refrigerator to let the flavors combine.

8. Reheat at 350° until bubbling, about 1 hour. Sprinkle with parsley and serve in shallow bowls with a generous spoonful of Creamy Polenta.

Creamy Polenta

A wonderful alternative to pasta.

Serves 8

- 1-½ cups instant polenta or grits
- 3 Tbsp butter
- ½ cup heavy cream
- About 2 oz grated Pecorino Romano
- About 2 oz grated Parmesan cheese

1. Make the polenta according to package directions. When the polenta is smooth and creamy, add the butter, cream, and grated cheese, and stir until melted and well combined. Serve immediately.



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Warm & Cheesy Focaccia

This is a favorite with guests of all ages. Serve it before dinner as an appetizer. But beware; you may need to make an extra batch to go along with dinner. Use your favorite pizza dough recipe or pick up a pound or two at the supermarket.

Serves 8

- About 1 lb pizza dough
- Extra-virgin olive oil
- 1-2 cloves garlic, minced
- ½ small red onion, thinly sliced
- Dried Italian herbs
- Sea salt and freshly ground pepper or dried chili flakes, to taste
- Grated Parmesan and/or Fontina cheese

1. Preheat the oven to 450°.
2. Divide the dough into 2 pieces. Roll out the dough on a lightly floured surface, until it is about ½-inch thick. Don't worry about forming a perfect rectangle or circle, the rustic look is fine.
3. Transfer the dough to a nonstick baking sheet. (If you have one, bake the focaccia on a pizza stone.)
4. Drizzle the dough with a little olive oil, and top with garlic and onion. Lightly sprinkle with herbs, salt, and pepper. Depending on your preference, sprinkle with more or less cheese.
5. Bake at 450° until golden, 8 to 12 minutes. Let cool for about 5 minutes, cut into wedges, and serve.



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Left: Orthodox church with blue domes in village Oia (Ia) on Santorini island.

Below: The Acropolis in Athens.

Explore Greece

A COUNTRY OF NATURAL BEAUTY

Greece is made up of a peninsula and about 1,400 quite unique islands, of which just over 160 are inhabited, totaling more than 8,000 miles of coastline. It is mountainous with the highest peak being Mount Olympus at 9,570 feet. The high northern mountains see snow in the winter, while the south stays mild and therefore attracts tourists year round. Summers, particularly July and August, are very hot. One of the smallest European countries, Greece sits on the Mediterranean Sea between Italy and Turkey and is a firm favorite with European travelers. The rich culture and numerous traditions make for a unique mix of relaxing beach days and colorful adventure throughout Greece and the Islands. »



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TRAVEL LOG



People at restaurants on the beautiful beach of Mykonos.

START WITH ATHENS

There are many archeological sites, including the Acropolis of Athens, ancient Olympia, and Delphi. The Byzantine era left its mark as seen in the countless churches and monasteries throughout the country where religious and other festivals take place each year. Many flights from the U.S. take you via Athens so do spend a day or two in this "manic," overpopulated, and polluted city—it really is worth the experience. Pireaus, the port of Athens, is where many of the boats to the islands arrive and depart.

The greatest and finest sanctuary of ancient Athens, dedicated primarily to its patron, the goddess Athena, dominates the center of the modern city from the rocky crag known as the Acropolis. The most celebrated myths of ancient Athens, its greatest religious festivals, earliest cults, and several decisive events in the city's history are all connected to this sacred place. The monuments of the Acropolis stand in harmony with their natural setting. These unique master-

pieces of ancient architecture combine different styles of Classical art in a most innovative manner and have influenced art and culture for many centuries. The Acropolis of the fifth century BC is the most accurate reflection of the splendor, power, and wealth of Athens in its greatest era, the golden age of Pericles.

Activities are many and will suit all tastes. For those who are fond of adventure sports there is windsurfing, kite surfing, rafting, hiking, rock climbing, and kayaking or the slightly more sedate golf, horse riding, and biking. Of course you could easily spend the whole vacation just roaming the islands, exploring small villages and Tavernas, and passing the time of day with friendly locals.

Accommodation is extremely varied and offers an option for every budget including luxurious villas, hotels of all categories, rooms to rent in private houses, and campgrounds. The Greeks love to eat and there is an abundance of restaurants, Tavernas, and psistarias (grill houses) for you to sample the cuisine.



go, but beware—the alcohol content is high! In Greek restaurants you can keep ordering; it's far less structured than here. If you liked something you tried, just order another, you want three appetizers—go ahead. One course or seven, the choice is yours! If you are drinking wine, just show your waiter (whom you should call by his name) the empty carafe and he will swiftly return with a refill.

EXPLORE THE CYCLADES

A trip to Greece is not complete without experiencing an island or two or three! The Cyclades are the most well known of the islands and include Santorini and Mykonos, which are great favorites. Boat trips from Pireaus take four to five hours to the closest islands (Kythnos, Syros, Tinos, Mykonos, and Sifnos) and from eight to ten hours to Santorini. There are also high-speed ferries that take half the time but cost double the amount. Let's just take a quick look at the two favorites.

Nothing is too spicy and the seasonings used are very similar to those found in our own kitchens. Look for fresh fish, succulent lamb, grilled octopus, and a multitude of locally produced vegetables and salads. Why not try the national drink—the licorice-flavored Ouzo. You will find many varieties everywhere you

Mykonos is a fun island with an abundance of night life, beautiful but crowded beaches, and excellent Tavernas and restaurants. Don't come to relax—come to party, and you had better bring a good amount of spending money! Santorini, on the other hand, is a popular honeymoon destination, offering spectacular



Old fortress in Kerkira, Corfu island.

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TRAVEL LOG



Restaurant tables and Venetian houses in Mykonos.

scenery, beautiful beaches from which to watch picture-perfect sunsets, and the ruins of Thira, to mention just a few attractions. There are beautiful cliff top hotels and a variety of other accommodations inland a little.

THE IONIAN ISLANDS

The other most well-known island group is the Ionian Islands of western Greece: Corfu, Ithaki, Kefalonia, Kythera, Lefkada, Paxos, and Zakynthos. They resemble Italy, particularly the island of Corfu, which is one of the largest at 33 miles long and 15 miles wide. They receive more rain than the islands in the Aegean and so are much more lush and beautifully green. Known for their beaches, unique cuisine, and turquoise coves and inlets, these islands attract many visitors. Easiest access is by air. Pick up a copy of *My Family and Other Animals* by Gerald Durrell for a glimpse of how Corfu was 50 years ago. In contrast to the busy island of Corfu is the more sedate island of Ithaki; its rocky coastline frames beautiful trees and olive groves. The north of the island offers the best hiking trails and the south has the best beaches, ideal for a family vacation. ☺

Lesley O'Malley Keyes's career spans managing a group of travel agencies and a staff charged with writing hotel guides for *Conde Nast*.



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It may be the subject matter—death, incapacity, and taxes—that causes us to avoid estate planning. However, the fact is that no matter what your age or how much wealth you’ve accumulated, you need an estate plan to protect yourself, your loved ones, and your assets—both now while you’re still active as well as after your death. Having an effective estate plan is one of the most important things you can do for your family.

GETTING STARTED

To start the planning process, you should work with an experienced firm that will put your interests first. The first step in the planning process is to create a comprehensive net worth statement showing all of your assets, including taxable accounts, tax-deferred accounts (IRAs, annuities, retirement plans), and life insurance investments.

Being organized may make a meeting with your attorney more productive and expedite the planning process. But before visiting with your legal counsel, you need a basic understanding of the documents he or she may recommend for your plan.

1. Will. A will simply provides instructions for distributing your assets to your family and other beneficiaries upon your death. Your attorney can customize its provisions to meet your needs. You appoint a personal representative (also known as an “executor”) to distribute

MONEY MATTERS

your assets. If you have minor children, you can designate a guardian for them. To be effective, a will must be filed in probate court. Probate is a judicial process for managing your assets if you become incapacitated and for transferring your assets in an orderly fashion when you die. The court oversees payment of liabilities and the distribution of assets. Generally, your personal representative will need to employ an attorney. Because a will does not take effect until you die, it cannot provide for management of your assets if you become incapacitated. Other estate planning documents, discussed below, become effective if you should become incapacitated.

2. Durable power of attorney. A power of attorney is a legal document in which you name another person to act on your behalf. This person is called your agent or attorney-in-fact. You can give your appointed agent broad or limited management powers. You should choose this person carefully because he or she will generally be able to sell, in-



vest, and spend your assets.

A traditional power of attorney terminates upon your disability or death. However, a durable power of attorney will continue during incapacity to provide a financial management safety net. A durable power of attorney terminates upon your death.

3. Healthcare power of attorney. A durable power of attorney for healthcare

authorizes someone to make medical decisions for you in the event you are unable to do so yourself. This document and a living will can be invaluable for avoiding family conflicts and possible court intervention if you should become unable to make your own healthcare decisions.

4. Living will. A living will expresses your intentions regarding the use of



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life-sustaining measures in the event of a terminal illness. It expresses what you want but does not give anyone the authority to speak for you.

5. Revocable living trust. There are many different types of trusts with different purposes, each accomplishing a variety of goals. A revocable living trust is one type of trust often used in an estate plan. By transferring assets into a revocable trust, you can provide for continued management of your financial affairs during your lifetime (when you're incapacitated, for example), at your death, and even for generations to come. Your revocable living trust lets trust assets avoid probate and reduces the chance that personal information will become part of public records.

Every revocable trust has three important components. The grantor (or settlor)—generally, you—creates the trust and transfers assets to it. The beneficiary, often you or a member of your family, receives the income and/or principal according to your trust's terms. The third

component, a trustee, who could be you, a family member, or a corporate trustee, manages the trust assets.

You can change a revocable trust's provisions at any time during your life. If you act as your own trustee, you continue to manage your investments and financial affairs. In this case, your account might be titled "(Your Name), Trustee of the (Your Name) Revocable Living Trust Dated (Date)." Because this legal entity exists beyond your death, property titled in the trust does not need to pass through probate.

STAY PREPARED

Once you have executed the appropriate documents for your planning needs, you should review them periodically to ensure they remain up to date given any significant changes (births, deaths, divorces, etc.) in your situation. While having these documents is important, there's more to the estate-planning process. For example, you may need to deal with possible estate-tax issues, as well

as coordinate primary and contingent beneficiary designations on your IRA, employer-sponsored retirement plan (such as a 401(k) or 403(b) plan), annuity contracts, and life insurance policies with your estate plan. ☺

Brian Doyle is a Vice President with Wells Fargo Advisors. He lives with his wife and three children in Hanover, NH. He can be reached at Brian.Doyle@wfadvisors.com.

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Wells Fargo Advisors does not provide legal or tax advice. Be sure to consult with your tax and legal advisors before taking any action that could have tax consequences. Any estate plan should be reviewed by an attorney who specializes in estate planning and is licensed to practice law in your state.



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Photo by Ian Clark

Happenings

Oct. 10
8TH ANNUAL PUMPKIN
FESTIVAL AT CEDAR
CIRCLE FARM

ENFIELD SHAKER MUSEUM

447 NH Route 4A
Enfield, NH
(603) 632-4346
www.shakermuseum.org

ENFIELD FARMERS' MARKET AT THE MUSEUM

September 1, 8 & 15
The Museum is hosting the Farmers' Market again this year on Wednesdays in the south lawn of the Great Stone Dwelling! Chat with the vendors and select your favorite fresh local produce, meats, jams, jellies, flowers, crafts, and prepared foods. Each week a variety of music, entertainment, and/or gardening classes will be offered. 3-6 pm



FALL FOLIAGE WEEKEND & HARVEST FESTIVAL

October 1-2
Enjoy a Shaker Harvest dinner Friday night in the 1841 Great Stone Dwelling dining room. On Saturday, the whole family will participate in hands-on activities in the Old

Stone Mill. Take a horse-drawn wagon ride and hunt for pennies in a haystack! Make your own cider, churn butter, and crank your own ice cream. Create cornhusk dolls, pinecone feeders, no-bake cookies, and child-sized scarecrows! Dip hand-made candles and make bookmarks from natural materials.

SERVICE ELDERHOSTEL

October 24-29
Stay overnight at the Museum and learn about the Shaker way through lectures, demonstrations, and tours. Put your "hands to work, hearts to God" and help the Museum. Rooms and meals included. Contact Deb Williams through the Hulbert Outdoor Center, (802) 333-3405.

TASTE OF THE UPPER VALLEY

November 5
Join us for an evening of food, fun, and festivities! The Upper Valley's top purveyors of fine foods will offer sample culinary works of art: "signature" appetizers, entrees, and desserts. Complimentary wines and nonalcoholic beverages will be served. 6:30 pm

MONTSHIRE MUSEUM OF SCIENCE

One Montshire Road
Norwich, VT
(802) 649-2200
www.montshire.org

LOOKING INSIDE:

WHAT MEDICAL TECHNOLOGIES CAN HELP US TO SEE

Through September 6

Peek inside the human body using computer-rendered 4-D ultrasounds and X-ray, MRI, and CT images. You can see and compare real X-rays, play an imaging guessing game with X-ray images of common household objects, feel artificial joints, and explore a full-size skeleton!

SEASONS OF CHANGE, GLOBAL WARMING IN YOUR BACKYARD

September 18–December 5

Investigate the local and regional impacts of climate change, and then use the climate simulator to explore alternative approaches to moderate climate change, while receiving immediate feedback on each approach.

PHOTOGRAPHING NEW ENGLAND FLORA

October 2

The New England Wild Flower Society (NEWFS) is training volunteers to contribute photographs of New England plants for the upcoming Online Guide to Flora of New England. This informative session will prepare you to take aesthetically appealing photo-

graphs that can be included in this comprehensive online guide. You will learn useful tips and tricks of plant photography from an accomplished botanical photographer. Bring a bag lunch, camera, and tripod. Instructor: Arieh Tal, photographer and naturalist. Members \$28, non-members \$30. Limit 16, pre-registration required. Contact NEWFS at (508) 877-7630 or visit www.NEWFS.org. 10 am–2 pm

MUSHROOM WALK

October 3

Mushrooms and other fungi are commonly seen on the forest floor in autumn. How can you tell which ones are edible and which ones should be avoided? Join expert Faith Hunt on this foray that will introduce you to a wide variety of spectacular fungi that can be found locally. We will end the program with an opportunity to sample some of our edible finds. Members \$50, non-members \$55. Limit 12, pre-registration required. 1–4 pm

OBSERVING THE SNOW GEESE OF DEAD CREEK

October 21 & 23

October brings tens of thousands of Snow Geese to the Champlain Valley during their annual migration from the Arctic tundra. This annual spectacle is a must-see for anyone interested in Vermont's natural history. This two-part program begins with an evening presentation on waterfowl migration and the natural history of Snow Geese, and concludes with

a field trip to Dead Creek Wildlife Management Area to observe this magnificent migration. Members \$105, non-members \$115, includes transportation to Dead Creek Wildlife Management Area. Limit 15, pre-registration required. 21, 7–8:30 pm; 23, 7 am–2 pm

8TH ANNUAL MACHINE MADNESS

November 13

Inventors of all ages are invited to bring their home-built contraption to the Montshire and link it with other creations made by fellow participants. The result is an incredible chain reaction! Open to people of all ages and mechanical abilities. Details and building guidelines are available at www.montshire.org/mmadness. Let's make this the biggest year ever!

FOR MORE EVENTS, LOG ON TO
www.hereinhanoveronline.com



THE DYNAMIC EARTH

Through November 28

This new exhibit collection uses exciting images and data from NASA to show major changes in the Earth's landscape over space and time.

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explore the phenomena behind these dynamic Earth processes.

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HAPPENINGS

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PANEL DISCUSSION:

DELIVERING HEALTH CARE:
BURUNDI AND RWANDA

September 7

Speakers are Kenton Allen, MD, and Rachel Allen, RN, describing their experiences at Deo's clinics in Burundi and Ro (Rosalie) Wyman, CEO, Wyman Worldwide Health Partners, talking about their grassroots self-sustaining model for improving the healthcare delivery system in Rwanda. Howe Library, 7 pm

BOOK DISCUSSION:

STRENGTH IN WHAT REMAINS
BY TRACY KIDDER

September 14

Howe Library, 12 pm

BOOK DISCUSSION:

STRENGTH IN WHAT REMAINS
BY TRACY KIDDER

September 28

Dartmouth Bookstore, 7 pm

STORYTELLER ABIGAIL
IFATOLA JEFFERSON

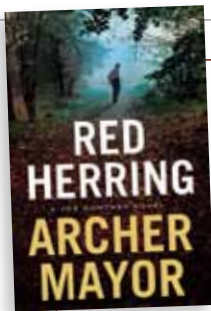
October 2

A family program of stories, dance, and singing from Africa. Howe Library, 2 pm

SPEAKER: SHARON MCKENNA

October 6

Originally from Norwich, Sharon McKenna was a key figure in *Deo's Life in New York City*. She will talk about the book, her role, and what inspired her to "open the door" and do so much to aid for a stranger. Location TBA, 7 pm



ARCHER MAYOR
October 13
 Archer Mayor will read from his latest Joe Gunther mystery, *Red Herring*. 7 pm

NORWICH BOOKSTORE

291 Main Street
 Norwich, VT
 (802) 649-1114
www.norwichbookstore.com

CAROL WESTBERG

September 8
 Carol Westberg will read from her insightful collection of poems, *Slipstream*. 7 pm

GARY LENHART

September 15
 Gary Lenhart presents contemplative prose and poetry in his two recent books, *Another Look* and *World in a Minute*, and sharing the evening, Peter Money will read from his uniquely lyrical *Che: A Novella in Three Parts*. 7 pm

HOWARD MANSFIELD

September 22
 Howard Mansfield explores our understanding of an essential part of life in *Turn and Jump: How Time & Place Fell Apart*. 7 pm

WALTER WETHERELL

October 20
 Walter Wetherell writes about those who have personally inspired him in *On Admiration: Heroes, Heroines, Role Models, and Mentors*. 7 pm

ALBERT GILLOTTI

October 27
 Albert Gillotti chooses a timely subject for a fictional story, *Skim: A Novel of International Banking Intrigue*. 7 pm

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HAPPENINGS

NORWICH ANTIQUES SHOW

September 11

This show is organized each year by Spencer-Julian Antiques and hosts over 20 high-quality New England dealers. William Smith Auctioneers and Appraisers, Plainfield, NH, generously donates the dealer tent. Bill will be with us for the afternoon's Antiques Roadshow. It is a great opportunity to learn more about your own family treasures! Norwich Historical Society, 277 Main Street, Norwich, VT. (802) 649-0124, www.norwichhistory.com. 2-4 pm

TOUR DE TASTE:

A PEDALING PICNIC

September 12

Immerse yourself in a quintessential New England bicycling experience on this scenic progressive pedaling picnic through the Connecticut River Valley. Enjoy the autumn foliage at your own pace, meet local producers and community members, and sample delicious, local, harvest bounty at designated meal stops and farms along the route. The Tour de Taste offers three different routes of varying lengths. For more info, visit www.uvtrails.org.

8TH ANNUAL PUMPKIN FESTIVAL

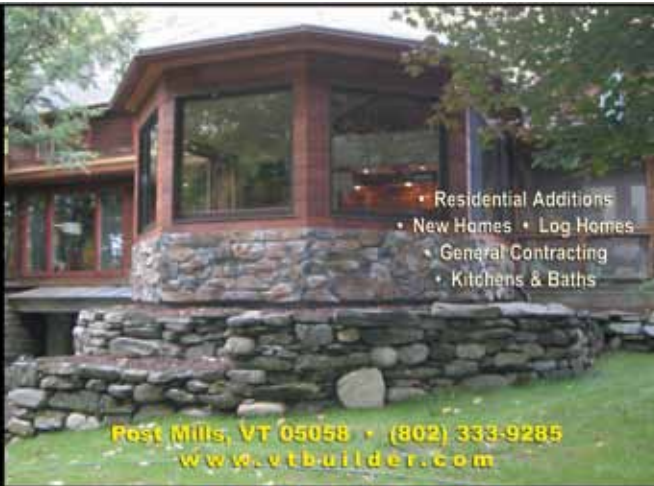
October 10

Lots of family fun and free activities! Children's crafts, face painting, pumpkin picking, live music, horse-drawn wagon rides, educational displays, cider pressing, and more! \$5 per car, carpooling is strongly encouraged. Come by train, bicycle, or on foot and get in free! Cedar Circle Farm & Education Center, 225 Pavillion Road, East Thetford, VT. (802) 785-4737, www.cedarcirclefarm.org



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NESHA SINGH

September 1

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NORTH COUNTRY CHORDSMEN
PRESENT "SONGS FROM THE
HEART"

September 25

An all a cappella concert starring "ON Q" 2009 NE District Champion Quartet! Features the NCC, The Honeymooners, and special guests the Dartmouth Aires. 7:30 pm

JAMES "SUPERHARP" COTTON



October 9

The musical pedigree of Grammy Award winner James "Superharp" Cotton consists of a veri-

table who's who in the world of the blues. Inducted into the Blues Hall of Fame in 2006, the Smithsonian Institute in 1991, and winner of countless W.C. Handy Blues Awards, he has shared the stage with B.B. King, Johnny Winter, the Allman Brothers, Led Zeppelin, and Janis Joplin, among many others. 7:30 pm

Photo courtesy of the artist.



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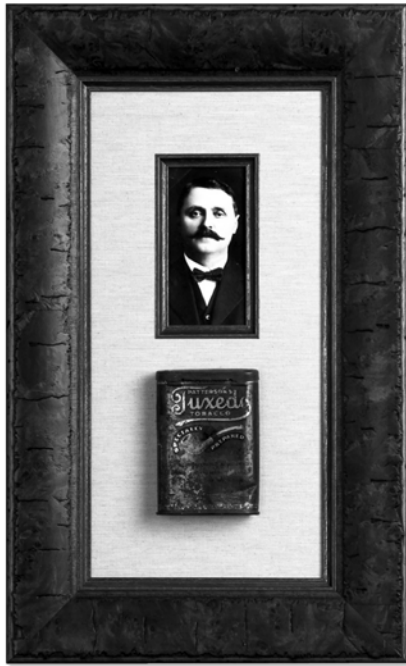
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Double Exposure: Photographing Global Climate Change Saturday, September 25—Sunday, November 28



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HAPPENINGS

LEBANON OPERA HOUSE (CONTINUED)

Photo courtesy of the artist.

LOS LONELY BOYS

October 22

Weaned on Tex-Mex, country, blues, and rock pioneers like Richie Valens, Chuck Berry, and Fats Domino, and pop music giants such as The Beatles, the three brothers that are Los Lonely Boys augment those solid basics with red-hot guitar playing, percolating rock and Latin rhythms, dynamic interplay, and luscious vocal harmonies. 7:30 pm

GUITAR MASTERS WITH ERIC JOHNSON, ANDY MCKEE, AND PEPPINO D'AGOSTINO

October 14

This interactive acoustic guitar summit placed three of today's top innovative guitarists on stage together for the very first time. After they showcase their distinctive passion for their instruments, they come together for an unforgettable musical expression. 7:30 pm

THE LOGGER

October 15-16

Rusty DeWees: Entertainer, comedic artist, actor, producer, writer, musician, master of duct tape...and the Logger, of course! Rusty does it all and keeps his fans and audiences laughing, as he puts it, "till their backs get better." 7:30 pm

RALPH STANLEY & THE CLINCH MOUNTAIN BOYS

November 6

Ralph Stanley's voice is not of this century nor of the last one, for that matter. Its stark emotional urgency is rooted in a darker time, when pain was the common coin of life and the world offered sinful humanity no hope of refuge. Preserved in



the cultural amber of remote Appalachia, this terse, forlorn sound is the bedrock of Stanley's inimitable and legendary style. 7:30 pm

BERENSTAIN BEARS IN FAMILY MATTERS: THE MUSICAL
November 9

There's trouble in the treehouse. Brother Bear has difficulty with a school quiz, so he hides it in the cookie jar. Sister Bear makes friends with a frog and hides it in the cookie jar. Papa has been eating candy when he's supposed to be on a diet, and the wrapper ends up in the cookie jar. It's up to Mama to follow the cookie trail and sort things out! 10 am

RICHIE HAVENS
November 12

Gifted with one of the most recognizable voices in popular music, Richie Havens has a soulful singing style that remains as unique and ageless as when he first emerged from the Greenwich Village folk scene in the early 1960s. 7:30 pm

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Mitch got help for lymphedema
at Advance Physical Therapy

Following a knee injury several years ago, Mitch Beck had experienced swelling in her right leg. She was introduced to physical therapist Amy Chiriatti of Advance Physical Therapy in Wilder. Amy is certified in physical therapy to help manage lymphedema.

In December, Mitch began the specialized therapy. She and Amy worked together multiple times a week for two months. Amy wrapped Mitch's swollen leg with bandages and used special massage techniques to activate the lymphatic system and reduce the swelling.

Today, Mitch's leg is no longer swollen. "She was amazing. I think the world of Amy," Mitch says. "There is an incredible difference from when I started to when I ended. My leg looks fabulous!"

Gifford also offers physical therapy in Randolph and Sharon.



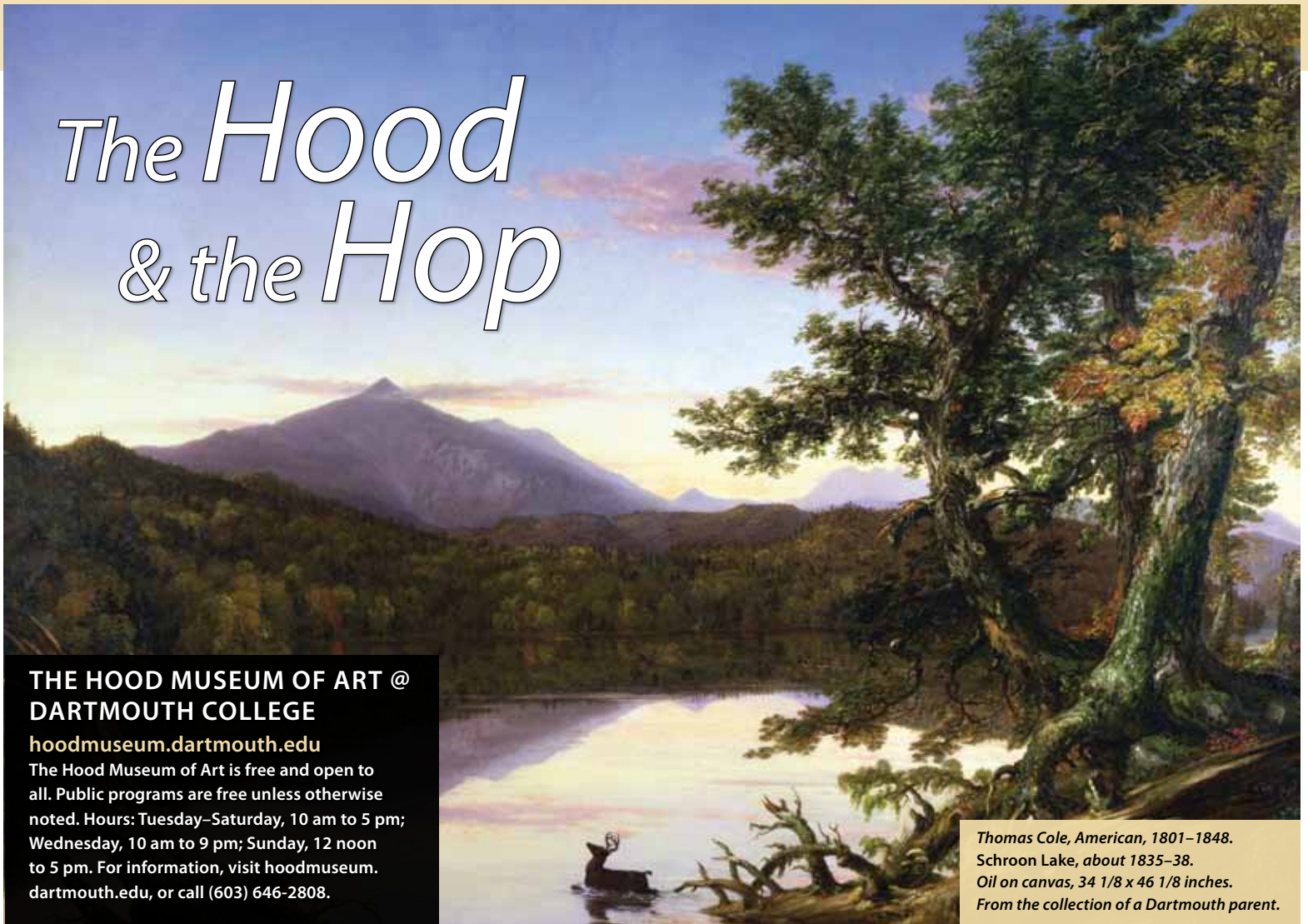
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The Hood & the Hop



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The Hood Museum of Art is free and open to all. Public programs are free unless otherwise noted. Hours: Tuesday–Saturday, 10 am to 5 pm; Wednesday, 10 am to 9 pm; Sunday, 12 noon to 5 pm. For information, visit hoodmuseum.dartmouth.edu, or call (603) 646-2808.

Thomas Cole, American, 1801–1848.
Schroon Lake, about 1835–38.
Oil on canvas, 34 1/8 x 46 1/8 inches.
From the collection of a Dartmouth parent.



John Miehle, Fred Astaire and Ginger Rogers for *Swing Time*, 1936, platinum print from the original negative. Courtesy of the John Kobal Foundation.

FALL EXHIBITIONS

Made in Hollywood: Photographs from the John Kobal Foundation
Through September 12

**Art That Lives?
Exploring Figural Art from Africa**
Ongoing

**A Space for Dialogue:
Fresh Perspectives on the
Permanent Collection from
Dartmouth's Students**
Ongoing

**José Clemente Orozco:
The Epic of American Civilization**
Ongoing

**Mark Lansburgh Collection of Native
American Drawings**
October 2–December 19

Frank Stella: Irregular Polygons
October 9–March 13

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FALL EVENTS

11 September, 2–3 pm
**Introductory Tour:
Made in Hollywood: Photographs
from the John Kobal Foundation**



Frank Stella, *Union I*, 1966, fluorescent alkyd and epoxy paints on canvas, 102¾ x 174 x 4 in. (261.62 x 441.96 x 10.16 cm). Detroit Institute of Arts: Founders Society Purchase, Friends of Modern Art Fund; 66.68. © 2010 Frank Stella / Artists Rights Society (ARS), New York.

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For information, tickets, or Dartmouth College student prices, call the Hopkins Center Box Office at (603) 646-2422. Information is also available from the Box Office about the Dartmouth Film Society film series and films in the Lowe, also listed on the Hop's website at hop.dartmouth.edu. All events are subject to change. Additional events may become available after press time. The Hopkins Center Box Office is open Monday through Friday from 10 am to 6 pm and Saturday from 1 to 6 pm.

For information about related educational events, visit hop.dartmouth.edu or call (603) 646-2010.

SEPTEMBER

28 & 29

**KHMER ARTS ENSEMBLE:
THE LIVES OF GIANTS**

The Moore Theater, 7 pm

The regal grace, splendid costumes, and allegorical richness of Cambodian classical dance vividly illustrate the effects of absolute power in this groundbreaking new work. Choreographer Sophiline Cheam Shapiro is a leader in the revival of this centuries-old art form after its near-decimation by the Khmer Rouge. Inspired equally by Cambodian mythology and contemporary global politics, she and more than 30 dancers and musicians of the Khmer Arts Ensemble interpret a tale in which evil, rampaging giants—like evil, rampaging regimes—must be confronted.

OCTOBER

1 & 2

DEATH OF A SALESMAN

The Moore Theater, 8 pm

This production of Arthur Miller's Tony- and Pulitzer-winning relief map of the American psyche stars renowned film, television, and stage actor Christopher Lloyd (*Back to the Future*, *Taxi*) as the traveling salesman Willy Loman, who struggles against changing times—and his



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Spaulding Auditorium, 7 pm
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own sense of failure—to claim his family's right to the American Dream.

2

KRONOS QUARTET

Spaulding Auditorium, 8 pm
 Kronos is one of the most celebrated and influential string quartets of our time, with an extraordinary catalogue of recordings, commissions, and collaborations with many of the world's most fascinating composers and performers. The Grammy-winning ensemble returns with works by minimalist master Terry Riley and jazz composer Maria Schneider, as well as the world premiere of a Hop co-commission by Michael Gordon.

26

CHUCHO VALDÉS WITH THE AFRO-CUBAN MESSENGERS

Spaulding Auditorium, 7 pm
 Prized internationally for his astounding musical ingenuity as pianist, composer, and bandleader, Grammy-winning Chucho Valdés embarks on his first U.S. tour in seven years. Joined by a blazing Afro-Cuban rhythm section and his sister, Mayra Caridad Valdés, Valdés delivers music that is simply jaw-dropping.

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28

SCOTTISH CHAMBER ORCHESTRA WITH PIOTR ANDERSZEWSKI

Spaulding Auditorium, 7 pm

Internationally celebrated for the originality of his interpretations, the Polish-born Anderszewski returns to the Hop to perform with and conduct the Scottish Chamber Orchestra.



Photo courtesy of the artist.

NOVEMBER 6

BLAIR STRING QUARTET

Rollins Chapel, 8 pm

A favorite of public radio and television and the nation's leading concert halls, the Blair String Quartet is "a top-notch chamber music ensemble" (*The Cincinnati Post*). Named for its home base, Vanderbilt University's Blair School of Music, the group includes violist John Kochanowski, a founding member of the Hop's long-time resident Concord String Quartet.

NOVEMBER

16

MARIACHI LOS CAMPEROS DE NATI CANO: VIVA MEXICO!

Spaulding Auditorium, 7 pm

Celebrating 200 years of Mexican independence and 50 years since its own founding, the world's premier mariachi band performs Viva Mexico!, a spirited showcase of Mexican history through songs and stories. The dashing nine-member ensemble—winner of a 2009 Grammy—plays this vibrant music of cultural pride with spectacular vocals, trumpets, fiddles, and Mexican harp and guitars.

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David Cioffi

KEEPING BUSY IN RETIREMENT

For nearly 30 years, David Cioffi was the public face of the Dartmouth Bookstore, until he and his wife Ann sold the business in 2004. A former Chairman of the Hanover Republican Committee, he remains active in retirement. He's a member of the Hanover Improvement Society and volunteers at the VA Medical Center in White River Junction and with the Development Office of the Dartmouth-Hitchcock—where he is also on the Board of Overseers. And at home with Ann on 48 acres in Etna, there's plenty of work to be done.

What's the secret to a happy marriage during retirement?

Stay busy. Both Ann and I enjoy life in the country. She has a great vegetable garden and has planted all sorts of berries and flowers, does volunteer work with the Etna Ladies Aid, and coordinates Green-Up Day in Hanover. We also have the same interests—bicycling, kayaking, golf, and skiing, both cross-country and downhill, and we do lots of that. We try to visit our grandchildren in Chapel Hill, North Carolina, as often as possible, often driving down there.

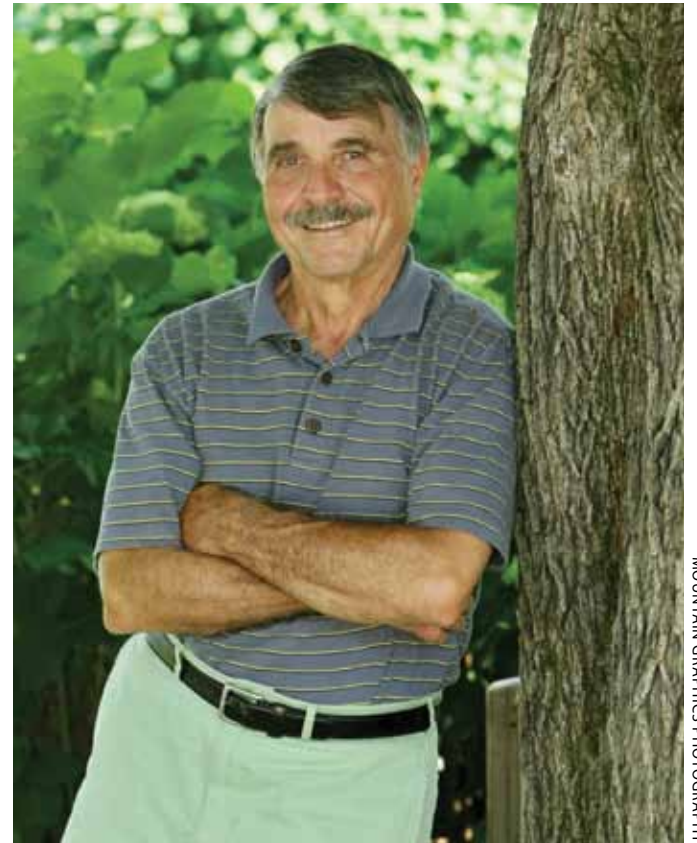
“Life is dandy, and I am thankful for it and appreciate being a part of the scene in our Upper Valley.”

When the grandchildren visit, how do you entertain them?

We do what we did with our children. If it is summer we hike, go to Lake Morey where we share a cottage with Ann's brother and family, and take day trips to the Montshire Museum, Hood Museum, and the Vermont Institute of Natural Science (VINS). If it is winter we go tubing at the golf course, skiing at the Dartmouth Skiway, or cross-country skiing on our backyard trails and elsewhere. We are blessed in our Upper Valley with a myriad of outdoor and cultural entertainment choices.

How would you characterize the current Republican Party presence in the region?

When I first came to the Upper Valley, Republicans outnumbered Democrats and Independents. But the political landscape shifted over time, and



MOUNTAIN GRAPHICS PHOTOGRAPHY

Democrats slowly but surely took over the Hanover Republican seats in the House and have not relinquished them. Though both Democrats and Independents vastly outnumber the Republicans in the Upper Valley, there is a stronger presence than meets the eye. These Republicans are guardians of individual responsibility and limited government which minimizes citizen dependence on government for their sustenance. Perhaps in the near future more Independents will join ranks with the Upper Valley Republicans, and there will be another shift in power as occurred in the '70s and '80s.

What's next?

I have no plans to run for any elective office. I am very content with what I do now. Short-term assignments I don't mind, like participating in the recent fund drive to raise money for purchasing the land under and around our fine Etna Library. I am now planting more fruit trees in our new field, and keeping it mowed keeps me out of trouble. Life is dandy, and I am thankful for it and appreciate being a part of the scene in our Upper Valley. We do live in a unique and beautiful corner of the world, and we all should work together to keep it that way. ☺

The interview continues online at www.hereinhanoveronline.com.



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